

# Spirit Teachings 2006 +1

*My Dear Children,*

*Welcome back to more "teachings from spirit". We were very pleased with the uptake of the last presentation of Spirit Teachings 2006 and have returned for more of the same, but different.*

*This time we will be dealing in depth with more subject matter and hopefully bring a more enlightening approach to the spirit kingdom and its inhabitants - to which you all will be - one day.*

*Today by way of an introduction, I would like to introduce myself as "Manyomin" - Colin's guide. We were very much pleased with him on his presentation of the last Spirit teachings and the way that they were presented to the world at large, by his attempts at communication, there have been a great many people within your world, who have now, a little understanding of the spirit kingdom and it's operations.*

*We intend to bring forth many visitors/speakers who will - over time bring forth a new knowledge to mankind, to bring a new understanding of the spirit kingdom to mankind, of all denominations, all colours, all creeds, religions etc. For all are one and one is all.*

*For now I will rest, as this was merely an introduction intended for the many people who have not heard of the Teachings and me.*

*So take care my children, tomorrow is another day - another day to Live, Love and learn*

*God bless you all my children, may the love of the prime source be forever around and about you always*

*Remember that - always*

*My name is Manyomin - Colin's guide*

*Amen*

# 12th September 2007

*Good Evening my children,*

*Welcome once more, to more of those "teachings" as you call them. They are designed to help you upon the Earth plane assimilate information about the spirit world and the likes of your primitive Earth plane.*

*We call it primitive sometimes, because of the primitive way mankind adjusts himself to new situations - or does he.*

*Mankind will adapt to new ideas, yes - but only if they fit in with his current way of thinking. This is what has held mankind back. Back from advancing into a truly spiritual realm.*

*Mankind has had the simple words of God the father delivered to him, by o so many teachers of God, Buddha, Confucius, Jesus etc. They all brought the same message, that of love and compassion from the Father. The simple message that was given by o so many teachers has been given o so many meanings by mankind, in his unending search for power and lust for wealth.*

*But what is wealth and what is power, can mankind say with certainty that he has all the answers.*

*For 2000 years mankind has relayed the teachings of the Lord Jesus Christ, relayed from one person to the next and in doing so, each or many of the people passing on the stories of Jesus, have embellished a little bit here and a little bit there. The result is the bible you have today. Most of which barely resembles the actual events of the time and most of the events in your bible never actually happened at all.*

*But this is the result of overzealous priests and other religious bodies, who thrived upon the religious teachings of the past masters - in all religions. Using knowledge against the people. For the people knew naught of reading and writing, so became dependent upon the churches for knowledge. But this knowledge was sorely tampered with. Even at the council of Nicaea, the rules laid down for the churches conduct were laid down in order that the churches would have sway over the common man - the common man, these are why all of the teachings were presented - for the common man.*

*That he may understand how simple life really was and how simple it was to adhere to Gods laws.*

*Which brings us to where we are now upon your Earth plane. So much confusion, so much torment, greed avarice, mammon is king, closely followed by your science.*

*Although your science is catching up with the truth, mankind has used science in the past to prove many things, even to prove that certain parts of your bible were not of God, but were the work of Mankind - does the Earth still represent the centre of the universe, as told by the early bible. No science has proved it to be in error.*

*This will continue, for even now your scientists have made breakthroughs with Quantum physics and can prove the existence of other universes, Universes which run at different vibrations - much as the spirit world does.*

*Consider that the spirit world may be one of these new vibrational universes - what if it is?*

*It has not suddenly come into existence - it has always existed. But now mankind, with his instruments is discovering methods to prove and possibly contact these vibrational universes. So that one day, hopefully in the not too distant future, mankind will not need mediums to talk to our world, but instead will use instruments constructed from physical components and then anyone may talk to the deceased relatives, friends etc.*

*What a difference that would make, to be able to actually prove to all mankind that the so called after life really does exist, that people really do continue on after physical death. That how we live our lives, determines how and why we go to the levels of spirit that we do, when we actually pass there, upon leaving our physical bodies.*

*Oh what a difference that knowledge could bring to mankind, to be able to end all wars, for brother to love brother, to have compassion for our fellow man. Put an end to disease and famine, indeed all of mans ills.*

*For it is by his very thinking that man destroys man. By his very thinking does he destroy the planet, for whom he is the caretaker?*

*It is by thought and thought alone that mankind holds himself back from what could be a far more beautiful world. A world where love can prevail, where God the father of us all, is acknowledged as the father of us all - each and every one of us. No matter what colour our skin, what our beliefs or religions, all are one under the one father. The sooner that mankind realizes that all of the so called Gods upon your Earth plane are in fact the same God, the same father to us all, he merely has different names. Depending on where you are on the planet and which belief you adhere to.*

*BUT there is only one father, whom we in the spirit kingdoms call "The Prime Source", "The Great Creator", "First Source" etc. Even we have many names for him, who is our father - but we recognize the fact that names do not matter. We are aware of his undying love for his children and we love him for that - regardless of his name, he is still the father to us all.*

*I'm sorry that this first "Teaching" may seem to be a bit of a downer, but let us start off as we mean to go on - by bringing the truth to mankind, so that he may once again receive the true words of our father and go forward, ever forward towards that light which is god the father - our father.*

*May the love of God the father - whatever you may call him,*

*Be with you this day and always,*

*Amen*

*I am Manyomin, your friend as always Colin. For this day and to the end of time itself.*

# 14 September 2007

*Good Evening my Children,*

*Welcome once more to some simple words from spirit. Words from spirit, what a remarkable things that is if you really think about it? We are here, in a vibration much removed from the Earth planes vibration and yet we are so close to you, so close and yet so far, as one of your Earthly expressions goes.*

*But it is true isn't it? We are forever around and about you, but you know us not. We are about you during your daily lives, but for most people, that fact goes un-noticed. So sad that such a simple thing as brotherly love is lost amongst the vibrations of your Earth plane. Lost amid the hustle and bustle of your daily Earthly lives.*

*Would that you would take but a few moments of your time and sit in silence, meditation as it is known. In those precious few moments when calm is restored to your brains, when all of your synapse are at rest - or as best they could be. For your thoughts are never at rest - unfortunately. If they were you would become more in tune with us here in the spirit realms.*

*Take the time for those few moments to cherish the contact that you can make with us. We are there, everyday of your lives, trying to impress upon you, the ways of the spirit. Trying to help you live better lives, closer to spirit and the great creator - GOD.*

*We try ever so much to impress our thoughts upon yours, to impinge ever so slightly into your train of thought, that you may be aware of us here in the spirit realms - as we said "so close and yet so far".*

*There are days when you think that you have made a contact with someone - as do we. But most impressions from our side of life go unheeded, unheard. We are but a whisper in the darkness of your mind. But we are there, always trying to help you upon the Earth plane.*

*There are those amongst you who can hear our voice in the dark, feel the vibration created by our energy etc. There are those of you who actually become willing instruments of spirit, using your gifts of communication in order to further the knowledge of God the father, to his children upon the Earth plane.*

*We thank you, each and every one of you for your efforts, for by your efforts, you will indeed conquer time itself. There are those of you who will understand this statement and to you we wish to say a very special thank you. For yours is a very special task upon the Earth plane. Yours is the immeasurable task of infinite communication. Communication of the highest order - the utmost difficulty.*

*God the father sends his love to you all, as do we his children in the spirit realms. One day far into your future, we will all be re-united in love and the Earth will be no more. But have no fear, for at that time, the Kingdom Of Heaven will be around and about you, each and every one of you.*

*Go in peace my children,*

*The love of the Prime Source is forever around and about you*

*Remember give Peace, love and compassion in your daily life, for this is what will make the difference in the end - which is really a beginning*

*Live, Love and Learn my children*

*Live, Love and Learn*

*God bless*

*I am Manyomin - Colin's guide and the mouthpiece for innumerable souls in the spirit kingdom.*

*Yes we are back with more simple teachings and there will be more*

*God bless my children*

*God bless.*

## **15 September 2007**

*Good Evening my children,*

*Welcome once again to some more of our not so simple teachings - at least that is how some people regard them?*

*We try to explain as simply as we can the workings of the spirit realms and your physical Earth plane. Wish that we had a physical form with which to communicate the knowledge to you, but what would that achieve? We would be as human as you, in a physical body with all its limitations and together with your physical emotions, what a state we would be in. You see we cannot be present in your world and retain the knowledge of the spirit kingdom, Nor can we give all that knowledge from our present location within the spirit realms, what a quandary?*

*So we make do with the best that we can offer, by way of knowledge. Given to you upon the Earth plane, by way of our many mediums and many they are and growing in number. Though their work has in effect been ageless, that is it has never ceased or will ever cease until mankind finally recognizes what it is that they - the mediums are trying to convey to mankind.*

*How do we in the kingdom of spirit teach you what you need to know, in order that you may learn your lessons upon the Earth plane? We have said it many, many times before in the past. That the Earth plane is but a school of learning - a kindergarten, where you will learn (hopefully) the basics and then more complex issues of life that you will need upon your journey to the prime source. For that is where all journeys will ultimately lead - the road home to our father, the great creator.*

*Many are the paths back to him, who created us in a whim; many are the errors we have to put right in order to reach him. But these errors have already been seen and corrected. That was why the Nazarene came to you and all of the other great teachers of old, from many parts of your world and its many cultures.*

*These teachers were not attempting to teach different peoples about different Gods - no they were all conveying the same message about the ONE God. The one god, who is the father to us all. Each and every one of us has the same eternal, immortal father. The father of all that is, or ever shall be.*

*Through him, the father is our way home, through him is the truth and the life, as was said by his son the Nazarene, "follow me, for I am the way and the life". Follow his example, for it is his teachings that are important - not the man.*

*Mankind has removed the true meaning of his simple message; by its being embellished and twisted to meet mankind's own agenda. That of power over mankind - well illustrated by your churches - of all religions. Why should they have sole monopoly over God? God is the father to everyone, why would a son of God need permission from another son of God, in order to talk to his father?*

*No, this is not to be or ever should be. Mankind has within him a spark of God the father, it is there in each and every one of us, and it is this spark of humanity that needs to grow. Yes we say humanity, for that in essence is what it is. Humanity is loving, humanity is compassionate, humanity is giving freely of oneself in order to help a brother, humanity is everything that the father has for his children.*

*Be not unlike his other children; make love not war, as you say on the Earth plane. Give Love to all men; give compassion to all men, give of yourself to all men. Follow these simple guidelines and mankind will be indeed saved. The final solution to this puzzle of how do we get home to God the father has been right in front of your noses for so long - but has gone un-noticed, unheeded for too long.*

*Now is the time for this outpouring of love and compassion, for the great cleansing is upon you now and the time of redemption draws close. Just how close, is up to you my children. Remember the clouds in the sky, they pass by and things go dark, but they are but clouds and they pass. So that once again the light is there for all to see. You on the Earth plane are passing through a thick cloud at the moment, but the sun is waiting to shine once again and even more brilliantly that it has ever shone before.*

*Follow the light my children, live the life of love and compassion, remember the words that were brought to you during the first teachings of 2006, the words of live, love and learn. Remember them and try to live your lives by them my children, they are so simple.*

*Live your lives to the full, Love those around you as you would have them love you and learn your lessons well my children.*

*I am leaving now to return to my higher sphere, I have come to you this evening my friends in order to add the weight of my words to those who have already spoken.*

*I am Silver Birch*

*God bless you my friends and thank you Colin for once again being a faithful worker for spirit, the love of God the father be forever around and about you my friend*

*God bless you my friend; remember that Manyomin - our brother is forever with you my brother.*

*May the love of the great spirit be with you and shine down upon you in your endeavors my son, for you have a long road and a very difficult road to travel, but one you agreed to undertake, the love of the prime source and all of his children are forever with you my friend and remember, that as he was, so shall you be.*

*Amen*

## **16 September 2007**

*Good Evening my children,*

*Welcome once more to some simple teachings from your friends in the spirit kingdom.*

*When we say Spirit Kingdom, we do not mean that it is any better or worse than your current state of habitation, for all levels of spirit have their uses and hence the Earth Kingdom has its own inimitable style of teaching.*

*Whilst we here in the spirit world are relaxing in our chores, you upon the Earth are hard at work during your daily lives. But this relaxing is an illusion, for there is all the so called time in the world for us here in the spirit kingdom to fulfill our tasks, for as you know, there is no such thing as time. Time is but an illusion, created by mans thinking. If it were not for his habitual methods of thinking, then indeed, time would disappear - just another illusion.*

*What is this illusion we speak of, we have hinted at it over the past few teachings. Well that is a long story, suffice to say that anything made by god is real and unalterable, therefore things made or created by mankind are not of god, therefore cannot be real. There you have it in a nutshell, as it were.*

*Think to yourself, why are the things of god real and not the things that we create on the Earth plane. Simple answer: the things of god last forever; they are unchanging and unalterable - because they are true, not false. Think of love -created by the father of us all. Is it not still around and about you, his children, has it not always been there, since the beginning of so called time. The same applies to his compassion and wanting the best for his children.*

*How many things created by mankind have withstood the ravages of so called time..... Think on, can you name something created by mankind that will endure forever and ever. No you cannot, because they are false, illusions, placed there by the ego in an effort to distract mankind from the truth of the father.*

*Think on this my friends, what is it that keeps mankind from thinking more about the father of us all - the ego. The ego keeps us busy in our lives; it creates situations throughout our lives which*

*demand our attention. That is why your lives are running out of control faster and faster. The ego will not let you have a moment's pause. For it fears that in that moment, you will remember God the father and it's house of illusory cards will come tumbling down and when that happens all over the world, then the kingdom of heaven will once more reign upon the Earth plane - we can all go home to god the father.*

*This has been a very simplistic version of real events; hopefully you will have enough to think upon.*

*God Bless you my children,*

*I am the Nazarene*

*The love of God the father be forever around and about you*

*Amen*

## **17 September 2007**

*Good Evening my children,*

*Welcome once more, to more of our simple words from spirit. Words which as you know are intended to bring enlightenment to mankind and beyond. For mankind must progress to other spheres of existence and to learn as much now, whilst on the Earth plane is a good thing. For it will aid you in your development in future times ahead of you.*

*There is that remark about time again, it really is the biggest illusion of all, how I wish that we in the spirit world could properly convey such a situation to you poor humans upon the Earth plane, excuse me if I said poor humans, it was not intended as an insult, but merely an observation, a feeling of pity, that you have been placed into an environment that is not conducive to the knowledge of spirit.*

*There is no time per say. It is not real, it is an illusion. From where we stand we can see all that has happened and all that will happen, because everything has already happened. The world as you know it is finite. It has a beginning and an end - as all things do. But your beginning and end do not exist - they never happened, or are happening now.*

*That may seem a difficult concept to "get your head around" as you say on the Earth plane. How do we in the spirit realms explain that to you our brothers and sisters when you are so incapable, because of your environment - in understanding this concept?*

*Suppose you had a thought, a dream say. In that dream you imagined a world, not unlike your computer games. Where you thought of a character or event and then watched it play itself out in your dreams. After a while your dreams take on a life of their own and you can no longer tell if it is a dream you are living. You have no control over the events in the dream.*



*You find that as you become immersed in the dream, which now seems as real life, that you begin to forget the real you is not the you in the dream. You become further and further away from reality. You need in your dreams someone or something to come along and remind you that all is an illusion within the dream - which seems so real that you do not want to believe, it is all a dream.*

*Think on now because that is exactly where you are now, in a dream. You have lost touch with the reality of yourself - son of god. Messengers are sent from the spirit realms to try to awaken you to the truth about your existence and to bring about once again, the knowledge of your father - the Great Creator and to bring you back home into his ever loving embrace.*

*Your mediums are the reminders of the reality; they try their utmost to bring the waking words to you upon the Earth Plane. Their task is enormous, as is ours. For we have to train the mediums who return to bring the truth to mankind. Many fail to live up to theirs and our hopes of awakening once again, to the truth and the light, thus beginning their journey of once more bringing the words that have so long been hidden from mankind.*

*The words of love and compassion, summed up recently by the phrase of Live, Love and Learn, given to you last year from our father on high.*

*Take these words my children, heed them, live them. They are your salvation, the salvation of mankind and of all the spirit kingdoms put together.*

*There is only one son ship and we are it. We have only one father, not the many fathers as portrayed by your many religions upon the Earth plane. Take heed my friends for we come in friendship and in love. For we are all one. One thought, one mind, under one father.*

*I will leave you now my children.*

*Once again I have given you much to consider. These words have been relayed to me from those on still higher levels of spirit than I and the hierarchy are much pleased with this instrument of spirit. That is why last night's teaching was given by someone most high and closer to the father than I. The Nazarene expresses his thanks that you received his words so clearly.*

*God bless you my friend, we will work together long and hard to achieve our goal. You will be an excellent ambassador of spirit.*

*God bless you my friend, God bless you all.*

*Goodnight my friends, May the love of our god be forever and about you till the end of time itself - yes I mentioned it again*

*God bless you all*

*Amen*

*I am Manyomin*

**19 September 2007**

*Good Evening my children,*

*Welcome to the world of spirit, that may seem like a strange beginning, how can we be welcoming you upon the physical plane, into the world of spirit?*

*The answer is very simple my friends - you and we are all spirit, in every real sense; you are still here within the spirit realms. Although this may seem as a paradox, it is in fact the reality of your situation upon the Earth Plane.*

*For those of you who are aware of the existence of timelessness and the great beyond, which is not really beyond anything, then you will understand my words. For anyone else who has not reached that level of understanding, then have patience my friends, for knowledge will come to all who strive for it and only in small measures, that you may assimilate the knowledge you attain as you grow spiritually. For they go hand in hand, as you learn you grow, as you grow you learn - it is all a circle, as is the circle of life.*

*We live, we die, we are reborn. Again and again and again, we do so, that we may learn the lessons of life within the Earthly school known as the Earth Plane. Yes we could learn your lessons here in spirit, but to experience something is a way of learning faster and better than mere theory. To each his own, there are those within the realms of spirit who have never had an Earthly existence and there are those within the world of spirit, who return again and again. Sometimes to learn, sometimes to help teach. There are a myriad reasons to return and all of them good and beneficial to the soul concerned. For even returning to settle a karmic debt is good, for the soul will re-enter the spirit realms cleansed of all debt - hopefully and may continue its onward journey to the Source.*

*We in the spirit realms are really there with you upon the Earth Plane, as you are really here with us in the spirit realms. Quite how this turn of events has come about is something that is slightly more advanced and as I mentioned earlier, there are those of you who that already have that knowledge, but take heart my friends, for we in the spirit realms will never abandon you. Leave you alone and without knowledge. For it is with the knowledge Of spirit that mankind will advance still further along that road to God - our father.*

*May the love of God the father be forever around and about you my friends, I will return in the near future with more words from spirit, words to hopefully help bring you out of the darkness and into the light.*

*God bless my friends,*

*I am Manyomin, your friend always Colin; well done my friend. You did well today and once more the hierarchy are well pleased with your progress - well done. And thank Joanne for us, for she too is a worthy emissary of spirit.*

*Amen my children.*

## 20 September 2007

*Good Evening my children and friends of spirit,*

*Welcome once more to some very simple words, hopefully of wisdom. Delivered to you via this vessel - Colin. With whom we have been working now for many years, although of late the training has become more intense. For he has much to do and you will soon be aware of why this has to happen. Yes they were words taken from the last Teachings received through him in the year 2006. We are now in 2007 and although he has chosen the name of Spirit teachings 2006+1, we do not detract from the urgency of these teachings. Through him we hope to convey the many teachings that we in the spirit realms have prepared for you my children and with his help we will deliver them to you upon the Earth plane. He has been wondering of late, what is my purpose here? We know that he suspects something great and of course he is correct, for he has chosen a great task upon the Earth plane, to bring forth the word of God once more unto his children. With all the force of good behind him, he will go forward, to be a shining light upon your planet. This has been spoken of recently by the hierarchy and hinted at during recent communications. Therefore tonight we are confirming for him, that which must be done for the sake of all human kind.*

*We will not elaborate anymore at this moment in time, but suffice to say, there are great things afoot for mankind - if his mission is a success.*

*I will leave you now my friends; for tonight is a special night and one day you will all understand why.*

*God bless you my children, I am Manyomin, Colin's guide and friend throughout all eternity. We have watched over him and now is his time.*

*Amen*

## 21 September 2007

*Good Evening my friends/children of the great creator,*

*Thank you for once more taking the time to hear my words, giving through this medium - as well he is.*

*Wish that we in spirit had more like him, dedicated and humble.*

*There are many of you upon the Earth plane who could if you wished, become such instruments of spirit; wish that there could be more. But we work with that which we have at hand and are very grateful to the few who wish to serve mankind in their darkest hours.*

*For that is what they are my friends, the great cleansing is approaching fast now, you are currently experiencing the throws of change, necessary before a new order takes place upon your Earth plane.*

*For with change comes upheaval, no one upon your Earth plane could be expected to know the outcome of these current events,*

*But take heed my friends, once the current upheavals have ended - and end they will. A great new civilization will arise. A civilization based upon truth and understanding.*

*For all mankind will be united in the one true god. A god for all people - as it has always been. But more people will be aware of this new truth. We say new in the sense that to many people it will be new news per se.*

*Given that all mankind currently believes in so many different gods and has not yet come to terms with the inherent fact that there is only and ever will be one god. Mankind will bathe in this new knowledge and a new understanding will be upon your Earth plane - For peace will have arrived.*

*Although this is still some way off, every step you take in furthering the light, the truth and knowledge of the father, will bring that moment ever closer to you and your brothers here on the Earth plane.*

*I will leave you now with a few choice words, given to you last year - the year of the first teachings through this vessel: Live, Love and Learn my brothers. Heed these words, given by the prime source - whom you call god - by whatever name.*

*Heed these words and all will come to pass, mankind will inherit the kingdom of heaven and all will be as it is supposed to be.*

*I will leave now,*

*The love of the Prime source be forever around and about you*

*Amen*

*Thank you Colin, once more for your time*

*Blessings upon you my son*

*I am Manyomin - your guide as you know*

*Goodnight and god bless*

## **22 September 2007**

*Good Eventide my children,*

*Well done Colin that was a difficult one to pick up on.*

*Onward: bless you my children for hearing my words, brought to you by this vessel, whom we are much pleased with. Once again the Hierarchy have give permission for him to move onward towards his final goal, that of bringing mankind the ultimate truth about God - your father. Bringing forth once more, the simple knowledge of the father. Bringing forward the light into the darkness which pervades your Earth plane.*

*His is not an easy task, but one which he has undertaken in order that mankind be shown the way into the glorious light of the father - from whenst they came.*

*Tonight is not just another night, although many of you may not yet be aware, you soon will be. For the light of the father grows ever closer to you all, brought about by this vessel and other instruments of spirit upon the Earth Plane.*

*There are many of these vessels now and their numbers are growing daily. Through the work of this and other vessels, you will all be "saved", as your bibles say. In reality you are already saved from that which never happened. So if something never happened, how can you have done wrong in the first place?*

*This may sound a little paradoxical, but it is true and as you become more aware of the truth and the light, the more you will come to know the real truth, not the so called truth within your bibles. Yes they contain many truths, but they also contain many of mankind's fantasies, created to embellish the truth - to make it more appealing to the masses.*

*But the truth does not need this embellishment, for truth will always be truth and needs no embellishment or defense - for truth is truth and nothing more. What more need be said in its favor. Truth outlives all fantasies, which are in essence denials of the truth. For embellishments seek to improve or make more real, believable, the simple truths. Which were and are so simple that mankind has had difficulty in understanding them?*

*To refresh you - Live, Love and Learn*

*This is all you need to know my children. You do not need fancy stories in order to tell this simple truth - Live, Love and Learn*

*I will leave you with that simple truth, God bless you my children and for this vessel - keep going my friend, the end is in sight.*

*I am Manyomin, as well you know*

*Amen*

## **23 September 2007**

*Good Evening My Children,*

*It seems that this phrase is said most often, but what does it mean. It means in essence that we are all one brotherhood, one family. Where we call you children it is a term of endearment, meant to portray our love and affection for you - our brothers and sister upon the Earth plane.*

*We endeavor to tell you things that would benefit you in your daily lives upon the Earth plane, things which - we hope will bring enlightenment to both yourselves and through you, to the people around you, within your sphere of influence - as far as that goes.*

*For there are limits placed upon love, for that is what we endeavor to bring to your Earth plane. Love from the father of us all, each and every one of us, all spawned from the same common father. No matter what race, colour or creed we follow or belong to. We all have the one thing in common; it is mankind who, throughout the centuries has placed such barriers around and about him. Through the efforts of mankind's mind, has he placed obstacles between you and your god or gods as you which to call them.*

*But the one thing that has remained resolute is the truth - there is only one God. True he has many names, but never the less there is but one god. Even here in the spirit realms we still have many names for the most high - our one true God. But here at least we have come to recognize that names mean nothing, as they should mean nothing in your world. For what is a name, but a means of recognition? You on your side of life place so much importance upon names and the associations that go with it.*

*But why? A name is only a temporary thing, during your many lives for example - for indeed you do have many, you will have had many names, but what is a name? A temporary signature, one to identify yourself to your fellow man. But it is not the man nor woman, that the signature or name identifies is it? No it merely identifies the individuals temporary showcase or vessel, the body he currently inhabits. Whereas the true individual is without name or title. The true self goes on and on, accumulating names as it goes.*

*Take the Nazarene, he had many names before he came back and was given the name or title, call it what you will. But it sums up for you an image of a person, a personality to which you can relate. That was not the real person, merely a form he took on in order to achieve an objective - which in his case was to bring the ultimate truth to mankind. And when he was crucified, it was not him that died, for no-one died that day 2000 years ago. No, only the outer covering died that day. The man, the person lived on. For spirit never dies, only the flesh dies, for as the spirit leaves the vessel, the life force is withdrawn, the animating force that is spirit is what maintains the body. Remove the spirit and the body will return from whenst it came, back into the Earth. But the spirit lives on and on, for all time.*

*But what is time? It is an illusion, the biggest illusion of all - time, and one day you will all understand this fact.*

*But for now my children, I must go as the power is waning, it takes much power and energy to maintain this and other links, especially when this highly accurate form of communication is achieved.*

*I thank this vessel for his time and thank you all for hearing my words.*

*Yes Colin, I am Dr. Cosmo Lang*

*Bless you my friend, bless you*

*The love of the father be forever around and about you my friend*

*Forever*

*Amen*

## 24 September 2007

*Good Evening my children,*

*That's a good start as always, very simple and straight forward. Which is what we in the spirit realms hope to achieve by bringing you this knowledge.*

*To be able to understand the workings of the spirit realms is very important to you all, especially those of you, who are about to come here for what appears to be your first time.*

*There are so many of you upon the Earth Plane, who have had - through no fault of your own. No knowledge of the spirit world. This is not an undoing of any and all the truths you have been told - should you have been regular church goers, of whatever religion. For religion does not matter. What matters is how you live your daily lives, do you live them in accord with the teachings of spirit that is, do you do good to your fellow man, as you would expect him to do good unto you?*

*Do you show love and compassion to all those around and about you? These are the measures of a man, if I may use that term. It is through the courage you show upon your Earth Plane, in showing courage, compassion and love that will make a difference to you upon your return to the spirit realms.*

*For you will have been here many times, but on each successive return to the Earth Plane, you forget that which you have left behind and so each time that your transition from the Earth Plane approaches, you assume that it is the first time and so you become afraid. How many of you have, at the time of transition have taken up religion in order to put yourself in the good books of God - to late my friends, you cannot wipe out a life of self centered arrogance, with no love and compassion except that for the self.*

*No you must prepare your house in the spirit realms as early as you can in your present incarnation, thereby giving you more time to build your house, the house which you will live in forever.*

*Build up your treasures in heaven by your good deeds to your fellow man, help those around you in need, there are many on your Earth Plane who lack love and compassion, give freely where you can - not because you want to make a good life for yourself here in the spirit realms, but because you want to help your fellow man - your brothers and sisters.*

*To make false hopes for yourself by helping others for the wrong reasons will do you no good, for your reasons are seen for what they are - Vain and selfish and it is YOU who will make that judgment upon yourself, when the time for your life review is due. It is you who will make this judgment - not God. Who knows you better than yourself? No my friends, you will judge yourselves. But think not that it is an easy task, knowing yourself as you do in your Earthly incarnation is not the answer. For that is not the real and true answer. It is the real you, your higher self, your spirit, that will make the judgment upon your last Earthly incarnation and therefore you who will decide*



*where it is in the spirit realms that you will reside. Be it in the brighter spheres or the not so bright spheres.*

*But fear not, even if you have led a selfish life, vain and arrogant, maybe even a murderer or worse, for there are many of you - usually young souls who will steep to extremely low levels of humanity, so low in fact that even the animal kingdom would appear to be higher in its morals and ethics.*

*But fear not, for all souls, no matter on what sphere they find themselves, be they in the lower or higher spheres, will have the same equal opportunity to grow, move forward and be at one with the prime source.*

*So think on my friends, it is never too late to turn a kind hand to your brothers and sisters, never too late to begin building your home in the spirit realms.*

*Remember that spiritual treasures do not rust and fade away - they are forever and ever.*

*Which would you have, the short term gratification that mankind seeks in mammon or eternal bliss and happiness within the kingdom of God?*

*God bless you my children,*

*I am Manyomin, relaying these words from far beyond the Earth plane, from beings so far removed from your Earth Plane that they cannot re-enter your atmosphere, but out of love for you, do transmit their thoughts down through the spheres, that you may hear their words.*

*God bless you my children*

*I am Manyomin*

*Amen*

## 26 September 2007

*Good Evening my friends - children of the Great Creator,*

*Welcome once more to the words of spirit, words from your brothers and sisters existing in the world beyond yours, a world which is forever around and about you, but yet so near and so far.*

*Perhaps that was not quite the correct wording to use, but it portrays the nearness of the spirit realms, so near and yet so far - indeed as far as some people are concerned it may as well be a million, million miles away. And yet there are those amongst you who are aware of its nearness and endeavor to bring that joyful news to your fellow man.*

*Your gifts of spirit, the clairvoyance, clairsentience etc., all gifts of spirit are there to help you put forward the case for the spirit world. Much as one of your Earth Lawyers is already doing. Victor Zammit is his name and he has taken on board the task of bringing spiritual knowledge to mankind, by working with others in a trance circle. But more than that, it is a materialization circle, from where people in the spirit realms can actually materialize within the séance room and converse to the people contained there-in.*

*This is a most effectual method of actually proving the existence of life after so called death.*

*But unfortunately it is a rare and wonderful thing. There are so few mediums who can reach this level of attunement to the world of spirit.*

*But we make do, that may seem a little bit harsh and I apologize for that. What I meant to say was we make the best use of the mediums that we have at our disposal. For there are many true and good mediums of varying degrees, out there in your world.*

*Many forms of communication are available for loved ones, family and friends to come through by whatever means, to give evidence of survival after death. That word again: "death". There is no such thing as death. It is an illusion created by man's thinking. Death as you know it does not exist, indeed death of any kind is impossible.*

*If you take or remove the spirit from a vessel - a physical vessel, which is animated by the spirit. The vessel will cease to function, for the animating force of spirit will no longer be able to maintain the physical link. In essence the body dies - but does it really? - no. It merely returns to the Earth from whence it came. Back into its constituent components. There never was any real life within the body; spirit is the life and the light.*

*Spirit as you know it, lives on and on for all time and beyond that. For we are all a part of God, that great being who spawned us - his children. How exactly this was achieved is some way ahead of your current knowledge - at least as far as your science is concerned.*

*But one day when you are ready, the total truth about all things will be made known to you. It is a matter of degrees. For you cannot take the next step in the direction of God until you have*

completed your current step. Learning and more learning is the key. As knowledge is given it is taken and received with thanks. This knowledge is built upon, for time immemorial until such time as you understand all there is to know. At that time you will be at one with the great creator - God.

We are all on this journey my friends, it is just that some are a little further along and wish to impart some of their knowledge,- which they have gained through many trials - in order to help you our brothers and sisters, to move a little further along the path of evolution, not only in knowledge, but also in spiritual development.

There will come a time in all men's lives when he is faced with the big question: "who is God". At this time, some are filled with fear, for they fear that they may not have led a good life. But fear not, for there is nothing to fear except fear itself. One of the biggest fables cast by the many churches upon your Earth plane is that of being afraid of your god - rubbish.

Your God has never been a God of vengeance or anger or hatred, nor has he ever wanted anything for his children that would harm them. It is mankind who has given God, the great creator, these labels and this must be rectified, if mankind is to evolve.

Fear not God your father, for he is a god of love and compassion, if you hear anything else spoken about God the father, it is a lie, created by mankind.

Remember the words given last year - 2006 - in the Spirit Teachings, given through this vessel. They contained three words, words that can re-write mankind's future, if adhered to; Live, Love and learn my friends.

**Live** your lives to the full, **Love** those around you as you would have them love you and **Learn** your lessons well my friends.

I will go now, for the power wanes.

Yes Colin, I am once again "Cosmo Lang", as well you knew my friend. You are becoming quite familiar with my energy now and with your permission I will come again to give you more words from spirit, that you may - when the time comes, and we will let you know my friend. When you can release these teachings to the world. You have wondered about their content and have shown trust - this is good. You will be rewarded my friend, although we know that you do this out of love for mankind.

O we wish that we had more such instruments, our task would be so much easier.

But for now, god bless you my friends upon the Earth Plane,

The love of God the father be forever around and about you.

Bless you, Bless you.

## 27 September 2007

Bless you my children thank you for listening to my words,

*I say listening, when in effect it is the vessel known as Colin who is listening for your benefit and for that we in the spirit realms are grateful.*

*Grateful that some have taken the time out of their daily lives in order that we in the spirit kingdom, may make an attempt at bringing new knowledge to mankind. For is mankind not in need of something new, with which to help open his eyes? Something with which he can learn of the ways of spirit, something to help him live a better life with his fellow man, in love and harmony.*

*No, we cannot always get the messages across that we would prefer to bring with us. But we have to make do sometimes, because conditions are against us. Conditions within your atmosphere. For as you think, you create barriers. Barriers which are quite real to us. We have to delve into and through the mists that surround your planet. These mists, as we call them are quite real and are formed by mans wrong thinking. For your thinking, as chaotic as it is, creates barriers to communication.*

*We in the spirit realms have to try very hard in order to break through these barriers and not everyone in the spirit realms are capable of achieving this.*

*This is why sometime people on your side of life tend to say that so and so hasn't been back to talk to us since his passing. It may not be that the so and so does not want to bring a message substantiating his continued existence, but merely that so and so cannot breach that barrier which encircles your planet. There by you, by your thinking can make it hard for even your friends and relatives to pay you a visit and confirm that they are alive and well within the spirit realms.*

*Furthermore there are many people within the spirit realms who would like to communicate to the Earth plane to give valuable knowledge, knowledge that we are allowed to give, in order that you may be helped. But once again mans thinking prevents this occurring.*

*When will mankind realize that it is not only the way he acts that affects his surroundings, but also the way he thinks? For as you think you create and what you create is governed by your thinking. Bad thoughts create negative atmospheres and are not conducive to communication and indeed these bad thoughts will ultimately come back to haunt you, but many times magnified. And the same goes for good thoughts and intentions, these too go out and return but many times magnified.*

*Which would you far rather have return to you my friends?*

*Think on my simple words tonight my friends, true there are not many this evening, but hopefully there are enough to make you think a little more about the kind of world that you would like to live in - both here on the Earth plane and also here within the spirit realms, for you make your own home here in the spirit realms by the way you live and conduct yourselves upon the Earth plane.*

*God bless you my friends,*

*I am Manyomin and once again I relay messages passed on from those higher still than I.*

*Go in peace my friends,*

*The Love of the Great Spirit be forever around and about you*

*Amen*

Thank you Colin

## 28 September 2007

*Good Evening my children/friends of spirit,*

*Welcome once more to some simple words from spirit. Words that we in the spirit realms have prepared for you, in order that you may learn a just a little more about the spirit realms and why you are currently inhabiting the physical plane of existence.*

*Well where do we start today? How about, who is God? That has always been a topical subject and one that would concern every man, woman and child upon your Earth Plane, not to mention every living thing on the planet that is not in human in form.*

*For God takes in all of these things - and more. God is the creator of all we see that is real. Everything that has life is of God. Without his limitless spirit, there could be no life, his animating force is the force behind everything that lives, be it human or not, plant or bird or fish. It matters not for he is the creator of all things real.*

*I keep saying all things real and you may be wondering why I say such a strange things - surely you say "all things are real"? But are they? Think on my friends for how many things are created by God and how many by mankind's mind?*

*Think on my friends, think ..... What God creates is fine and good and because God made it, it must be perfect and forever, for everything about God is perfect, having no blemish at all. God is truth and truth goes on forever, it never changes, for it is the truth. Truth does not need defense or it would not be the truth.*

*Think on my friends, how many times does mankind have to stand up and defend something? Things only need defense when they are not true. God is true and so is everything he ever created - including mankind.*

*But mankind on the other hand creates for himself. He creates a world which does not exist. How you say can that be, when I can look out of my window and see buildings and people, animals, birds etc. - All these things are mankind's imagination at work.*

*Think on my friends, how many of mankind's inventions last forever? How long will your houses last? Will they last forever, as the things of God will? No they cannot, because they are not real.*

*You exist in a state of unreality. You are living a dream. A dream where each and every one of you is part of the same waking dream - as you call it.*

*We know that you are all a part of God - the creator and also that the Holy Spirit is with you all. We know also that the spirit of the Nazarene is forever around and about you. We know that god is*

*a part of each and every one of you, as we know that God is in everything. Therefore have you considered that you are all in effect one being?*

*There once was a thought, that thought was "what if". In that brief instant you were born. You became a part of an idea, living within that brief thought for a microsecond of time as you would call it. For time does not exist where we are. But in the instant of the thought, time was created - within the thought.*

*You are the living thought my friends. For as that thought was thought, it was dismissed and therefore never existed. Therefore your world and everything that you know is finite, because you exist in something that does not exist. But had a beginning and an end.*

*To that end we know that your time upon the Earth Plane is finite and that one day it will all end, Just as God promised, you will all return home to the spirit world and God himself.*

*That moment will occur when the last of you has realized that God is everything and that by living as God intended, you will indeed bring heaven to bear about the Earth plane.*

*We can all go home to the father and become one with him again when everyone is of God himself.*

*This may sound a little confusing my friends, but believe me, we are not making this up and as your science goes on and makes advances into varying fields of exploration, both within your solar system and within the inner solar system, that is within your atoms and the like. He will discover many, many things which by their very nature will bring you back to God himself. But these are in the far off future my friends.*

*But fear not, for the moment is now and you must concentrate on spreading the words of the father of us all. Give out those words you know so well. The words of: Live, Love and Learn, my friends.*

*Give them out when err you can, live them when err you can and one day the kingdom of heaven will be forever around and about you my friends.*

*For now I will take my leave of you my friends. For I have given you much to muse over tonight, something new with which to ponder your world upon. I hope that I may come again and once again try to illumine your lives.*

*God bless you my friends, for I am Manyomin and once again I gladly pass on the words from those still higher than I.*

*God bless you my friends.*

*And yes Colin your new friend was the one who impressed you at the church yesterday and yes he meant what he/you said when you said "I will see what the world has for me"? For you have a great task my friend and that was but a taster of what is to come. You will be impressed by those higher still than I, as it was for him who came before you and you know whom I refer to.*

*God bless you my friend.*

*The love of God the father be forever around and about you*

*Good night my friend*

*For I am Manyomin - your friend forever*

## **29 September 2007**

*Good Evening my children and welcome to more words from spirit,*

*We in the spirit realms welcome you again to what we hope will be a worthwhile experience, the experience of reading some words which emanate from another realm - other than the Earth plane.*

*When we say another realm it is best to describe this place as another realm, for that is what it is. Your scientist may say that it/we are in another dimension - when in fact we are both right.*

*They like so many things upon your Earth plane are merely different names describing the same thing.*

*Much as you upon the Earth plane have many names for things like doors, walls, tables etc. - They all describe the same material thing.*

*But what of the none material? God has many names and yet none of you agree on the point of fact, that God is God to all the people of the Earth plane and also in the spirit realms. We too have many names for God: the Great Spirit, the Prime Source, First Creator etc. But all describing the same omnipotent being, or energy if you prefer. For God is everywhere, in everything that lives. In the stones that litter your beaches, the flowers that brighten your lives, he is in the animal kingdom, the birds and the fishes. He is in all things and called many names but we at least recognize the fact that he is but one - under many names.*

*How long before mankind recognizes this simple truth.*

*There have been many, many spiritual teachers sent down to the Earth plane in his name. Bringing the simple messages of spirit - derived from God.*

*All mankind had to do was to take these simple words and adhere to them, not by power, but by free will. Adhere to the simple words of God. The words of love and compassion, to honor your fellow man and to care for him as you would wish he cared for you. That is all you need do in order to become closer to God the father, your creator.*

*These words of love and compassion have been reborn, as of last year, the words of Live, Love and Learn are amongst you. They are words brought down to you from the father, that you may once again receive the simple words that he has for his children.*

*Live them my friends and the kingdom of heaven will be brought that much closer to you all. It is for the benefit of all mankind and those in the spirit world, for when the kingdom of heaven*

*manifests itself upon the Earth plane, then all will be complete and we can all once again rejoin our father in the highest of spheres and all can say once again and in harmony "father I am home"*

*God bless you my children,*

*For I am Manyomin, your friend and once again the proud bringer of words from those higher still than I. Who send their love amongst you, that you may send that love out amongst the people of the Earth plane?*

*God bless you my children,*

*God bless you all*

## **30 September 2007**

*I thank you once again for hearing my words my children,*

*We in the spirit realms are most anxious that as many people as possible become aware of the simple words that come from our world to yours, via the many instruments that we have upon your Earth Plane.*

*We call them instruments; you call them mediums or psychics. Mediums being the more sensitive of the two. There are among you mediums of varying degrees of quietude, that is to say, there are those among you who have the ability to call upon the world of spirit at a whim, as it were.*

*Not that we are at the beck and call of anyone. More that we are at the service of those who are most in tune with us, particularly if they are pursuing their Earthly task of bringing the simple words of spirit to mankind.*

*Our many instruments upon your side of life have such an enormous task upon their hands that they need as much help as we in the spirit world can render unto them.*

*Take this instrument for example. He sits every day, whenever possible and faithfully transcribes our words, that they may be passed around upon the Earth plane, that all men may have the opportunity to hear our simple words. For without him where would we be? He has access to the internet, your modern tool for communicating with so many people upon your Earth plane. What a marvelous tool, to be held in the right hands, enormous good can come of its use in furthering the knowledge of spirit and of God.*

*Through his diligence and patience we will endeavor to bring still more news from the spirit realms to you upon the Earth plane. News, which is hoped will bring the two worlds closer together than ever before in the history of mankind.*

*For mankind is on a journey, a journey fraught with hidden dangers. Dangers which can let loose all manner of hidden pitfalls. Keeping mankind from realizing that he is of God, that he is a part of God and that a part of God is in all living things.*



*Why must mankind be so stubborn when it comes to things of the spirit? Why must he continually bury his head in the sand, when such a simple truth is standing there before his closed heart and mind?*

*The simple truth that we are all one mind, of one God. There have been many, many people upon your Earth plane who had had these simple words brought to them, through various methods, usually by mediums giving some small proof of survival to those left upon your Earth plane. But these people who have received such messages do not take in all that they have heard or felt. No they hear the message that Uncle John is fine and well and leave it at that. They do not follow up on that marvelous revelation - there is life after death. They do not follow up such messages by looking further into these simple truths. They go about their daily lives as they did before.*

*Despite having had proof given to them that life does indeed continue after leaving this side of life and continuing in the spirit realms. Many, many people will not alter their lives in accordance of Gods simple words, those of live Love and Learn.*

*No, they stay as they were before they heard from Uncle John, still within their own narrow view of life, still blinkered, still struggling with their daily Earthly lives.*

*When all they have to do is live simply, giving of themselves in service to those around them. Living the simple words of God, the Great Creator.*

*Simple words my friends; it always comes back to simple words, Those of Live, Love and Learn. Heed them my friends before it becomes too late to save you. I say save not in the sense of really saving you, but in the sense of saving yourselves time in the spirit realms for learning the lesson which you could have learned more easily within the school of Earthly life.*

*Well my friends the energy is once again waning, so I will take my leave of you, for it takes much power and energy to reach you in the Earth plane, from where these words are emanating from.*

*Take care my children and thank you once again to this vessel. He has done well and you will soon, very soon be aware of why he had to rest after the last teachings were given, in your year of 2006.*

*God bless you my friends/children*

*God bless.*

*I am Cosmo Lang the former Archbishop of Canterbury*

*God bless you all*

*Amen*

**1 October 2007**

*Good Evening my children and friends of spirit,*

*I am new to this style of communication, so will have to forgive me if I get something's a little mixed up, but I'm sure the medium will understand what I am trying to convey and attempt to correct for me - I will be aware of his thoughts, so nothing that was not of me will be typed down for your reading that is not of me.*

*My name is Louis, I was alive around the turn of the century, the last century that is around the time of Queen Victoria. At that time there were many mediums who were giving performances of so called physical mediumship. And many of these so called mediums were very good, although there were a great many imposters. This had the effect of belittling the actual genuine mediums and making their work all the more harder - giving proof of life after death etc.*

*But these few genuine mediums continued their work, in small houses of ill repute sometimes, sometimes in small back rooms and sometimes, very occasionally in grand surroundings. All were and still are faithful companions of spirit. They still continue to endeavor to make themselves useful - even from this side of life.*

*For life is eternal, as those mediums lived there lives upon the Earth plane, so they became accustomed to working for spirit and helping the many people around them. This they continue to do, to this very day.*

*Although we do not have days in the spirit world as you have them upon the Earth plane. It was merely a figure of speech made in order that you understood the nature of their work - which they still do to this day and probably will forever more.*

*For you see they are faithful friends of spirit and wish to help their fellow brothers and sisters here upon the Earth plane. Much as this medium does today. For without him, what would you be reading this evening?*

*No, we in the spirit world are very anxious that the simple words of spirit be heard around and about the Earth plane, for that reason we come tonight and other nights in order to bring some simple example of how mankind can help bring the kingdom of heaven upon the Earth plane.*

*Tonight by way of introduction to myself I have chosen to elaborate a little upon the life of mediums such as I, at the time when I was upon your Earth plane, Colin is aware of my accent, which he has detected is very much French, for as you see, when we return to your Earth environment we take on that which was familiar to us when we were here the last time we reincarnated. For me I was a French peasant who lived in the countryside and from there I was able to develop my mediumship, being in the company of my family, who were very supportive of me because they had long suspected that from childhood I had the gift of spirit and they wished to nurture it, in order that I may bring the truth of spirit to mankind.*

*This they did and I was very grateful to them for that fact. Throughout my childhood and early manhood, I was encouraged to go out to people and give the gift of spirit when ever I could in order to comfort those who had lost loved ones to the spirit world and to bring new knowledge to those people around me, who were thirsty for such knowledge.*

*Unfortunately when war broke out in 1914 I was called to enlist within the French army and was killed quite early on in the war. I think I was hit by a bomb or something, because it was very quick. One moment I am running into a machine gun nest, full of Germans, the next I am in a field, full of*

*beautiful flowers and everything is all quiet. No guns, nothing, just total peace and quiet. It was marvelous to hear the sweet silence of the country again - as it had been before the war.*

*But this was different, I soon realized that this place was not the countryside that I knew or was fighting in. Somehow, things were different? It was light, but there was no sun, just a soft gentle light that seemed to come from everywhere and nowhere. The shadows were very defuse, but the colours, oh the colours. I had never seen anything like them - so beautiful, so pleasant to the eyes, oh my, what a sight there were, spread out amongst the fields as far as the eye could see. I had never seen such beauty.*

*I realized that I had died and somehow I had been transported to the spirit realms. Where I am still today. You know I have to say this my friends, there is absolutely no worry about coming here, it will be the most wonderful experience of your lives my friends. The transition as you call it, is nothing. But the full beauty of the spirit realms is a wonder to behold.*

*I must go now, for the power wanes again, it takes so much energy to create and maintain this level of communication. But we are much pleased this evening, for we in the spirit realms have tried something different and are much pleased with the results, therefore we will continue to refine the energies needed to maintain this communication link and it will get even better.*

*God bless you my friends and thank you for hearing my simple words of comfort, given to you from the spirit realms in love to you our brothers and sisters upon the Earth plane.*

*I am Louis, God bless you my friends - Goodnight and god bless*

*Amen*

## **3 October 2007**

*Bless you my children for I am much pleased that you have decided to read my simple words from spirit.*

*I am Roger the great. That may seem a little strange, for you will not have heard of Roger the great. It was a little title bestowed upon me by my friends, they were always joking around. I am not of royal blood, as you probably thought and Colin was definitely puzzled when I announced myself. But fear not he was correct in printing the words given to him - they were used as a test to make sure that he was being accurate in his interpreting our spoken words into written words. We are much pleased that he decided to follow what was given and not to go off on a tangent looking for answers. For they will soon be forthcoming.*

*My real name is in fact Roger, the Great was added by my friends as a joke, as I mentioned. We were together in the fields of France sometime ago. It was during your first world war, I understand that you have recently had another visitor who also passed in that Great War. How sad it was that so many men, women and children lost their lives in that Great War. What a waste of human life, what suffering it caused both here upon the Earth plane, as well as within the spirit realms.*

*For there were so many men women and children coming over unprepared. Not having any knowledge of the spirit kingdom. Yes a lot of them had been good honest people and a lot of them had been regular church goers. But the churches were sadly lacking in their knowledge of the true workings of the spirit realms. The Church of England was especially ignorant and not one of the people I met here was properly informed by their local clergy on what to expect when they crossed into the Kingdom of God as they called it.*

*They were afraid to call it the spirit world and still are. A lot of them deny anything but the word of god as written down in the bible. But a lot of that was twaddle. Having been here for some time now, I have discovered the truth for myself. There are so many things within your so called bible which are not of Gods kingdom, not his words. In fact none of them are really his words at all. There were passed onto the various people, related to in the bible - as seers, we call them mediums. A lot of these mediums were ridiculed for their beliefs, but with the coming of the Nazarene, all that changed. For he was a great medium, probably the most powerful medium who has ever walked the face of your planet. He had his guides with him. It was they who usually gave him the words to speak unto the people. His guides and helpers were there with him all the time. He conversed with them and gave healings by them. They were his backup, his army of guides who were assigned to help him*

*Much as this fellow, the one who is even now typing my words faithfully so that you may have the opportunity to read them and hopefully learn something of your life to come and your life as it is now.*

*This fellow - Colin is his name. Sits week after week typing the words of spirit. But where does he get them from? Exactly the same source as the Nazarene did and all the other mediums and psychics on your side of life. They all have guides and helpers with them. Bringing information that they may impart it and help those people around them.*

*This vessel - Colin has much to do and his little band of helpers are still accumulating around him for he will have a great entourage of helpers when the time comes. For he too, will be as he was.*

*Yes we have said that phrase a few times now and what exactly it means is yet to come, but needless to say, Colin has a great service to perform for mankind and his helpers will be forever with him, helping as they did the Nazarene.*

*So my friends, before the power wanes completely, I will tell you why I was called Roger the Great - I had a large mole on my shoulder which looked like a lion, the people said was a sign of royalty - hence my name of "The Great". Not a great story I know, but then again it is the little things in life that make it worth living sometimes. To have a laugh, talk with friends is one of my happier memories and hopefully one of yours too.*

*Good night my friends*

*God bless*

*God bless you all*

*I am Roger the Great - (laughs)*

## 5 October 2007

*Good Evening my children,*

*Welcome to the world of spirit. That may sound a little strange, but is it really? What constitutes the world of spirit? Is it the fact that we are not visible to you upon the Earth plane or is the fact that we have been able - for the most part, to have travelled a little further along the road to the God head, the Great Spirit. Is it some unseen force that divides us from you or is it just your imagination?*

*All of these things are as real as you make them. For we are all indeed of one mind and one body. As was indeed spoken of in your many bibles. For all of your religions have a grain of truth within them. But yet none of them has the whole truth and nothing but the truth. For mankind has diluted the simple truths of spirit, with his own innate fear of the unknown. He has ridiculed the truth until it is no longer visible as the truth.*

*Indeed were the truth to be brought unto many upon the Earth plane, then it would be rebuffed as untruth, a lie made up by the spiritualists to debunk the true teachings of the church.*

*"Twoddle" to quote a recent visitor to your Earth plane, who came to give some words of comfort to you all.*

*For his words were indeed true. Mankind has hidden the truth about spirit, about God, so deep that many people upon your Earth plane are in fact afraid of the lord thy God. When there is no need for such fear.*

*For your God - our god, the God of all living things is nothing more than a God of peace, love and understanding. It was he who sent down the Words of "LIVE, LOVE and LEARN" last year. They came from the highest possible - they came from God himself.*

*They were brought in order that mankind see the simple truths, as they really are. No frills or parables with which to give false meanings.*

*No - the more that mankind has by way of the truth. The more he is apt to give different interpretations too. Therefore it was decided to keep the lessons of God, as simple as possible. Hence, LIVE, LOVE and LEARN were given by God, to you his children. The simple explanation of LIVE: live your lives to the full. LOVE: Love those around you, as you would have them love you. And LEARN: Learn your lessons well my children.*

*So simple that a child could follow them and yet, can mankind as a whole, follow these simple directions to peace and happiness - time will tell.*

*There has been a great deal spoken about these simple words. Why were they given when they were, will mankind heed there simple truths?*

*Well they were given at this time in order that mankind prepare himself for the coming events, which some will find hard to endure. But stay on the side of right and live the life of spirit and all will come to pass. For there are dark forces about on your planet at this time. But this is nothing new in the history of your planet. There have been many times in your past that upheavals have taken place and this is always the case when change is occurring. For change comes at a price, that price is the relinquishing of the old, to make way for the new.*

*A new world will dawn my children, a new world where mankind can live in harmony with is brothers and sisters. There is an understanding that can be learned and experienced by the many children upon that Earth plane. And when that great and glorious day comes when every man, woman and child is free of evil, low thoughts and has nothing but love for his brothers and sisters then the kingdom of heaven will indeed reign upon the Earth plane and the Earth will be no more. For it will have served its purpose - that of a school of learning. Its pupils will have learned their lessons and progressed onward to be forever in the peace and company of their father - God*

*God bless you my friends, For I am Manyomin, relaying words to mankind from those still higher than I.*

*God Bless you my children, God bless*

*Amen.*

## 6 October 2007

*Good Evening my friends of spirit,*

*Welcome indeed to more of those simple words you love so much, at least we hope you do? For that is the reason they were given 2000 years ago and again last year, in the year 2006 by your calendar.*

*They were given in love from the prime source to his children upon the Earth plane. On both occasions great sacrifices had to be made in order that the message be delivered. We made a slight mistake the last time the words were delivered. We coated the true meanings of the parables in many words. Words that mankind has - over time, changed the meaning of.*

*This time we have cut down the words to just three, those of Live, Love and Learn. So simple how can anyone turn them around. Even their meaning has been explained many times and thus cannot be turned around unless someone with a slightly warped mind is trying to manipulate people for a cause that is not of the light.*

*But take heed my friends, these words contain much power and that power has to be channeled towards the prime source and his children. Follow those simple words, live the life of service to your fellow man and all will come to pass. The kingdom of heaven will reign upon your planet - just before it ceases to exist. For at the time the kingdom arrives. The Earth will have completed its mission as a school for spirit. A school in which the lessons of life are lived, loved and learned.*

*Then will you all become as one brotherhood - the brotherhood of man, under one father, undivided as ever you were before.*

*Under that one sonship you will all be gathered at the head of the table, that your father, the Great Spirit may say to you "well done my son, you are one again"*

*I am Silver Birch your friend and mentor Colin, remember that my friend, for we are all on the one side, the side of the god spirit and his one son.*

*God bless you my friends, for today is indeed a good day to die.*

*The love of the Great Spirit be forever around and about you my children.*

*Amen*

*I am Silver Birch.*

## 8 October 2007

*Good Evening my children,*

*Welcome once again, to more words from spirit.*

*Spirit, what is that? Some say it is a figment of your imagination, some say it is the work of the devil. But who is right, if indeed either are?*

*For as you know spirit is that great light in the so called sky that we all go to when we finally leave this mortal coil. In reality, there is no big light in the sky, but there is a big light all around you. This is the world of spirit. It encompasses you in everything that you do. For we are not that far removed from your Earth plane. It is purely vibration that separates us. A few more vibrations from your Earthly vibration - in the upward direction and you would find us here in the spirit realms.*

*That is why we are so close to you my friends - we never left you. We merely shifted our vibration upon leaving the physical body. For you on your side it looks to all intents and purposes as if we had died, not that anyone can die. But in essence all we merely did, was to shed the overcoat we were wearing with which to come to work in.*

*For when we come to your Earth plane, we slip on an overcoat, with which we can become acquainted with and use in order to learn or help people on your side of life. Much as you slip into overalls or suits to go and do your daily work, which you do in order to earn your daily bread and help others. So we who come to enlighten and learn, slip into human form in order to accomplish our goals/missions.*

*So at the end of our working day - a life time on the Earth plane - we slip off the overcoat/overall and return home to the spirit realms. Much as you return home upon completion of your daily toils.*

*Much is the same; the only thing that differs is where home is. For you it is still the Earth plane on which you live. For us, upon completion of our working day - a human lifetime, we return home to the spirit realms. Much as you will do when you yourself have completed your working day upon the Earth plane - within the human body.*

*There is nothing to fear my friends, there are many, many of you, who have done this time and time again - since time immemorial*

*and will continue to do so.*

*For your Earth is a school, as I'm sure you have been told many times before. We in the spirit realms return to the Earth plane in order that we might learn certain lessons, based upon where we are in our spiritual development. We can return to learn lessons upon the Earth plane, or return to help individuals or groups of people, in doing so we also learn many things. For by giving, so do we receive?*

*This is a worthwhile phrase to remember my friends, as we give, so do we receive. Do not give merely that you may receive. For this is the wrong motive for giving. Giving must always be born out of love for your brothers and sisters. For in that way you will truly help them as yourself. For your gift of helping was born of love and as you give, you receive.*

*For we are all one brotherhood, therefore as you give to your brother or sister, you are in fact giving to yourself. Hence the saying of "what goes around comes around". The same can be said for so called evil thoughts, thoughts of malice or greed - any negative thought: they will return to you*



*my friend. So it is not only what actions you perform whilst upon the Earth plane that are important, but also the thoughts that you think whilst upon the Earth plane also.*

*Guard your thoughts well my friends, for when you come home to the spirit kingdom, there are those spirits, higher than you who can read your thoughts, your intents. Is this not a good reason to guard your thoughts, whilst here upon the Earth plane? Learn the ways of spirit whilst here upon the Earth plane my friends, it is much easier here than in the spirit kingdom - for that is why you came here my friends, to help you grow, that much closer to our father "The Prime Source".*

*Live your lives in service my friends and remember those three words that were given to you by the most high. For they will stand you in very good stead my friends.*

*Live, Love and Learn.*

*God Bless you my friends,*

*I am Manyomin and once more it is my privilege to bring to you, words from those still higher and closer to the Prime Source than I.*

*The love of the Great Spirit be forever around and about you my friends and may the love and sight of the brave eagle be with you and guide you always into the light.*

*I am Manyomin*

*Amen.*

## **10 October 2007**

*Good evening my friends of spirit,*

*Our brothers and sisters here upon the Earth plane. Sometimes you seem so far off, so distant from us here in the spirit kingdom, or realm if you prefer. Names do not matter, much as names do not matter when someone from the spirit realms is bringing you messages from the Prime Source. Some small token of his love for his children, passed down to you through us here in the spirit kingdom - notice that I too use different names for the same thing. Much as you upon the Earth plane. You have many names for God, Buddha, Mohammad to name but two. Neither are incorrect nor are ether correct. They only refer to a point of reference, to that one great being that spawned us all.*

*We too use different names for him, or her, call him or her what you will. But we believe that God is a great force for good. Omnipotent, ever present, all knowing, all seeing. This force pervades the entire known universe that you see and beyond. God is in everything that is or ever shall be.*

*To be one day joined with him is our hope, as hopefully it is yours too. For until the kingdom of heaven is upon the Earth, than none may join with the father of us all. Yes many have progressed*

*into the higher realms of spirit and disappeared from even our view, but we believe that they are very close if have not already joined with the Godhead.*

*This is the goal of all spirit, to be joined once more with our father. It is a task well worth taking on my friends and all should be encouraged to do so. You know the words of spirit, the simple words of Live, Love and Learn. Use them my friends, spread them when ere you can. For the simple words of God must be spread about your planet.*

*Your planet which is in such a turmoil at the moment. But fear not, for the great cleansing is upon you and soon the world will be reborn into a world where people will take care for and love each other. This will be the start of the end as it were. For although this process may take many of your Earth years, it **WILL** take place my friends. Heaven will reign upon the Earth plane. God will be happy to see his sons and daughters have learned their lessons of life and have returned to him.*

*One day this WILL all come to pass my friends,*

*Have faith in the father and his many instruments - such as this one, Colin is his name. He has done much to further the cause and the words of the father and once again we are much pleased with him - although he is a bit embarrassed to have us writing about him. But that is fine, for he is humble and loving, as all gods teachers should be. Use his example my friends. Live for the words of God and you shall all be rewarded whenst you return to the spirit realms. Live these words out of love - the correct motive and all will come to pass.*

*For it is love that drives everything.*

*Goodnight and god bless my friends.*

*Once more I am Manyomin and once more it is my great pleasure to pass to you, words from those still higher and closer to the Great White spirit, than I.*

*God bless you my friends.*

*Live, Love and learn*

*Amen*

# 12 October 2007

*Good Evening my children, welcome to my words from spirit,*

*This may sound a little lame, but it is perfectly true. Yes we use your Earth expressions now and again to make them more acceptable to you.*

*But in essence we are all one under the inestimable love of our father - the Prime Source.*

*We on this side of life bring you what we can by way of knowledge, in order that you understand a little more about the spirit realms. We are not permitted to interfere with your Earthly lives, therefore what knowledge we do bring to you has to be carefully selected and vetted before it is delivered. How would it be for you to know more of your futures, you could so easily change the way things will be- or should be.*

*No - knowledge is given which is good, as well as simple and which in no way impinges upon your free will.*

*My children, we here in the spirit realms care very much about the current conditions upon your Earth plane, that is why we send so many teachers of God to you. You call them mediums we call them teachers, but as in so many things. It is not the messenger or what his title is, it is the message he delivers that is so important.*

*Learn from these instruments of spirit my friends, they bring the words of God himself to you upon the Earth plane. You may think that God has forsaken you, due to your current circumstances upon the Earth plane. But remember my children. These are your lessons of life. It is you who have created the conditions of Earth NOT the father of us all. For he gave you all free will, the greatest gift you could possible receive. It is up to you as to how and when you use this gift. It is your responsibility to look after the planet. It was given to you by the father in order that you learn the lessons of life. That includes your home - The Earth.*

*Take care of her my friends and she will take care of you. She can provide all that you will need in order to survive. But she must be taken care of. Not raped of her embellishments, her treasures, to heal mans insatiable desire for mammon.*

*Heal the world my friends, many have advised you on this matter. Now we in the spirit realms once more add our voice of concern for your planet.*

*For your children's sake my friends. Think on, for what you do or do not do today, will affect tomorrow and tomorrow the world will be in the hands of your children. What sort of a world will you bequeath to them?*

*I will let you ponder those simple words my friends. Well done Colin, the email to the Archbishop of York was well timed, now all we do is wait for an answer.*

*Gods speed my friend, for I am Manyomin and once more I will relay reliably the words from those still higher than I and closer to the God spirit.*

*God bless you my friends*

*The love of God the father be around and about you always, my friends*

*Amen*

## **13 October 2007**

*My Dear children and friends of spirit,*

*Welcome once more, to more simple words from spirit, where shall we begin tonight I ask myself? We could start at the beginning - who is God, but that has been covered many times and I'm sure will be so in the future, your Earth Future that is.*

*Time, now there is subject that intrigues many a person, both on this side and on our side of life. How can there be time where you live, but not where we exist? Hmm, how to explain that one is a minefield. So many people have made an attempt at justifying the difference. But maybe that is why they failed to explain fully and properly, the mere existence of so called time.*

*Time is but an illusion, it exists for you, but not us. We are in a higher vibration and therefore have no need of time. For we are able to make leaps of so called faith. We can but imagine something, a time or a place, indeed a person and we are there. At that time, place, or even meeting the person. You see ours is a mental world. Where we only have to think and what we wish will be. But only when you have progressed sufficiently enough to have earned such measure.*

*For many people, these are so called "pipe dreams". Imagine being able to imagine a time or place or person and be there. Hence, why would you need time? We need no timetable to help us make it to appointments as you do upon the Earth plane. We merely know when we should be somewhere or with someone. We know, because we can pick up on the thoughts that permeate the spiritual kingdom. So we can never be late, as it were.*

*Time is but an illusion for you on your side of life to become accustomed to, for when you return home, it will cease to exist for you completely.*

*That is why, when spirits return to the Earth plane to visit loved ones, they sometimes do not know how much time has elapsed since they last saw their loved ones. This is why people on your side of life will say, that their husband or wife passed many years ago, but they have never been back to say hello or anything. The soul on this side of life has simply lost track of time.*

*But they can if they wish to, go back to any point in so called time, that they wish to. In effect, as some of you have surmised. You can "die", or take your transition to give it it's proper term and almost immediately re-appear to visit someone you love or wish to see.*

*For you on your side of life, a mere few moments will have elapsed, but for the soul, he or she may have had the experience of a thousand years in the spirit kingdom, amassing enough knowledge to enable a visit at any time they wish to.*

*I hope that answers a few of your questions on time my friends. I have very much enjoyed the passing of information through this vessel, it is an interesting form of communication and I will endeavor to make more use of this channel in the future.*

*God bless you my friend for your help to the many souls in the spirit kingdom who are attempting to give useful information to mankind. To help them on their journey before re-entering the spirit kingdom.*

*I will go now and yes Colin you guessed correctly, I am Albert Einstein*

*God bless you my friend, the love of the prime source be forever around and about you*

*God bless you my friend*

*Amen*

**14 October 2007**

*My Friends of spirit, my children, brothers and sisters,*

*Welcome once more to some simple words from your brothers and sisters in the world beyond yours.*

*That is an unusual way to start our little lesson, isn't it? What you may ask is the reason for that change in attitude, of introduction?*

*It is twofold, one for the benefit of our medium, so as he can confirm that the words of spirit do indeed emanate from where we say they are coming from and two, to show that we have many visitors who wish to speak to you and not just the same old rhetoric from the same old soul.*

*Therefore tonight's opening has many purposes, not least of which is to introduce someone new to this line of communication, someone I'm sure you will know. My friends let me introduce to you Mr. Leslie Flint:*

*Good evening my friends, it is many years now since I was upon your Earth plane, many years since I myself was an instrument of spirit. During my many years of giving service to the Great Spirit, I was privileged to bring through to speak to humanity, many great souls. Who in their turn brought many words of wisdom to mankind?*

*These words as you are probably aware, were recorded for the large part on mechanical instruments, which we referred to as tape recordings. These in turn and over time have been re-recorded using your modern methods and now are freely available upon your World Wide Web, internet as you call it.*

*My, what a wonderful instrument that is, to be able to bring knowledge from one side of your world to another, literally in the blink of an eye. My, my what will they think of next. In my day, it took many weeks sometimes to receive a communication from the other side of the planet, by what you now refer to as snail mail (laughs). I can understand that phrase after seeing exactly what is capable of being reproduced by way of communication now a days - my how wonderful.*

*And yet as my medium of the moment has said many times and many people around your world have also said: is it not the use such mechanisms are put, that belays their true intent.*

*Such mechanisms are a marvelous tool for the spreading of knowledge, be it good or bad. But it is the good that we are interested in. The great good that can come by the dissemination of spiritual knowledge. This vessel, Colin you call him. Has in the past relayed successfully, the spirit teachings of 2006. He has sent them all around your world and to your many churches, not of one religion, but of many. This knowledge is not for one man, one faith, one religion. It refers to the one father of us all - it is for all men.*

*Colin is currently writing the next exciting episode in these so called teachings from spirit - we like that term. It is not a term of a higher being to a lower being, no; it is a term from one brother to another. We are much pleased by the way he has used that title to bring forth the next set of teachings and by using the same name, has associated them to the previous teachings. Thereby*

*reducing the chance of anyone misinterpreting them in the future, as being from a different source - well done Colin.*

*There are many stages of communication, from our world to yours. This method, that of impression is most effective with this medium, again we are much pleased with him and the results so far.*

*But we intend to go still further with this style of communication; with his permission we will take it to the next stage - of which he himself will be very pleased. For he has wanted to give comfort to those around him who have lost their loved ones and friends to the spirit realms. Although he knows that this is purely a temporary loss, the loss of the physical body, which is no longer around a surviving person upon the Earth plane, can be an immense loss to you. Therefore with his permission we will, as we say take his communication to the next logical step and bring forth his mediumship, so that all may be aware of what can be achieved when the spirit world and one so willing to help, do indeed join together to bring that communication to mankind.*

*The total knowledge that this new method of communication will bring will be exponential. For it will not require trance mediums to sit in the dark any longer. If all goes according to plan we will bring many more visitors to speak to you my children.*

*I am Lesley Flint, God bless you my friend for being a loyal servant of spirit, for without such a person as you, we would be hard pressed to get our message across.*

*Yes the circle of the Silver Cord is currently creating a stare in England at this time, but at the moment that style of mediumship is for the very few to witness - yours will be for the masses my friend.*

*God bless you*

*Amen*

# 15 October 2007

*My Dear friends and children of spirit,*

*Welcome to more of our simple words. Words devised to enable you upon the Earth plane to come to terms with the spirit realms.*

*For there are many amongst you who are strangers to our world, many who are indeed reading these materials for the first time and wondering, just what is it all about?*

*There are those of you who are aware of spirit, this vessel is one such person. He has struggled with human conditions throughout his life time - upon your Earth plane and now his struggles are nearly at an end. That is not to say that he will be returning here to the spirit realms anytime soon (laughs). No it merely refers to the fact that he has had to struggle in his daily life to understand the ways of spirit. He remembers little parts of his life before he came here to the Earth Plane, but nothing that he could relate to you. He is remembering more and more each day. That is what we meant when we said that his struggles are nearly at an end. For he will very soon be fully aware of his immense task here.*

*It is for this task that he has spent years in training as it were. You will soon know - all of you, why this has taken place. He too will be surprised, for it is not as he fully expected.*

*Fear not my friend - we are speaking to Colin now - you will have much support from here in the spirit realms. Remember the phrase that has been given to you many times now, that of "as he was, so shall you be". This is not your imagination my friend. You thought that at one time it was, but we kept repeating it and you knew something was going on, something being planned.*

*You will soon be the focus of much attention my friend and we will be there by your side, as we were for him. You know of course to whom we refer - The Nazarene.*

*Think on my friend for your time grows short now, there are still things to prepare, but we on this side are all confident that the plans will continue forth and to fruition.*

*By your help, we will bring the word of God, once more into the world, that everyman woman and child may hear his simple words. By your help, we will succeed.*

*Yes tonight has been for my medium of the moment, in order to give him confirmation of the truth that he has been aware of for some time now.*

*Today we gave him a small example of what is to come and come it will.*

*The love of the prime source be forever around and about you my friends. I am George Dixon, one of the people who took a part in bringing Colin into his realization and onto his path. Although at the time, I did not know his intent, his path, I was very proud of him and his accomplishments even then. For he persisted long and hard in order to make the connection to spirit - this was his test, was he ready..... And he was.*



*Now of course upon this side of life I am aware of his true course and wish him all the success that I can in his venture.*

*God bless you Colin, Disarming will come in handy*

*George*

*Amen*

# 17 October 2007

*Good Evening my friends of spirit,*

*Welcome to more of our simple words.*

*Words that, are as you know designed to help you understand the ways of spirit and live your lives as the prime source intended.*

*We in the spirit realms always try to help you upon the Earth plane, but sometimes we are prevented by your own aura's, your own energy and the way that you live your lives.*

*If you are a spiritual person, when we approach you, we can usually attain a link quite easily. Because you have, by your very nature and knowledge lifted or raised your vibrations by your efforts to help those around you. If you have no knowledge of spirit, or the workings of the spirit realms than you may find yourself in a so called darkness. But not a darkness meaning a lack of light. Merely, a lack of knowledge. You only need knowledge to bring the light to you. From then on you would be working in the light.*

*This phrase of working in the light is an expression of mankind's, which is used to describe the very nature of spiritual work.*

*For when you are working for spirit, you will be forever surrounded by the white light of love and protection that comes from the father - the Prime Source, if you will.*

*WE have mentioned before that he - the father, has many names. As you yourselves upon the Earth plane have given him many names.*

*But we in the spirit realms are not divided by names, for we all know on all levels of spirit that there is but one god. One god of many names, but still the one God.*

*When mankind can come to the same agreement, then indeed the brotherhood of man will come of age. A peace will descend upon your planet and all wars will cease, disease will cease to be and all will come to pass. The Earth will have completed its teaching mission and all of Gods children may once more be reunited with their father as one.*

*Take heed my friends for the ONE is very important for you all. You are of one father, you ARE one son. Live your lives in the service of the father and give his love to his children - your brothers and sisters. For as you do, that love will be forever returned to you out of love from the father.*

*So as you give, then do you receive, as it should be? For to give love and compassion to a brother is to receive love and compassion from a brother.*

*We are all one body and one mind. For the good of all mankind, live that life of service, as I did my friends. Give all that you can give. For in the end you are giving to the sonship, of which you yourself are apart.*

*God bless you my friends,*

*I am the Nazarene, I gave all, that you may learn the same lesson.*

*Well done Colin, You have done well my child. I will use this channel again if I may.*

*The love of our god, our father be forever around and about you my children*

*Amen*

## **19 October 2007**

*Good Evening my Children and friends of spirit,*

*I'm sure you are well used to those particular words by now, for that is how we wish for you to feel - comfortable with our words and ourselves.*

*As we carry forward the words that come from God, we bring forth his love for his children which in turn should hopefully enlighten his children into realizing that they are all as one family and thus should respect and treat each other as equals, brother and sister under the one father - the Prime Source.*

*We upon the higher realms of spirit often make attempts to bring our simple words to you upon the Earth plane, but sometimes we are so far removed that communication is difficult, for as we leave the Earth vibration behind, we become somewhat detached to its vibration, it becomes foreign to us and yet we still wish to send our love and our words to you therein.*

*As has already been mentioned previously, we have to use instruments here, within the spirit realms, who work as mediums. Much as your mediums do. These intermediate mediums take our words and channel them down to still lower mediums - in terms of vibration that is. For we are all on a journey of exploration. Therefore mediums can work on many and all levels of spirit. Passing the words from those above and below their particular level of vibration. Hence we have the ladder of communication. You have but to have your foot upon that ladder to be able to communicate with all*

*levels of spirit. Where is it? Know that souls can and still want to communicate with the world. This continues on up to and including the level the Prime source inhabits.*

*We can reach anywhere, anywhere by the whim of a thought. It merely needs an intent and it is done. There are many instruments here upon the Earth plane, who will in time, become instruments here within the spirit realms. They too will pass such messages from those still higher than them, to those in need of hearing such words. Sometimes there is a small drop in clarity with words and sometime emotion. For my medium has also noticed this. He has also noticed that the process is somewhat two way, that he can to a certain extent pick up on the thought of the next person along or indeed the person from whom the original message emanates from and yes he has correctly gauged that I am once more, Silver Birch.*

*Well done my friend, you are becoming very familiar with my energy, I very much like this style of communication and will continue to follow in its development. Much can be achieved using this method. It is most clear and concise. It is a good job that he - my medium has a spell check on his machine for he is making a pigs ear of his spelling tonight (laughs).*

*I am sorry for that Colin; I was merely testing your level of communication and am well pleased. Please take no offence my young friend, you are doing very well indeed and as mentioned last night at Anita's, we will be with you at the Psychic fair in November. For you will have a great opportunity presented to you my friend. But fear not we will be there with you, very close.*

*I will leave you my young friend, there were no great words spoken tonight, as you realize. But you also realize that a great bond is forming my young friend.*

*God bless you my friend, for I am Manyomin and once again I have relayed words from those still higher than I*

*God Bless you all*

*I am Manyomin, Colin's guide*

*Amen*

## **21 October 2007**

*Tonight my friends of spirit, I would like, if I may, to start with something different - you may have already have spotted that this is a somewhat different opening.*

*I will be bringing someone from the spirit realms who has not spoken before, to any kind of circle or communicator upon the Earth plane, so her words may be a little disjointed. But I'm sure that you will find her of great interest to you all. Ladies and Gentleman I am pleased to introduce to you Madam Pompidou:*

*Bonjour my friends, thank you for hearing my simple words from spirit. It appears that I am clearly heard by my medium - I believe that is how you refer to him, is it not?*

*I am here tonight to help bring you some more simple proofs from spirit. By simple truth we mean words which we hope will seem true to you upon the Earth plane. They will appear true to you, if you listen or read intently. For your soul will know that the words are true and if you are open to such things that is, have an open mind. Then you too will realize that I am speaking the truth about spirit and the afterlife.*

*My name as you already know is Madam Pompidou (see he as spelt it wrong again, shall I spell it for him? Ah no matter, it is only a name). As long as he realizes that it is my message that is important and not my beautiful name (she uttered something in French there?).*

*Anyway my brave friend, for that is what you are Mon brav. You carry with you the hopes of the spirit world my young friend. Yes I said young my friend - I was always good with the men you know (laughs). You carry a great responsibility my friend, may I call you Colin? I believe that is your name. Colin you have a massive undertaking ahead of you my friend. That is why, as you know there have been a great many spirit coming to see you of late. They all wanted to see you, what you looked like and what sort of a person you were. Your wife Lee also picked up upon these visitations and we are pleased that she has progressed as far as she has. For she too has a big task ahead of her my friend.*

*You are a fisher of men, I believe that this has been spoken to you once before by a gentleman named George Dixon, who is with us here in the spirit realms now. He has explained that you were a fine student, very patient and very disarming in your manor. You will need all of these weapons my friend. But as weapons used for peace and not war. There will be many who will attack you my young friend; many will try to bring you down - as they did him. You will persevere, as did he and hopefully you will win through.*

*For you carry the hopes of the spirit world upon your shoulders my young friend, Have no fear, for what is fear, but an illusion. You are primarily spirit encased within a human body. A body that is both frail and weak, not also of the flesh, but of mind as well. For as you know, if the mind was honest with itself then all would be as it should be and the Earth plane would but vanish in an instant.*

*But these are for future generations to discover. You already know the truth of the father and the love he holds for his children. You already try, by your best efforts to bring these words to mankind. As they were 2000 years ago, they will be again. Plain and simple and have no meaning turned around in them. You have the teachings from spirit my young friend, use them as best you may and all will come to pass.*

*For as he was, so shall you be. You are the one my friend and I will leave it at that.*

*God bless you my friend and worry not about the miss- spelling of my name - it is the message that was important and not the messenger. I will come again if I may? I have enjoyed our little interchange of words. Although the people reading this are not aware. We know that you have been chatting to me as I send these words for you to write on your machine, a computer I believe you*

*call it - marvelous, absolutely marvelous. If only we had them when I was on your side of life. How different things would have been.*

*Bon voyage my young friend*

*God bless you Colin and my first name, as you asked is: Isabella*

*Good night my friend, goodbye and god bless.*

*Wasn't she wonderful, take heart my friend, she was brought to you for a reason. You wanted outside proof of our words and hopefully Madam Pompidou has delivered them for you.*

*Sleep well my young friend, for I as you know, am Manyomin*

*Goodnight and god bless to you all.*

## **22 October 2007**

*Good Evening my children and friends of spirit,*

*Welcome once more, to some more very simple words from your friends and relatives in the spirit realms.*

*We here are always watching out for you upon the Earth plane, for we know that much needs to be done in order that the knowledge of the Prime Source be brought to you his children, our brothers and sisters. To that end we send many messengers to the Earth plane, many you know and many you do not know. They work diligently in the background spreading the words of the most high to his children whenever and wherever they get the opportunity to do so. A good deed here and there, a few kind words are sometimes all that are needed to help someone - see how little need be done in order to serve the father and his children.*

*But for some there is more to do than just the mere passing of a few words of what you call comfort, we also call it comfort, but also compassion and love of your brothers and sisters, in the eyes of your father, the prime source.*

*This vessel is one such vessel, he has faithfully served spirit for all the days of his life here upon the Earth plane, even when he was not aware of doing so, he was helping those around him. So by helping others, he was also helping himself to grow both mentally and spiritually.*

*My what a marvelous gift he has, he goes out of his way to help others, often at his own expense, in order that others be helped or a little knowledge be given, that will help someone else to discover the father of us all and hopefully that person will in turn help someone else. That is how it works,*

*you help others, so that they in turn help someone else and all the while your good deeds are helping you grow closer to the father, than you were before. But motive is everything, for to help for the mere sake of self advancement is to shoot oneself in the foot, as one of your Earth sayings goes. For that would be the wrong motive. You have to help because you want to - not because you have to.*

*Take heed my friends, for this vessel is immersing from his cocoon and soon the butterfly will immerge and it will be beautiful to behold. For this beautiful creature will contain all that is good about the prime source - your father. He will be showing his beautiful colours for all to see, enriching your lives by his very nature and his words of wisdom will be around and about you my friends. So rich is the prize of the butterfly. From one who is slow to grow and move, to one who is full of colour and grace? By his wisdom he will bring that beauty to you my friends.*

*I will leave you now my friends, for he - The medium, called Colin has not yet guessed who is speaking. But I will put him out of his misery, for I am Manyomin his guide who is relaying words from those still higher than I and the message today came from Silver Birch, by way of me in order that the medium be further tested. We always test our instruments, over and over until we are sure that they are made of the metal needed to perform the tasks they came here to do. In this vessel we are very well pleased - he will do well.*

*God bless you my young friend, by the way, the French lady who spoke yesterday was most impressed by your politeness and she will speak again sometime in the future. She said that she had a way with men, did she not? Well my young friend YOU made an impression upon her - well done*

*The love of the father be forever around and about you my children,*

*I am Manyomin - Goodnight and may your God go with you, whatever you call him or her.*

## **24 October 2007**

*Good Evening my children and friends of spirit,*

*Welcome once more to more simple words from spirit, words that we have designed in order that some simple truth be conveyed to the Earth plane about its importance and existence.*

*To many the simple lessons given within these texts may seem a little strange, but yet how simple they are.*

*And so they were 2000 years ago when they were first delivered by the Nazarene. Although there were many prophets who delivered the same words previous to his arrival, it is his that is most remembered by the human race.*

*He came that he may bring the simple words and teachings of the Great Spirit, that which you call God - by many names. He brought with him a wisdom that had not been seen before upon the Earth plane. Yes there were many teachers, Mohammad Confucius, to name but a few. But Jesus was probably the most inspired of them all. He was in touch with the God head as no one else before or since has been. He brought the simple words of love to mankind. He did not come to found a religion or write a book about faith. No he merely brought simple words, that at that time would be understood by those around and about him.*

*There were men about him that did understand to some extent, his teachings. But even they failed to grasp the fundamental thing he was trying to tell them and that to has been lost through time.*

*There have been many men who have professed to bring the word of God to his children, there have been many pretenders and these were warned about, by Jesus himself. "Test the spirits" he said and rightly so, for there are many who profess to be who they are not.*

*There is one to whom this cannot be brought against and that is my medium of the moment, He has faithfully written down my words and endeavored to preach them to all who would listen. He has undergone many a struggle, much as I did. He too will face many more struggles and people wishing to do him harm. He too will bring the word of God to mankind - as I did. He too will be a willing servant of the most high.*

*That you be given the chance to hear the words of Spirit and God - which in essence are the same. For are we not all of one God. Is not God in everything and are you not a part of everything.*

*Take heart my children for the words have been delivered, that you take heed of them and use them for that which they were delivered - to bring peace and understanding to mankind. For to this end, God the father has sent many messengers and will continue to do so.*

*Thank you my child for once more hearing my words with such clarity, yours is a special gift my friend, use it wisely and all will come to pass. As I had my guides and helpers around me, so shall you have your guides and helpers my friend. There is nothing that the power of spirit cannot achieve.*

*Be well my friend, be well.*

*I am, as you have now guessed and contained so well - the Nazarene.*

*The love of our father be forever around and about you my friend and remember to Live, Love and Learn - in the words of our father.*

*Good night my friend and once more, may I wish you every success on your mission to bring our fathers words once again to mankind. That hopefully, this time, they will not turn my simple words around and corrupt the true meaning of Love itself.*

*God bless my friend, God bless you and the house where you dwell*

*I am the Nazarene*



## 25 October 2007

*My Dear Children and friends of spirit,*

*We seem to be saying that quite a lot now a day's don't we? But that is only because we mean what we say, you are our friends, brothers and sisters and we are all spirit, how complete a sentence can you get?*

*We here in the spirit realms often ponder upon your Earth plane, how you manage to get into such a mess over relatively simple problems. You run around in circles, chasing your own tails sometimes, just going around and around and around, with no definite end to it all.*

*Why? There is very little upon your Earth plane that can affect you as spirit, the only thing that can really affect you as spirit, is you yourself. By your worrying you bring about stress, this in turn makes you ill, this in turn makes it even harder for us here in the spirit realms to communicate with you upon the Earth plane. By the very nature of the barrier that you have put up around yourself and the Earth plane.*

*Life as you know - or should know by now is based upon spiritual vibrations and as you lower your vibrations, by being in the low ebbs of mood swings that you endure. You by doing so, create an energy barrier to all communication. This is what we describe as "going through the mists". They are quite real and do indeed surround your entire planet. Your scientists are not yet aware of such a barrier, but in time they will develop the instrumentation to detect such a force and the force of spirit beings around your planet. But that is some way off for now. But remember that your state of mind is very important to us. For without a conducive state of mind, there can be no communication. Diane, your friend Colin has noticed that she is also experiencing some problems at times. This is due to problems around her at the moment. She has a hectic lifestyle at the moment and to arrange a regular time for spirit communication is difficult for her - but this will come in time. For she is progressing nicely and we are most pleased with the progress that she has shown during the few weeks that you yourself have been working with her. She is an excellent instrument of spirit and will continue to be so - should she wish to be an instrument of spirit. For freewill is paramount and we would not transgress that law of the prime source. For freewill is for everyone, everywhere and*

*at every time. Live long and prosper my young friend, for I am Manyomin, as you well know - well done my friend, well done.*

*Good night and god bless you Colin -Amen*

## **27 October 2007**

*Good Evening my children and friends of spirit,*

*These are becoming very familiar words now aren't they, but as has been said already, this is how we wish you to be - comfortable with us here in the spirit realms, talking to you upon the Earth plane via our medium of the moment - Colin.*

*Tonight we have a surprise for you Colin. We have with us someone who you knew when he was upon the Earth plane and has wished to speak to you for some time now. Yes you have already guessed that it is indeed George Dixon, well done my friend the two way communication is working well tonight. But without further ado, here is George to talk to you Colin.*

*Hello my friend, long time no see eh (laughs). Sorry that I did not speak to you again before I left the Earth plane, but there were problems with my health as you are aware. But I am fine now. You and your dear wife have indeed successfully connected with me on several previous occasions, mainly when I was trying to make contact with the microphone and recorder you have set up in your bedroom. We are most impressed by the way you have stuck to the regime of recording when you can. This has given us here a great opportunity to experiment. Yes it was me scratching the microphone last night. An excellent example of ectoplasm being used to create an artificial hand, with which to manipulate matter on your side of life. No it would not be possible to see it as yet, but maybe in the future it would. We are still experimenting with the voice recordings, which have so far yielded a small amount of success. As you are aware we in the spirit realms have managed successfully to bring a couple of your former dogs/pets to see you and let their barks be heard. You are also correct about the canary. That too was quite real. The children you heard on some recordings were also quite real; we have used passed energies to recreate their sounds for you. Yes they were quite real to you and also us here in the spirit realms.*

*There will be more of such communication and hopefully, before too long has passed you will in fact hear my voice quite clearly - we hope.*

*But this has taken to much of the power my friend. Keep up the good work Colin; you are indeed a fisher of men, as I once told you in our small circle on a Monday at John Street.*

*Live long and prosper my young friend. I will leave you now. For Manyomin wishes to say a few words  
- God bless you Colin.....*

*Good evening my friend, I hope you enjoyed hearing from your friend George in the spirit realms.  
He has long admired your conviction and by his help you will succeed with your sound communication,  
there is no need to sit anywhere else, for we have sufficient energy with your good self and your  
wife Lee.*

*Take heart my friend, nothing is ever in vain and everything we do and say will make an impact  
today. That impact may not be felt today, but some day the words will reverberate around the  
globe.*

*God bless you my friend, for I am Manyomin your loyal and trusting friend for all time.*

*God bless you Colin*

*Amen.*

## 28 October 2007

*Good evening my children and friends of spirit,*

*Once more we are drawn unto you, to give what knowledge and comfort that we can and are able to at this time.*

*For there are many times, as you have been told recently, when we cannot enter into your atmosphere in order to communicate with you our instruments upon the Earth plane. Wish that we could, but there are times when the mists are simply too thick to penetrate. As you know these mists are created by mans thinking. In effect, as he thinks, he so creates. By his very thinking he creates a barrier of low vibrational energy around your planet. It is this we simply cannot cross over into your plane through.*

*Wish that we could, but even those of us who can and have become accustomed to lowering our vibrations in order to visit and communicate with you. Sometimes have difficulty making ourselves heard or seen within your atmosphere at these times; such times as now. For the Earth is going through what you would describe as a rough patch at the moment. You seem to see tragedy all around you, terrorists maiming and killing, violence in every corner of the planet.*

*But take heart my friends, for these are simply passing phases. The Earth has undergone many such phases and will continue to do so until the son of man realizes who exactly he is. Who his brothers and sisters are and how they should be treated in accordance with our fathers wishes.*

*These words of love and compassion have been given to you recently, in the form of "live, love and learn". Three very simple words with o so much impact, if only they could be conveyed to the world at large.*

*Think on my friends, if only all mankind could come to understand the meaning of these simple words. Words that were given 2000 years ago; but not quite in the same form.*

*For we have moved with the times as it were. For as you know there is no such thing as time in the spirit realms, but here upon your Earth plane it is very real and very apparent.*

*Take heart the words delivered by the Nazarene and all the other great teachers of gods words, that the words are the same, the meaning is the same - only the delivery and timing are different.*

*Heed these words my friends and the kingdom of heaven will arrive that much sooner. A thousand years here in spirit is nothing unto time itself. We can afford to wait and be patient, for we have all the time in the so called universe in order to achieve our goal, that of bringing the word of God to all souls, no matter where they may be.*

*So think on my friends, live the words, breath the words and all will come to pass. I am as you have guessed Colin - Silver Birch. You are doing well my young friend, keep up the good work and we will all be that much better off for the knowledge that you give out will indeed shorten time itself. Not by a thousand years but by tens of thousands of your years. I know that you understand this my friend. Well done for learning of the love of the prime source and his children and they all being as one - well done.*

*I am Silver Birch*

*Amen*

**31 October 2007**



## *My 51<sup>st</sup> Birthday*

*My Dear children and friends of spirit,*

*Welcome once again to more of our simple words, words that as you know are constructed in order that you gain a small portion of knowledge, which will make it easier for you to live upon the Earth plane, hopefully in peace and love. And also to aid you when you make your transition to the spirit realms at the end of your so called lifetime upon the Earth plane.*

*My children, these are hard times. Times that the Earth plane must endure, for there will come a time when you must all be tested. These are such times, for there are a great many issues upon your planet that need attention. Issues of love, love that needs to be spread about your planet. Issues of racial hatred that need to be overcome. Prejudice's of all manner of things, including religion. This unfortunately is the single biggest block to humanity's future.*

*How can mankind hope to progress to a world where everything and everyone is in harmony, when they cannot even agree upon a single God to worship?*

*What chance have the many men, women and children got, upon your planet, who are in poverty and fear, when those about them who should know better, fail to raise their voice in one loud shout in order to make themselves heard. To be heard saying that all mankind are brothers and sisters and should be treated as such.*

*The churches fail in this respect, because they are afraid of change. For too long they have monopolized religion, which after all is something that was never meant to be!*

*Religion was created out of the simple words of the great teachers. Teachers who were raised up into something they were not. But mankind saw an opportunity to have power and wealth over other men and so religions were born.*

*They grew in power and wealth, yes at first they were very good at adhering to the words of the prophets and the teachings which they endeavored to bring to mankind. But even at the council of Nicaea, the so called churches of that time met - in secret. In order to formulate a story, the story of Christianity and how it would be presented to the masses in order that the churches maintained their power and so wealth over the people. The churches had themselves at heart, not the people for whom the simple words of the Christ were meant.*

*His simple words, words that were so lovely and so simple, became lost amongst the quagmire of written words that formed your bibles. This not only goes for Christianity but for all the other Great religions.*

*Words were added, and taken away. Stories were told that never existed - never took place. But made the bible seem more credible to the simple people of the time. Even the fear of God was created by the churches as a tool to control the peoples of the Earth. Make the people afraid of God and force their dependence upon the church to bring a clearer view of the churches version of God. That is what the people were told; rely on the church to explain Gods simple words to his children. But by that time, the simple words had become completely lost for all time.*

*Such a shame that all the teachings of the Christ and all the other great teachers of spirit, have been lost to mankind's greed and thirst for power.*

*But now is a new age, there have been and continue to be, people upon your Earth plane who endeavor to bring back those simple words, those simple teachings to mankind once more.*

*This vessel has already completed one set of such teachings; know as Teachings from Spirit 2006. There were beamed around the world, using your so called internet - what a marvelous invention that is. To be able to send words and pictures to any point upon the planet where a computer is situated. But I digress. These simple teachings are at the very least, words that can uplift mankind again from the quagmire from which he is slowly sinking. These teachings, as I previously mentioned are simple words, simply put. Much as they were spoken over 2000 years ago, by Jesus and the other great prophets. For there have been many great prophets or teachers as we prefer to call them. Buddha, Confucius are but two others, but all of your great religions had their grass roots in words which were given to them by prophets/teachers of and from God himself.*

*Heed these words my children, spread them and live them when err you can. You cannot fail, for you have the power of spirit behind you and although you cannot perceive from your side of life, you are making a small headway against an onslaught of negative energy. You are slowly bringing the light into the world. Keep on with the work my children, for the kingdom of heaven WILL make it's way to mankind and one day the kingdom will reign upon the Earth plane and at that point ALL of god's children will be one and all will share in the love of the father, as one.*

*Be well my children, for I must go now, the power wanes. Yes my young friend, for I am Doctor Cosmo Lang - your friend, bless you my friend for your endeavors, without which so many people would still be groping in the dark. Your words and ours have made a difference my friend.*

*God bless you*

*God bless.*

Note:

*A picture of Doctor Cosmo Lang, but remember that this is as he WAS. When we cross over to the spirit realms, we can if we wish to, take up learning and progress a little closer to the prime source. Therefore the Cosmo Lang of now, is not the Cosmo Lang that once was. He has changed from the man he was when he was here upon the Earth and as a consequence is closer to God for that change - Which is open to all souls, for all souls have the opportunity to learn and grow, no matter what they have ever done or said in their lives. Progress is open to ALL of Gods children - your brothers and sisters.*

*Live, Love and Learn*

*Colin*

**1 November 2007**

*Good Evening my children and friends of spirit,*

*Such familiar words by now aren't they? But what is familiar to you or us here in the spirit realms may not be familiar to your brothers and sisters here upon the Earth plane at large. For there are a great many people upon your planet who for no reason of their own have no knowledge of spirit. Be it by their own design or ignorance brought on by external forces, greater than they.*



*There are many forces at work upon your Earth plane, some good, some not so good. But remember that there is no such thing as evil. For evil is only in the minds of men, usually of violence. Be it violence as a physical act upon another human being or an act of violence by the mind, such as mind control. To control victims minds, that they no longer think for themselves. Indeed all individuality has been taken from them and they are nothing more than husks of their former selves.*

*Mankind can perpetrate so many crimes against his brothers and sisters and yet he can show so much mercy and compassion. He is indeed a man of all seasons, as it were.*

*Would that we could take that husk and transform it into a truly spiritual being. Not only the husk that has had its humanity taken from it, but also the husk of the perpetrators of all crimes. For they are but empty shells - usually young souls who have lost their way upon the Earth. They have not learned the lessons of life, that we all come here so to do. These young souls are apt to act selfishly in all manner of things pertaining to the Earth plane, to them Mammon is king and they know not of the prime source and his children - their brothers and sisters.*

*But in time they will, ah time, such a strange thing as time - would that we could explain that simple to us concept, but to you upon the Earth plane it must seem as the tallest insurmountable mountain, with which you need to climb, but have not the right equipment with which to undertake the task.*

*Fear not my children, the answer to all of these quandaries is awaiting you whenst you return to the spirit realms. There is much for you to learn and much that we too have to learn, that we too may one day be at our fathers aside and say "father I am home".*

*One day all will come to pass and all will be as one, the images of the past will vanish, never to have existed at all. But that is another riddle for you to solve my friends. There are those of you who will understand this remark and to you, you are the teachers of God.*

*Take care my children; I am once again Doctor Cosmo Lang.*

*Well done my young friend, for tonight was a difficult subject for you to type out, for you knew not naught of who or what was going to be spoken, but you showed trust as always and we are sorry you had to endure the other night at Tracy's. But it was a necessary test my young friend and one I'm glad to say that you passed once again with flying colours - well done Colin*

*Goodnight my young friend, may the love of God the father be forever around and about you*

*Goodnight.*

## 3 November 2007

*Good Evening my children, friends of spirit,*

*Welcome once more, to more simple words from spirit.*

*We here in the spirit realms are very much concerned about the well being of your planet and to that end we spend a great deal of time - your concept. Trying to impress upon people upon your side of life, the feelings that we here in the spirit realms have for you, our brothers and sisters.*

*We spend enormous amounts of time and energy in bringing spiritual truths to you, but what do we get in return? Well if just one of you listening or reading can become aware of spirit and its presence upon your Earth plane, then we are glad. For that will be one more into the ranks of those who have had their eyes opened and hopefully will, after some soul searching and a little knowledge given, will be in a position to help other people upon the path of spirit. And so it continues, one gives to another and another and so on, ad infinitum.*

*We here in the spirit realms often bring visitors to your circles in order that messages be given. Some personnel to sitters, In some a more general kind of knowledge is given. But in all cases, it is the proof of spirit that is the essence of such contacts. Would that there were more physical mediums, for theirs is the highest form of mediumship currently available to you upon the Earth plane, they can - by their very nature, bring forth ectoplasm which we can mould into various shapes, not only people, but also voice boxes, that persons residing within the spirit realms may speak directly to the people within the séance room. Unfortunately this form of mediumship is apt only within that room and its environment. But hopefully one day it will be a little more accessible to the masses, for their edification.*

*We also use various forms of mediumship, which you upon the Earth plane are more familiar with. This vessel - Colin I believe you call him. Is entering into a new phase - yes he heard that - he will bring forth a new type of mediumship to the Earth plane. One which will yield much information to those around and about him. He has for some time now been in training so to speak. But his time draws close now and it will not be long before we are all enthralled by the gifts of spirit, which he is able to manifest. It is hoped by the very highest of the high that he will once more be able to bring forth the simple words of God the father. The prime source to some, the Great Creator to others - he has many names but all refer to the same energy being, call it what you will. But the fact will remain that these simple words of spirit, derived from the Prime Source will once more be brought upon the Earth plane. When they do appear they will be rejected as being not of God. But it is the task of this vessel to bring forth those words, that all may understand and come to accept*

them for what they are. Even the churches will have no choice but to except them as being true. For they will bring about a new understanding of God the father. An understanding that has been lost for over 2000 of your years.

Take heart my friend, the words of God are already amongst you, take heart and learn the simple words of Live, Love and Learn my friends, they were brought to you from the Prime Source. Mark these words my friends for they contain much power. Power that can awaken the soul, the spirit if you will.

God lives forever my friends, you are a part of God, therefore you live forever. As you are alive now, you will be once more when you leave this existence. AND you were alive before you came here - ponder that my friends. For eternal life means, to live forever and ever. You cannot die, only the physical body dies when the spirit no longer resides within its shell.

Live the life of spirit my friends and you will build for yourselves a wondrous place within the spirit kingdom, upon your arrival here will be the place you have prepared by your life upon the Earth plane.

I am William, another one of Colin's guides.

Live long and prosper - according to one of your Earth sayings, I like that one, it is so true. But prosper in the spiritual sense my friends. I will leave you now for the energy wanes and I have taken up to much of Colin's time.

God bless you my friends

God bless you all, no matter what your colour or race or creed, no matter what your religious convictions - for we are all one in the eyes of our one true father.

Good night and God bless, Once more I am William, Colin's guide

**4 November 2007**

God bless you my children and friends of spirit,

*Tonight is a special night, for tonight we will be bringing someone to whom Colin would like to speak. But this will not be done through the teachings as normal, Colin will be sitting with his dear wife Lee and from there we will communicate our intentions and hopes for Colin's future work for the great creator.*

*So tonight's teaching is very simple my friends. Live, Love and learn. We are conserving the energy, so God bless you my children.*

*I am Manyomin - Colin's guide, as well you know*

*God bless you all*

*Amen*

## **7 November 2007**

*Good Evening my children and friends of spirit,*

*Welcome once more to some simple words, simple they may be, but their implication is as you say "massive".*

*There are those amongst you who are aware of spirit and the plans that we have in order to bring the word of God, back once more into the limelight - so to speak.*

*There are those amongst you who are useful instruments of spirit. That is not to say that any of you are of no use at all. It merely means that there are some amongst you who have a greater task than others in bringing the words of God to mankind, yours is a more complicated and harder task than most peoples. There are all types of levels of mediumship and even those who are mildly aware of spirit are useful instruments with which to convey our message of love and compassion - as given by the father - The Great Creator.*

*Many amongst you are fine testimonies to spirit, indeed in living your daily lives according to the word of the lord on high, you are indeed worthwhile messengers of all that is good. Fear not that yours may not seem to be an important mission, for all missions of spirit are important, it is just that some are more demanding than others, requiring people who have special abilities - not that your abilities are not special, but that they may need more refining in order to do the harder tasks required of the lord on High.*

*These tasks were assigned before you came back here to the Earth plane - by yourselves and your guides, so fear not my friends, you are doing, or at least we hope you are doing what it is you came here to do upon the Earth plane.*

*These special words of the lord on high are very simple. They are the words of Live, Love and Learn. As we said, very simple, but it is their implications that will inevitably alter mankind's ways of thinking and thus his warring nature.*

*When these three simple words are know by all, then mankind can stand upon the threshold of peace and understanding and the gates of heaven itself will be in view.*

*For until such a time has come, will mankind stand a chance of entering the gates unto heaven itself.*

*These gates mark the boundary of all that is good in the world, enter these gates and you will have found your true calling - that of peace and understanding.*

*Follow them my children and you will indeed follow me, for I am the Nazarene, as well you knew Colin. Well done my friend. For yours is a testing time at the moment, but fear not you are almost through it my friend and we are much pleased at the progress you have shown in retaining the knowledge of spirit.*

*Be well my friend and bring these simple words to mankind*

*Live, Love and Learn my friend,*

*I will leave you now, but not be too far away - as well you know.*

*Good night my friend, may the love of our father be forever around and about you always*

*Amen.*

**8 November 2007**

*Good evening my children and friends of spirit,*

*These are hard trying times my children; they are meant to be, in order that you are enabled to grow spiritually. Although there are things upon your planet that you do not completely understand - be patient and all will come to pass. That may sound to you as a "cop out" as you say on the Earth plane. But be reassured that everything is going to plan.*

*Yes even the riots and murders are going to plan, for all learn from these things, indeed from bad deeds, some good will always come. Slowly, very slowly mankind will drag himself upwards towards the prime source. No it is not an easy journey, for the Earth is a school of learning, placed there for just that reason - that all souls who wish to; can experience life upon the Earth and learn the lessons of life.*

*Since time immemorial there have been spirits visiting your Earth plane in order to learn the lessons of life, love, compassion, understanding, are but a few of the lessons to be learnt there.*

*Over time mankind has grown, although you upon the Earth plane may not be aware of this growth, we in spirit can see the bigger picture as it were and we can see that some progress has been made.*

*Over the last one hundred years there has indeed been a marked progress in spirituality, as mankind becomes more open to the possibilities of life on or in other dimensions - vibrations.*

*We as you know, live at a different vibration to you upon the Earth plane, so could mankind indeed be homing in on our very existence - by the use of your so called science. For science is a god to some people, given that believe, some people will make the leap of faith needed to make contact with the spirit realms, by the use of your scientific equipment, some of which has or will be designed here within the spirit realms and transmitted down to your mediumistic scientists, that they may construct the instruments that will - eventually, enable communication between the spheres, that of the Earth plane and our own, here within the spirit kingdom.*

*When we say mediumistic scientists, they may not be aware of the link that some of them have with spirit, but they have a great link, many of them, because of their extra-ordinary abilities to go beyond logic and make leaps of faith. They are open of mind and any possibility that faces them, if a challenge to be overcome. So by their curiosity and our intervention, by which we mean impression of thoughts. We can accomplish much.*

*For now we continue our work of communication, using our instruments; our mediums and psychics. Although the quality varies, they are still our main form of communication, as they have been for eons of time and will be for the foreseeable future - as seen from your point of view.*

*But take heart my friends, the time is coming when there will be a great out pouring of knowledge. Knowledge that already exists upon your Earth plane, in the form of the many teachings that have been delivered to you by various methods over time.*

*Take heed of these simple words my friends, heed the words of spirit. If you cannot take or understand their simple messages, then put them to one side for further consideration. For you may not be able to understand all that you read or hear, but then again you may have missed a piece of the so called puzzle. But keep those pieces that you lay aside, for one day they will drop into place as your knowledge grows. And remember that all is very simple my friends, very simple indeed.*

*Live, Love and Learn my friend, for I am Silver Birch, well done Colin and please tell Lee that it was indeed me that she saw this morning - god bless her and you for being faithful servants of spirit.*

*God bless you my friend for once again laying aside time to hear my simple words. I will go now, for the power wanes.*

*Once again – I am Silver Birch*

*God bless you all for this day and always*

*Amen.*

## **12 November 2007**

*My Dear children and friends of spirit,*

*Welcome once more to some of our hopefully simple to understand words. Words that as you know, were designed by the Prime Source in order that you upon the Earth plane, may know a little more about the workings of spirit and why you are here upon the Earth plane.*

*Very little has changed with regard to the content of our small letters of communication, Lessons or teachings I believe you call them upon your Earth plane. An apt name, for that is what indeed they are. Even now my medium of the moment is probing me and attempting to find out who I am, but I will not tell him - not yet at least.*

*The lessons that you have been given so far are the basics of life, both here in the spirit realms and there upon your Earth plane. When we say basic, please do not take offence at the baseness of the wording. It merely implies that there is more to learn and much more to assimilate by way of knowledge. Well done my young friend for getting that particular portion of information correct, that was indeed a test of your communications abilities. Abilities which we are proud to say are expanding exponentially as we speak.*

*For we in the spirit realms have great hopes for you my young friend - he's asking who it is again?*

*Your learning has taken a greater curve recently, as you were tested last week and I'm glad to say; passed with flying colours. People reading this may think that you are placing the words upon the paper, so to speak. But who would be so vain as to write about their own achievements. Certainly anyone who wished to work for spirit would not undertake such a venture. For being humble is most important in the scheme of things. To think too highly of oneself and one's abilities is a downfall for spiritual development.*

*As you can see by my previous words and other words that were written earlier in this "Teaching", Colin is faithfully typing my words to you, in order that you may understand what it is that we in the spirit realms are trying to convey to you upon the Earth plane. Yes even capital letters and punctuation are sometimes conveyed to him. Although sometimes he (Colin) improvises and he is not the world's best author - Laughs).*

*Take heed and heart my friends, help the people in spirit and they will help you. More so than as if you had ignored us. For by acknowledging us, you give us permission to work through you and through you we can work with those around you.*

*We are all one family my friends, live life like that, caring for your family. All colours, all races, all creeds, all religions. For no matter who you follow, by way of a God, the name does not matter, but it is your intent that does.*

*Live Love and learn my friends, great words, with a great meaning. Live your lives to the full. Love those around you as you would have them love you and learn your lessons well.*

*Good night my friends, for I am Manyomin, Colin's guide. You may ask why did he not pick up on who I was? Well sometimes tests of courage are unannounced and to have Colin faithfully type the words, without fore knowledge of who was giving the Teaching is a great show of trust.*

*You may say that it could have been anyone pretending to be me or even a lower entity giving the lesson for the day. But we would not allow that to happen. For we protect our vessels/instruments. For without them, where would we be? Our communications would take eons of your time to filter through without our mediums.*



*Goodnight my children, I am once again - Manyomin.*

*God Bless you all, no matter who or what you call him.*

## **14 November 2007**

*Good Evening my children and friends of spirit,*

*Welcome once more to yet more of the same, but different. There are only so many ways we can introduce ourselves when it comes to these teachings, so by way of a change; I am Manyomin, Colin's guide. You see I have introduced myself at the beginning of this teaching - who says we have no sense of humor in the spirit world, or that you lose it when you die to come here.*

*Dying, isn't that a strange word? What does it convey to you the reader? Does it mean an end of Earthly suffering and a new beginning in the spirit realms? Does it mean that it is all over, that there is nothing else, You merely live out your human lives upon the Earth plane and Die, never having existed at all? Or does it mean that you do not really die, but merely step out of that tired body and into your true self, your spirit body. The body you have inhabited since the dawn of time and before that.*

*For that is the true meaning of dying, as you call it. To continue ones existence, not to have one existence stop and another start, but merely to continue; in your true form - that of a spirit body.*

*As you know, or hopefully know by now? You came here to the Earth plane to take on a task, be that task to learn something or to help someone or a group of people? No matter what the task that was set, you chose to re-enter the Earth's atmosphere and for that purpose you needed a vessel with which to inhabit, in order that you could function within the vibration of that world - your world. Hence you chose a body. But as you know, body's breakdown, they fail to operate at peak efficiency - unlike your spirit bodies.*

*So as time goes by for you upon your Earth plane, your body slowly winds down, culminating in the transition back to the world of spirit, from whence you came. Hopefully by the time your transition comes about, you have been enabled to achieve all that you set out to achieve whilst upon the Earth plane?*

*And so it goes on, life continues, but merely in a different vibration and that is the whole point of the word dying - it is a word that mankind has created to sum up that which he knows naught about. To most of mankind, to die is to end. But you as spiritualist should know and hopefully spread the words, that to die is to merely slip off the overcoat of life and return home after your hard day's work - still very much alive and alert to all things. In fact more so than you could possibly imagine whilst encased in the body of flesh, with its slow ponderous movement and limited mental capabilities.*

*Look forward to dying my friends. We used to say on the plains of North America, that it is a good day to die. How right we were, for it is the most wondrous release from your mundane lives, the beginning of the first day of the rest of your lives; as one of your Earth sayings goes.*

*It is a release and a great pleasure to return home to the spirit world and all of those people you have not seen since they left your Earth plane, all of your animal friends will be there too, to greet you upon your arrival back here - your true home.*

*I hope tonight has been a little different my friends. Once again, I am Manyomin - Colin's guide and it has been my privilege tonight to speak to you and to convey the words from those higher still than I.*

*God bless you my friends - whoever your God is?*

*Amen*

**16 November 2007**

*Good Evening my children and friends of spirit,*

*Today is a great day, for it is the eve of a great event. Today is the eve of one of the momentous occasions that you can only dream about. Today is the day when preparations are complete and the plan is put into operation.*

*The plan of which we speak is of the spirit world. For mankind must know of us and live by us, in order that they may progress onward and upward. Today sees the end of a long road that has been prepared for Colin.*

*He is much excited, as are we here in the spirit realms. For there are many here tonight, indeed there has been, for quite some time now. People or souls, if you will. Who have taken the time to come and visit him who will bring the truth to mankind? His wife Lee has been picking up on the increased energies for quite some time now and they refer to them as "bus loads". That is their way of describing the visitors who have come to see Colin. At the moment the energy around the pair of them is literally off the scale as far as spirit energy is concerned. For there has never been such a strong concentration - at least not since the days of the Nazarene, 2000 years ago.*

*It is hoped that, if all comes to pass. That by this time tomorrow Colin will have succeeded in bringing his attentions to the people of the world and to that end we will say no more for tonight. For we do not wish to spoil things. Needless to say, tomorrow will indeed be a good day to die, as are all days.*

*For to see the light of truth, one does not have to wait until you cross over into the spirit realms my friends, it can be brought unto you upon the spirit realms, such is the power of spirit, the spirit realms encompass all things, even the Earth plane and you too will see that knowledge and the truth and the light.*

*Amen*

*I am Manyomin and it is my privilege and honor to once more pass down to you upon the Earth plane, words that emanate from those still closer to the prime source than I*

*Amen*

**17 November 2007**

*Good Evening my children and friends of spirit,*

*Welcome once more to some simple words from spirit. Words that as we speak are zooming around your planet. By the efforts of this vessel - Colin; the words of spirit are even more read than those of your so called bible. This may sound a little incredible, but in fact it is true. From where we view the Earth plane, we are aware of such things. Where it not for the efforts of this vessel and other instruments of spirit, mankind would be forever stuck in the same old quagmire of forgotten memories and words. Words that reflected forgotten words are not good for the soul.*

*For there are many, many words within that so called book of God, that are not of God at all. Indeed so many of the so called sacred words are only sacred to mankind - because he wrote them. To engrandure something that did not require such efforts. Indeed mankind wrote the words contained within your so called bible to enslave mankind. To give power to the few, that the multitudes would serve them and only them. Giving them title and coin, in order to enrich their lives.*

*Mankind has for too long been under the spell of the churches. Not only your Church of England, but all the great religions. They too are built upon lies for the most part.*

*But who has had to suffer, that a few in high places would be made to be forever comfortable - the common man. The man for who the simple words of Jesus and all the other great prophets were meant.*

*All of the great prophets brought to mankind, simple words. Simple words that reflected the will of God - that all mankind should love each other as brothers and sisters. To live in harmony and give to one another, as you yourselves would wish to receive.*

*That is all that the great prophets came to do. Not one of them came down to the Earth plane in order to create a new religion.*

*No - mankind has created these things - which are not of God. It is to mankind that you must look in order to cure all of the ills that are currently upon your Earth plane. Mankind has created this world, as it is, Not God.*

*Mankind so often says "why does god allow such atrocities to happen, why does he allow thousands of people to die, why does he not cure all of the ills upon the planet, why does God allow little children to die so young?" All of these things God see's and he weeps. For he has given mankind the greatest gift of all. The gift of free will. It is mankind's foolishness that has created the things of the Earth plane. It is mankind who must change his way of thinking and thus be able to move closer to God the father.*

*When mankind can at last recognize that by his actions - his thoughts, he has created the world around him - not God. Then mankind will be able to begin once again, that long road back to God the father.*

*When mankind can realize that all the mistakes that have ever been made are **HIS** and not **Gods**, then true spiritual progress can indeed be made.*

*For mankind is the son of God. The son of God cannot make error, for he is of God. He is faultless and blameless. This is true now and for all time.*

*When mankind awakens from the dream then indeed all **WILL** come to pass. But that is for another day my friends. Tomorrow is another day; begin it with love in your hearts for your fellow man. That he may wake with love in his heart for you my friends.*

*I am Manyomin and once again I relay the words that were given to me, by those still closer to your God - our father, than me.*

*God bless you my friends and Colin..... Well done my friend, you have passed another test. You are on a rollercoaster as they say my friend, well done.*

*Amen To all of Gods children*

## **30 November 2007**

*My dear Children and friends of spirit,*

*There has been a great deal of worry recently regarding the content of these so called teachings, we prefer to call them lessons in life, but then again the name matters naught.*

*People of Earth we here in the spirit world, consider your Earth to be of paramount importance in the continuation of spiritual knowledge. It is imperative that spirits/souls keep returning to your Earth plane in order to learn the lessons of life. For without these lessons we would take eons of time to correct that which never was.*

*The learning obtained upon your Earth plane will eventually shorten the time that it takes for you to return to the fold as it were. The knowledge that you gain both here in the spirit realms and there upon the Earth plane will help you grow into more mature souls/spirits. By this method you can learn of the father and how everything came into being, as it were.*

*For it is not until you have gained this knowledge, that you can truly return home to the father. It is not a matter of degrees, it is an absolute. For no man can live life in two worlds, hold dear to two gods or masters. But by master we mean the one to whom you show allegiance. Do you follow the*

*master Christ, who is a true son of God? Or do you follow the ego, with all of its deceits and deceptions.*

*For only one is real, the other is a false god. Follow the one true god, your father and gain everything. But to gain everything, you must give up nothing. For that is what you follow if you follow the pretender to Gods throne. He - the ego promises nothing and can give nothing. Whilst God the father can give you everything that is real and forever. Can the ego give you something which is timeless? Something which time cannot destroy? Something which will not turn to dust as your time passes by. No he cannot, for only things that are of the father are eternal. Only your fathers love endures for all eternity.*

*Love cannot be conquered; it has no equal and no opposite. Love conquers all in its wake. The Love of the father for his children will transcend time and beyond. Into that timeless existence that was before what is now and never was at all.*

*Understand this my friends and you will be one small step closer to God the father. I will leave you now my friends, for as my medium has guessed and quite rightly - I am the Nazarene and you are my brothers and sisters*

*Goodnight my friends, may your God go with you - no matter what you call him. For they are all one God.*

*Bless you my friends*

*Amen*

*I am the Nazarene*

## **5 December 2007**

*My Dear Children and friends of spirit,*

*Welcome once more to yet more simple words from spirit.*

*We realize that our vessel has been very busy lately - as you will notice by the dates of the preceding Teachings, he has not been in a position to attend regular sittings, as it were.*

*But this matters naught. For he has been very busy learning new things and also passing on that knowledge to one of his close friends, who is also a worthwhile instrument of spirit. For as ripples*

*spread out on a pond, they soon encompass that whole pond. Such is the way of spirit. You do a good deed or give a kind word and hopefully that is passed from person to person, per say ad infinitum.*

*The work of spirit never ends, as indeed does time. For time never existed for it to end. Hopefully there are more of you now who will understand that statement, for it has been given before and as you are aware - hopefully. This second set of teachings is slightly further advanced than the first selection.*

*So little by little we are trying to bring the truth to mankind, little by little, small steps. For that is the way to advance. It is no use taking huge leaps in faith or anything else for that matter. For people have to learn to adapt and to except. To make huge leaps would cause some people to miss out on certain learning processes, processes that help understanding. Lack of knowledge would lead to anarchy. Therefore small steps allow everyone to assimilate information and become more comfortable with that new found knowledge.*

*Thank you once again for hearing my words, for I am Manyomin, as well you know Colin. Well done my young friend. The teaching of Diane has gone well; she is a worthy student of spirit.*

*Well done the both of you*

*Amen*

## **Sunday, April 13, 2008**

*Good Evening my children and friends of spirit,*

*My how those words have become familiar to us here in the spirit dimensions and hopefully to you, here upon the Earth plane reading our simple words.*

*We have now come to the end of the second set of teachings through this vessel, whom we are very much pleased in.*

*He has carried out his mission with unwavering loyalty and this will be rewarded - in time, that funny word again.*

*Think back my friends on the journey that you have completed, for if you have read all of the 2006 teachings and then these 2006+1 teachings you have indeed accomplished a journey. A journey*

*fraught with danger, for it has challenged your minds preconditioned thoughts on what the so called after life is all about.*

*These Teachings have hopefully shown you the way to the truth and the light that is of God the father.*

*His simple words have been given in the form of Live, Love and Learn, Live your life's to the full, love those around you as you would have them love you and learn your lessons well my friends. For that is all there is to it.*

*Live these words my friends, live as the prime source wishes his children to live, in love and harmony and the Kingdom of heaven will appear that much sooner.*

*For this vessel has saved tens of thousands of your Earth Years, by his endeavors and if you carry on his work by passing along the simple words from spirit, then you too can save tens of thousands of years.*

*Be well my young friend, for you have done well. The hardest part of your journey is yet to start, although the small steps are now completed. With Diane's help you will progress to the bigger, larger more difficult step. For that is why you are here. To complete the mission which was started by the Nazarene and all of the other Great teachers of Earths past. They are still very much alive and wish you Gods speed on your journey my friend.*

*I am George Dixon, your Earthly and spiritual friend. Well done my disarming friend, well done.*

*May the love of the father be forever around and about you upon your journey, I will leave now. For I have much to do in the spirit kingdom*

*God bless*

*Amen*

## *So endeth these Teachings*



