

*TEACHINGS FOR ALL MANKIND*

*2006 and 2006+1*

*LIVE, LOVE AND LEARN*

*"When the time comes and you find that you have an opportunity to give freely of that knowledge, then please do - it is a gift for all to share"*

## Teachings From Spirit 2006

The teachings written within these pages were given to me by spirit in the year of 2006.

I was given a message by a medium, the message said that spirit would like me to try some writing for them. As I trusted the medium giving the message, I decided to give it a go.

So, not knowing quite how this was going to work I sat down the next day with the computer turned on and asked if anyone from spirit would like to give me a few words to type onto the computer.

Sure enough the words started to flow. The first few teachings were short and anonymous. But as time went on, they grew in length and the names of the authors began to appear. Every day at 8 AM I sat down and every day the words were given to me.

I also noticed that peoples questions were being answered – you will notice on a couple of occasions that spirit refer to people by name; these were usually in response to a question being asked and spirit hearing the question, tried to give simple answers.

You will also notice quite a few phrases, which we use here on this side of life and on TV programs – this verifies that spirit are not a million miles away, but around and aware of us and our life here on the Earth plane.

Read on and learn the simple words of spirit and of God our father, simple words that were delivered 2000 years ago, but lost over time through mans ignorance of how simple the words really were.

Live, Love and Learn

Wednesday 11<sup>th</sup> January 2006

When the wind of time doth blow, the time in spirit is of no consequence. For you have all eternity to grow and be at one with the prime source. As nations and people strive, they push forward the light, to banish the dark side.

If people could only realise that light and love are the ways of the spirit. That spirit uplifts the soul. That the soul is part of god, that part of us, which is connected to all things, including the great creator. Be at one with the great creator; be at one with one another. Live your lives in the service of the prime source. When the chance comes about to give some of that knowledge, then give it freely. It is a gift for all, a gift to be shared, as it was shared with you my children.

In your world there are dark places, places where the light of the soul, of the spirit is down trodden, these are the places waiting for the light, the light that you as light workers carry. It must be held high and given freely, for no man is denied the word of god. His love is everlasting and always given freely to his children – you are his children, give it to his other children. Of all nations and creeds. The word of love is for all. All must be given the opportunity to grow. All have free will, all have a choice. That they be given that choice is part of your task here my children. Bring forth the knowledge, give out where the opportunity is given and expect no reward. For your reward is love from the prime source and when you return home, we can say “well done my brother, you have done well”. For as everyone gives out, their light will grow and become a shining light, a light warrior on the side of good. All that is good IS the prime source, you work for the betterment of the prime source and his children as do we. We are a team, you on your side and we on ours. But together we are one. One team with indestructible strength and love to guide us. We will bring forth the light my children – with your Help, we will succeed.

## Thursday 12<sup>th</sup> January 2006

This letter is for my children wherever they are upon the earth. We bless you in the name of the lord with his continence and prayers. We are all gods children wherever we may be, be assured that your life is in your hands and the hands of the father. He is watching over you. You are his flock, he is the Shepard. He guides you in your daily lives as surly as day follows night. He is the love, the light that should fill your lives. Follow his light and be a shining example to all men everywhere.

There are those amongst you who are seers, he uses you as examples, to spread the word. You are his instruments, his tools. But only if you are willing, can he work through you. When the sun rises each day, it is as a new challenge to you all, pick up that challenge and be strong. Speak the ways of the lord on high, live in the ways of the lord on high, be as one with the lord on high. As your daily lives do you live, so he will live in you. As flowers do grow and bloom, you to will blossom in the eyes of the lord and this word is to be spread, by your light and your love, always given freely in service to the lord on high. He asks no continence or toll, he only asks for love, as he gives freely, so you must give freely of yourselves. These are the ways of spirit. Thank you my children, go in peace, be as one with the lord and your fellow man. Life eternal is yours; live it in love, for love is all.

God Bless, Amen

Remember it is the message not the messenger that is important

## Friday 13<sup>th</sup> January 2006

My fellow children, we must come to learn that we are all of one father, one god. That fundamental thing is behind everything that we do. We as

spirit grow towards the prime source. We as spirit strive in our daily lives to deliver all that is good about the prime source. In the beginning there was man, he ruled the animal kingdom, in time he ruled the planet, but this has come at a price, his wisdom has not been used wisely, much has been lost over time. False prophets and leaders have misled this knowledge of God. These have added to the confusion regarding the prime source.

If only all could hear his words and feel his love, the world would indeed be a better place.

As we come back to help teach the ways of spirit, we delve back through the mists, these are created because of mans thinking. They are quite real and surround the entire planet, so we have to penetrate them in order to reach you – God’s children. There are times when these mists become so thick that we cannot penetrate them and we have to wait. There are times when they are thin and we can penetrate easily. It all depends on mans frame of mind. The state of mind created by mans thinking and negative thoughts. It is these thoughts that are mans problems, for as man thinks, so he creates a barrier to himself, one that will either help or hinder him. It is up to you in your daily lives to try to live according to the teachings that have been brought down to you by the various teachers that have over time brought the word of God to you.

These teachers have appeared in many faiths and many guises, there words were simple, but as always they have been turned around and the true message has been lost. We will continue to send such messengers, for they are the way forward for man. As he grows, he must evolve spiritually as well, for with great knowledge comes great power and it must be tempered, by wisdom. Heed the words of the prophets and seers - they were of god.

Be as Gods children, live together in love, as one. Be forever living your lives in the service of the prime source. This is the way forward, for as man doth grow, he crawls higher and higher into space and learns that everything is wonderful and must have been created by a perfect mind. The Perfect mind – Prime Source. Wonderment and embitterment should be traded for love, love for all, love as god intended for his children. So take care my children, for tomorrow is another day, another day closer to paradise and your homecoming. Spread the words of the creator and the words of love for your fellow man.

God bless you my children

## Saturday 14<sup>th</sup> January 2006

My dear children, as we go through our daily lives we encounter many people, some we like, some we dislike. But they all are children of the great creator. We should treat them all the same, as the great creator does – with love.

As children of the light it is your responsibility to spread that light, that is your burden. You have the knowledge, use it wisely, spread the word, be at one with the prime source in all things.

As time goes by in your daily lives, you will grow spiritually – as you should. Life's lessons are hard and we cannot interfere, wish that we could, but we cannot. They are your lessons. Use them, learn from them and help others to learn and grow as you yourself are doing.

The kingdom of God is within you all; it only needs nurturing and being allowed to grow. If you can bring light into peoples lives, then they too can glimpse that kingdom, it is for all to share, regardless of religion or creed. Be at one with one another.

God Bless you my children.

Remember it is the message that is important – not the messenger

## Sunday 15<sup>th</sup> January 2006

God bless you my children,

As children of god we all have a responsibility to each other. We have to learn to grow and care for each other. As tiny children who are sometimes hurt in the playground, so we can be hurt during our lives on the earth plane. Your guides and angels watch over you, they care for you. But they are limited in what they can do for you. They want the best for you, but there are times when they have to stand back and just watch. These are your tests; they come every now and then and are there for your benefit – to help you grow.

If you fail your tests, then as in life, you will re learn the lesson, until such a time as you pass the test.

This is not unfair, it is just. Would you jump to the head of a queue of people believing that you knew more than them, no you would not. But if you had earned your place then you would truly be happy, for you would know that you had earned your place.

Such is the school of life. You cannot cheat it. They are the laws of the prime source and as such, are perfect. One day, you will evolve into a higher being and you will look back into your many lives and wonder, wonder at how wonderful everything was laid out for you to learn and grow. How your guides were able to work as they did and bring you to where you are now. Despite the freewill, which you are all given, despite this, you chose the path of light, not because it was easy, but because it was right and just.

So endeth today's lesson,

Bless you my son.

## Monday 16<sup>th</sup> January 2006

My Dear Children,

We as teachers come down to you to aid you in your daily lives. We are there when you have troubles and there when you have fun. We watch over you through your daily lives and teach where we can. Sometimes we are able to get a link with you and sometimes not. But when we do, we are able to direct you on your path. To that point you selected before you returned here. This is not always possible, due to Earth circumstances, but we try our best for you.

In the times ahead, more will be aware of us, because of your work, so please keep on with the light, giving, it is your future, it is your strength and ours.

Be at one with the prime source, live life with love and compassion, throughout all your days, for in the end, life is so short here and you will have an eternity to reflect on how you did and what you learned, as you moved slowly, slowly towards the prime source.

God Bless you my children.

## Tuesday 17<sup>th</sup> January 2006

My Dear Children,

Today's lesson is about life and it's many avenues for growth.



There are as you know many ways to grow spiritually, but the most certain way is to love. Love everyone that approaches you, be they young, old, infirm, or whatever. They all have their roads to tread, as do you. They all have their lessons to learn, as do you.

If Love can be shared among all, then the journeys become easier for all. Today we see people who are against other people, ether through religion, colour or creed. This has to stop, to enable the soul growth of all.

Live life as intended by the Prime Source, live life as love for one another, for only in this way can the kingdom of heaven be made manifest upon the Earth. There are groups of people upon your Earth, who realise this and they are working hard, to achieve that end. They have a struggle, but they are working towards that end point.

One day, they will succeed, so please take care in your daily lives, my friends, live life as love, love for all.

Bless you my children

So endeth today's lesson

Wednesday 18<sup>th</sup> January 2006

My dear Children,

Once again we start a new day. With love in our hearts, we march forward towards the light. As we march we move forward, as we move forward, so the love grows. A love that is strong. For our fellow man needs this love, but he is unaware of its existence. That is why circles such as yours are important. We help you grow, we teach you, through various methods, what you need to get through life and help others as you go,

This love is everlasting, as you grow stronger, it will aid you in your journey, as it will aid others, who come within your orbit.

Give freely my friends, as the prime source gave to you. Love is for all to share.

As Gods children, you are important, as brothers and sisters you are important, therefore be as one with the prime Source, use your love to lift the light high, for all to see, one day that light will encompass the entire world and the kingdom of heaven will be made manifest upon it, as the lord promised.

God bless you my children  
So endeth today's lesson.

## Thursday 19<sup>th</sup> January 2006

My Dear Children,

Once more we have a state of affairs where the world is struggling to come to terms with religion. This is not the first time, it has happened before in your earth history.

The problem is one of self, people believe that their God is the God that all should adhere to. This as you know is not the case. There is only one true God, one prime source. If only this could be conveyed to the world.

That is part of your task here, to spread the light amongst the world as you find it.

Sometimes an opportunity will arise and you can give a little knowledge. Sometimes this little knowledge will grow and blossom, sometimes it will land on stony ground and not take root. But do not be dis-heartened, that

is not your fault. Another opportunity will present itself in the future; you just need to be aware of it.

That is all we can ask – be aware of opportunities my children.

When the Great Spirit is ready for all nations, then all nations will know him, until that time, it is a slow march – but a march forward, that we must inevitably win, for the good of all mankind, this will come to pass.

God bless you my children

## Friday 20<sup>th</sup> January 2006

My Dear Children,

Once again we stand-alone, such is life. But you are never alone are you – you have your guides, friends and family about you, those who have passed onto higher realms are also about you.

They are your constant companions, they watch over you and guide you, helping you as best they can in attaining your goals – the goals of spirit, the goal you set yourself before you came back to the earth plane. These are your lessons; the things that help you evolve into the higher realms. Without these you would stagnate. Which for some people is fine, as they do not wish to progress and are perfectly happy where they are, but you have the knowledge and as such, use it in your daily lives to help others – to be of service.

This is the road to tread, being of service. Be of service to the prime source and you will progress, knowing that you had indeed helped others, who less fortunate than yourself, because they did not possess the knowledge which you now use.

Be strong, be diligent and keep on the path.

The path of light that shines before you,

As for all gods children. The light is god, the light is strong, as you must be strong.

Walk the path; the true path and all will become yours in the end

God bless you my children

## Saturday, 21<sup>st</sup> January 2006

My Dear Children,

Once again we find ourselves at crossroads – the crossroads of life. Where do we go, what do we do. These are questions asked in your daily lives.

The simple truth is, follow your heart, for your heart knows what you have to do. Within you is the ability to judge a situation – is it right or is it wrong.

A simple truth from within yourself.

Where did you get that simple truth, I hear you say? It came from the hand of God. It is a part of that high being within you all – a part of God. That means that you yourself are a part of God and as such are able to make huge leaps in your ability to help others. Ability which everyone has, but few exploit for the good of all.

If all people could find this simple truth then the world would indeed be the better for it. For until this truth is revealed to everyone, then the Kingdom Of heaven cannot be made manifest upon the Earth.

So be of good heart my children, you have the knowledge; use it well in your daily lives. It has been given for a reason – use it.

When the time comes and you find that you have an opportunity to give freely of that knowledge then please do. It is a gift for all to share.

Be as the lord on high – giving and loving to your fellow beings, they too want to grow, but they know not where. Once given this knowledge cannot be ignored, for it is the very bread of life. The food, the sustenance that will help you live out your lives, whilst on the earth plane.

Be well my children, be well.

In the name of the father son and the Holy Ghost, be well.

God Bless

## Sunday, 22<sup>nd</sup> January 2006

My Dear Children,

Once again we arrive at the stage in life where we must make decisions. We are faced with moral dilemmas of right and wrong every day of our lives. It is up to you as a child of the great creator to make these decisions with everyone's interest at heart.

Today as we move forward, we find that there are people who do not understand what God is, or for that matter where he is?

By the light that you carry in you everyday of your life, we hope that you are being a shining example to these people. Within your daily lives, there must be some element of god for all to see. Be an example of all that is good. Be the beacon that shines in the night, for all to see and say, he believes in God and he is happy, look at him, he is happy.

For such is the ease of the knowledge, just live it and it will be shown to others.

Be the knowledge; be as one with the prime source. Let all things be as unto god himself. As you know the power of God is supreme and is everywhere, it encompasses all and everything, it is in everything, therefore everything is a part of God, as you are my children.

Live your lives simply, let no one put you down,  
The knowledge is yours – use it wisely my friends  
I thank you my children  
Amen

## Monday, 23<sup>rd</sup> January 2006

My Children,

Once again we find ourselves alone on the road of life, once again we look to spirit to help us in our daily lives. Because although we may appear to have many friends, what are friends in the end? Is it someone who is there for us when we are down? Is it someone who will help us in our hour of need? Will there always be a shoulder for you to cry on? These are the measure of a true friend.

A loyal friend is one who will be there when you need them and answer your call for help.

We in the spirit are your friends, we are there for you every day of your lives, you need but call and we are there for you. For as God's children, we are all one, as seen by the lord on high.

Trust in him and all will be revealed unto you, trust in him and you will see the light. The light that shines upon everyone who walks the Earth plane and the spheres of the spirit world.

So be of good cheer my friends, be of one heart and one mind.

Let the love of the prime source speak through you. Let it shine like a beacon upon the people you meet in your daily lives.

For yours is the road to truth, tread it well my children, tread it well.

I thank you for hearing my words

God bless you all

Amen

Tuesday, 24<sup>th</sup> January 2006

My dear Children,

Once again we find that we are struggling on life's pathway. In our daily life's we see many things, some good, some not so good. But non are evil intent. They are merely souls who have yet to evolve to the higher levels. Oft times these souls are young souls, who have yet to mature and learn their lessons, oft times they learn from their mistakes and oft times they do not. So they have to be given the chance to evolve, as you yourself have evolved, through time, trial and error.

That is the way of spirit, to learn.

Learn through repeated lessons.

## Wednesday, 25<sup>th</sup> January 2006

My dear Children,

Once more upon the earth we find that people are looking about for something to believe in, be it spirit or be it not, they do not know.

That is part of your task here, to bring enlightenment to those who do not possess the knowledge of spirit, as you do.

You carry the torch, a torch so bright that it will shine forever. A torch so strong, that it cannot be assailed. The light of the prime source shines within each one of you, in some it shines brightly, others not so bright, but is there in all people. It just needs nurturing and helping to grow. With your help we can accomplish this task, with your help that light will shine in many more places and hearts. With your help the prime source will be known by all.

It is a long, long task, but we are slowly winning. One day the kingdom of heaven will reign upon the earth, but until that day comes, we will keep on marching to the tune of victory, as sure as night follows day – it will come.

Thank you my Children

God bless you all



## Thursday, 26<sup>th</sup> January 2006

My Dear Children,

Once again we find that we have approached crossroads in our daily lives.

Which way do we turn, to the good or the not so good? You see we do not mention evil, for it does not exist, they are merely un-enlightened souls. Souls that are at the start of their journey, towards the prime source.

If we can direct these souls towards the point where they become aware of the prime source, then all is well. Usually this is the case, but there are some who dwell in the lower spheres who cannot change, they have become so beset in there ways, that the light within them is very, very small indeed. But we continue to approach them in the effort to help them advance. Advance they will, though it may take eons of your time to achieve – they will advance and the light within shall grow, as will the light in all beings.

Such is the will of the prime source, the love for his children is unending, it is forever.

You as instruments of the prime source, are also working towards that goal, by spreading the light where you get the opportunity, giving freely of your knowledge where the opportunity arises, helps everyone to raise their vibrations and so there awareness.

Be as one my children, that is all we ask. Be as one, love one another no matter who or when the chance arises, love one another.

I thank you for this opportunity to speak to you

God bless you all

Amen

## Friday, 27<sup>th</sup> January 2006

My Dear Children,

Once more we face the wall of life, why is it a wall? The answer is somewhat academic really. What is a wall? – a barrier. Something to prevent access to something. Is that not unlike your life here upon the earth. There are many people for whom the wall is quite real; it is an obstacle preventing them from knowing the truth about the prime source.

This is where you come in. You as children of the light are the ones who hold the flame, the light, the ladder to scale that wall. Yours is the task to help people scale that wall and help them see what is beyond it. To the valleys of green and the clear blue waters, that make up their idea of heaven.

Through your work, many can be shown the way, many whom would have not seen the light, but for your work. Truly you are of god's children.

One day, many will be in the light of the great one, truly the light will grow and spread about the entire planet.

When that day comes, all will be happy, all will be blessed; for they will have found the Prime Source and the Prime Source will be about them.

Amen

## Saturday, 28<sup>th</sup> January 2006

My Dear Children,

Once more we are standing at the crossroads of life.

We find that we cannot bring to bare our knowledge as best we would, but we struggle on. This is for the good of all concerned. If we pursue our course and maintain focus, we will win through and bring the light to the people of the world. But only if we maintain our focus.

There are many struggles currently going on in your world, struggles that man has created by his thinking. If man would but consider the words that come from their god, the words of love, then all would be heaven upon earth. But this is not to be at the moment. Problems have to be solved concerning mans future. Where is he going and what will he believe. Will he believe in the one true god or will he be torn by the different religions that are about your earth.

Religion is the cause of many of your problems and it is mans innate fear of being on the wrong side that drives these fears.

If only they could come to recognise that they are one family under one god. A god that loves them all, each and every one of them, regardless of race, colour or creed. They are his family- his children and he wishes nothing but peace for them all.

Now there are factions who are determined to force their will upon others, upon your earth. Throughout time there have been many of these factions. But they all have crumbled over time, for false prophets and gods are everywhere. Beware of them, trust in the lord on high and you will be steered in the right direction.

Sometimes in life we come across people who are bereft of guilt, these people need your help most of all. They are the young souls usually. Souls who are at the start of their journey and as such are immature and require teaching the lessons of life.

Unfortunately these souls are apt to be very free willed and care not for others situations. But in time all that will change, as it always does. But these things, as ever, take time to evolve.

We ask that you be patient, with these beings, send them love and light. Try not to dwell upon their action, which, although cruel at times, are the actions of someone who is having difficulty adjusting to life. So pity them and send them love. As you should to all people of the earth plane. We want you to be happy and work out your problems. Problems that can be over come in time.

So be strong my children, spread the light, be a light worker/worrier and the word of love will grow through your actions.

Have faith and you will win through, these are the words of Zareth my friend, thank you for channelling them for me.

May god be with you my son?

## Sunday, 29<sup>th</sup> January 2006

My Dear Children,

Once more we find ourselves without an overcoat, you may ask why an overcoat? That is a difficult question to answer, but we will try.

Throughout your life, you come upon situations which are not what they appear to be, these situations are the results of others actions. You as a light of the lord do not wish to harm or hurt anyone or anything. But there are others who would do such things.

You have to be aware of who is who. There are charlatans out there professing to bring the word of god to his people. But these people are out for material gain. They seek power and money and sometimes demand great sacrifices from the people who follow them.

These practices are against the will of god and must be stopped.

Your lot in life is to try and bring a true understanding of the lord thy god to his children, to bring the light forth, that all may share it freely.

You share with others, what was shared with you – the word.

Give this word freely and it shall grow, as a shining example of what the prime source is to his children – a loving father. A father without scorn and anger, one who forever loves his children.

That is the overcoat of which we speak. The overcoat that protects you from the wrong doing of others. Be of the light and wear this coat, it will protect you against such evils. Be aware of this coat of light and it will protect you throughout your days. Be of the light, of the one true god and live the life of service that you endure and the rewards will be yours when you return home to paradise. The Lamb of God wore such a coat; he was protected by the spirit realms. It was only the evil thoughts of men that brought him down. But his message remains for all to see if they would but open their eyes. The message of love transcends all time. It comes from the father and is passed down to all, whatever there station in life, it is passed down to all.

This power is un-diminishing, it grows as we speak, it will continue to grow and with your help it will at some point in the earths future, bring the kingdom of heaven upon the face of the earth, so that all living things will dwell in the house of the lord.

This will happen, it is already happening. Although you may not be aware of it at the moment. It is happening, the light is growing and growing. As the words spread they grow, much like the ripples on a pond, they spread out to encompass all things. This march is unstoppable, it continues forth and will always do so.

Be of good cheer my friends, your work is helping this to take effect. With your help, that end will appear, ever so much sooner. Now I must leave you,

Thank you for hearing my words Colin

God bless you

Amen

## Monday, 30<sup>th</sup> January 2006

My Dear Children,

Once more we find ourselves going through life without much care, you may say this sounds a little strange, going without cares. But there is a reason for this.

Often when people sit down and deliberate on the days events, they do not comprehend all that has happened to them that day. They sit and waste their time, with non-productive thoughts.

If only people would simply listen to the voice within, the voice of their conscience, things would be better for all.

People on your planet have a very narrow view of life, as a whole. They are concerned for self, more than anything, this is their undoing. Things have to change, people need to be made aware of the greater things in life. The great good of all is what is at stake.

People such as yourselves are aware of these fundamental truths, the truth of the love from the prime source. People like you are needed to spread these words about, among your fellow man. Give freely, that which was given to you. Let all souls know of the word of God. If someone comes into your orbit who is not of the light and you find an opportunity to give a small word or two, then do so. Maybe those words will take root and will flourish and blossom. Then you will have done good, by your word. If the words fall on stony ground, then worry not. For yours is not the loss. There will come another day when you can perhaps try again and once again try to spread the seed of the light.

Once more people will be brought to you, they will be empty vessels looking for the something that is missing from their lives, give freely to these vessels, that they may be filled with the love from the prime source. Give freely, that all may know this simple truth, that love is all, that love is for everyone, no matter what race colour or creed they may be. The love of the prime source is all encompassing and given freely to his children. As it has been for all time and will be forever more.

God bless you my child for hearing these words, may they be spread about in love and peace.

I thank you Colin

God Bless

Amen

## Tuesday, 31<sup>st</sup> January 2006

My Dear Children/friends,

Welcome to another day. Another day full of promise, for that which may unfold. For on this day, you are given another opportunity to grow ever closer to the prime source.

That giver of love to all who serve him and those who do not. For his love is everlasting and forever free. His love is without boundaries or limits; his love is for all to share, during your daily lives. Be at one with the prime source, share that love. Give that love freely as it is given to you. Let none go hungry for that love, feed the hunger where you find it, be as the father to his children and give the love for all people, for all races, for all creeds and you will be working for the father.

I thank you my children

God bless

## Wednesday, 1<sup>st</sup> February 2006

My dear children/friends,

We in the spirit world, as you refer to it find that we are more and more perplexed sometimes with your earthly problems. We look at you and wonder, why is it that they wonder around so blindly, when there are wonders untold about you.

We speak not of everyday things that occur in your life, but the wonders placed there for you by the one true creator – the prime source.

He placed before you the wonders of nature, the stars in the sky, the oceans full of all kinds of life. Life upon your lands that are so rich and diversified, so wondrous to look upon and admire. Yet you are beheld by some insignificant problems such as selfishness and avarice.

Why cannot man look further than himself. We have tried to help you through our many channels and we will continue to do so for all time.

Because through our channels/mediums and clairvoyants we can at least get some messages through to the many people upon your earth who remain ignorant of the world of spirit. Preferring instead, to occupy themselves with “self”. What a pity, what a shame. There is so much potential locked up within the human mind and yet it is locked up and unused.

There are those of you who are aware of the spirit world and it's intentions/hopes for mankind as a whole. There are those of you who

have dedicated your lives to helping spirit to communicate with the whole of mankind.

For those of you who have done so, we thank you from the bottom of our hearts. For without you our task would be insurmountable. We could achieve it, but without vessels to help us on your side of life. This task would take an un-estimable amount of time.

Through your efforts, we are making inroads in the teaching of mankind, in the better ways of life. Through your efforts, we are making changes. The light is spreading; through your help we are making heaven on earth a little closer.

Be well my children, stay the course, for yours is the true path, the path of light that leads to the prime source and all that is good. We would wish that all mankind would follow your example. As I'm sure they will in time.

Until that day comes, please continue your work, you have made an impression upon those around you and they in turn will make impressions upon the people in their lives. That is our hope. That the light will spread from person to person, per say.

Thank you for typing these words Colin, you have done well my child. You have learned the lesson of the other night and we are proud of you my son. Go forth and carry that light that you shine, be a beacon, as those around you are. You have friends who we are aware of who are equally bright and shining. Tracey is one such person, encourage her, bring her forth. She has much potential, use her group to help it grow and the rewards will be beyond all of your hopes and dreams.

We rest now thank you –Manyomin



## Thursday, 2<sup>nd</sup> February 2006

My Dear Children/friends,

Welcome to another day, what wondrous sights will we perceive today, we wonder as we open our eyes in the morning.

The light that shines forth in every new day is both light and love from the prime source.

It is sent to illuminate your life for you and to show what love he has for you.

Within that light is the greatest gift of all – the gift of love. Given freely, from a father to his children. For what would a father be if he did not love his children?

Whenever you are down and low, he will lift you up. Whenever the ways of the world weigh heavy upon your shoulders, he will pick you up, whenever there are troubles in your world, he will do his best to alleviate them. He – the father, cares for his children. If only the children could be more aware of their father, the father of all. He cares so much that he sends his angels and worriers to help you in your daily lives. These angels you know as guides maybe? They take many forms and all have one purpose in life, to aid, to give service to the father. Such is service that it is asked of no one – it must be freely given, for love unto the father, is love unto his children.

That singular love that binds all things, people, animals, whatever, they are bound by love.

Love thy self as well; for you are his servants, you give out his love, as he bestows it upon you. Be like the father, give where you can. Give when you can and all will come to pass. The great creator will be happy when his children no longer make war upon each other, when they can live in peace with one another, when they can give love as well as receive it.

These are my words, they are the words passed down to me by many others, nearer the creator than I and I share them with you, hoping that you will share them with others.

Thank you my son

May God be with you

Amen

## Friday, 3<sup>rd</sup> February 2006

My Dear children/friends

Welcome to another day, much as you were told yesterday, we continue with that theme. There are days when you wonder what it is all about, when you cannot fathom out what you are doing here. Days, when you are simply perplexed.

Remember that all is not as it seems, because the work of the spirit continues in the background and you are only aware of the outcome of their work. In as much as people are influenced for the greater good, to bring about changes that will benefit all mankind.

Though these changes are small, they are a progression, a progression towards the light and the prime source.

We work upon the minds of mankind, not to rid him of his own freewill, but to try and aid the thought process, to help people see that there are other possibilities. We put thoughts into people's minds. But whether or not these thoughts are heard and listened to is entirely your own choice, we merely try to give you choices, such is life – full of choices.

Whenever you come upon a challenge, what do you find, usually that you have a choice and where as we cannot interfere with your life upon the earth, we can sometimes help, by giving you choices. There are times when these choices are hard to make, these are sometimes your tests. At such times we cannot interfere at all. But we must stand back and you must go on alone. We stand back and hope that you make the right choice. If you do, we are glad. If you fail, then we all fail, for we have to begin again, with your training. Much as you do in your schools. You take a test and depending upon how well you do, will determine whether or not you progress to the next stage of development.

Such are your tests, we prepare you, but you have to endure them by yourself, it hurts us sometimes to see you fall. But to know that most times you will pick yourself up and begin again is satisfying. Sometimes you fall so far that the light at the end of the tunnel seems so far away and you wonder "why do I bother", but you have within you the light of spirit, that spirit which is within us all. That light that will grow, that light that pushes you onward towards the prime source. You will struggle in your daily lives, such is life upon the earth plane – it is a struggle. But it is a struggle well worth working upon, for your growth depends much upon it. There are lessons that can be learnt in the spirit realms, but these are hard and slow to learn. Although these lessons can be learnt upon the

earth they are much harder. But as you are aware of now, the harder the lesson, the more apt you are to learn from it. Hence you come back time after time to learn your lesson here upon the earth.

There are some amongst you, those who are teachers, yours is a more difficult task. Yours are the hardest to learn. You came back to help others grow, usually you come back because you want to aid someone or a group of people, in doing so you will learn lessons which you yourself needed. Such is life. A struggle, always a struggle. But the rewards are great, for you will grow, as that light within you grows, as that light grows you will move closer to the prime source, although it is not a quick journey to the prime source, it is a journey full of marvels, full of wonder, full of beauty.

When you see through the eyes of spirit, you will see the beauty that is about you. You will see all that you have accomplished and you will be proud that you were able to help people of all races colours and creeds to see just a little more of the beauty that has been placed before them by the great creator.

You will see all that can be accomplished if only the work can/should be done. The task goes on, from day to day, the task goes on.

Be not weary of the journey, take rest when the opportunity arises and enjoy the beautiful bounty that has been placed there for you to do so.

The stars in the sky, the sun, the moon, the oceans, rivers, streams, mountains, plains, deserts, valleys, the wildlife, that is there in abundance, the great diversity of that life – all are the wonders of the great creator, placed there for you to enjoy.

Be at one with each other; learn to love one another, as the great creator loves you. Bring forth that love and let it explode upon the face of your earth, that all may bath in it.

I thank you my children for hearing these words,

God bless you all

Amen

## Saturday, 4<sup>th</sup> February 2006

My Dear Friends/children,

Today when we look around, we find that there are many hardships to be faced in our daily lives. Whether we face these hardships and grow is entirely up to us, wish that we would understand that these hardships are our tests. They help you grow into better people. They are designed to lift you spiritually, so that you may take steps towards the prime source. This gift of elevation is open to everyone, if only others could see the possibilities that lie before them, as you do.

Nowadays people are too busy to sit back for a moment and relax and to think of what they have accomplished in life and how they have helped others. They are too busy with mammon and self.

Their eyes need to be opened, so that they may enjoy working in the light as you do and to see the joy that can be brought about by seeing other people grow in stature, when they have been made aware of spirit.

This work is very important, this work is paramount. There comes a time in every person's life when they sit back and reflect on past events, but for many people, this event comes too late and they pass to the spirit realms ignorant of spirit.

Would that they could be taught before they arrived here, the work would be easier if knowledge had been given them on your side of life.

We know this cannot always be so. That is why we try to help our servants on the earth plane. The mediums, the psychics, to impart a small portion of knowledge to whom ever will listen to them. From that small knowledge, hopefully will come full understanding of why you are here and thus the helping others will spread.

This task is not easy, of this we know. We guard you, we guide you. To aid you in your tasks, but that is all we can do. For you have free will and the choice is up to you, my children.

Please make the right choice, for all our sakes.

Amen

## Sunday, 5<sup>th</sup> February 2006

My Dear Children/friends,

Thank you for allowing me to speak today, This is somewhat different to what I am used to and may take a little while to be accustomed to, but please bare with me.

We in the spirit realms, as you call them, often wonder how it is that you upon the earth plane can become so confused. Yes there are times when you can amaze us, with your thoughts and your courage. There are indeed times when someone will have inspiration, that is outside there normal mode of thinking and there are times when the normal thinking process is upset by influences in your daily life's. Indeed these occurrences are the ones that trouble us.

These troubled events are the ones, which hold you back. Your mind will dwell on a subject and hold it there, permutating all the possibilities and not being able to come up with a reason why you cannot come up with an answer.

Would that you understood, that people have their own paths to tread. They make mistakes and must learn from them. You as bystanders and friends have to – at times, stand back and let them – your friends, make such mistakes. They have taken that road and must follow it through. Your task, as a friend is to watch that friend and when the time comes, guide them back to the light. You will know the time.

Friendship is very precious to us, as it should be to you. Friendship is a close bond between people of a like disposition or manner. These bonds of friendship were usually formed long before you came upon the earth plane, they are simply fulfilling themselves.

Live as friends, love one another, be as one. Guide each other and when the opportunity comes welcome them back into the fold

Such is love, it is manifold, it is all encompassing, it is forever.

Thank you for hearing these simple words,

I give blessings that you have heard these words Colin, now use them wisely my friend – Manyomin.

## Monday, 6<sup>th</sup> February 2006

My Dear children/friends,

Welcome to the new day, a day like many another, but it is a new day. Full of unknown promises of things yet to transpire. Will these things be for the good of all mankind or will they naught. That is a decision for all to come to terms with by themselves.

It is by the very free will given to man, that he must learn to grow, by his free will, is his own destiny. Whether he will attain the higher realms of the spirit kingdom is entirely upon himself and his choices.

These choices are what makes or breaks a persons soul. Do they work for the light or nought?

If only the light could be spread out still further among your brethren, if only more men were aware of the divine plan for mankind, then maybe your advancement would be more hurried, instead of wallowing in the lower vibrations as you do.

We have our lightworkers/worriers out there carrying the light, they are many fold and increasing. So do not be despondent, the light is growing. It is increasing in strength, though it has taken an age of time to reach this point – it is still growing and growing.

Our lightworkers are becoming stronger, as they are aware of the energy coming to the earth at this time. This will help greatly. The time of cleansing approaches and man must be ready. He must be aware of the great creator and his love for his children.

So please, as friends of spirit, be forever of the light, let it shine forth with all your heart. Now that you are being of service - by your light. Let all know that the prime source is there for everyone, of all creeds, colours, religions. That all are one is the eyes of the one true lord.

Be forever learned of the light, let it spread where the opportunity arises. Give when you can – but do not force. The free will remains and it must do so – for all time.

These are the words given to us by those higher still than we. So we in turn give them down to you my children/friends – we like that term; we will endeavour to use it more often, thank you for that Richard. And now I will close by giving a small prayer to the Great Spirit.

O great father, father of all that we see, we give thanks this day that we have been able to see thy great light and glory.

For we are but children on the long road, to perfection. That one day we may stand with you- the most high and look back upon our lives and say – it was worthwhile.

I thank you

Amen

## Tuesday, 7<sup>th</sup> February 2006

My Dear Children-friends,

We on this side of life often look down at you on the earth plane and worry about you. When we say look down it is merely an expression, for in reality we are all around you and therefore close.

We worry about the way you conduct yourselves. We worry that you may injure yourselves. There are many distractions upon your earth. Distractions that make living the way of the spirit difficult indeed. These are your tests, many fold they are and manifold are they hard. They are hard to forge the metal which we use, in you. You are the tools we use to work with and we cannot use you unless you have been forged and tested in the red-hot fires and then moulded into such a form, as we are able to use. Use is again a slightly misleading word, it implies a mastery, but that is not so. When we use you, it by your consent, it is with your free will, that you allow us to work through and by you.

We know that when you have been forged and moulded that you are indeed strong. Strong enough to carry out the work that is needed from the spirit realms to the earth plane.

And so you are made strong. All of your past experiences were there to make you the person you are today. Without them you would not be aware of us, or reading this lesson. This vessel, we used, we took this vessel and moulded it, made it aware of spirit. Though it took many of your earth years, we persevered and eventually won through. He is now a faithful servant of the most high and we are thankful to him for his work. Without him, none of these writings would be laid before you, without him where would you be now? What would you be reading?

Please use this example of how you can serve. There are many forms of service, even a smile is a form of service. A smile to someone in the street, someone you do not know, who you smile too, will feel an inner glow about them that glow that says “somebody cares about me”. This is love in service. Service is what love is. Be as one with the prime source. Let his/her love flow through you and be felt by those around. Let it flow like a mighty river. A river which has no end, it only flows and flows and flows, ever onward and upward towards the prime source.

Now I must leave you my friends, think on these words, for they will guide you in your daily lives.  
Live long and Prosper, according to one of your earth sayings  
God Bless you all  
Amen

## Wednesday, 8<sup>th</sup> February 2006

My dear Children/friends,

We in the spirit realms look upon the earth day by day and we wonder, just when the word of the lord, the one most high, will be taken to heart. We send our messengers, we help them as best we can, we give them gifts of spirit to aid them on the paths, but whether they take these paths, these paths which they chose before they once more re-entered your earth realm, is entirely up to them. For once they re-enter your energy level they forget that which they agreed when they were with us in the spirit realms. Therefore it is a risk, for all who re-enter your vibrations. It is a gamble they take. They cannot guarantee, that they will be drawn to the light. Once they take on earthly form, they take on the earthly garb or mantle. Then they are as everyone else – subject to free will. It is their guides, angels, family and friends in the spirit world who gently nudge them onto the path they chose, as it is with all beings – they are guided.

We hope and pray that our instruments will take up the challenge, for which they came and we rejoice when they do. For then they can start the work they came back to do. Be it as a teacher, councillor, to learn a lesson or whatever.

The fact that their eyes have been opened is of great rejoicing to us all – Hooray another worker to add to the ranks we say, another one to bring the light to the world. Such is our joy at this revelation.

Our lightworkers are many and they are growing in number. The energy coming to the earth at this time is helping that growth. Be aware of all that is around you my children. Be aware of the opportunities afforded you; use them as best you can. For your eyes have been opened to the ways of the prime source and the love he bares for his children.

Be at one with each other; send love and light to all who need it most. The rest will receive that energy which they need to help them grow and grow. The love of the prime source is for all. All must be encompassed by this light, that the darkness be driven from your world and the light be made supreme – in this way the kingdom of heaven WILL be made manifest upon the earth for all time.

I will rest now, thank you for the opportunity to speak to you and thank you to this vessel for being of service to us here in the spirit realms

I thank and bless you all

Amen



## Thursday, 9<sup>th</sup> February 2006

My Dear Children/friends,

Thank you for taking the time to read this short lesson from spirit.

We design these letters/lessons, so that we can get a simple message /truth through to you. In such messages we can convey some simple texts, which we think may be relevant to your lives and as such will help you through your daily lives upon the earth plane. For we know it is not easy on the earth plane, indeed it is very hard indeed. But the lessons you glean from your short stay there, stand you in very good stead for your future spiritual growth.

Many a lightworkers/worriers, comes to the earth plane to work with others, others who may or may not know or embrace the light as you do my friends. Many lightworkers set out on this journey, not knowing if they will succeed or fail in their tasks, for they know that freewill is paramount and dependant upon circumstances, is the end result of whether they will win through or nought.

But come they do, for self is last, the work is paramount and that is why they come, to shed the light, to pass the word. Once their eyes have been reopened to the world of spirit, they can start working upon what ever task it was they came here to perform.

But remember it is not always certain; they too can fall from grace. There is that freewill again. If they stray to far from the path, they may hurt themselves and end up on lower levels when the time for their transition/return comes to them. So you see, even coming to help, is not without risk – but still they come.

They come for the glory of god the father, god the supreme spirit, through which all love and light flows.

Through god the father, all can be made whole again, they only have to see the light and feel the love, which is sent down to them and they will have the opportunity to become one with the great spirit. An opportunity, which takes many, many years of your earth time. There have been many who have taken this road and though it is a long road with many hard tasks and lessons along the way, that road is well trodden. For once you are on that road, you cannot stop, you are driven by the love and the light which is sent down to you from the prime source and you seek to grow ever closer to him/her.

For the prime source is a power. A power greater than anyone can say. Is indefinable, immeasurably power and love and it is there for you my children, you have but to put your foot upon that road and you will be drawn to the power.

Love is the key, love thy enemy, love thy friend, thy neighbour. Love them all; send out the light, in this way all will know the prime source, the great spirit. It matters nought what you call this power, it is there for all. All nations, all colours, all creeds. Remove those dogmas, let religion become the vehicle if you wish it to be, but it is not always needed. For in them lay many of your troubles. Many have taken the words of the prophets, the Nazarene, Mohammad and others and twisted them around, used them to gain power over the people. Though there is truth buried within all of these religions, it is buried. Buried deep and turned around so that it is unrecognisable from the original words, spoken by such enlightened beings. Would that this could be undone. Would that all could see that they have been taught lies. The truth is simple – love thy friends, thy family, thy neighbours. They are all one under god's great sight. They are all his children. He loves them all, shouldn't you love your brothers and sisters?

My friends, I thank you once again for taking the time to read this letter/lesson to you from us in the spirit realms.

Though we may be higher in vibration, we are still your brothers, sisters and friends.

I thank you all

Amen

## Friday, 10<sup>th</sup> February 2006

My Dear Children/friends

Welcome to a new day, much has been said recently about new days and new beginnings. These are indeed good words, words that should be reflected in your daily lives. For each new day brings new opportunities for you all to advance and learn and advance and learn. You may – as you advance up this ladder, for that it what it is. To be at rest sometimes, when nothing much seems to be happening. But there is. Behind the scenes as it were.

Preparations are being made to for your further advancement/lessons.

Yes the lessons again. They are always there for you, as they are for us in our realms. You cannot progress without them. The lessons of life are a part of all creation, for every living thing has to take them. During your normal earthly life you are taken into situations that were designed for you by your guides and helpers. Sometimes to meet different people, sometime to learn a lesson of a different nature, sometime a hard lesson, such as when someone passes on from your world to ours. All of these lessons are there to help you grow as a person. To build your character. None of you are the same; all are individuals on the path to the Great Spirit as some call him/her. It matters not, what you call him/her, the fact that the prime source exists and sends his love down to you all, is all that is important. If you are aware of this love and can benefit from knowing of it and possibly pass that help and love onto others in your world then that is good. You are fulfilling the word of God and that is love. Love to all, no matter who. All are worthy of his love. No matter how low or how high they have become. He is the father of his children and he cares about them. As you, as brothers and sisters, should care about each other my children.

The time draws near when there will be a great cleansing upon your planet, indeed it has already begun. The energies currently focused upon your planet are increasing and the upheavals will grow, but be strong and of the light. Your way will be clear. As with all new beginnings, there has to be a struggle, a rebellion, of releasing the old, so that the new can enter and start afresh.

In the end, the light will prevail, love will conquer all. Have patience and strength my children, we are by your side always, forever more  
Amen.

Go in peace my children, give forth this love, this perfect love from the prime source, give it freely where you can, give it to the best of your ability and you will succeed.

I give thanks that you have taken the time to read my words.

God bless you all

Amen

## Saturday, 11<sup>th</sup> February 2006

My Dear Friends/children,

Once more we come to you with open arms, full of love, which has been sent down to all by the prime creator.

We as his children, offer ourselves in service to this great and wondrous power. A power that has remained steadfast in it's love for it's children, through out time – as measured on your earth.

This immense power is used for the good and enlightenment of all who are servants of the great power; in as such this is everybody and everything that there is. All are under the influence of the laws created by the prime creator.

This love, this boundless love is unfettered and undying, it is there for all to enjoy, they need only open their eyes to have that love revealed to them in all it's glory.

A love that transcends all troubles, all wars, all pestilence, that you incur upon your earth – there still remains that love for you all.

Would that you would pass on this love to all, for you as servants have a great responsibility in doing this. Yours is the earthly task of spreading the word of God, as you describe him. Spreading that word where the opportunity arises, giving freely of all that has been given to you, through love. Whereby that light and love will grow about your lands to encompass all people, all nations. This is a large task, but you are capable, having been tested many times, we know that you have the strength and resolve to perform this task.

Remember to give freely where you can, but not to worry if your words fall upon stony ground, there will come another day, when once again you can try to impart a little of that knowledge. Hopefully it will take lodgement and hopefully it will grow and spread from there.

Be not despaired if your words are not heard, their lies no blame, you have done your best, it was simply that the vessel you were trying to help was not yet ready for the knowledge. But one day it will be. All have to grow and learn as they grow. It is like trying to teach a kindergarten child Pythagoras, they would have no clue what you were talking about, until such time as they are ready to be taught and this can only come about, by growth, by learning. Step by small step the learning continues. In some such as yourselves, this growth has taken lodgement and you are fully aware of all that is good in the prime source and his vessels of light. In others this takes a lot more time. It is all down to circumstances. Which

are different for every individual. This must be so. Imagine how boring it would be if everyone were at the same level of knowledge, of growth. There would be no creativity, no expression of freewill as you would all be the same. Therein lies the opportunity for everyone to grow and learn in their own way. As individuals you have free will, with that you choose the course of your destiny – as such. Although you cannot actually choose where you will be or what you will learn exactly during your incarnation here. You set aside a broad plan when you come back here to learn and you agree this plan with your friends and guides before you set off on your journey.

But as you are here now, we would presume that you have indeed fulfilled your plan – so far. Remember nothing is certain, all life has freewill and as such the course of your life can be changed by a single decision, taken in haste. Be still when considering the future. Take time to consult your inner self. My children

For the knowledge is there to help you in your daily life. Therefore be that knowledge, live that knowledge. Let others see that shining light, that is you and could be them, if they but followed your example.

Be as the word- LOVE and all will come to pass, heaven will indeed reign upon the face of the earth, one day, one day.

I thank you my brethren for hearing my words this day,

God bless you all

Amen

## Sunday, 12<sup>th</sup> February 2006

My Dear Children/friends,

Welcome once again to the dawn of a new day. A dawn unlike no other, for each day is different from the last and will not be as tomorrow.

That is how it is with life. Each day is different from the last, because you are not the person today that you were yesterday, or will be tomorrow. Why – because you will have grown in some measure. Growth is a part of all things; growth is that which is in us all. The ability to learn from situations around us and to use that knowledge to help us understand the surroundings we find ourselves in.

Using this new found knowledge, we can adapt to new situations, this in turn helps us to move into still further situations and learning. Thus the

cycle continues throughout your life here and beyond into the spirit realms.

This learning is an essential part of your growth, for without it you would stagnate, be still and void.

To grow brings enlightenment from within. The light of love grows forth from knowledge. That love is of the prime source and was sent down to you his children to brighten your daily lives. We too share this love, it is all about and ever abundant in this glorious universe, that was created for us all to learn and grow

Today there are many, who are aware of the light, but there are also many who still wonder in the dark, their lights – spirit lights - being so small that they are almost out. But it cannot ever go out, it is merely sleeping as it were, waiting for that spark of inspiration to come to it and restore, it's power and light once more.

That is where the light workers come in, you as lightworkers, can help lift these dull lights from the shade they currently are in. Bring them forth into the glorious light that awaits them. Something as simple as a word, a gesture or a smile is all that is needed to start the process of learning again. These small dark lights can be brought back to the light. They can be made to see the true glory of the most high, the great creator, once more – it just takes time.

My children upon the earth, take heed from these words, that there will be a second coming, that the word will spread, that the light will glow and spread upon your earth plane and the kingdom of heaven will be spread about before you and all in gods glory.

Be of good heart, be of good cheer. Live your lives in love, spread that love where you can and may.

Be forever a child of the god spirit, live love

I thank you for once again taking the time to read my words,

I am Manyomin – your friend

God bless you all

## Monday, 13<sup>th</sup> February 2006

My Dear Children,

Thank you for taking the time in your busy lives, to read these few simple words. Words that are meant to help you in your daily lives.

We in spirit, as you call it. Are always watching out for you on the earth plane, we see the many things that beset you in your daily lives. The problems that you have are manifold, they beset you and blind you sometimes. If you could but remember the ways of the spirit, they would indeed help you through these many battles. For that is what they are. They manifest themselves around you and they present all manor of distractions to you. Distractions that can and do drive you away from the truth.

Be at one with the truth and it will steer you through all of your troubles. Remember the simple truth, LOVE.

Love thy friends and thine enemies equally. Give all the chance to grow and you yourself will grow.

The light of the prime source is but a portion of his love, for it manifests all around you, in your daily lives. Open your eyes to the wonders about you and you will see this wondrous love in operation. It is placed about, that all may see the love that the father has for his children.

Therefore, be not unlike the father, love your enemies as your friends. You are all children of the father, brothers to each other. Live the life of the spirit, be the living prayer, let all see the light that emanates from you, that this that comes from the father and glows through you.

Be as one my children, be as one.

I withdraw now, thank you once again for hearing my simple words

God bless you all

Amen

## Tuesday, 14<sup>th</sup> February 2006

Today is a good day to start your life, as it were. That seems a strange start to a lesson, but bear with me.

What makes your life complete? Is it happiness of the soul or happiness of the heart?

Let us take a stroll down memory lane. When you were young and people would look at you with fond eyes, they would praise you for having such lovely looks, being as a baby, you took these admirations and built upon them. You framed your mind about the idea of receiving praise.

Later as you grew you became aware of more than just modesty. You grew and became aware of vanity too. This also helped frame your mind and the way that it works, the way you would interact with other people. These events, as such did indeed frame your whole concept of human behaviour. For on the one hand, there was a part of you that loved and craved adoration yet the other part of you rejected that as being wrong and settled for the “quiet life”.

These two feelings form a fundamental barrier to you all. For you have to make decisions based upon them.

In time you have learnt to keep them under control and with the coming of “The Knowledge” these feelings are now firmly in their place.

For you have awakened, to the light. You are aware of all that is good in the world and this. You have become accustomed to being as one with yourself and the love that is being poured down to you all from the most high – The prime source.

His love is never ending and will always be so. He sees his children, about him, struggling to gain a foothold upon the ladder of learning that will bring them to him. He sends his servants to guide and aid you in your daily life's. These servants can be found in every area of the spirit realms, for we are all learning and will ever be so.

To master the basic instincts is of vital importance. To learn to control the instincts that take you apart from other animals or lower life forms is vital.

Control these primal urges and you will grow. Be not afraid of greed or avarice, they will not affect you if you are strong and of the light. The light of love that guides you is strong, it is there for your love and protection – use it wisely my friends.

For it is given freely, that you might have a resource there for you to use during your daily lives.

The light of the lord is about you all, no matter at what level of attainment you are currently at – it is there for you all, to share and bath in.

Partake of its love and light and know that it was indeed sent down with love from the great creator.



Be forever loving in your hearts, as he is forever loving of his children.  
Give where you can and give freely of the word, for it was given freely to you and as such belongs to everyone about you on the earth plane.

Today we started in a somewhat unusual manner, but hopefully you have got the point by now – live life to the full, learn to the full, love to the full, give when and where you can and you will grow, as those around you will grow.

The light of the world will grow as mankind grows.

Take heart my children; the god spirit is with you all for now and for evermore.

Amen

## Wednesday, 15<sup>th</sup> February 2006

My Dear Children,

Hello and welcome, to my few words - hopefully of enlightenment.

We in the spirit realms are patiently watching your world, very patiently. We have watched and seen many things in your world that both enthrall us and dismay us. Yours is a world of complete contrast, there can be that which is viewed as evil, but is really spirits of lower vibrations and learning and also you have the good, where people do actually care for one another and the planet they inhabit.

Wish that there were more of the good, then indeed your world would be better off. By raising the vibrations of everyone, the kingdom of heaven would indeed manifest upon your planet. But this is some way off yet. Although there have been inroads, in this direction. They are proving slow – but yet they still move forward. We are patient, we wait and wait. We send messengers down to you in the guise of teachers, philosophers, mediums etc. To try and instil the knowledge of spirit. Sometimes these efforts pay off and sometimes they do nought.

But we keep trying, there is no shortage of people who wish to once more re-enter your earth plane in order to help mankind. These people also help themselves by succeeding, here they manage to raise their own awareness and learning, so progress by serving.

This simple path - that of serving is a great truth in itself. To serve is a great honour, for you can and do help by your efforts.

Wish that there could be more we could do; but alas we cannot interfere, for you have your freewill and we have ours. But there are laws – natural laws that CANNOT be broken. Thus we all grow in some manner by our efforts. For without effort we are nought, we would stagnate and become boring, with no challenge to test us, no corner with which to turn to in order to regroup and try again when the going got tough.

Fight for the right to believe in the Great Spirit, fight for that right. Not in the sense of doing actual battle, but in the sense of going out there and choosing for yourself that you wish to learn more of this great knowledge.

It is there for everyone, it is there for all nations, all creeds, all colours – it is there for all to believe, should they wish to.

My time is at an end now, but hopefully I may come again and give you more words of comfort.

Be of good cheer my friends, we are about you, though you sometimes are not aware, we are there for you.

God bless you my children.

Amen

## Thursday, 16<sup>th</sup> February 2006

My Dear Children/friends,

Welcome to a new dawn, the start of a new day. Once more we are thrown unto the breach, into the fore as it were. Doing battle with the dark forces that pervade your earth. But once more you go out, armoured against this mighty foe.

For you have with you the protection of the most high, the exalted one, the prime source, the great creator. These are some of the words you know him by, others simply say – GOD. This is but an expression of a force. A force so powerful that it cannot be resisted. Although this force moves through love it wins many battles. There have been many such battles in your lives today and will be in the future. But these are battles of the soul, the inner you. That part of you which is aware of the god spirit and serves that spirit, to aid in it's growth about your planet.

Be not afraid, you are well protected my children. But you must keep your guard up. The dark forces that are about you and your planet are always looking for ways in, to find a chink in your armour. The slightest doubt or worry and they will creep in, ever so subtly and then you have a

struggle/battle on your hands and once more you must win through that battle, to regain the light that you once held. In taking part in these battles you will grow and learn, so eventually, you yourself will be more aware of how the dark forces work and thus be able to combat them.

Growth, spiritual growth is open to all peoples, of all nations and is not to be monopolised by anyone person, country or sect. The god spirit is for everyone and so it must be.

There have been many words for GOD, but it matters nought, what you yourself call him. For it matters not. He is there for you and you and you. At all times he is there, you need but call and he is around you, he is within you, for you are all children of that great force know as god. As children he loves you all most dearly and only wishes for your further growth spiritually. So that the world of the god spirit pervades every corner of every room, of every house, country nation upon your earth and beyond.

For the kingdom of heaven is all about you. It goes on and on ad infinitum.

Be at peace my children, love one another as you are loved, go forth and give love where you can. Be an example to all, that love can conquer all things.

Thank you my children for hearing my words.

I thank you

God bless you all

Amen

## Friday, 17<sup>th</sup> February 2006

My Dear children,

Once again upon this earth we are faced with even more battles. The battles of the souls.

These never ending, unceasing battles lead us into new country everyday. The act of battle is but a name given to these events, for

the battles are fought between good and what you call evil. But in reality are fought between the light and dark forces of the light. The light forces combine all that is good upon your earth. The dark force encompasses all that is dark, lower levels of vibration and learning. These souls need to be helped/taught that light and love are the way forward. That light and love will help them advance higher into the heavens than they can currently envisage. It is knowledge that they lack, it is knowledge that will bring them forward.

You and many others like you upon the earth plane do indeed have this knowledge, it is through you and the likes of you, that we work our medicine as it were.

We administer to those souls who are lost, gone astray from that which they came to do. Led astray by their surroundings and the people within their orbit.

This affair cannot continue, it must be stemmed.

With all the will in the world we cannot stop them if they freely wish to continue, for freewill is paramount and for everybody.

No – they have to want to change, they have to make the conscious decision to walk into the light, It is only by this that they can indeed go forwards and upwards. It is this way in the spheres too, as you know, many people when they cross over are totally unaware of spirit and stubbornly refuse to believe that they are indeed within the spirit realms. Upon their so-called death, they find themselves unchanged, for they are still the same person, they can still see/feel and think, therefore they cannot be dead. Some of these souls do eventually realise their position and after some time and many people talking/administering to them, they do indeed change and begin to accept the truth. But there are certain individuals who are stuck, these are usually the lower ordered spirits, the young ones maybe. Who through lack of knowledge are somewhat perplexed and afraid to listen and change. These spirits generally stay close to the earth plane upon their passing. Because of there attitude and learning – or lack of it. They refuse to change and restrict their development.

These souls need much help; this is brought to them by family and friends, as well as their guides. Sometimes this help can take many, many of your years, sometimes it seems as though they will never be helped. But we have patience. We wait for an opportunity to help. We see a glimmer of a memory that may help us and we take the opportunity to bring forth that memory, usually one of pity or an early childhood memory, such as a loving moment. We seize upon these and try to open

the mind of the individual to the possibilities before him/her. These scenes we can flash through their minds and bring them to life for them, making them so vivid that it is hard to put aside the thought that brought it about. Through many such scenes and visits we will win through and the individual will start to move on, slowly at first, with hesitant steps and then greater and greater confidence, as the knowledge becomes more lodged within them and so they eventually move to higher spheres. This can I as I said take many, many of your earth years, but time is of no consequence for us, it does not constrain us, as it does you upon the earth plane. My friends, take heart from these few words, they show – hopefully, that even the lowest of wretches can be made to see the light, if they want and desire to. That the love of the prime creator, or whatever you call him/her, is there for all.

That we and yourselves are servants of the most high and seek to bring enlightenment to every one, whether upon your earth plane or here in the spirit realms. For life does go on. Life is eternal, you were alive before you came to the earth and you will be alive when you leave it – think upon this and build your treasures, not for the short term, which is but a few years upon your earth. But for the long haul, the eternity you have, to move slowly closer to the great creator.

Move forward my friends, be of the light, spread that light. It is for all to enjoy – let them enjoy it.

I thank you for taking the time to read my words; hopefully they will take lodgement within your daily lives.

I thank you and withdraw.

God bless you all

Amen

## Saturday, 18<sup>th</sup> February 2006

My Dear children/friends,

Once more we start a new day, once more look at the sun and wonder “how wondrous” for it is there to lighten your lives, to give you that strength needed to bring forth light and knowledge within your lives.

How does it do this? I hear you say, well, it shines with the brilliance of the spheres; it brings warmth to the heart and light to light your way. Thus it is all good.

Sometimes when you are down, there comes a time when the sun does not shine in your lives, for this reason you must remember that the passing shadows are but shadows, they will pass and then the light will

once again surround you. Life goes on. For if you only had the sunshine, how would you know the dark, the storms, the tempests. These are the events, which help build your character. The trying times are the times when you are forged in the fires that make the steel, they make you strong.

Then you will be ready to indeed carry on your challenge here on the earth plane.

For within you there is a jewel, a light so bright that it will never go out, but will grow and grow forever – should you wish it.

But you have to work at it. You in your daily lives must search out that which needs doing, helping other people and giving service.

Service is the way to spiritual growth, service to all mankind regardless of race colour, creed, religion or sect. No matter who is before you and they come seeking the knowledge – give freely of that knowledge. Give freely. For it was shared with you freely and with love.

The Prime Source is all about, all knowing. Permeating every layer of the spheres. The prime source is a power, a power so great that it cannot be imagined by you or anyone within the spheres themselves. For no one has ever reached the prime source, at least not to my knowledge.

But we all strive for perfection, to rid ourselves of these heavy vibrations and to walk the walk with the most high. WE struggle, as do you, with our lessons. Yes we too have lessons. But the higher one attains in levels within the spheres, the harder and more tricky the lessons become. So do not think that once you have left your earthly vibrations, that all is done. For it is but the start of a vast adventure – for those who wish to step upon the road to enlightenment.

Now my children,

I must withdraw as the energy wanes,

But I leave you with this simple truth – LOVE

That is all

I bless you my children,

I will come again to give you my words,

Should you wish to call me, my name is Silver Birch

Thank you

## Sunday, 19<sup>th</sup> February 2006

My Dear Children,

Once again we begin a new day, a new dawn. For man is rising, slowly from the dust of ignorance, to the knowledge that awaits him.

That knowledge is of the prime source and all of his angels and followers.

They are about you all in your daily lives. They serve and protect you through your daily tasks. They – the angels are the link between your side of life and the great creator.

He sends his followers down to you on the earth plane, to bring the knowledge that is needed, to help mankind through the dark days that you are enduring. For they are dark days. The light upon your planet is growing and slowly pushing back this darkness. But it needs time to accomplish its mission. For the time has to be right when the great cleansing will take place.

There are energies about your planet now, which have come from afar. They are there to help you make the transition to the higher state of life. This will affect all of humanity. The cleansing is not to be feared, for those of the light will be safe in their knowledge and will know which road to take.

Beware of the dark side; it permeates all levels of spirit, where the lower levels are concerned. It will try to wreak havoc, but it will fail.

The entities involved know not of what they do, they are driven by primitive emotions, such as greed, avarice and uncompassion for their fellow man. They await the great awakening that will follow the cleansing, but they know not of what that awakening is, nor comprises.

For indeed the kingdom of heaven is upon you and will be forever more.

Just take the time to live your lives, as the Great Spirit intended, be at peace with one another, love your neighbour as well as your friend and your enemy. Love them all as the great father loves you all.

He cares for his flock, as you put it. He tends them and nurtures them. He gives them knowledge and saves them from the darkness. But he cannot do this unless you yourselves let the light into your lives.

He is the great father of us all. For we are all a part of him, Indivisible and strong.

The father of us all is about you as he is about us. He permeates all atmospheres, all levels of energy, he is everywhere.

Feel his love for his children, feel his care as a loving father. Be aware of him and he will always tend to you, his children.

Love thy father and thy mother, that they know you love them. let all the days of your live be in service, service to others. Be as the god spirit and live in service and in love.

Be as these words my children, live the word of god, be as god – loving and you will grow. For growth is essential to all. To grow towards the prime source is the privilege of us all – we need but take the first step to be on that road and we will be forever in that light. So have pity for those wretches who are currently in the dark, send them love and light, that they may open their eyes and see that which is for all to share, the love from the father, to his children.

Be that light, be that spark, of humanity that runs the race and wins. Be at one with each other, be at one with the god spirit.

Be at one my children

For all will come to pass, as surly as this day will be followed by tomorrow and the rest, for time immemorial.

The light and love of the prime source is forever and ever, for time in spirit does not exist, as it does for you upon the earth plane. Learn from this – time is not a constraint. You can learn forever and ever. You can learn your lessons, slowly – the best way to learn, slowly. So learn your lessons, learn them well for they will stand you in good stead in your future lives.

Be as one my children, be as one.

Spread the light where you have the opportunity, give freely of that, which was given to you freely.

Share and love thy fellow man/beings.

Share and love, have compassion for all. For all are not the same, the saying of walk a mile in someone's shoes before you judge them is quite apt. For you cannot judge another and it is wrong to do so. For only they can do that and in the end, that is exactly what will happen. For you judge yourselves when you come to this side of life. When you make the great transition back to the realms of spirit and you have your life review – you will judge yourselves. It will be up to you where and how you should be in the spirit realms, where you shall dwell as it were.

For you in your everyday lives are indeed making your house in the heavens, your very thoughts and actions determine at what level you will enter into, upon your return to the world of spirit. So be not afraid my children, live the life of service, be kind to all about you and give of yourself where you can, give freely and with love, That way you can be sure of a happy home coming and live a life that befits you and your current frame of mind – current, as in being of the father.

This morning has been slightly longer than normal, but I thought you would benefit from my words.

My name is Silver Birch and once again I thank you my children,

May god be always in your life and your hearts

God bless you my children

God Bless you all.

Monday, 20<sup>th</sup> February 2006



I bless you my children,

For today is a good day to die, as they used to say back where I was last incarnated. That being the plains of North America.

Back then we knew how to live in harmony with the planet, we knew how and when to kill for our food and other essentials needed to live our lives.

We knew that all of nature was there to live in harmony, that each depended upon the other, that the chain of life was never ending.

And so it was, that we lived our lives in the service of the great spirit, who knew no boundaries, who's light would light up our day and who's friend the moon would brighten our night time.

We would talk around the campfires, telling tales of old, giving stories to the young, that they may grow and learn and one day become great worriers. In time these worriers would take their turn in providing for the needs of the tribe.

But all of this required knowledge, knowledge of how and why things happened around them in the great universe, as we knew it. For we knew of the Great Spirit and we knew that we were indeed, a part of him and he us.

We had learned that our animal friends were our friends for many reasons, they provided food and clothing for us to wear and keep us warm, they provided sustenance for the winters that were long and hard. They taught us how to be in harmony with all things, to treat each and everyone, be they animal or human – with respect. For that is very important. Respect for one another. We would only kill what we needed and when we did kill, we did it quickly and without pain if we could. For to give cruelty and pain without just reason is against the god spirit. For he knows we have to live and survive. Therefore we took only what we needed and gave reverence to that we had killed, we offered it up to the great spirit, that it may live again upon the great plains in the sky, that we were grateful to it for offering up it's life, that we may live.

Thus were the ways of our great nation, for we had many braves, from many different tribes and all were of one brotherhood – that of the Great Spirit. Yes we had our own little wars occasionally, but we all held the same beliefs, that the Great Spirit, is all around and all powerful.

The Great Spirit would help us, guide us were it was necessary, through our medicine men we had a link to him/her. We knew nether or which it was, but that did not matter. It was the Great Spirit and that was all that was important.

Nowadays people are more concerned with living and the self. There are those among you who are as we – of the Great Spirit. You have your own medicine men, but now you call them mediums. These are your links to the Great Spirit, use them my people, use them, for the knowledge they

can bring is paramount to your world. Although many people profess to be of spirit and use their Devine gifts to help people, they are not of the spirit. There are those who use their Devine gifts for self, for avarice, for greed. Caring nought for the rest of humanity as a whole. As long as self is satisfied, they are happy.

But the day will come when such stupidity will be repaid, for they have the knowledge and they use it selfishly, instead of giving freely, as it should be given. We know that you have to live your lives upon the earth plane and that there is a need to earn your daily bread. But to what end. To rob and defraud your fellow man – no, this will not do. Take what you need to live your lives and no more – just as we did. The Great Spirit will be around and about you always. Do not incur wrath for misuse of gifts. By wrath we mean your own – for when you do come to our side of life and you look back and see the deeds that you did undertake on the earth plane, you will be angry and upset at what you have done, the guilt will be for you and you alone.

This lesson is not meant to upset you, but to open your eyes. There are many needs in the world today, many indeed. But there are plenty of supplies to go around. There is plenty of food for all, it merely needs sharing more with those who have little or nothing. There is plenty of knowledge around, it merely need sharing once again, with those who have little or nothing in their lives.

There is plenty of sunshine around, so why cannot all people see that light and be brought towards it.

Be that light in the dark, shine for all peoples. For the world needs people who are willing to stand up and be counted. To bring the word of the Great Spirit, back to humanity. Bring forth the words for all to hear. Let them say in harmony “we love you”. In that moment mankind will have learned the great lesson – that Love is everything/ Love thy neighbour, love they enemy, not just in words, but in deeds.

Yes it is a long road, a very long road indeed, but that road is getting closer and closer to you all, step upon it and walk the walk to the prime source/ the great creator – call him what you will, he is there for all peoples of all nations, for all creed’s, colours and doctrines. He is there for YOU and YOU and YOU.

You are all his children, as he is your father, you have within you, a piece of the god spirit, therefore you are all brothers.

Live as such, my friends, that is all we ask. Live as one mind, one goal – the common good of all men.

For it is written that all nations under the one god shall be united as one.

Live the day well my brother, for it is a good day to die.

Manyomin

## Tuesday, 21<sup>th</sup> February 2006

My Dear Children/friends,

Welcome most humbly to a new day, a day when once again we can sit back and enjoy the beautiful bounty that is laid before us. That bounty having been placed there by the great creator, the prime source. Through his love and compassion he created this world for you to dwell in, to live your lives to the full and experience the full body of emotions that are available to you here.

They are a learning/proving ground for you, they are there for you to unfold spiritually, for it is not possible for you to unfold as an individual within the spirit realms, So you come here – to the earth plane. Where after many incarnations you eventually evolve into true spiritual beings. Beings that can attain much, in the way of love and compassion. For without these qualities, you are nought. The compassion contained within you is the compassion that is passed down from the prime source. As is his love. These two elements help form your spiritual you.

The spiritual you is of prime importance, it is the essence of all that the prime source is. You contain elements of the prime source, you are in essence the prime source, diluted down many many times, but you are that being in miniature – you are a part of the god spirit, as the god spirit is a part of you.

Take these words and ponder them – you are a part of that great spirit power known as the prime source, you contain within you some of that great power and as you grow closer and closer to the power, so it will grow in you, my children.

Feel that power/energy flow through your very being, let it light up your day and let that power flow from you to others, who are less fortunate than yourselves. Give of the light, the power and the knowledge. It is an immense force for good; it can put down, that which you call evil. But is in fact the body of less developed spirits, spirits fighting for their identity. In time this will come to them, in time ALL will be of the light, the good, as it were. But until that time comes, please have consideration for those who perpetrate crimes of one sort or another, send them love and compassion. For they have committed a crime against humanity, god and themselves and they will have to live with that fact. It is an immutable law that all will be recompensed for any wrong doings

against them and so it must be. The perpetrator will have to live with his actions for all of his days and in the days to come will relive them, time and time again, seeing his victims faces and the agonies they felt, until such a time as he, the perpetrator, sees the light, the error of his ways and begins to make small steps towards the light – the prime source. There is a long journey, slow and small steps. But they will eventually reach the lighter realms and be of service to others. For they have a great knowledge. They have been in the lower levels; they have experienced things that most do not. Therefore they can use there great knowledge to benefit others who may have fallen into the same trap as it were.

Therefore all, no matter who, gain knowledge from living in the spirit realms, it is open to everyone, whether or not they develop and move towards the light – the prime source. We cannot push anyone into learning service. It is up to every individual, they have free will, we can only stand by and give advice. Whether that advice is taken and used is not up to us – but the individual concerned.

We would hope that all who read these words, act upon them. Use them in your daily lives, for they are only words at the moment, if you can but put them into action then they have power.

Power of the Holy Spirit, power of the most high, power of light over dark,

Power to make your lives forever good.

Heed them my children

Hear my words, I am Manyomin - your friend

## Wednesday, 22<sup>th</sup> February 2006

My Dear Children/friends,

Once again we look at life through many different eyes, there are your eyes, the eyes of spirit and the god of all things. What do you suppose they all see?

Think for a moment before you answer. Think at what level of learning all of these eyes are seeing with.

Take a look at yours for a start, what do you see when you open your eyes everyday? Do you see the goodness that is about you or do you see the bad things that are about you. The point of view is open to interpretation, dependant on the person who has the open eyes, is it not?

For all of those people who are aware of spirit, they will see – or should see that there is a great deal of light and goodness in the world. Though it is somewhat limited in it's glory, it is still there and growing daily.

For those people of a lower vibration, what do they see? They see a world, which to all intents and purposes does not like them. They live their lives day-by-day, eking out an existence from whoever or what ever they can find, to use in aiding that path. They know not of the light that is around all things or the love of the father for his children. They are indeed starved of their daily bread, their sustenance of live – knowledge of the great spirit – the prime source.

Would that those of the light could give more of themselves and share the beauteous bounty that they are aware of. But we recognise that this is not always possible. There are some of you who do indeed go out of your way to help others, indeed, and give instruction/knowledge where you can. You are the teachers. Would that there were more of you around and about on the earth plane.

The light of the father embraces all, no matter who or what they are, whether they be of good eyes or bad, of spirit or nought. They all have the same potential, to grow and become closer to the father, as you do my children.

What of the eyes of spirit, what do they see?

Well to begin with they see more than you can do with your human eyes. They can discern more of the intent of each and every individual upon your earth, because we can see your auras and read them. We know the person we are looking at – more than that person knows. We know your intent, we know how much you have grown and we can see the potential in you, the individual.

There is nothing that you can hide from us – we know all about you, we can read you like a book, as you say on the earth plane. For when you come to spirit and you develop yourself – which may take a long time, in earth years. Though it does not affect us in the same manner, for there is no time in spirit. You will develop the means and knowledge to help you read individuals about you. They cannot lie, for you would see it. Therefore more is known about yourself than you would care to give out. This in time, is to your benefit, because you become a more open honest person. The knowledge of spirit will help you grow and grow and one day you may approach the god spirit. Though this may take eons of time, the possibility is open to every individual, whom so ever or whatever he/she may be or have done in their past lives – all have the potential of becoming godlike, if they so desire it, they only need to wish it and step upon that path of enlightenment, that path of learning, that path of service. All can be of the god spirit, all can be perfect – it just takes time, lots and lots of time. Though we know of no one yet who has approached

the god, the father, we are sure that there must be some in the higher realms who must be approaching the father in perfection. But we cannot say for certain, as no-one ever come back from the highest spheres, though we know they exist – as does the father of us all.

His light his energy is all about. All encompassing, all loving, his eyes will see his children, struggling to learn, to grasp a foothold on the ladder, that leads to him. He will see that many do try that path and many do fail, but they keep going, keep learning. As they fall they pick themselves up, dust of the dust and try again. Such is the incentive to reach the father – the most high, the great creator, the prime source. The name does not matter. Only the path is important – that you pay service to those about you, that you give love where you can. That you help anyone who is in need, regardless of who or what they are. For you are all children of the Great Spirit and as children together you must love one another. Love everyone as you would wish to be loved my children.

In this way the earth will grow from a playground within a school, to indeed be the kingdom of heaven upon the earth.

Love your fellow man; serve him well, all of your days.

Live the life of service, as the prime source does for all of his children for service is borne out of love and love is all about you my children.

Live long and prosper, as one of your earth sayings goes. Live long yes and prosper, but not in the physical sense - But in the spiritual sense.

I thank you for hearing my words,

This vessel is learning more everyday, by the partaking of knowledge given freely to him. Be as him and pass that knowledge on to others.

God bless you my children

My name is Silver Birch and I thank you for your time

God bless you all

Amen

## Thursday, 23<sup>rd</sup> February 2006

My Dear Children/friends,

Welcome to a new day, what will we find in this new day? That depends upon a lot of things, but most of all it depends upon what we put into it.

The world around you is being written as we speak, you and the people around you influence each other on a daily basis. You interact with each other and this is the basis for your life upon the earth plane.

For what you do, or do not do in your daily lives, helps to build that character that is YOU. The higher you, that is. Yes you will have your earthly garb and front, that part of you that you show to those around you – but that is not the real you, is it?

For inside every one of you, the real person is waiting within, for there are sides of your nature that you keep private, preferring to keep certain things to yourselves. This is fine upon the earth plane, for we recognise the need for privacy among you. But true total honesty is something that must be worked upon, for until you are totally honest with yourself, can you hope to make leaps of what you call faith.

There are people upon your earth who fear certain situations, why do they fear these things? Sometimes they cannot tell you why they do. But if they looked deep within themselves – into the silence, then the answers would come to them. You need only take in that silence for all answers to come to you. Yes all answers, for the answers to life are within that silence. The simply answers – love and compassion. They are the answers to most of your problems upon the earth plane. If these two simply words were heeded more, then the problems within your earth sphere would simply melt away.

Love and compassion – so easy to say, yet so hard to comply with. Oh what a pity.

There are those of you upon the earth plane, who are aware of these things of which we speak, the spiritualist, as you call yourselves. For indeed you are of the spirit, you embody the thoughts of the great white spirit and I say that as a figure of speech, for he has many names. Many are the aspects of this Great Spirit, many are his continence's. He cares for everyone and all. He is the great father of us all, he gives us wisdom and the opportunity to use it and hopefully to grow towards him, in all of his glorious perfection.

Such is his love that he weeps for us when we fall, for he is aware of each and every one of you, as individuals. That is why you come to the earth plane, one reason anyway – to bring into being, your individual self. The you, that will grow and move forward into the light.

This has been a simple lesson today; I hope it has helped you with your daily life and what you would put into it. Remember that always try to give love and compassion to all, no matter where you encounter them, be of the light and the light shall be around you for all of your days.

I thank you

God bless you my children

I withdraw

Amen

Friday, 24<sup>th</sup> February 2006

My dear children/ Friends of spirit,

Thank you for allowing me into your lives, so that I may give you a few words of wisdom, to lighten the burden of your daily lives. Hopefully after hearing my humble words, you will have a new basis with which to view life, such that it is. Simply in all it's complexities, if only the eyes of man could discern the simplicity that is placed before them, by the one true god, that almighty all encompassing being. Whose light shineth down upon all who are below him and are his children.

Let us start by looking at the way mankind, looks after the planet, he plunders the earth for its wealth, it's riches. But what are there riches, gold, silver, diamonds – these are but trinkets placed there for your welfare. Not just for a few to hoard and treasure above all else. When it comes down to it, they are rocks or crystals, which the great creator placed there for all mankind to enjoy.

But someone somewhere decided that these “precious gems/minerals” as you call them, should be much sought after and therefore valuable. Why not mud or common stone? They are all of the earth? Does there commonness make them any less worthy to have been made by the Great Spirit. No it does not, it is only the value that man has put upon them that makes them much sought after and in some cases, people kill others for possession of theses “riches”.

Woe is you who build's up his treasures upon the earth where moth and rust will decay them.

Look beyond the physical, look to your future, look to the future of mankind as a whole. Build upon the simple words of spirit, though we appear to repeat the same messages over and over, they are simply trying to convey the simplicity of the spirit and the way the lord thy god wishes you to live in harmony with each other. How many ways are they to describe love? That is the essential ingredient of all existence, at all levels. So how many ways can you yourself describe love and service to mankind and spirit and the lord god – your father.

That is why we come to you time after time reinforcing the message from the great creator – love thyself, love thy father and thy mother, honour them around you.

Give thanks to those people who are of the light, that they may continue to be of that light and give forth their knowledge when ere they can.

For theirs is the knowledge of spirit and they our messengers. We wish them to spread the word of love.

Some of them have great gifts of mediumship, some of them gifts of speech, wish that all would take up these tools and develop them, so as to bring forth the knowledge that the world needs.



At this time upon your earth there are many who are bathed in semi-darkness, there is the light about them, but it is dim. It just needs the right words spoken to awaken them, to bring them fully into the light of the father.

Therefore be as good children to each other, if one is hurting – give help, give love, as children should to each other. Be not afraid that your words may fall upon unfertile ground, still say the words. If they go unheard then you have done your best. There may come another day, another opportunity to give those words again and this time they may well take root.

For it has to be the right time, for each individual soul to awaken, each has his or her own path to tread. You are but guiding the individual into and onto that path.

That path of light and righteousness, that path that will ultimately lead to the great spirit – the father of all.

Be as the father, love one another, love the so-called bad, as well as the good. For the so called bad are not bad as you would term it. But merely miss-informed under educated and need putting onto that path.

For some are more evolved than others therefore someone who is of a lower stature in learning may appear to you to be “bad”, when all they are is simply not as evolved as you.

Take heart with these simple words my children. Take them with you into your daily lives, ponder them and try to live the life of service that is ordained for all. Live, love and learn – remember those words.

LIVE LOVE and LEARN.

Wise words my children

Live them well for all your days upon this world and beyond

I am Silver Birch – your friend

## Saturday, 25<sup>th</sup> February 2006

My Dear Children/friends,

I come in peace as do all of my brothers who come to give you words of wisdom, which hopefully will aid you in the daily lives.

I come today to speak about avarice. That wicked way which man brings about the downfall of himself through intolerance of others and their ways, their beliefs and even the colour of their skins.

Why do you let this happen? it is most strange, that people should bestow words of disgrace upon others of their kind. For are you not all of the same body? That of the father. He has allowed you all the opportunity to learn and grow upon the kingdom known as earth. But you profane his name and his achievements. All the father wants, is for his children to love him and each other – as any father would.

You belittle each other at any opportunity, even though you may not be aware of the other persons demeanour or nature. You know nothing of someone and yet the moment you see them – you judge them.

Is that not for the father to do, not the siblings. The father knows all about you, as you do not know yourself.

You are here upon the earth plane in ignorance. For when you take it upon yourself to reincarnate back into the earth plane, the cloak of forgetfulness is put upon you and you forget why it is that you came here. You are left to your own devices and hopefully, by means of your guides, will awaken once more to begin climbing that path back to the light and from there hopefully to attain that for which you came back for – the knowledge, the lesson for which you returned.

But this is open to abuse – by which we mean that, as you are placed here under that cloak of forgetfulness, you are open to any and all variations of events around you. You may well be influenced by the dark side and not walk upon your path at all, despite your guides, family and friends in spirit doing there utmost to try and make you aware of the light and why you came back.

Such is life upon the earth plane. It is an adventure, a place of learning, of unfoldment.

For until the spirit returns to the earth, it has no personality, no self. You return here to learn about your self as well as your lessons. The school of earth is for anyone and everyone to live together, with common goals at heart.

But once you are here, the thoughts of man pervade your mind and you become infected as it were, with the thoughts of others and you take up their ways. Prejudices are rife. Not only in religion, but also in race and colour and creed.

You must loose these things, for without them your world would be a far better place. Without the intolerance, mankind would indeed grow out of his infancy and mature as he was meant to.

To step closure to the god head, the Great Spirit, he who is above all else – the perfect one.

For from him shines the boundless love for all of his children, for all of creation. He created all, that his children would have the chance to learn and grow towards him.

His radiance is everywhere. Look to the sky, the stars, the sun, the birds, the trees, the sea and the life it contains. Look to your many and varied lands and the myriads of life forms placed there for you to enjoy and learn from. For in nature, you will find the circle of life. It is reborn (spring), it lives to the full (Summer), it wanes in it's later life (Autumn) and it dies (winter) – But that cycle renews each and every year – such is life in the heavens and your continuous learning, your seeking of perfection.

Never doubt my children, never think that you are alone, for always there are about you, your family and friends – on your side of life and ours. They come about you, to give you comfort and upliftment as do your guides.

Try to be aware of these friends; they come to help you grow, to be on that path, that you set out to conquer, to have your learning reinforced, to help you grow towards the god spirit.

That great white spirit, to which all are aware, yet in some is hidden, for they only need a special word to awaken themselves from the darkness. That word is love.

Love your fellow man, have compassion and pity. Love your fellow man, as you yourself would wish to be loved. Nurture all of your days, the words of love from the prime source. Give where you can and when you can of that knowledge which is given freely to you and those about you who are aware of spirit.

Give these words freely, that they may help your brothers and sisters – help them reach towards that light and love of the great spirit, so that all of his children may know him.

I thank you once again for hearing my humble words,

I am Silver Birch – your friend

Thank you, my children

Amen

## Sunday, 26<sup>th</sup> February 2006

My dear friends/children,

Thank you for taking the time to read my humble words, hopefully they will inspire you during this new day.

Where shall we begin today? What about talking about mankind and his long road to perfection?

This long road, as we have called it, is a road of learning, of knowledge. That you as an individual must tread alone, in order to learn the lessons

that are preordained for you. We say preordained, because before you incarnated, you sat down with your friends and family in the world of spirit and suggested what it was that you would be incarnating for – which lessons you wanted to learn, which peoples you wanted to help or teach etc.

The actual lessons involved would vary from individual to individual, as you are all at a different stage of development – spiritually that is. The growth needed for necessary perfection at some point far, far into the future, as you see it from the earth point of view. We see it as a continuance, as there is no time in spirit – per se.

Time is a man made obstacle; do not let it bother you that you are taking a long time to learn a lesson or lessons, for in the world of spirit – which is your natural home, there is no time. Therefore you have an eternity to learn the lessons of life, as it were. We bump around every corner; we live as best we can. Obstacles come and go. But always remember that as each day ends, so another will be born. So no matter what the current problem is – tomorrow it will have changed somewhat. For in each and every day, you will grow in stature, in spiritual knowledge, you may not be aware of it, but you will grow on a daily basis. Because tomorrow you will not be the same person that you are today, something will have changed, so we have evolution in progress.

Without this simple process, life on earth would remain stagnant, boring if you wish. The adventure would not be there. Exploration of ones future is a wondrous gift, from our god the father. It gives us endless opportunities to grow and experience a myriad of new experiences – it is to learn that we are here.

From taking our first steps in the world of matter to the closing of our eyes upon our transition back into the world of spirit – our home, we learn, we experience and learn.

That is why we are put back here, to learn. It is not compulsory to return, there are many in the spirit realms who have never returned to the world of matter, they choose to learn and grow from the group experience. This method is slow compared to the actual return to the physical world. That is why many choose to return, to speed up their development and hasten their approach to the prime source, the great creator.

Life in the spirit realms is also a school, just as it is upon the earth plane. Do not think that when you come back here, that you will be sat on a cloud playing a harp all day – forever. Can you imagine how boring that would be? You can if you wish too! But for many, they choose – after a while. To help mankind and each other, to advance spiritually.

There are some for whom advancement is not an option – at this time. For some have been so bound up by their earthly beliefs, that they refuse to change and therefore remain as they were, when they passed back into the world of spirit. So you could for instance, happen upon someone wearing clothing and speaking as they did way back in earth history. Because

what they were taught whilst upon the earth plane was wrong, they have become trapped by their own thoughts, their mentality will not allow them to move forward and advance.

It is such a shame, but this is down to the various religious bodies of the day, they generally taught the masses what they – the church, wanted the masses to know and do. There we have the power struggle. They - the church, wanting control of what the people thought and did in their daily lives. To a certain extent, they buried the truth spoken by the Nazarene. They embroidered it. Made him larger than life and used him as a deity. One who could only be reached by conducting oneself in a certain manner – this manner being dished out by the churches? They invented “Hell” as a way of controlling the masses of people thronging to their churches. For the churches had power, lots and lots of power and they did not want to lose that power over the people. So what better way, than to promote “Hell”, as a bad place (here we are speaking of the Christian religion – others have a similar concept). Through “hell” they kept control and filled their coffers. Indeed many people were so fervent of “Hell” that they would do anything the church asked of them in order to prevent themselves falling into hell.

And so people were enslaved really. Their minds were controlled by the churches and for some that extended into their next life in the spiritual world, they became trapped from the beliefs they had been taught. Religion has much to answer for.

Religion does not matter in the least. It does not matter whether you are a Buddhist, Baptist, Jew, Christian or whatever, religion matters nought.

It is how you live your daily lives that is important. Live life according to the teachings that have been passed down to you and continue to be passed to you – as this is. Live by the teachings; love your fellow man, as you would have him love you. Give not a single word of deceit, but encourage those about you. Live life, Learn from life and you will go far. Remember the god spirit is all about you; it is an all encompassing energy, substance. You can feel that love that is about you. You have only to open your mind and your heart and you can feel that glorious love from the father, reaching down to all of his children.

Be as good children and love one another, no matter who, no matter when, no matter what the circumstances. Love is the word that will bring your world of matter closer and closer to the Great Spirit. One day indeed the kingdom of heaven will be upon you. You just need to live by that one word and the glory of the most high will be about you in your daily lives.

Remember to Live, Love and learn my children – Live, Love and Learn.

I thank you for hearing my words

As ever, I am Silver Birch – your friend

Thank you  
Amen

## Monday, 27<sup>th</sup> February 2006

My Dear Children/friends,

Welcome to another day, a day like no other. For it is what you put into each day that makes it unique. We are all individuals, we are all on our own paths, we have all different roads to tread.

We walk these paths with tenderness, for we know not of what it is we have to do, for such is our trust, that before we came back to the earth plane, we entrusted our friends/guides, to be with us always and for them to render help where ere possible. We were aware of the tests we would endure at times upon the earth plane and were prepared to meet them head on. For these tests would help us grow in stature, to move closer, ever so slowly towards that guiding light – the Prime Source.

Be it such a long, long journey, we are all prepared to make it, if our eyes be opened to that great spiritual light, that guides us all.

For be not afraid, the love of the father is ever around you and all of his children, his is an undying love for his children. His is the ultimate love, perfection in all its forms.

Would that we could all be as him, would that all could see through his eyes and witness the truth that he has in store for us all – that Love is all conquering, all powerful and will always be so.

Take this love from the father and share it among your breatherin, let them feel this love that comes about you, let them know of the father, the prime source. Give freely of that love as it was given to you. Be as brothers and sisters – love one another, with all of your hearts and for all of your days.

Take heart from those around you, who are of the light, take your strength from them, yoke, their strength, that it may help you on your own journey. For it is a journey, a journey like no other you will ever undertake. It is a journey into the self, the you, that will eventually be at the side of the great sprit.

Take heart from my words, my children. For we too have the same journey to perform, as it were. We too on this side of life, continue that very same journey, we strive and learn, that we may help others and ourselves, in the understanding of the way of love and service. For the two go hand in hand, service and love, love and service. Using these two words and their meanings we can conquer all adversities around us and grow from the experiences involved.

Learn to give service as well as love, service to your fellow man – your brothers and sisters. Even such a small thing as a smile, given when the time is right, can make the difference to someone you meet. Even as you pass down your street and you see a stranger, or someone with whom you have not seen eye to eye with in the past – give a smile, that they may see the light being sent from you to them. Let them feel the love that you have and hold for all men.

It is not to be kept for self. For that would be wrong and against the natural laws of the father. The love he freely gives to you his children, he expects you to freely give to other's, as he did to you.

Let it pass down the ladder, as it has done for countless numbers of your years, for that is how it may appear to you. Love from the prime source is passed down through all levels of the spirit realms and falls upon you, and you and you. It has come all the way from the father, so high, yet you can still feel its warmth and radiance.

How then do you think that love will feel as you move closer and closer to the father, The Prime Source? As you do move closer to him, that love becomes ever stronger and ever brighter and ever more powerful.

Is this not something to look forward to my children, to feel his love for you growing stronger, as you move spiritually closer towards him – we say him, but it is in reality a great force. A force so powerful that it is beyond description, yea even to us in the higher realms. That great immutable force of love that pervades the entire universe, it awaits all of us, someday, one day, hopefully we may all know of that love that tenderness, that love and compassion that is the prime source.

One day the son of man, will indeed inherit that kingdom. Be not afraid my children, walk the path of light and love. Learn your lessons and learn them well. For they will stand you in good stead in the future – if you learn them now. For if you fail and many fail, then you may have to go around again, as they say.

For you cannot move ahead until it is your time, until you are ready. These are the natural laws, the laws of the father.

Heed my words – not as a warning, but as a taster of things to come. For you are all gods in miniature, you have within you, each and everyone of you – a part of the god spirit – the father. As he is in everything, so you are apart of him.

Blessed are those of the light, for they are the children who will help the other children. The children who have not yet seen the glory of the father – but will one day, through your continued help, wisdom and support.

Farewell my children, remember to Live, Love and Learn. Remember these words, they were designed to help you in your daily lives.

Remember them

God bless you all

I am Silver Birch, your constant friend and companion

Amen

## Tuesday, 28<sup>th</sup> February 2006

My Dear Children/Friends,

Welcome once more to yet another day, another day on that long road, that you must all travel – as we here in the spirit realms must travel.

For it is a road fraught with unseen dangers, with obstacles to bar our way and untold hidden dangers.

This is the road of life, of learning. Without this road to walk upon, life would be meaningless, for without it you would stagnate, become boring, have no potential, no adventure – no spirit.

You and we must all travel this road, this path, encountering the obstacles upon it. For they are the lessons from which we learn and grow. As my brother Manyomin has said many times, “to grow is to unfold and to unfold, we must endure hardships, for it in these hardships that we learn our lessons. In these hardships the metal is forged ready for the fight”.

Such true words, were they not true, I would have not spoken them to you – but they ring true when ere you come through one of your crisis points. When you have overcome, you will be the stronger for it and a valuable lesson will have been learnt.

There are many such lessons – too many to count. For we are all on our separate roads to the great creator. There is but one true path, the path of love, love and service. Service to all who need it, love for all who need it and that is everyone. Everyone needs love, it is what binds us together, as children of the great creator. We are his children – all of us. We as his children should love one another, regardless of any national, social or religious matter. Colours of skins should matter nought, for we are all the



same within, we all have within us, that spark of light that comes from the great spirit – the prime source, if you will.

He/it has many names, but names matter not, for it is the intent that matters, always the intent. The prime source has only love for his children. Love and pride, that they should one day find themselves with him and accomplished that hardest of tasks – that of being perfect. For only the prime source is perfect. He alone created everything that you see about you. The sky, the stars, the seas with there multitudinous life forms – some of which may well be more spiritually advanced than mankind. The sun in the sky, the ground beneath your feet, which you walk upon daily, without giving a thought to it's creator. The heavens are full of wonders – all created by him, for you to enjoy and marvel. Marvel at the great perfection, with which everything works. How one thing interacts with another and so a chain is formed. Links that carry on through everything that there is or shall be.

His is the perfect law, the law of cause and affect. If you hurt someone, then you have created karma and that balance must be reset, or it will accumulate and somewhere in the future, it will come back upon you, but will have increased many-fold. For these karmic debts go out and they mingle with many other thoughts of a similar nature and they do come back – always, they cannot be withdrawn once you send them out.

But remember that in the same vain – as bad thoughts may go out from your selves and congregate. So can the good thought, the good deeds. These also congregate together and form a boundless power of love that we can work with for the good of all. The simplest of these is prayer. As long as a prayer is said for the good of someone and not for self. Then that energy is sent out to mingle with other similar energy and we can use it to influence events upon the earth plane and within the realms of spirit. Remember always to send out positive thought; these are the ones that are lacking at the moment. Though they are growing daily, fear not, they will continue to grow as the knowledge continues to grow. The love everywhere will come to pass and will indeed bring the kingdom of heaven upon the face of the earth. For wherever two or more may gather, then the word of spirit is about them. This is most true, for those about you in spirit will be there for you, to render service when ere they can. Therefore be a part of that energy and be positive, bring love to your fellow man.

As you have been taught recently, the words of Love have been summed up by three words – LIVE, LOVE and LEARN.

Live your lives to the full – Love your fellow man as yourself would wish to be treated and learn your lessons well, for they are needed in your future growth.

Learn these lessons and words well my children. For as everything that revolves around the prime source, they are simple. Simply understood by anyone who is of open mind and not closed to the entire glory of the most high, that is about them.

Always, all the days of your lives upon the earth plane, walk with your head held high, for there are the wonders of the great creator. Walk with your head down and you will miss so much that life can afford you.

Think on my brothers, think on my words and those of others who have spoken recently, this channel will remain open, so that more of our words can be made manifest upon your earth plane. We know of your internet and how it can be used to spread knowledge, as never before. But as in all things, there are two sides to the coin. What can be used for good, can also be used for that which you call evil. That has been discussed recently, so I will not dwell upon it. But keep an open mind, be positive, read the words, the lessons that we endeavour to bring to you through our many instruments. Be of the light, be of good cheer and be an administrator for good, shine your light, be our vanguard. You have the words to make a difference – use them when ere you can, give freely of these words as they were given freely to you. Do not force them upon anyone, when their time is right they will heed the words – timing is everything. For if the individual is not ready, then your words will fall upon stony ground and be wasted. Not in the true sense wasted, but temporarily held in a state of suspension – for their time to heal is not quite right. But one day, the words that you spoke in love, will come back to someone, somewhere and their eyes shall be opened to the words of love and personnel responsibility that come down from the prime source. Personnel responsibility is very important, you all have this and it must be used with caution. For you have the knowledge and that in itself is a great responsibility. For you know of the prime source and all that is good – so how would it be for you if you took another path, say perhaps to the dark side. You would know the consequences of your actions. You would know what the consequences would be upon your return to spirit, upon your transition. You would know what it is to be punished for your wrong doings. You would have no other to redress but yourself, for you have the knowledge.

Take heart that the punishment I mentioned is not as it seems. For you know how the law of the great creator, works. All things must be made equal. All balances must be redressed and made right. Your punishment would fit your crimes, as it were. You may end up in a dark sphere, where it is cold and not so lovely as the one you may have been in, if you had not left the road, the path of light. This is your own personnel hell.

Hell as foretold by your churches and various religions, does not exist. It is a fallacy created by the churches and other religions to control the

thinking of the masses. You create your own hell whilst you are living your lives upon the earth – if you are of the dark side. Those of the light create their own heaven, as it were.

These two are similar, but different. For how you live your lives upon the earth plane will dictate where you go to when you arrive in the spirit realms, upon your transition here.

There are many levels/spheres in the spirit realms, many indeed. But take heart – if you do indeed end up in one of the lower spheres, that is not your lot for all eternity. For all have the opportunity to grow. No matter what their deeds have been. ALL have an equal opportunity to learn and grow and serve as everyone else. No one is ever lost forever. It merely takes time for some individuals to learn and see the light, the way of love that is there for everyone, every person that ever lived upon your earth plane. No matter how lowly they were, will have an equal opportunity to grow towards the father and be at his side.

Be not afraid my brother, but go forth with a great light, let that light shine from you. That others may see the glory of God, the Great Spirit. Let them see his love made manifest, let them touch but some of the goodness that could be theirs, if they but opened their eyes.

I will leave you now I am Silver Birch – you friend

God Bless you all

## Wednesday, 1<sup>st</sup> March 2006

My dear Children,

Once more we are about our work, once more we are thrown into the breach, as it were. For today is another day – as there always will be. Another day in which we can make a difference.

We, as children of the light, have a great knowledge, a knowledge that can and will make a difference to mankind. If he is able to open his ears and eyes and thus be able to observe all that is about him. All that has been placed there by the prime source, for their benefit.

Mankind is on a journey, a journey like no other. For you have within you that immortal spark of godliness, that part of the prime source – your father in heaven.

With this small spark, you set forward on your journey, you are blinded by the cloak of forgetfulness and yet you set forth on your journey.

Whether you unfold or not is entirely up to you, the individual. Yours is your path alone and no one can tell you what to do upon your path. All of the decisions regarding your treading upon that path are yours and yours alone.

For there are about you, many distractions, distractions that could lead you astray – away from the light and the path that you intended to tread.

Before you came back to the world of the physical, you had certain ideas, things you wanted to learn or experience. These things were designed to help you grow spiritually. Therefore you set yourselves the tasks, lessons which you wanted to do/experience.

But as we have said, there are many distractions upon the earth plane. The job of trying to keep you to your guided path, falls to your spirit guide. That person who was chosen before you incarnated, who would remain with you throughout your time upon the earth plane. This “guide” would try and influence your very thoughts, giving where he was able, thoughts that would interject with your own and may help you come to the realisation that you should maybe turn this way, or that in your life’s decisions.

For your guide cannot interfere with your earthly life. It is strictly forbidden. You have to carve your own path, your own destiny, as it were.

It is forbidden to interfere, for very simple reasons – how would it be if you decided that you wanted to do something, but someone came and removed your idea and placed theirs there for you to act on? It would be immoral and not of your own choice. **YOUR OWN CHOICE** – that is what is important, for **YOU** have to learn the way forward, We cannot do it for you. You must make mistakes. For in making mistakes, you will learn your lessons well and better. Than had you been guided past any such pitfalls. You would not have had the experience of failing. For in failing, we learn. Sometimes we learn from bitter experience, but that is good. What better way to learn, than to see both sides of the coin as it were – the winning and the losing sides?

Thus you are thrown into the den of lions, you have to pit yourself against all of the other people who are vying for a position in life. Trying

to overcome and make a comfortable life for themselves upon the earth plane.

But this is where the difference ends. For you have within you, the words and knowledge of spirit. Therefore you cannot overly compete, for you know to well that moths do corrupt the things collected by mankind when he set himself treasures upon the earth – indeed moth and rust do corrupt the things of mankind. You are but guardians of your wealth, possessions upon the earth. Yes you may own a fine house, or have lots of money. But what good will they do you when you are no longer in this world of matter? Nought, absolutely nought. For they will have passed from your possession and there is nothing you can do about it. Yes your treasures may pass down to your immediate family and be of some use. But to you, they provided nothing of a lasting nature in your life.

For remember that life is immortal and you will live forever. So what would you lay aside now if you had the choice again? Would you lay aside a huge estate upon the earth plane, when a smaller one would have sufficed and still be comfortable? Or would you lay aside treasure of the spirit for yourself – treasure that would be there waiting for you upon your return to this side of life? These treasures, will be with you always – forever. The question is posed and only you can have the answer my friend – only you.

For you are an individual, you make your own decisions, your own path. Be a light worker, help and serve your fellow man, give out love to all who fall within your orbit. Give of yourself when ere you can, this is service and by this way you will indeed lay your treasures up in heaven my son.

The treasure we speak of is the soul, that part of you that realises good against what you call evil.

That part of you who is forever seeking perfection, that part of you who will be near the prime source – one day. If you keep striving, keep giving; keep being of service to your fellow man. That also means of those in the spirit world too. For your work will not end when you make your transition. Upon your arrival here you will be given tasks – should you wish to take them, to help you to help others. Be it in the spirit world as upon the physical plane. You will be given the opportunity to render service. The choice is and will be yours alone. Do you render service and advance towards perfection – the prime source or do you stay as you are and become, boring. For even as you may enjoy yourselves in the world of spirit, doing anything your heart desires – within limits. Eventually even these fun activates will become boring and you will ask “is there nothing more”? That is when you can be made aware again of “service”. So it would be far better for your development if you set your feet upon that path at an early opportunity and be allowed to grow towards the prime

source earlier, than later. For you will have more opportunity to learn and serve.

My brothers, my time grows short now, but I would leave you with these few short words – LIVE LOVE and LEARN. They have been given you many times now and I/we would hope that they are taking root in your daily lives. So please try to heed them my friends.

Remember – LIVE, LOVE and LEARN, for all of your days upon this earth plane.

Be of service to your fellow man and lay your treasures up in the kingdom of heaven, as you call the spirit world.

Be of good cheer my friends, remember that we love you all

As children of the father – as our we, we love our brothers and sisters.

Thank you for your time, I am Manyomin, your friend

God Bless you all

Amen

## Thursday, 2<sup>nd</sup> March 2006

My Dear Children, my friends,

Welcome to that which we send daily to you, the words of the most high, the one true god spirit.

Today we would speak of something that perplexes us somewhat, that of the continuance of the human soul.

Many wonder how this is possible, indeed many wonder how it is at all that life can continue indefinitely – forever as it where?

These questions are very difficult to answer, but we will try to shed some light upon them for you.

In the beginning, there was indeed the heaven and the earth and the earth was without form and void, or so your bible says. But they were not always so. For they were created by the most high, the prime source, as a playground and school for mankind to develop. He (mankind) was a very primitive creature and as many have speculated, did indeed rise from the lower primates. His natural evolution, was slow and deliberate. During all of this time he was watched over by those in the higher realms, watching and waiting for the first sparks of divinity to be awakened.

In due course this did happen and from that point – when man became self aware, he started down that long road/path towards perfection and the meeting face to face with the prime source.

From time to time man would need guidance sent to him and this was sent in the form of great teachers, some of which you are aware of, the Nazarene, Buddha, Gandhi, to name but some.

These teachers would be sent with the intention of giving the words of love from the father to his children. They the teachers were sent into many parts of your world and into the various religions that were about at those times and still exist today.

They, the teachers gave of what they knew; giving selfishly of nothing, all was given in love.

The masses took these teachers in some cases and raised them up into deity's, giving them more status than any normal man was due. Thereby placing them upon pedestals, for all men to see and prey to.

But this was wrong, they were but as normal men, they simply had the gift of vision, of prophecy – mediumship if you will.

The gift of prophecy was never their true intent, it was merely used sometimes as a tool, to try and show mankind what could possible happen if certain events were followed through. But the people always wanted these gifted people to be raised up and made perfect. To which of course none of them were, for they were all human – but men after all. How could they be anything else?

Mankind has always needed something to look up to, in his relentless search for knowledge; mankind has always struggled to comprehend anything greater than himself. Therefore mankind gave a form to God, the great creator. As mankind could not envisage anything greater than himself, mankind gave their own form to the great creator. Mankind himself gave the form to god and not the other way around, as been said by your various religious text, including the bible and kouran. These books, although trying to give reasons for being, were somewhat detailed in the story's, stories that were in time changed, for as all things told by the tongue are changed. Then so were there stories contained within the various religious texts. This been done for the glorification of the people concerned within that books of texts. The prime example here is of the Nazarene. He was but a simple man, but a man never the less. He was not perfect, he married, but had no children.

He was not always good as a child and was indeed much like any other for his age. There were times when he was indeed chastised for being in the wrong and many times he was punished for his wrong doings – just as any normal child of that time would have been.

But when the time came for him to be brought back into the world of spirit, upon the accomplishment of his mission upon the earth plane.

Mankind took his form and raised him up into that deity and made him something he was not. He was not perfect.

Such is the will of mankind in needing something more than they see before them. They (mankind) will always have such weaknesses, until such a time as mankind can stand upon his own two feet and say with certainty, that there is but one true god, the father of all religions. The one to which all should be preying and not be divided by simple petty miss truths.

For the father sends his love to all of his children, no matter who they worship. As long as they the children prey with good intent and with love in their hearts. Then to whom they prey does not matter, Only the intent matters.

Give freely of the love from the father, that the love may endure and be made manifest upon mankind.

That love will endure, longer than anything mankind can make or produce. For love is eternal, as mankind is eternal. His spirit and soul will go on and on forever. Forever learning of the love of the father for his children, forever growing in nature.

For mankind has a lot to learn and that seed of love is growing, you carry it with you, throughout your incarnations upon the earth plane. You carry with you a part of the god spirit. And as you do, you will remember that as god is forever and in everything. Then you to are a part of the god spirit and you too will go on forever, you to are eternal.

As you were before you came back to the earth plane, you will be again when you leave it – you will be alive, very much alive.

Does this not fill you through with love for the father that he gave of himself, that you may learn and grow, eventually to be with him in that most high of places. The opportunity and possibility of being perfect, as he is. The opportunity to grow in learning and in stature, to be as one with all mankind and the spirit realms. To share that love that comes down from the most high– the god spirit, the prime source. Buddha and such, are but names of men raised up, deities and have there place within your records, just remember that they as all men were but men, treat them as such. Yes they were great, but great as in being messengers and that is all. Mankind creates deities for his own benefits, such as the churches. But that is another story, one you have heard many times and I will not repeat them today.

But for now I will leave you with the few words we in the spirit realms have been sending fore some time now. Yes these words have been spread out among your fellow man and hopefully will take seed and grow. They are the simple words of LIVE, LOVE and LEARN.



Heed them my brothers, for they will guide you in your daily lives, heed these words and be like the most high in loving mankind – your breatherin.

I am Silver Birch and thank you once again for allowing me a few minutes of your precious time upon the earth plane.

I thank you all

Amen

## Friday, 3<sup>th</sup> March 2006

My Dear Children,

Once more we find ourselves upon the road of life's learning's, Once more we are thrust into situations that will aid us in our development of spiritual growth.

There are many roads to the Great Spirit, but the surest is that of service. Service to all about you and beyond.

Beyond you may say, what does that mean? Well consider your daily lessons and the way you accomplish them. In accomplishing your lessons and going about your daily business, you interact with many people on many levels of consciousness. It is during these interactions that you – unknowingly help others, without actually knowing it.

By your actions words and deeds, in your daily life, you are a shining example of what can be achieved, if only one could put their mind to it.

You have within you and without, the knowledge of spirit. You should give freely of that knowledge. By your actions you are giving out the deeds of spiritual development.

These gifts are there for all; they need but open their eyes to behold them. That is part of your task upon the earth plane, to bring forth that light. That as many as possible can be made aware of it's existence and the love it can bring to peoples lives. Indeed it can and should be a thought provoking change that occurs when someone realises that there is indeed more to life than heaven and earth. There is the beyond – beyond that

which is physical, to that which is of the spirit. For your future lies, with the spiritual development.

You are all eternal beings, you were alive before you came here and you will be alive when you leave here too.

So be not afraid of the end of earthly life, it is but a transition from one state of being to another – your true self will once again be born into spirit. Your time upon the earth plane is but a short span of time, as it were. When taken in context with your overall existence, which will span eons of human time.

For there is no time in spirit, how can you measure, time when you are immortal, omnipotent as it were, you can be everywhere and at any time. You can do anything your heart desires. You need only have the will to accomplish your goal.

This upon your return to spirit, will be your choice – do I sit around and enjoy the many and varied pleasures of spirit, for there are many my children. Or do I continue with my development and hope to one day to be besides the prime source, the great creator. It is only by your spiritual growth that this can be attained.

To strive for something is good, to have purpose is good, to help others is good. To sit around all day doing nothing, will not aid the mind to grow, will not let you become closer to the prime source. But the choice is yours. Freewill is paramount and no-one will interfere with your choices, they are yours and yours alone. As they are upon the earth plane.

We in spirit can only guide, suggest to you by thought. Courses of action that might benefit you in your daily lives and your spiritual growth.

Your guides can impress thought into your minds, as can many of the higher beings. But the final choice is up to you, should I do this or that, hmm what shall I do?

So you see, we try to guide as best we can, but to guide is all we can do. Yours is your future and no-one else's. So you do with it, what you yourself think best.

But remember the words given recently. That moth and rust do corrupt the things laid aside on this side of life and that nothing will corrupt what you lay aside for your life when you return to the world of spirit.

That is where your real future lies. That is were – if you think about it, you should be accumulating your real treasure. That is where your real reward will come.

Upon your return to the realms of spirit, after your transition, you will be greeted by your families, friends and guides. They will be there to greet you, before you are taken to the place you have earned by your endeavours upon the earth plane. Hopefully all of you reading my words will be going to very bright places – hopefully.

For remember you have the knowledge, therefore you have a great responsibility to your self as well as others.

To others your responsibility is to deliver the words that you know to be true, as and when the opportunity arrives upon your doorstep, for many will be brought into your orbit. Many will be the visitors to your personnel sphere of influence. We in spirit will make sure that you are kept busy, when ere we can.

Your responsibility to your self goes somewhat deeper, for you have the knowledge and that is a fine thing. But you cannot let anything distract you from that path. For knowing that knowledge, is a great thing. But in knowing that knowledge, you also know what the consequences will be should you fall from that path of the light. You will fall from grace as it were. You may well end up in a dark place, sphere if you will. Because you had the knowledge and did not heed it. For yours would have been the greater sin against yourself and the father.

For in knowing, should you not be prepared for that which comes upon you – the tests? These are they that will distract you and lead you astray. People are mostly to blame for their own actions, be they slow or weak in mind. They can be influence by others and circumstances around and about them, during the course of their daily lives.

But you have within you the knowledge of the great creator, the prime source. Be forever aware of it and the light that it brings and carries with it.

Carry that power, that love with you throughout the days of your life. For in carrying the light and love, you are a great ambassador for the spirit realms and the prime source, the great creator.

Be forever loving of those around you, no matter what race, creed or religion. The colour of there skins is of no consequence, as you were probably of that colour at some point in your past - your development.

You are all the same inside, you are all a part of the god spirit, you are all a part of the creator, the god spirit. He is a part of you. Everyone is connected to everyone else. We are all brothers under the watchful eye of the great father of us all.

The prime source serves us all by sending down his love and knowledge, that we may one day stand by his side in perfection.

For he is the only perfect being that we know of. His is the love and guidance that we follow. His are the laws – the perfect laws that govern our lives. His are the perfect laws that govern how the universe works. It's clockwork perfection being meated out in all directions and upon all things, both of matter and of spirit.

Follow the words of the prime source and love one another, live forever in service. That you may forever help each other, as children should help each other grow. That they may too be like their father - the most high.

I thank you once again for hearing my words, which are now becoming clearer as the channel becomes accustomed to my thoughts.

I look forward to many such lessons in the future.

God Bless you my children,

LIVE, LOVE and LIGHT to you all

Amen

Yes – I am Silver Birch

## Saturday, 4<sup>th</sup> March 2006

My Dear children,  
Friends and family,

Welcome to my humble words, I say humble because that is in essence what we all are – humbled before the majesty and love of the prime source, that great being that spawned us all. Giving each and everyone of us the chance to step out on to that great road of learning and to take the tests that happen upon our path. That we to might someday, make it back to our creator and bid him welcome to my life. Welcome father for letting me experience all that is and being able to show and express the love that you have shared with me and my fellow beings.

These words may sound a little strange at first, but you have to look at the larger picture. There are many in the spirit world who are growing. Growing in stature, in knowledge. These beings, try as they may cannot speed up their development and approach the prime source any faster than it is allowed. All things happen for a reason and at their own pace. The laws of the prime source are perfect and can never be altered.

They are made thus to enhance our lives. For they – the laws of the prime source, enable all things to happen.

Events throughout the known universe are controlled by these immutable laws. Everything that happens, happens because of these prime laws.

The cause and effect law is known by all and is probably the most well known. For it is indeed true. For what you sow, you will reap. These things have a way of happening; they redress the balance of Karma – which is a law unto itself.

It is set there to help people realize that they cannot be selfish, greedy or commit sins against another, without there being some recourse.

All things have to remain equal, all things, all spirit are subject to these laws.

For without them the universe and everything in it would cease to operate and nothing would remain, except chaos.

Think on for a moment about your life, my children. On what course are you set? Are you set upon a course of creating mammon or a course of creating a store for yourself in the next world, the spirit world? Where nether moth or rust do corrupt, as was mentioned very recently by Silver Birch and others. Think on these words my children.

For we have your long-term future at heart.

The kingdom of heaven as you call it, is all about you. You need only open your eyes. Open your eyes and your heart, give freely of the love from the prime source. Lend a hand where you can. Show by your actions that love is easily given and freely so.

Learn your daily lessons, though some may be hard, they are hard for a reason. From these reasons come your strengths. From your strengths, you yourself will grow and become a rod, a staff of support for those around you, who are of lesser faith or knowledge.

It is your lot, because of your knowledge, to give out of this knowledge where ere you can. For there is a great lacking of spiritual knowledge upon your earth at the moment.

There are your religions, yes and many and varied are they. But they in themselves do divide people up into sects and groups. Who sometimes wage war upon each other, or at best harbour some small grudge against the other religions for not being as they see it - there own faith being the one true way.

None is correct; none has the right to say, "I know best", for they are all children of the great creator – the prime source. He is the father of you all. There is only one god, one being to which you should all direct your prayers and words. Only one prime source, the source of all that is good and light within the world and worlds beyond yours.

His love is ever lasting, ever growing. His love for his children – we are his children – will continue to grow through out what you call time. His love is boundless and eternal His love is for all.

When I say that his love is boundless, that is exactly what I mean. He cares not for the colour of your skin, where you live, in what manner you hold yourself among your fellow beings. He cares not whether you do bad deeds or good. He sends his undying love to you all.

Hoping that indeed this love will be felt by those amongst you who can and are able to feel it and that you in turn pass it on – or that knowledge of it. To those who are surrounded by the dark side to some degree.

For even as the father loves us all, he also loves those who have fallen, yes the fallen. For they too are of the father. Only they have slipped a little way from their path and need to have that light shone upon them, that they may indeed find their way back into the fold, as it were.

For as sheep we are sometimes. We wander off and need to be tended, to be brought back to the flock and the safety of his love, him being the Shepherd – the father, the god spirit that lies within us all.

We all contain a spark of divinity, we all contain a small portion of the Great Spirit, we are all god in miniature, we are all connected. It is not blasphemy to say that “I am part of god”, it is an immutable fact, so why hide it. For after all, truth is what it is all about. The truth of the light, the truth of the love from the father to his children, the truth that brother should not be set against brother, that brother should love brother, as the father of us all loves all of his children, we are all one family, we are all on a journey, we are all in the same boat, as it were.

So try not to rock that boat, live your life calmly, Give love and service when ere you can, be of the light, be of the father, be his representative upon the earth plane.

You are our ambassador, be the shining example before all men, shine your light and give your love for your fellow man – that is all we ask. The father of us all, would have us all be proud of what we have achieved in our lives, because this helps us grow towards him. Though to reach him may take an immeasurable amount of time, it is a journey worth the taking. A journey like no other. A journey in which you will see many wondrous things and have great knowledge – it is a journey he would have you all take – you have but to ask and you can be directed to that path of light my brothers – you have to only ask and the way will be shown.

For we cannot force you into or onto this path, it is your decision; it is your free will that must prevail. Yours is the journey and yours is the choice.

I will leave you now with the words of my fellows, which have been given of late.

LIVE, LOVE and LEARN, these are good words, heed them my children, for they will guide you upon your own personal journeys.

I will leave you now,

I am Silver Birch your friend and mentor

God Bless you all

Amen

## Sunday, 5<sup>th</sup> March 2006

My dear Children,

Once again we find that we are moving about on the earth plane with some direction, we as spiritualists should know what that direction should be, to spread the word of the god, the father of us all. To bring peace and the light to wherever we can. To bring that force of everlasting love with us where ere we go. To be an example of the love that shines from the father to his children.

Would that all peoples could be as embracing of this light and love. Would that all people could feel the embodiment of that love and light that comes from the father. Would that many more could open their eyes and see with the eyes of spirit, the love that surrounds them from the prime source.

Today, is yet another day in your lives upon the earth plane, wouldn't it be wonderful, if you could bring just one person into the light, to give them knowledge of spirit, to set them upon their own journey – path if you will. To set them free of the earthly bondage of thought, entrapment. To hear the words brought to them by this channel and the many others who work diligently in the background.

Their work will not go unrewarded, for they who seek no fame or fortune will indeed see the kingdom of heaven about them in their daily lives. They who toil day after day in an effort to bring the light into the world are the real hero's.

They know that the purpose for which they work is a good one. A true course, for which all mankind will see the benefits – eventually.

For to open the eyes of another is a marvellous gift, to both them and yourself. You may feel contented that you have set another individual upon the one true path, towards the light and the great creator. Whilst you yourself may feel that there is still more to be done, do not worry upon this; you are doing a marvellous job, so to speak. You are making a difference..

The people that you help, will be grateful for the love and light that you have shown them and in time they themselves will be able to help someone else and so it goes on, like the ripples on a pond – they spread out when ere they can. For none can stop this immutable force of love. It transcends everything. It is there like a huge presence, forever about you and all things.

We on this side of life, can only stand back and watch as you go about your daily lives, yes we can guide you to a certain extent, but that is all. For it is up to you as to whether you take up the challenges that are laid before you. Only you can make the choices that will decide your future. Only you, you are the one who choose your future path – not us.

Therefore try to be of sound mind, when you are making decisions, try to step back into the quiet and take into account all that is about you, the circumstances, the people, events. Take the time to reflect upon these things and hopefully you will come to a balanced decision. Which hopefully will be the right one. For here we are speaking of your path to the light. As you know your spirit friends and helpers are always working in the background, preparing situations for you, to help you advance and to help other people along the way. But sometimes these situations are not always clear; indeed they can be shrouded in mist. That is why it is sometimes best to step back and go into the quiet and look for guidance. It is not always there, for sometimes you are going through a test and at these times we cannot interfere at all, not even with advice – you must make your own way through these experiences. They are there for your own personnel growth.

These tests are designed to help you grow and give you strength of character, both within and without.

For you must appear to be confident in what you are doing visually as well, this helps settle many minds, if they see someone who is visibly confident in what they are doing. You may not have been aware of this, but it is true. There are many upon your earth plane who use this outward method of confidence to their own advantage. Not always for the good of mankind, but for self. But they will have their own tests as well. Although some may not be aware of spirit, they also have their tests, as you who are aware do.

Be not afraid of going out and spreading the light and the love of the great creator, when ere you can, for we bring into your orbit people who can be helped and thus the situation for you of giving, is made easier. Sometimes your words or actions may not appear to have made an impression upon the people you meet and share your knowledge with. But be not concerned, for you have indeed sown the seed and maybe one day it will bloom into a lovely flower, for some flowers take time to set their roots into good firm soil – do they not? Before you see the wonderful beauty that is the reward for your hard work. As in your gardening, you must put in plenty of hard work before you can see the fruits of your labours. Sometimes you sow seeds and nothing will grow and at other times, you will see a great sea of colour where you once had nothing – such is the rewards of spirit.



You sow your seed and wait to see what if anything will come from your efforts. But fear not if nothing doth grow, for one day your words will be rekindled. If not by you, then by another and once again that potential flower will have another opportunity to bloom into the wondrous blossom that it holds deep within itself.

My time grows short now, so I will finish with the few short words that have been handed to you recently – LIVE, LOVE and LEARN

Heed these words my children, live them in your daily lives and give them where ere you can.

I leave you now,

I am Silver Birch your friend and mentor

God bless you all, for you are ALL gods children

Amen.

## Monday, 6th March 2006

My dear Children,

Once again I bid you, “welcome to a new day”. That may sound strange to some of you who may not be accustomed to someone saying the words as such. But they are they for a reason.

The way we speak says a great deal about us, does it not.

Were we to speak as you do, using your everyday words and phrases, than there would be those amongst you who would be of a doubting mind? Saying that the communications received were merely from the mind of the medium, channel if you will.

But do not be concerned with the messenger; it is the message that is important. As long as the message is one of love than please take it, the words that is. Take them and heed them. But if they offend you in any way or go against that which we teach – then discard them completely.

For we come in peace, to teach you peace, love and understanding. Tolerance for your fellow man and that freewill is very, very important.

For your freewill is paramount, we cannot stress this enough. Freewill is your personnel gift and you alone decide your own personnel future. Yours is the decision that determines how your future will unfold.

Therefore if you hear something from “spirit” that does indeed offend you, then do as we say, or suggest – discard it. For we do not want to tell

you what to do, or how to live your lives upon the earth plane or anywhere else for that matter.

If these thoughts and words are against that which you know in your heart is of the father, then dismiss them totally.

I cannot stress that enough. Discernment is everything. You must discern what is right and what is wrong. This not only goes for the words of spirit that are brought within your orbit, but for everything else that lands within your aura, during your life upon this earth plane.

There will be many who are pretenders; many are they who prey upon the backs of the weak. There are many such peoples upon your planet. But they cannot hope to be true to their words, the words of the father.

Sin is a great sadness and to use the words of the father as a means to an end is indeed a great sin. For these words were given freely, that mankind could learn from them and improve his lot, as it were.

These words were not given so that unscrupulous people could manipulate them as a means of extorting monies from the ordinary common man.

Therefore be aware my children, be forever watchful of charlatans, wolves in sheep's clothing, they are everywhere and could be anything. Have your eyes open at all times my children, please be careful.

You may think that this morning's lesson is a bit sour, but it is for a reason my children, we want to be totally aware of the world around you and beyond.

For even in the spirit realms, upon the lower realms at least, there are those who remain close to the earth sphere and amongst them are certain individuals who are great pretenders. They masquerade as other people in spirit to try and get people upon the earth plane to give them attention. Indeed some may say that they are Silver Birch even and try to impress upon individuals in the earth plane – their ideas and meanings of life. Sometimes, this is done for the spirit concerned is well meaning and merely tries to use the name of a well know personality to get people to listen to there words.

But at other times (and these are what we warn against), there are darker entities at work. These entities try to influence people's lives in a negative way. They will try and control people upon your earth plane, firstly by gaining trust and then by slowly feeding false information, so that the person or persons concerned for receiving that information will take up the cause of the dark entity concerned.

This is a grave situation and one we would have you be on your guard against ALWAYS.

Always be on your guard when working with spirit, for there are those who are not who they claim to be.

Sometimes a guide will come through and speak to you and say that, such and such wishes to speak with you or as in the case of this channel, he was given a message by someone he trusts, that we wanted him to take up some spirit writing. He may well have refused to take up that challenge, but he did not and was rewarded by the many communications that you are now receiving. But his initial communication was from someone he could trust and was very comfortable with. Therefore he undertook that which was asked of him.

Had he been told by someone that he did not know that the spirit WANTED HIM TO START WRITING, then he would have stopped and thought to himself, that this did not sound or feel right.

Such is the way your mind should work. Always question everything, be open in your thoughts, let your inner self, your higher self be your guide. If it feels wrong, if your gut instinct says, "this doesn't feel right! Then dispel those thoughts and ideas from your mind. For they are not of spirit, the spirit of the light and love and of the father.

Yes today is full of warnings my children, but for warned is fore armed as they say. We want you to work with spirit and be our eyes and ears upon the earth plane. We need you as ambassadors for the light, the words of god the father.

We need people who are pure in heart and mind and people who cannot be shaken from the truth.

The truth that the father loves us all. Each and every one of us, is loved by the father.

Each and every one of us has a part to play in the unfoldment of the fathers plan for the development of this earthly plane.

For it is his plan, that all should draw close to him one day.

These days are but a few upon your path to the father my children, Use them well, learn from them and be of the father in your words and deeds.

For all the days of your lives upon the earth plane, be of good cheer, of good heart and mind and the father will be with you always.

I will close now, thank you once again for hearing my words and the words of my medium, who is giving freely of his time – that you may indeed hear that which comes from spirit, that which comes to uplift you and help you throughout all the days of your lives.

I thank you all for your time in this very important matter.

God Bless you all

LIVE, LOVE AND LEARN my children,

Live, Love and Learn

Amen

## Tuesday, 7<sup>th</sup> March 2006

My Dear Children, welcome to a new day,

Yes most days start like that don't they?

"A new day" – what will it bring into our orbit, what pleasures and pains will we have to solve today? What problems will be brought unto us, that we may once again be challenged?

For life is a constant challenge is it not? There are always obstacles to be over come. People to help and nurture and unknowns, which creep up upon us when we are not prepared for them.

Such is life, problem after problem. Or to be more positive – test after test. For it is never ending.

We speak of course of our unfoldment, the spiritual development for which all who are of the Great Spirit do strive.

To take steps towards him and hopefully one day to be with him. But there are many roads leading to the prime source – your god, your father. Service being the main one, the main route. For in service you will find that all is brought to you. All being the people who you meet and the life encounters they are enduring, not to mention your own life encounters. You will endure all these things to be at one with the prime source.

You will learn of suffering, not only in the physical sense, but also in the spiritual sense, where you are tried and tested in your beliefs. For you must be strong, only the strongest may continue their journey towards the prime source. For the weak of mind can easily be distracted, easily be upset and their course of life changed. So you must be strong in mind and body.

To endure is to learn, to learn is to grow closer to the divine power that emanates from the most high being, the one true god, the prime source. He has many such names, but they matter nought, for it is the intent of every individual who strives to serve, that they will one day be at the side of the most high. Be they Baptist, Jew, Mohammadon or what ever. There are so many religions upon the face of your earth, when there should be only one, to the one true god. Even then, it is not right to call service to the prime source, a religion. It is not and never has or will be.

It is a way of life, a way of showing love and compassion to those about you in your daily lives. To show that indeed, the kingdom of heaven is

within the reach of all men, they only have to open their hearts and minds to find it. They need only treat their fellow man as they themselves would wish to be treated and they will indeed find the kingdom of heaven.

Mankind has for to long awaited the second coming of the messiah, the Christ, the Buddha or whatever. They will not be returning anytime soon. But what is returning is the second coming of the one you called the Christ.

By that “second coming”, we do not mean that he – The Nazarene- will be returning to tend his flock, no we mean that the WORDS of love that were given by the Nazarene and others will once more be prevalent upon the face of the earth.

The words spoken by these great teachers will once again reverberate around your planet. The word of love will be around and about you, as it was then, so shall it be now. The words will not change – only the messengers.

To many people put emphasis upon the words brought by the messengers, this is not right, is not the way it was meant to be. They were not supposed to be raised up and made into deities. They were but men, mediums and seers who came to deliver to mankind the words of love that were brought down from the father.

These men came to deliver gods holy words – love they neighbour, as you would have him love you and many more.

It is through these words that the kingdom of heaven will indeed be made manifest upon the face of this planet called earth. It is through the endeavours of such people as those who came before you that the words will spread. It is through you and others like you, who are aware of the words of love from the father. That mankind will move slowly and inexorably forward towards that goal set for him so long ago by the prime source.

For Mankind is developing, is moving slowly forward. You cannot see it at the moment, but from our point of view we can see that man has indeed moved forward. Has indeed learnt some lessons on the road to spiritual enlightenment.

Is indeed moving towards the prime source – be it ever so slowly, he is moving forward.

I think that I had better stop there for now, for fear of repeating myself too much. I seek only to raise your awareness of the many problems that you face upon your road to the prime source and hope that by coming here and having my words written down for me, that you the reader will become more aware of what it is that is required of you and the struggle that mankind is currently engaged in.

I thank you one again for hearing my words and I will look forward to coming again and hopefully giving more words to help uplift your daily lives.

I thank you all

I am Silver Birch, your friend and mentor,

God Bless you all my children,

Remember to Live, Love and learn - Amen

## Wednesday, 8<sup>th</sup> March 2006

My dear Children,

Welcome to my words and welcome to your new day,

Today, we are going to be discussing something of a hard topic. We are going to be talking about spiritual growth and how it affects individuals upon their path to the great spirit.

Where shall we start on this momentous of subjects – lets start at the very beginning: How do you grow towards the prime source, how indeed? Well you have to be able to love your fellow man, to be able to give out the love that the prime source sends to you.

You have to be able to give the love to others, that you would expect them to give to you. In doing so you will help not only yourself grow, but also the people you are sending your love to.

For it is all a big, very big circle – you give of love to someone, they in turn will share that love with someone else and it goes on and on until eventually – hopefully, you can feel that initial love has grown and has been returned to you by someone, who you may have never met.

Do not try to comprehend the movement of the love from the prime source; it is sent down from him to everyone, below him, In the spirit realms and beyond. It is for all to share, so do not be amazed if someone who you not know, shows you love and compassion – for they too have been touched by the word and love of God almighty, the great creator, the prime source.

Yes we have heard these names very often and we use them to try and describe the Great Spirit (there another name) who dwells amongst and over us, forever sending his loving energy to us, his children. Forever caring that his children should progress, forever being as a father to us all. Yes, we like you upon the earth plane have many names for the most high (yet another). But is that not unlike your planet earth. For you too call the

Great Spirit by many names. The difference being that we in the spirit realms know that there is but one god, where as the children upon the earth plane do not.

You upon your earth plane are still arguing over who's god is best and who is the best and one true god. Who's god shows more compassion and love? Who's god can be more appreciative of those people who go out and kill for his sake and his meaning of life?

Oh you are so wrong in these thinkings. There is but one god and he has sent many messengers to you, in many guises, during your earth history.

Mankind has taken these messengers and raised them up, Buddha, Mohammad, chrisner, the Nazarene, are but some who came to bring you the words of the prime source.

They came with love in the hearts and minds, to try and teach mankind that the road to god is a simple road of love and compassion, for your fellow man and spirit when - you reside in the spirit realms.

But mankind took these teachers and raised them over other men, made deities of them. And because these messengers came to different areas of your world, their appearance was somewhat different, so that they would fit into the areas they were to minister in. But this also has been misinterpreted by mankind. Mankind took it upon himself to say that "our god is greater than your god" instead of realising that they were all of one god, as they should have done, had they heeded the words being spoken to them.

What a problem it created. Think on, what if we had sent only one messenger and that messenger had only ministered to one country, one area of your planet. Would that not have created jealousy and again you would have had wars, because, someone had a god who came down to them and bestowed his favour on that country, it is a very perplexing problem.

You give help and it is misinterpreted, do you give to one and not the other. Do you with hold the knowledge of the prime source altogether, because people cannot cope or comprehend the meaning of words spoken to them?

No we cannot with hold the knowledge of the prime source, that is paramount, his knowledge, his love must be made freely available to all.

Mankind must address his problems of racial and religious hatred for his fellow man.

Mankind must grow spiritually and advance as he should towards the prime source. You see we have a name again. We say prime source, because all love and energy comes from him or her, which we do not know. We know only that this divine force does exist and that it is benevolent towards all living things, all matter everything is loved. For everything is of the prime source, as you are of the prime source. You say

that god is in everything, yes true he is, but remember that if everything is a part of the great creator, then so are you.

You have within you, a piece of the god spirit; you too are god in miniature. So be responsible and try to live a little like the god force, try and show the love and compassion to your fellowman, as that great god force shows and shares with you.

Think on my children, for you are all the same within your shells of human existence. Within each of you is a god waiting to be born, to grow and be with the great creator.

Live, as you should, as directed by him, through his speakers, his vessels of communication. Live, Love and Learn. These words convey all that should be happening within your lives today and everyday.

Live your lives to the full my children. Love your fellow man, as you have him love you and Learn your lessons well, for they will stand you in good sted for your future within your world and ours.

I thank you now for hearing my humble words and trust that you will pass them on and heed them, much as my instrument does, he takes these words everyday and gives his time freely, because he knows that there is a common good in all men and they need but realize it. That is why he sits day after day and takes my words and puts them into writing, that you may read and share them amongst your fellow man. Be as he and share these words, share them when ere you can my children.

God Bless you all

I am Silver Birch, your constant friend, companion and mentor

God bless you all

Amen

## Thursday, 9<sup>th</sup> March 2006

My Dear Children/Friends,

Welcome once more to your daily lessons, as they are now being called by some people.

Yes that could be one description for them. We prefer to call them teachings, but as long as they are reaching the people they are intended to reach and that they are read with an open and clear mind, we do not mind what they are called – within reason (laughing).

Well we try to convey to you, using simple words. Exactly what it is that we are all about. We being the people in the spirit realms and you upon



the earth plane. For it seems to some, that the two are separate and different. This cannot be further from the truth.

All worlds, spheres of the spirit realms are connected by the energy that flows from the prime source and permeates through everything that is. This energy binds every and all minds together into one gigantic consciousness. So in effect, you are connected to everyone else.

The spheres are only separated by energy and vibrations. As you probably know from your school days, high energy will usually vibrate at a higher speed than lower energies. Thus the higher realms are of a more energetic nature. The lower realms, such as your earth plane, which are of a very low order of vibration, are of a lower order of energy.

But despite these differences of energy, they are still all linked together, in what you describe as a ladder. Indeed that which was described in your bible as Jacobs ladder, is a very real concept. For each rung of that ladder is connected to the next – be it higher or lower on the ladder, it is still connected to the rest of the ladder and as such all are one.

This may sound a little bit strange, but it is a concept used by us in the spirit realms for conveying information from one realm to the next and so forth.

If we wish to communicate with someone on a lower plane of existence (spirit realms) we cannot always do it directly and so we have to employ the services of a medium in another plane, who will in turn pass on our thoughts to the next person in the chain, until the target for the communications is reached.

These communications can be in the form of channelling or mediumship or even using what you term trance work. But they all perform the same function and to a great or lesser degree allow different levels of communication between the various levels of the spirit minds.

At the moment I am in a far off level and transmuting down my vibrations in order to communicate with my medium, who is on the earth plane typing these words out, as I speak. Sometimes this is not possible and I have to use another channel to reach him. But we always find a way. Is there a purpose behind our communication, yes there is.

It is to enlighten mankind as to the greater power that is beyond him and his world. To awaken mankind so that he is aware of the world of spirit.

To allow mankind to grow towards the prime source and that all should indeed one day be with that great loving power.

Mankind has to realise, that he is here for but a short time and during that time, he is in a playground, a school. Where he must, if he can? Learn of himself, the things that will help him grow in love and stature.

Mankind must learn to love one another, to have compassion for one another and all things. Not just another human being, but all things.

For all things that are alive contain some measure of spirit.

Spirit is life and life cannot exist without spirit.

For it is that spark of spirit that gives life. No spirit no life. The prime source is of the spirit, he sends down portions of himself, that these portions will learn and grow and one day make it back to him, having learned all that there is about life and it's many complexities. So consider this – that life is of the spirit, that all spirit is of the father, You are of the father, he is your father, as you are his son or daughter. You have within you a part of the god spirit. You are god in miniature. You are a god in parts. So why not trying acting like one. Not in trying to be all powerful or demeaning to those around you.

But in showing love and compassion to those people in your daily lives. The people you meet in the street or where ever.

Show love and understanding to everyone, no matter who or what they are. For you cannot judge someone in the street or anywhere else for that matter. You upon the earth plane are so influenced by what you see, when you meet or hear of someone. You instantly form opinions, which could be a million miles from the truth.

People cannot judge people; they must accept all that is about them. Everyone is an individual and must be treated as such, but with love and respect. For these individuals are also upon their own path of learning. No two people are alike; everyone has a different cross to bear so to speak. Judge not another unless you yourself be judged. You cannot judge another, because you do not know them. Only the person who is that person, can judge themselves. For they know, deep within them or at least their higher self knows, what sort of person he or she is or will be.

Come the day of your transition back to the spirit world, you will indeed be judged, not by god the father, or a guild of elders. You will be judged by yourself. You alone will hold the scales and decide what you did with your life – was it a good life, or did you squander it on things that were of no worth in your great life in the spirit realms. Did you help people when the opportunity arose? Where you a good person to know and did you send out the love of the father when ere you could?

So many questions and you will judge them yourself. You alone are responsible for your soul growth, do not squander your opportunities my children, we want you to grow and advance. We want you all to become closer to the father. We want you all to be as wise men, men of council, who can offer your advice and teachings to those lower on the ladder than yourselves.

Please give of the love of the father, to all within your orbit, please show compassion to all that is within your world and ours.

Please help one another, without looking at someone's skin colour or wondering what god they worship.

For there is only one god, one god spirit for all peoples of the earth. It had been a major misconception by mankind that there are many gods, but that was addressed in yesterdays lesson and I will not go into it again for fear of boring you with the details again. But I will return to that subject again in the future. For only in repeating things are they learned.

Such is the school of life. You come here to learn your lesson and hopefully progress, but if you fail your lessons, then they are repeated until you pass your exam, just as you would as you attend your many schools and academies.

So think on my children,

Be aware of each other and the needs of others, give love when ere you can. Ask not for any reward, give love and compassion for your fellow man. Not because you have to, but because you want to. In this way you will grow my children.

I must leave you now, as the energy is waning, but I will be back with more words and teachings for you in the future and from time to time, others will speak. For there are many in the spirit realms who wish to be known to you and give their words to mankind. To aid in your development – they, the spirit teachers do this out of love for mankind and all spirit. They give of their time freely, that they may indeed help others. Take heart that they do not always give their names when they communicate with you, via what ever means. For it is the message that is important and not the messenger. To many people are exalted for having a name that is known and this can distract from the message that they bring.

So be not concerned with the messenger – only the message that they bring and share with you all.

I will leave now, thank you once again for hearing my humble words, I trust they have not fallen upon deaf ears. God bless you my children,

I am Silver Birch, your constant friend and companion,

God bless you all

Amen

Friday, 10<sup>th</sup> March 2006

My Dear Children/friends,

Welcome to my words. Hopefully you will find them of interest and help in your daily lives.

Today we will be concerned with the well-being of the soul, that part of you that is immortal, the spirit within, as it were.

Where does it come from, indeed where did it all start? These are very difficult questions to answer on your present level of understanding, but we will try and make some small sense of it all for you. For we know that there are many upon your earth plane who do indeed wonder, “where did we come from and why are we here”?

To start with we need to go back in what you term time, way back. Back before even your most primitive life was formed upon the face of your planet, back even before that.

For there in the dark expanse of what you call space, there was a rock, a rock to be called earth. Upon this rock, the great creator wanted to make a school of learning, so that his children, who were spirit, could develop their individual personalities.

To that end he, the great creator, provided all that was going to be needed to give life upon that planet enough sustenance to enable it to grow and learn. All that would be needed for the future life upon that planet, was placed there by the Great Spirit, God almighty. For in doing this he was ensuring that life could take a hold upon that rock, soon to be called earth and he was also making sure that all was good and pure, as it was in the beginning.

Over millennia, life did evolve on that planet and life did grow into many and wondrous varieties. Some of which did take up life in the waters and some upon the land, there the primates evolved. Upon this building block of life, mankind is eventually be spawned. Very primitive at first, but he has within him the capability of growth, both on a mental and spiritual level, also physical.

Mankind started out on that ladder and slowly, oh so slowly evolved into what you are today.

Mankind is aware of so much now, he is aware of his place in the universe, such as so understands it and he is becoming more aware of his spiritual nature – his ties to that which you call God.

For this part of his growth has taken so long in coming, but mankind is now beginning to wake up to the fact that he is actually a spiritual being, that he (mankind) does indeed contain some small portion of the great spirit, that spirit which lives within us all.

Mankind is on the verge of a great discovery. We try to aid that discovery by sending down to you many teachers, People who can and are able to bring the words of the most high to you, that you may partake freely of the love the father has for you.

Please give this love when ere you can, it is for all to experience, for all to feel a part of that family of man.

Yes Family of man, that is more apt than you may think. Not you the spiritualists, but the many who have yet to learn of the fatherhood of spirit and the brotherhood of mankind.

For the God the father, the great creator, is but the one father to us all, he is the one and only father to all things. All things, all people, animals indeed all life is his children, his family.

If that is so - and it is, then you are all brothers and sisters.....yet you fight amongst yourselves. You squabble over silly things, you call each other names, think about these things, though the terms I use are simple, they do indeed relate to how mankind does indeed treat mankind in the wider world.

Could you not all be as family and look out for each other, could you not all look within each and everyone of you alive on the earth plane and but see that you all have within you, apart of the God spirit, you are all of his love and family. How it must pain him to see you fighting amongst yourselves, as small children do at times.

How it must pain him, the most high to see you struggle upon your path of learning and growth.

For as all parents of children must know and learn. Their children must go through pangs of pain and torment in order that they may prepare themselves for their future lives. The time when they become mature and take up their rightful place, be it here in the heavens or there upon your earth plane.

The father watches over each and everyone of us as we grow and learn, he feels for us when we fall and like any parent, he watches as we raise ourselves again, dust ourselves off and once again try to learn the lesson, which has just brought us down,

The road is long my children, very long. For there is much to learn in life. Life- ah yes life, such a big phrase “life”. But what does that mean, well life could be described as a conscious mind, a mind that takes account of all that is around and about it. A mind is conscious of the world around it. A life is one of service – service to others. For you have become aware of other people and others needs. Others ways and the inter -dependency upon each other. For no man is an island, all care and need for each other. Everyone needs someone in their lives, if only for companionship. But also to learn from.

For all are not the same, as you know, everyone is different. Each and everyone of you is an individual upon your own individual road or path if you prefer, to the prime source. Each of you is looking for a way back home to the father; to return from whenst you came, to your father.

But you cannot do that until you have earned your place with him.

For you must learn the lessons of life my children. You must learn of love and compassion for each and every other brother or sister that you have.

And that is not within your immediate family, but the family and brotherhood of man. From there you will make progress, towards your father. Try to understand the lessons that we bring to you in it's many forms. Try to learn from your everyday experiences. Try to learn that by loving and giving love freely, you are helping not only yourself, but those around you too.

For they will see that shining light that emanates from you and you will be as a lighthouse, shining forth into the darkness. Being a beacon for all to see and proclaim, he is of the father and gives his love as the father.

Be as the great creator, love your fellows, give hope when ere you can, give of love when ere you can. Give of yourself when ere you can.

You are all Gods children; make him, your father. Proud of you and show that you can learn and grow and be closer to him.

Be as good children and make your father proud of you.

I will rest there for now, for this is a great and vast subject and it must be taken very easily, but we will continue at some point in the future.

But for now please try and heed these few humble words. Words that were passed down with love to you. For all to share and ponder upon.

The father loves you all,

God bless you my children,

I will leave you now; I am indeed Silver birch – your friend

God bless you all Amen

Saturday, 11<sup>th</sup> March 2006

My Dear Children/friends,

Welcome once more, to more of my humble words,

Words that are designed to uplift and educate at the same time,

For we in the spirit world want all of mankind to become more spiritual in his attitude to one another, indeed when that day does come, mankind will be more of a brotherhood, more of a oneness will be about you all.

For much has to be done upon your earth plane in order to achieve this oneness. Mankind must learn to accept all that there is, as being of the god spirit. Mankind must learn to accept that all men are indeed equal in spirit. Mankind must learn to give love and compassion to their neighbours. Mankind must learn to live together in peace and harmony.

For it is only when Mankind can do these things, that he will indeed move closer to that which you call God.

God – what a concept that is. It conjures up all manor of images does it not. For the many people upon the earth plane, this image is different, but it should not be so. The many and various religions upon the face of your planet, all have their own face or image of their God. They all have within their own religion, gods way, gods ideas, gods will for his people. But none are 100% correct at all.

For there is but one true god, one Great Spirit, one unifying force that permeates the universe and beyond. Far beyond that which mankind can indeed comprehend the influence of the Great Spirit permeates all that there is.

He, this spirit, force is all knowing – omnipotent. He knows what there is and what there will be. His is the great divine plan and we are all a part of that plan.

For he, the father to us all, wants each and every one of us, to learn the ways of spirit, to learn the ways of love and compassion for all. To learn how to live our daily lives in service to one another, for service to others is a great way forward. For in doing service, you help yourself and other people advance.

Because whilst you are doing service, you are performing that which the father intended, giving love and compassion when ere you can.

Without service, the road to the great creator would be long, a long one indeed. But by doing service to your fellow man, you obtain the opportunities to grow and learn. Lessons, which you will need in your future life upon this earth plane and in the world of spirit, upon your return from your life in the physical body.

For your time in that physical body is but short, it is but a wink in the life of your spirit. For you life is eternal and you will live when you leave your physical body, as you lived before you took on the form of the body you now inhabit.

You – your spirit has been alive since time immemorial and will be forever and ever – until you eventually reach the stage of your development when you can stand side by side with the prime source and indeed say, father I have learned my lessons and have returned to you.

This is what we all strive for, to be once again with the father – the father of us all. For he, the father cares for his children as all fathers do; he sends you friends and family members from spirit to aid you in your daily lives. He sends you spirit guides to help steer you upon the path of live you chose before you incarnated back into the body of the physical. He sends many teachers down to you, to try and steer you back onto the right road and to give the words of the god spirit himself.

He sends many teachers in the form of mediums and psychics to try and bridge the link between the two worlds, that mankind can when he wants to – make contact with the spirit world and hopefully help you to open your eyes to all that is about you.

For when you do set upon your path of being reborn into the physical, you are given the cloak of forgetfulness, your memory of the spirit world and why you left it, is erased from your mind. This must be so, for you cannot carry memories of your objective or your previous incarnations with you into this physical life. There are many reasons why, but we cannot explain them today, for you will indeed understand when you return once again to the spirit world, upon your next transition back here, back to your true home.

For this is where you dwell, you are but in a school of learning whilst you are upon the earth plane, you came back to learn your lessons, or help people maybe, possibly to be a teacher.

There are many and varied reasons why you return and have done this many times in your past lives.

You return, so that you may grow. Upon your return to spirit, you will hopefully have endured much and learned much, for only in enduring can your mind expand to the many possibilities that abound in the universe. Only through actual experience can true understanding be brought about and that is why you are here in the world of the physical – to experience those multitudinous wonders that are here – to grow.

Be not afraid my children, for nothing in this physical world can harm you – your spirit. Your spirit is a thing, an essence and energy and as you know energy cannot be destroyed. Only the physical can be destroyed. So worry not that you may have an impediment or be taken suddenly back to the world of spirit, for you cannot die. You will always remain. Though the vessels of the physical you inhabit may fade and crumble to dust again. You yourself will continue, as you always have and always will.



When you come back to the world of the physical, you are but merely slipping on an overcoat in which to go to work in and when you have finished that work, you remove the overcoat and return home.

It is that simple, so simple yes it is, but so vast a subject to actually comprehend. For the mind of mankind needs to grow and be continually growing. For to comprehend such matters is of the utmost importance to mankind.

Be aware of the spiritual influence in your daily life – they are many. You need but open your eyes to behold them. They are not hidden from view, as some would have you believe. They are there; you need but open your minds ears and hearts to know of the great truth that is about you.

The truth that the great spirit loves you all and wants you to love and give compassion and service to each other, so that all may grow, all may learn. None is or should be denied these things, these things of the father. Therefore be as good children and live and love and learn together – as children of one father should.

Please take that concept with you my children, we are all of the one loving father – the prime source, be forever in his love and share his love with those who are about you and your father will indeed be proud of you.

I bless you all and will leave you now with these words, which hopefully you have come to live by now – LIVE, LOVE and LEARN.

God bless you my children, god bless each and every one of you, may your lives be full of love and beauty and the beautiful glory of the most high be about you all, in all of your days upon this earthly life, Live as he intended and be of good cheer when with others of any nature, colour or creed.

God bless you all

Amen – I am Silver Birch, your friend mentor and guardian throughout your days

Sunday, 12<sup>th</sup> March 2006

My Dear Children of the father,

Welcome once again to a new day and a new opportunity to grow towards the father.

For in each new day we are presented with new and renewed opportunities to learn our daily lessons and the lessons of life that will enable us to reach someday towards reaching the father of us all.

Today like any other day, you will be presented with situations, situations in which you can learn something, all be it mundane sometimes. But even in learning something which you would regard as mundane – you are learning something, are you not?

Learning takes many guises, learning is on many levels. Learning is the way forward in your lives, both on this side of life and on our side of life. For learning and growth are eternal, without them you would be bored and would stagnate. You would become as nothing, for you would not possess the knowledge, the knowledge that would need to help you draw nearer to the father, the great Spirit.. For if you do not continue to collect and gain knowledge, notice that the two words are different, you cannot progress towards the father.

Yes you may well be aware of the father, but without the continuance of your knowledge and thus growth, you cannot continue your journey, but remain roughly where you are now.

You must advance your awareness of the things that are around you and be aware of all that is of the great spirit, god if you like. Call him what you may, as you feel comfortable with. For the name is of no consequence, we merely use a name in order to direct someone's attention to someone or something that we are speaking about. The name matters nought, it is the power that is the intent and that power is love and compassion from the father to us all – his children.

Let us take for example a man who is alone in a desert, how does he grow within himself? He has no opportunity to learn from anyone, he cannot ask for help or guidance, as there is no one around to ask! There fore he is an island and alone, bereft of contact and knowledge – how does he grow?

He cannot, because he needs the people and the experiences that come with them, to help him understand all that there is to learn. For with contact with others you will learn a great many lessons, as I am sure you are aware now.

Lessons of life, lessons which will and do take many forms. Lessons which will take in every facet of human existence and emotion.

You will learn all of these things, not perhaps in one lifetime here upon the earth plane, but over the course of many such lifetimes.

For you have no time limit placed upon you. You are immortal and omnipotent; you can be anywhere you desire to learn your lessons. These are the choices that you make whilst you dwell in the spirit realms – your true home. You will think, "what lesson do I need to learn today"? And you will look for a situation upon the earth plane that will be conducive to

you learning that lesson. We will discuss it with you, before you set out on your journey and a guide will be appointed to help you upon your course. Then off you will go, to be born into the world of the physical once more and to once more to take up the challenge.

These are the ways of spirit; these are the ways in which we grow. Many and varied are the ways in which we can learn and grow.

So be not afraid to enter into a new situation, for in doing so, you will be learning something new and you will be advancing your knowledge. Not only of yourself, but of the reactions of people around you and also they, by interacting with you – it goes on and on.

We all learn from each other. As one learns a lesson, so he teaches others around him Other lessons. We all learn as we go, we all learn something different, for we are all individuals upon our own paths.

We are all different, we will all take many paths to the prime source, but we all have equal opportunities of growth and knowledge placed before us. It is up to us – the individual, as to whether we take up the opportunities afforded to us and use them to our benefit and advancement, in our whole cause, that of reaching for perfection, that of reaching –one day, our father in the most high of places. To one day be beside him and for him to be proud of his children for taking that long, long journey to reach him.

I will leave you now, with a few words that may help you through your day.

Father please protect these your children,

Give them hope and love in abundance,

Let them go forth and share your wondrous bounty amongst all mankind,

Let them raise up their heads in prayer, that they may see the light of your radiance,

Let them Bask in your glory,

For every soul must endure to reach your gracious light and every soul must give freely of that love to those about them,

Give them the strength to carry your torch and let it shine from afar,

Let the light and the love within their hearts be there for all to see,

Father we thank you this day, for the opportunities of communication and father we thank you for being our father, trusting in us your children,

We thank you for our every waking day and for the love that awaits us during these days of our lives, We thank you for the many beautiful things you have placed upon this earth, that we may see your glory and love displayed for us,

Father we thank thee

Amen

I am Silver Birch

God bless you all

## Monday 13<sup>th</sup> March 2006

My Dear Children and friends upon the earth plane,

Welcome once more to my humble words,

There are those amongst you now who are becoming familiar with my repose and this is good, it shows that you are learning – taking in my words.

This is exactly why we bring these words to you. That you may learn from them and bring influence to other people during your waking earthly lives.

The words we speak are simple, as is the message from the Great Spirit, love is all there is, love one another, give love to one another and all of your days will be filled with love.

The great father in the heavens looks down upon you all, as well as us here in the heavens and sends this love down, so that all may feel it. It is his bounty to us - To be able to feel his undying love – the love of a father to his children.

When next someone you know or do not know, as the case may be, is upon your doorstep and they try to exert pressure upon you, be not drawn into the argument, just sit back and give love. For that is the way it should be. The person exerting the pressure cannot hurt or harm you in any way.

Remember that you are of spirit within. That is the part of you that cannot be hurt. Yes people may say hurtful things at times and we understand this. But let not those hurtful words take lodgement, for then you are giving them power over you. It is a state of mind. If you do not acknowledge words spoken in anger or haste, then they cannot hurt you, cannot bring forth the anger that you have - by your love of the prime source – contained.

Be as he my children; yes turn the other cheek, as it is sometimes put in your world. But understand why you should do so.

For to fight violence with violence is of no use what so ever. It merely thickens the mists around your planet and makes our work of contact even the more harder.

When you reply to violence with violence, you are bringing forth the dark side, you are aiding in its advancement upon your planet.

Therefore reply to violence with love and kind words. That all may see that violence need not be, for all are meant to live in peace and harmony.

Be as the good Shepard and herd your flock, your family and friends and keep them safe from harm.

Give council when ere you can, spread the words of the most high and of all the teachers that have been sent down to you upon the earth plane. For there have been many teachers sent to you upon your planet and each one spoke the words of love and compassion that they were passing down from the father. Each one in turn taught that love and compassion for your fellow man was the way forward for mankind.

If mankind would but stop the hatred and the killing for a moment and concenter the implications that violence breeds violence – when does it end.

Do wars become a total of the winners being the ones who have killed the most people, sent them earlier than they should back into the spirit realms?

For my children this in itself brings about great sorrow. Not only upon your earth plane, where the families of those lost in the wars weep. But also here in spirit, because there are so many crossing over abruptly that they are in shock and in awe. To know that they have arrived somewhere they did not have knowledge of and are therefore unprepared for the shock of returning here so quickly.

For when you are brought over suddenly, you will retain your earthly knowledge for a while, you will not be able to bring to bare, your true memory of spirit, therefore if you have not being made aware of spirit, during your earthly existence – then to suddenly arrive here will be a great shock.

These people have to be helped here, helped to understand where it is they are and how they got here. This all takes work and effort.

Luckily there are many here who help in these matters. But they are far to common an event.

If mankind could but consider all these events before he pulled the trigger as it were – would that not help with your petty wars and killings? For if someone were of a deep religious conviction and did believe in god almighty, it does not matter which god to which we refer, for you upon

the earth plane have many, unfortunately. But by and by, if you were deeply religious and you were about to commit an act of untold hatred and were aware of the consequences as I have just explained, would you want one of your brothers to go through – to endure such agonies of the soul? Of course you would not.

People oft times consider these holy words, throughout your world. You have many who are holy – according to them that is. But in fact there are many who have become disillusioned with all that there is happening upon your planet and now seek to bring harm to others, by what ever means. We speak of the fundamental terrorists now – they take words of love, words that were meant to bring enlightenment to mankind. They take these words and twist them around so much that they misguide people into bringing about more killings, saying all the while, it is written that such and such should die.

Nothing could be further from the truth, for no god could ever condone violence in any shape or form. How could a god of love and compassion ever support such people?

These people are of the lowest order of spirit; they care not for mankind or any god. They usually raise someone up and follow them blindly into what ever avenue that person brings them.

No god of love will ever support these people, they operate outside the laws of the father, the laws of love and compassion. But fear not, for they will not go unpunished. There will be the day of reckoning, as there are for all. The scales of karmic debt must be balanced by all – there is no way out of it. For what you sow, so shall you reap? These people are creating their own hell as it were. They are creating the place in which they will dwell upon there return to spirit. They will probably inhabit the lowest darkest levels of the spirit realms, where it is not pleasant at all.

These people will wonder “what am I doing here, I fought and killed for my god, why am I here”. But there in their words, are the answers.

Fought and killed for my god – whose god told them to kill innocent people? – none did. It was their own weak mind, which allowed someone in the physical world to have control over them. The consequences of having a weak mind, one that is malleable and impressionably is now becoming clear to them, there wrong doings will now be replayed to them over and over. Their victims faces will be forever haunting them, for ever and ever as it were.

But for even these poor wretches, there is hope, for there are in the spirit realms, as you know already.

Many people, who out of love, will go down to these lower levels and try to rescue these poor people. Souls of the light will go down to those levels, time and time again, trying to make them aware, to open the eyes of those poor wretches. Helping them to see the error of their ways.

To help them see that they are not bound in that place for all eternity, but only for as long as it takes for them to realise that there is a better way to live one's life. That by giving love and compassion to all about you, you can advance yourself, you can slowly bring yourself into the light and once more bring yourself from that dark place into a more pleasant area, more like your earth conditions.

But this does take a long time and many, many visits by dedicated souls, to bring about the change in those poor wretches.

For they have to want to advance, have to want to be of service to others as well as to themselves.

Advancement is open to all souls, no matter who or what they have done or committed in their past, for we are all learning, learning of the love that comes from the father.

The father of us all. This subject has also been recently mentioned so I will not repeat it just yet, but in the future I will return to it. For repetition is a good way to learn such things.

I realise that this morning has been a bit down in terms of upliftment, but take these words and ponder them. Let them take lodgement within your minds, let the words of love already in your minds, wonder how such things can come about and let your minds send love and light to these people about your planet earth. For they are many, but the vast legions of lightworkers are making an impression and that light and love of the father is moving forward, forever forward, pushing the darkness slowly, slowly into little corners of your planet.

Slowly my children, things must move slowly, for too much upheaval at anyone time will only create chaos around you all. That is why you advance slowly in your work and knowledge of spirit, so that you may comprehend what it is we are teaching you – or trying to.

For it is very difficult when you do not have a body as such, to talk to someone and make your point of view heard.

But we work with our many instruments and try slowly to bring our messages of love to bare upon you all – no matter who or what you are. No matter what your colour or religion. Our messages of love and compassion are for all to receive.

For all mankind to sit and think that love and compassion are for all mankind and not just a chosen few. All mankind can indeed inherit the kingdom of heaven, it is already with you – hidden inside each and everyone of you.

For each and every one of you carries with you a piece of the god spirit – the Holy Father, in him is love unlimited, love and compassion in all its power and glory.

Therefore be of that power and glory, give out that power love glory and compassion to all within your orbit.

Be as the father and love all people as brothers, for that is truly what they are, you are all children of the father, brothers and sisters with a common father – make him proud of you all, Live Love and Learn my children, Live Love and Learn,

I will leave you now with these few simply words, for I have been asked to give a small prayer for you all:

Father take the souls of those who have gone before us,

Take them to the light,

Give them the knowledge of the father

Teach them of their ways,

Let love and compassion prevail over all mankind that mankind will grow to love the father.

Let mankind open his eyes and see the greater wonders of the father,

Let mankind open his heart and give of that love.

Let mankind one day be with the father

Throughout all the days of our lives we beseech the father and send our love about when ere it may be needed.

We send love and light to all peoples of the earth plane, that all peoples may see the glory of the father and his perfect plan.

In all these things we give thanks to the father for helping us to unfold and learn of his ways.

We thank the father for the light in our lives and the joys and sorrows that help us learn

In all these things we give thanks to the father of us all

Amen

I am Silver Birch – your friend and mentor for all the days of your life

Tuesday, 14<sup>th</sup> March 2006

My Dear Children, friends,



Welcome once more to my humble words, words that are, as you know designed to help you through your daily lives and to uplift you in the ways of the spirit and the prime source.

What shall we discuss today, this is always something to which we in the spirit realms have to think about, because there are certain things, messages that we need to try and get across to mankind. To indeed help him put his best foot forward and start out on the path of truth and light.

Sometimes we are perplexed, for we cannot give that which we feel we should be giving, mainly due to mankind's ability to understand the simply words that we may bring about you.

Mankind has the ability to change the meanings of all words – so unless they are spelt out in clarity, then they can be misinterpreted and therefore the true message will not be heard, but merely lost amongst the quagmire of countless other words that have been passed from spirit, through various instruments. And lost forever.

Until such a time as they – the words – can be repeated and hopefully received with more clarity. That is why we continually search for channels, through which we can deliver our messages of hope and love and compassion to you all. For only through such instruments, as mediums and psychics can our message of continual existence be made manifest upon your earth. For we possess not a physical body, with which to communicate. We have a body – yes, but a body of spirit, which is as real to us, as the body you currently inhabit.

It is a matter of realities. To you in the physical, you are quite real and we seem a little strange having no body – but that is from your point of view. For matter of all levels does convey itself to matter of a similar state. Therefore we in the higher realms do indeed have a physical body – taken from our point of view and those around us, being of matter of the same vibration, also have what we see as a physical body.

Yet those beyond us are yet in another vibration and their bodies to them appear solid, yet to us they seem rather gaseous. It is all a matter of perspective.

But you need not concern yourselves with these transitions, for that is what there are. When the time comes for your transition from the physical form, your spirit will be released automatically and you will simply step out of the physical and be instantly – spirit.

For that is the real you, not the hard slow cumbrous shell of a body you currently inhabit.

You are a being of light and energy and so you shall be forever more.

As you travel along the road of learning and you raise yourself up spiritually, Then so your vibration will raise. Slowly, so slowly that you will not notice the difference on what you would call a day-to-day level of consciousness. But the change will happen.

If you are of the light and give service when ere you can. If you are indeed of the spirit of the great creator, the prime source and you wish to advance yourself. Not only for your own sake, but for the sake of others around about and lower than you. The you will indeed change.

Your robes – the garments that you wear will change slowly with you. So people in the spirit realms will be more open to you and how you have evolved spiritually.

For we can all be read in the spirit realms. When you reach certain levels of spirituality, you will be ably to read those below you. Not unlike you mediums upon your earth plane – but far, far more advanced.

So as you grow you will change in your vibration, your robes will also change to reflect your changing position and you will go on and on. For there is no end to the school of life. Always there are lessons to be learned – until one day in the far, far future, when you may, if you are lucky enough to make it that far. Be standing next to the almighty prime source, then you will know that your life has been worth while and that you have indeed reached the zenith of perfection, in you being with the great lord on high.

But that is such a long way off that none of us here have know anyone who has reached that position, for when they reach the higher levels of spirit, they do not come back to us and are lost from our immediate attention.

But we all strive, to be there to be at one with the prime source and to add our collective intellect to that vast consciousness that we all call god, the great creator – it matters not of the name. But to know of his existence is surely enough. For to join with him that is most perfect and blessed is indeed a wondrous journey for us all to tread upon.

But we wonder slightly, you were given a small insight into the workings of the higher realms, but do not worry, for these things are way off into what you term the future. Even then you will not notice, for as you tread that path of spirituality, you will grow, as we have mentioned and as you grow, you will always feel comfortable and at home. For you are always surrounded by the familiar, although things around you will change with you as you grow, because you and your surrounding change together, they will always be familiar.

Now let us consider mankind, how does he fit into all of this – Mankind is but the foothold on the ladder as it were. You come here to kick-start your evolution, your individuality. For until you come here to the earth plane, you have no individual soul or spirit. You may have come from a higher soul, who may have spawned you, you and others, therefore you may have similar traits to others in the spirit realms. So you come here to learn of certain things, one of which is learning to think and act for

yourself, become an individual. You are one of a kind, you are you and no one else can be you.

What you do with your life is entirely up to you. You will set goals for yourself whenst you come from spirit and your friends and guides will try to steer you along the path that was ordained by you before you came.

It is up to you as an individual as to whether or not you heed the advice of the higher beings in spirit who are trying to guide you upon your earthly path. For as you know you have freewill and that is paramount – freewill, to do with as you wish. The day-to-day challenges are brought to you and you alone decide upon these things – “what shall I do, should I do this or should I do that, what if I...” and it goes on. So many possibilities, so many choices. You can see how hard it is to set someone’s foot upon that pathway of light my children.

For you have to be guided to that pathway, you know not of it when you return to the world of the physical, you are temporally blinded by the cloak of forgetfulness and need to be reawakened, yet again to the work and wonders of spirit.

Sometimes it is not your lot to help people as you may think that you should, sometimes you are there in the physical to learn a personnel lesson. This may sound a

little strange, for after all. Are we not there to bring and share love to all? Yes we are, but there comes certain lessons that can only be learnt in certain ways and then you will have to strike out on your own, as best you can. We in spirit will still be with you, trying to guide you. But the many lessons you need to learn will not always be easy ones.

For indeed the higher you progress up that spiritual ladder, the harder the lessons will become – such is life. You cannot stay at a comfortable level, one where you are happy. There is no challenge, no progression. Only stagnation and with that comes a slow death of the spirit –not death as such, but a feeling of lethargy, not wanting to move on or progress. But even for these few who choose this situation, there are many about in the spirit world who will continue to try and encourage people to move on and keep exploring all that there is, all possibilities.

For it is a great and wondrous universe out there, with many and infinite possibilities of opportunity and life.

You need only step upon that ladder of learning to begin experiencing it, in all it’s wondrous glory.

Today has been a little complicated in certain areas, but do not worry if not all was clear, for we will return to these subjects again in the future, for you have all the time in the universe to learn of such things and to hurry them is not the way of learning. For to hurry is to miss things, things which are of vital importance.

Walk before you can run is always a good motto.

I thank you for your patience today my children and I apologise for any confusion I may have caused, remember these are the first steps on the rungs of learning and we try to ease you onto them.

So please ponder my words in the days ahead,  
I will leave you now with a few short words of prayer.

O father god in heaven,

We your children thank you for your bounteous beauty and the gifts you place before us,

The gifts that enable us as children to be aware your power and glory,  
For the many and wondrous sights that you have set in the heavens and upon this earth plane,

That we as your children, may witness the fathers love for his children,

Father we thank you for all that is and all that shall be

We are forever in your grace and love,

Father we thank you from the bottom of our hearts,

God in heaven, we thank you for our every day

Father we thank and love thee for all of our days

Amen

I am silver birch – your friend and mentor, always

God bless you all, thank you Colin

[Note: I didn't want to add the final line, but it was insisted upon](#)

Wednesday, 15<sup>th</sup> March 2006

My Dear children and friends,

Welcome once more to my humble words,

Yes this is the dawn of a new day, a new chance to make an impression upon your life and the lives of the people around you. You of the light

have a great responsibility in bringing the word of the Great Spirit to his children, to that end you are given as much help as we in the spirit realms are allowed to give. For we are limited in our efforts to help, as well you know. There are limits placed upon us in the spirit realms and for good reasons to. For we cannot be allowed to interfere with your freewill. We cannot make anything happen which would not be of your own free choice, therefore we can only go so far down the road of helping you.

But there are guidelines that help us in these decisions. Guidelines designed, like everything else – to help people in their daily lives and to bring understanding and love and compassion to all about the spirit and earth planes.

We in the spirit realms are bound by such guidelines and so are you. You may ask us for help or knowledge, in your daily quests and we in spirit will hear these requests, but sometimes we cannot reply or make manifest that for which you ask – for you have to tread the road my children, only you can tread your road. Yes there are times when we do guide you, this is usually done by your own guides. But there are others who will guide you to, others, perhaps higher still than your guide who will make an impression upon you in your thoughts or words. These are also forms of help.

How many times have you been speaking to someone and have uttered some word or words that just seemed to come from no-where, as if not from you. You may wonder where they came from? Ponder that one my children. For we will not impinge upon your life, but from time to time, we will test the lines of communication, to see if we have made any progress with them. For in the spirit realms we have scientists working constantly on ways of improving communication between the two worlds. You know of Donald, don't you Colin? He still strives to make things better between us and sends his love and thanks for the thoughts you have been sending him – god bless you for that my son.

As in other lines of communication, there are also a great many people working in the background, as you put it.

For when you conduct your circles and there are but a few of you in the room seated upon your chairs. There are about you, a great many in the spirit realms, observing and helping you. It is as if you were seated in the centre of a great amphitheatre. You in the centre and many, many people seated all around you at the centre of the area or stage. For as you try to make contact, it is as if the walls of your rooms do not exist – in truth they do not. For you have raised your vibrations and are joined with us whilst you sit in such circles. From these circles comes much help and information – this flows both ways, both from you to us and vice versa.

For whilst we bring your friends and relatives to you for a small communication, we observe how the communication is working, how it is

affecting you in any way. Through these methods we are able to refine the energy that we use and gradually the communication is improved.

It is a slow process, for the blending of energies from two worlds is a difficult process – but we are getting better at it - Laughs, practice makes perfect, does it not?

There are many other forms of communication, you are aware of the trance work that some circles undertake? This allows a finer, more refined means of communication, but the same means of communication is employed. We have to blend the energies from the two worlds. Together with an earthly instrument, this method is very good at allowing us to come very close to you and convey our thoughts more accurately. But this method relies on having an instrument that is closely attuned to the world of spirit. The vessel must be ready and willing to give control over the human bodies functions to spirit. Not all or many can accomplish this level of communication and therefore it is a rare thing indeed to have such a trusting, tuned vessel at our disposal as it were. Although we would prefer not to use the human vessel as closely as that, it does supply a good means of communication when the right link is forged.

Some of you may well end up in small circles and trance groups and you may well feel that you are being communicated with on this level, but do not worry, all is done very slowly and at a pace which is conducive to your well being and piece of mind and always the final choice is yours. If you decide that this communication is not for you, then so be it. We cannot interfere with your free will and only vessels who give themselves freely will be used in such a manner, as always we will not force ourselves upon you, we seek only voluntary help, voluntary communication, we love and respect you all, for you are all individuals and have your own free will.

We cannot emphasize that enough, you have your own freewill and no spirit will ever impinge upon it.

Therefore, take heart that as you are protected by the protective light of the prime source, you are safe. But beware of impersonators – those of the dark side. For there are many who would try and impinge upon you and have you under their influence.

There are many poor souls who would misuse your trust in spirit. So please be aware and always be on your guard for intruders/impostors. They will seek any inroad into your life. You have to constantly be aware of the dark side and the power it can muster against our lightworkers.

Yes it does indeed sound very much like one of your earthly films, with the dark and light side, each using the force. An analogy yes if you like, but one that is apt.

So please take care my children, upon opening channels to the spirit realms, constantly be on your guard – constantly, we cannot stress this enough.

Another form of communication we employ is that of channelling, which you see now being demonstrated to some degree, by my medium of the moment. He sits down daily and types the words that are fed down to him from me in the higher realms. These words are channelled directly from me to him and is a most precise means of communication. One in which the medium can be awake and therefore aware of all that is going on around him or her. This method is becoming stronger as days go by, not only for my medium, but for others about the earth plane. Indeed we are hoping to employ this method shortly in what you call your mediumistic people, the people you go to in your spiritual churches, for your readings from family members and friends, who have already crossed or preceded you into the spirit realms. If we could employ this channelling method whilst you were attending these séances then the communication channels would increase exponentially, the information would increase exponentially. The accuracy would increase exponentially.

We will continue in our endeavours within this area and you will soon be aware of our success - we hope.

This channel is but one, that we are currently working with to this end. For he has shown great promise and will continue to receive these communications, for it helps him to learn and become accustomed to my thoughts and vibrations and helps us to refine our methods. In the end we will succeed in having a good regular line of contact with the human race – it may still be a little way off, but we are moving inexorably closer to that point in time my friends.

I have exhausted my time and energy now, and so I must leave you for now. But I hope that the words spoken today have given you great encouragement in the future of communication between our two worlds.

So for now I will say goodbye and god be with you all.

Father we thank they for thy high and mighty presence,

For your unending love which we feel all about us,

For you're undying love for your children and their continued growth towards you.

We thank you for the many beauteous bounties that you place before us and we thank you for the many wonders you have place around us.

May we be always be in your grace, your light and your love,

For ever and ever

Amen,

God bless you my children,

I am Manyomin your friend and mentor too

## Thursday, 16<sup>th</sup> March 2006

My Dear Children and friends,

Thank you and welcome to my humble words once more,

Today we will be concerned with that which you term “Angels”, what are they and whenst do they come from?

Angels as you are aware come from the most high of places; they are the individual messengers of the prime source. They are beings of light that have never incarnated upon your planet or any other for that fact.

Their prime source is that of angelic messengers, they will bring knowledge as and when needed to individuals within the spirit realms. They can lower their vibrations to some extent, but not as far as some people would have you believe.

There are times and there have been cases, where – in extreme circumstances, they have been called upon to aid someone who was in total distress and this has been documented in some of your earthly literature.

But these are extreme cases. For the day to day care of the people in the physical is generally assigned to your spirit guides, although as we did mention yesterday, others, can at times have a little input into that partnership.

Angels being one of the other groups who can and at times make an appearance within the aura of a person within the physical plain.

As to exactly what the, the angels are. Well that is a little more complicated. For you upon the earth plane have already named some of them, Raphael, Michael etc. There are many and they are legions, but they generally stay well away from the earth plane. Their exact nature is one of pure love and energy, beings of light that come from the father. They are genderless and have always been so, quite why we do not know, but then again, if you think about it, why do we have genders, nether is correct, yet nether is



incorrect. We have to except all that is, as having some purpose in life and that all life did indeed come from the prime source.

Their composition is of love as I have said, but they do wield power, they can summon much power and are able to accomplish many, many tasks, given to them by the most high, prime source.

As to their exact roll, we cannot say exactly, for they come from a realm, so far beyond us, so far that we cannot comprehend it's nature. All we can tell you is that when there is a special need to help someone in distress or a special message has to be delivered, then they do indeed come down and deliver that message or deed.

As for communication with these angelic beings, well there are those upon the earth plane who do say and indeed can make contact with certain of the angelic throng. There are those amongst you who can – at certain times, make contact with those in the angelic realms, but these are rarities,. The people concerned need to be of the highest order and have the highest of intentions, before contact can be made and usually only for a short period of time. For these beings are somewhat secluded in their existence and generally leave the mundane contacts to those in the lower realms of spirit. Do Not be concerned by the wording there, they are only words used to try and describe the order of things in the spirit realms.

Everyone, as you know is assigned a job or specific purpose in life and generally speaking, the angelic throng will not make contact with those upon the earth plane, this is, as we have mentioned, generally open to those of the spirit realms such as your guides, family and friends and the occasional visitor – such as I.

I hope that has answered some of your question Tracey>

Whilst upon the subject, we may as well mention the other species - as you may call them – the elementals, the fairies, the sprites, the leprechauns – I'm sure that you already have heard of such names, but have always thought that they were figments of yours and others imagination. well let me tell you that they are quite real, quite real indeed and much as the angelic crowds or throngs, they do indeed keep them selves to themselves.

There are and have been times, when they do and have appeared to people – much as the angels. But the elementals generally are of a more impish nature. The care not for the urgent message carrying that the others in the spirit realms do, they will indulge in their own games and ways. For they are like a carefree child, most of them just flit from place to place causing a little mayhem –which may be a little strong in it's description. They play tricks upon people, moving things and making sounds, that people hear, but cannot attribute to anything. They are generally quite fun to be around-if you are aware of them. There vibration is quite near to the earth plane and they can be seen by many upon the

earth plane – you just need to open your mind and be prepared to accept what it is that you see or hear. Open your minds and your hearts and you will indeed be made more aware of these beings.

Well today has certainly being very different for both you and us in the spirit realms, we generally do not discuss such things as angels and fairies, imps etc. because some people tend to think of these as figments of imagination, therefore, if we speak of such things are we not also of a foolish nature?

We can see how that thought can indeed come about, but you have to open your mind – expand the possibilities of life. As you are now learning upon your planet – your scientists are discovering places where life was never thought to exist at all, underground – deep underground, where no sunlight or air may exist even. But still they find life. The find life in the deepest part of your oceans, where it was once thought impossible for life to exist, because of the hostile conditions down there, the pressure, the temperature.

You have found life forms that need not of sunlight or air. You have discovered creatures that have evolved to the conditions there in your ocean depths. You have even discovered the possibility of life in outer space, between the planets and the stars, where it is so cold and inhospitable, but there is life there. You just need to know how and where to look for it.

Mankind is unfolding to the many possibilities within the cosmos and beyond, Mankind's minds are forever expanding possibilities, mankind's mind will give him the tools to explore such inhospitable reaches of those cold and dark places and mankind's mind will conquer so many things. But mankind's mind, can also be it's own worst enemy.

You have to concenter all possibilities, concenter all people and life forms upon your planet and beyond. Mankind has to evolve past the here and now thinking that has for so long permeated his mind and thinking. Stretch your imagination, push the frontiers of science and thinking, because if you can think of a possibility, then it will probably be - somewhere, some time.

Think about your earth plane my children, do not think only of today, think of your children and your children's children. Do they not want to be brought into a world that is rich and green and friendly to all upon the face of your planet? Think of the future, not the here and now so much. Yes you have to live in the now as it were, but always, in the back of your mind, in your daily thoughts think of the future, for you all be there one day – think on that. Tomorrow is the future and you will be there won't you?

As with people of all races, they too have to consider this fact, tomorrow will come. It matters not if you are there or not, for tomorrow will come

as surely as day follows night, the future is certain, therefore make some contribution to it in your daily lives. This extends not only to the well being of your planet, but to your daily lives and interactions with each other, of all colours creeds religions, sects, whatever. Mankind has to learn to accept all things, all living creatures, all colours; mankind must live in harmony with all and whom is about him.

Mankind must co-exist with all manner of life from the low to the high, do this and you will indeed witness the kingdom of heaven upon your planet, remember the words given to you recently, those of “live, love and learn”. Heed these words in your daily lives and you will expand your possibilities, you will expand and grow towards the prime source, you will experience peace in your time.

Mankind has the will power to achieve so much, if only he could control the elemental thinking. Thoughts that permeate your minds, control those primitive thoughts and think of the higher purpose in life, that of living and loving and learning, not only the fellow family, but beyond them to others, your neighbours friends, peoples of other cultures, for they to regard you in the same cautious manner – put down your barriers and learn that all mankind is of the same father, the same love and power. All mankind are brothers and sisters of the prime sources love. You are the outpouring of his love, his children. Make him a proud parent and learn from the errors of your ways. Indeed learn to Live Love and learn.

These are your ways forwards my children.

I will leave you now, for I have given you much today to ponder. Some I am sure will take a little time to settle in, but give it time. All knowledge needs time to become rooted,

Be careful my children, think of other people and beings in your daily lives,

I will leave you now, I am Manyomin, your friend and mentor  
God bless you all

Amen

**Friday, 17<sup>th</sup> March 2006**

My dear children, friends

Welcome with all of my heart to another new day in your life, another new day when you, yourself can make a difference in the world. You because of your knowledge can influence the people around and about you. You with your knowledge are indeed an ambassador of spirit.

Where the need for the words of the great one, the Great Spirit is needed, you will be there my children. We will endeavour to make the contacts that are needed to bring your knowledge into the world of the physical – into mankind's arena, so that he becomes more aware of it.

For there are many amongst you who are capable of spreading these few words of love and compassion when you are given the opportunity – we simply try our best to give you the opportunities.

We in the spirit realms care a great deal about the spreading of the words of love from the father, for after all, is that not what we do each morning, each day?

We use such vessels as are available to us, to try and impress the word upon mankind. Yes it is a hard task, as you have recently been told – without a physical body, it very hard to makes oneself heard (laugh).

But using the many and varied methods that we employ of communication, we are able to make some inroads into furthering the knowledge of the great one, the great spirit His are the words. We seek to spread. For his are the words that will make a difference to mankind. If mankind would simply open his mind and his heart to the possibility that all is not as mankind sees it, but is of a grander scale than mankind's mind can comprehend or imagine.

Mankind has the ability to think, to reason and you and your scientists are now becoming more aware of the possibilities that exist. Your scientists are coming to the inexorable conclusion, that there must be more to creation than meets or is visible to your human eyes.

The gates and doors are opening slowly, mankind is awakening, his eyes are no longer tightly closed, as once they were. The evolution process continues, it moves forever forward and will never, never stop for no man can halt the forward progress of the soul, of the spirit that is within us all. For each and everyone of us contains that, which is eternal, that life spark given to us by the prime source, the great creator, we all have a spirit, a soul and that is what makes us alive. Alive, to any and all possibilities.

Life in it's many forms does contain spirit, for without spirit there can be no life, remove the spirit and the vessel will die and return to it's constituent components – the circle will continue.

For life is how we learn, how we exist. You upon the earth plane are aware of a portion of that life cycle. You are born, you live your lives and you – the physical you) dies and withers away, to become part of the earth again from whenst it came. But the YOU the real you, that part of you that gave life, animation to the physical overall that you wore, is still very much alive.

For all you do when you attend on the earth plane is go to work – when you go to work, you put on an overall of some kind, do you not? And when you have finished your work, you remove that overall, do you not?

There is no difference, except that yours was a living overall, for the time you inhabited it. Now it has served it's purpose, it is discarded, of no more use.

Yes you will have made an impression upon people upon the earth plane and they will indeed remember you as you once were. Or at least how you're overall appeared to them! For they did not see the real you, the real you was and is that spark of life that remains hidden within the vessel of the physical, the engine that drives the body and gives it life.

So when you know someone who has come to the end of their days upon your earth plane, be not afraid that you will never see them again for it is not true, is it? The only part of them you will never see again is the physical resemblance that was created for their journey upon your earth plane, they are still very, very much alive and well in the spirit realms and you will all meet again when it is your time to make your transition, back to spirit.

For life as we have explained is eternal, all life will continue, all life is forever, all life comes from the prime source and no other.

Only the prime source created life, gave it the opportunity to grow and learn it's lessons. Only the prime source gives life, remember that my children, for there are many false gods or prophets among you. Many who claim that they are the owners of knowledge belonging to the one true god. Beware of them my children, for these people will draw mankind into further darkness and bloodshed.

To many of your wars have been religious in nature. Cannot mankind just sit back with open minds and listen to the words of your religions. All of your so-called religions carry but one message, that of love. None carry the message of kill everyone who will not believe in my words – none  
Mankind uses words to his own advantage, mankind is his own undoing. For there have always been and will be – radicals. People who will take things to the extreme as they see it, to further their cause, to further the knowledge and fear of their god.

But what god would condone mass murder or murder in any shape or form? What god would give his blessings to people who would go out and commit harm upon another human being? What god would say unto his children defend me against all who speak against me?

Non would, for there is only one true god, one prime source, once centre for love and compassion in all existence – the prime source. His is an unending message of love, compassion and tolerance. These are the words that are buried within all of your religions, buried by mankind, so that the people may be manipulated for the few people to have power over them. Power in an earthly sense and that alone.

For these few corrupt people are not of the light, they may think they are, but their intentions are of the dark side. They seek to undermine the true words of love that are

buried there in your holy books. Buried and changed over time by mankind's different interpretation of how things happened, or what was meant when certain people said certain things.

Throughout your time upon the earth plane, mankind has taken the true words of the brothers sent to you; you knew them as seers, prophets, semi gods. You raised them up and made them more than they were. Mohammad, Buddha, the Nazarene, you raised them up, you changed their words to that which suited you and you made them false gods.

They were as but you – mere men. Men of god yes they were, they were all great mediums and seers. They all had a divine purpose. That of bringing the message of love from the father, so that mankind could learn of it and grow more closely attuned to the father.

But mankind took their simple words and turned them around and made them into tools, instruments to control the masses.

The masses were whom the messages were meant for, not the few who gather in small dark rooms to ponder the true words and what they thought of them, before changing them to suit their own selfish needs and delivering the new changed words to the people. This has gone on long enough, mankind must once again be awakened to the truth of the father, The second coming to which many await, is but a small portion of that untruth told by mankind.

The second coming of the Nazarene will happen, but not as foretold by your holy books, for they have been altered by mankind, the true message has once again been lost. The second coming is already amongst you – it is the word of the father, the words of the Nazarene and others who came down to the earth plane to teach you the simply truths of the father. The simple words of love and compassion for all life - no matter where you encounter it.

The second coming is the spreading again of these words through our new channels and vessels of spirit.

So we finish as we started, we are now back again with our channels and instruments of spirit. You carry with you a great truth, one that mankind must hear again. An unaltered truth, a simple truth, love thy neighbour, love thy friends, love thy enemies as you would have them love you.

These words are so simple, they cannot be changed in their meaning – love everyone the same, as you would like them to show love to you.

Heed these words my children for they are the future of mankind and beyond that into the world of spirit. What you learn here upon the earth plane, you will bring with you when it is your time to return home to the world of spirit, so try and learn and live the words of love sent to you by the father- the prime source,

Live, Love and Learn

My children, I thank you for baring my words today, yes they were strong words, as they were intended to be. For much work needs to be done my children.

Much work and you are the vanguard of this new up surge of the words of love.

God bless you all for your efforts and the undying love that you bring to the earth plane.

God bless you all,

Amen

I am Silver Birch – your friend and mentor – forever Colin:

## Saturday, 18<sup>th</sup> March 2006

My Dear Children and friends of spirit,

Welcome once more to my words,

Hopefully they will be words to uplift and educate you in some of the ways of spirit and of life.

For there are many facets to both, both have their own idiosyncrasies, both are separate, but the same. Both share the common thread of life we know as spirit, both join in rejoicing praise to the great one, the great creator.

Many upon the earth plane at this time are perplexed, they know not why they are here, but they know they are here for a purpose, but what that purpose is, eludes so many of you. Not you who are aware, we speak of the vast majority of humankind. Forever milling around in their minds, the perplexing questions of why am I here and what is the purpose in life and no my children the answer is not 42 (laughs).

The meaning of life, is simple – you have to learn to love one another, to live in peace and harmony with one another, to co-exist in peace, to give love freely to everyone you meet, To have compassion for all those around you and to give thanks to the great one, the great creator for giving you all, the opportunity to be able to experience and learn from these things.

That was simple, was it not? So why does mankind have so many problems understanding that which is so simply a concept – Love. That is all life is, love and compassion and the glory of the father.

All extremely simple in words, but so hard to put into action, as you upon the earth plane have and are discovering.

Throughout eons of time, mankind has fought amongst himself, always seeking to be better than the next man, to have more than the next man, to be superior to the next man.

Why? There is plenty to go around on your planet, plenty of food, plenty of homes, plenty of land on which to build such homes. The earth does provide all that you need and yet it is squandered upon the few. The few who wield power.

The little ordinary man of the earth, wherever he finds himself is akin to nothing, he will receive nothing for much is hoarded in your developed world. Much of your resources is directed into what you call your developed world. There so called third world countries are left to their own devices, or are at the beck and call of the more powerful nations.

Again, why? Mankind is not sharing as it was meant to be. We realise that you have to have your bills paid and live your life, earn a living – your daily bread – as do all the other peoples of the world. But cannot some form of bartering be employed to share out more what one country has and another needs, for you all have something to give to everyone else.

We are aware of how complex your daily lives have become upon your earth plane. We are aware of how intricate you have made the balances of nature in certain places upon your planet. These have all been because of man's greed, he always wants more, always he seeks to better himself and his surroundings. There is nothing wrong with pushing development further, for that is what evolution is, all about. But you have to be aware of the bigger picture, when mankind unleashes his technology and its benefits to mankind. Mankind must take into account any and all possibilities relating to the forwards advancement of your race.

Do you take into account the long-term effects upon the animal kingdom? for some of whom you dislodge from their normal habitat, do you take into account your very real effects upon your global weather patterns?

For mankind is becoming aware of these effects, but mankind's knowledge does not let him take account of all the possibilities, because mankind does not know all of the answers to how nature works, yes you are progressing each day, but there is so much you do not yet understand about the interdependency of each and every creature upon the face of your planet. For if you upset the natural balance, the natural order of things, then there will be great upheavals upon your planet.

Everything as you know, has to be balanced, this with that and that with this, it is one of the prime laws of the great one, great creator – all must be in balance, good against bad, bad against good, light against dark storm against gentle sunlight and breeze.



You have to have balance in your daily lives.

My children these are some of the hardest lessons, to learn upon the face of your planet, but they are worthwhile lessons or they would not have been placed before you.

You are there to learn the hardships and the graces of life. For without the dark, how could you possibly be aware of the light?

Without the storm how could you appreciate the calm and still summers day?

But you have to be able to move past these things and onto the grander scheme of things - of life.

Life is a gift, given to you by the prime source; life is for you all to learn your lessons, that one day you may return from whenst you came. Back to the prime source having learnt your lessons for life and co-existence with others. Be they of any kind of life form, of any colour of any creed of any religion, of any form of life – all have equal status in the eyes of the father, the great creator, all are his children, all are his loves. Would you have him be upset that his children are fighting and squabbling over such little petty things and thus falling out with each other in such terrible ways as killing as maiming innocents.

No you would not, so please try to heed my words this day and try to live your lives according to the words of the father, Live, Love and Learn. These are simple words, for life is simple, it is only mankind that has made it complicated.

Try and return to these simple values, try to incorporate them into your daily lives and life will return to the simplicity that it was had – a long, long time ago.

You need not loose your technology to do these things, for your technology after all is but a tool of mankind and mankind is not a tool of technology – who is in control of whom. Do not get bound up with your ever increasing reliance upon mechanical things - as you will become reliant upon them. Some simplicity in life is a nice change and makes you able to unwind from your headlong rushing about each day. For we see that many are caught up in this race that you call life. We see how you are rushing from here to there and back again. we see what is happening to the fabric of your societies - does mankind and does mankind care about such things?

As long as there are hungry people upon your planet and people with no roof over their heads, then mankind will still be growing and learning – control your thoughts more, be more assertive, more caring to others in your daily lives.

Be as the god spirit intended – loving children, who care for each other, loving children who care how the other children are feeling and to make sure the rest of your family of children are safe, well, fed and clothed.

Today has been somewhat of a downer hasn't it – yes I borrowed one of your earth expressions – we do observe your life, we do take note and offer guidance when ere we can, that is all we in spirit are able to do, for you know that you have freewill and it is you upon the earth plane who have the final say. We are only loving advisers to you. Through our many instruments we try to pass our messages of love and hope and compassion for you all upon your earth plane. It grieves us to see so many being unaware and therefore uncaring to each other.

Take heart my children, the light is growing. The answers to many of mankind's problems are there for you to see. You just need to open your eyes and take in the simple truths to be able to comprehend the answers.

I will leave you now, for the energy, the power is waning –yes it takes a lot of energy to be able to communicate as such and thus our time is limited in such affairs.

But I will return in the future, with more words for you, hopefully to uplift you still more. Not to open your eyes to the obvious – as today's word were. They were there solely to remind mankind of his ways and nothing more. For sometimes reminders are a good things, if only to re-awaken someone's ideas.

God bless you my children,

God bless you all,

Remember to Live, Love and Learn, as in the ways of the prime source

I am Silver Birch your friend and mentor

God Bless you all.

Sunday, 19<sup>th</sup> March 2006

My Dear Children and friends,

Welcome once again to more words from the great beyond, as some you wish to call it.

The name does not matter really, does it? For as you know by now, there are many names for many things upon the face of your planet, each and everyone of you has within you, your own determination of what god is, each and everyone of you carries within you a piece of that god spirit. Each and every one of you is in fact a god in miniature.

This you have been told on many occasions, why have you been told this simply truth? Because it is true, we would not lie to you, for we as you know come in truth and love and the light.

We are all brothers underneath the watchful eyes of our father, the great spirit, who resides in the most glorious place that there is, the highest realm of spirit. From his high place his energy is sent down to permeate all other levels of spirit, of the universe, his love is felt everywhere. It is an all encompassing love an energy that cannot be destroyed – though there are many who have tried, but mankind is aware of these events, they are quoted (some of them) within your holy scriptures. The love from the father is an all-encompassing energy field rather than a single man or being – as far as we know. For this love, which we now call energy too, is but the food, the sustenance that we use go about our daily lives.

Where as you upon the earth plane use air and food and water to live your lives, when you come here to the spirit realms, you will not need such things. You will not need to breath, eat or drink in order to stay alive. For your human bodies are weak and need regular maintenance, where as we in spirit do not need such care. We in spirit are fed from the energy and love that is all about.

It is everywhere and sustains everything.

Can you imagine what great unifying force creates such love and energy? nor can we, it is beyond even our comprehension.

But we have surmised that God is a force of love rather than a single deity. It cannot be anything else; for how can so much love and energy be produced by a single living entity –it cannot.

Some may say, well if you say so, then it must be so. But why must it? You and everyone else are upon your own road to the Great Spirit, as are we. We all traverse this road, going backwards and forwards – sometime sideways, but the movement is generally of a forward nature. Each and everyone of us must come to our own conclusions as to the finality of our journeys. For we all must go on into infinity, forever reaching for that Great Spirit, ourselves, as it where.

For we know that each and everyone of us, carries within us a piece of the divine spark, a piece of the Great Spirit, for we were all spawned by him and others in turn spawned parts of themselves to produce you and I and others.

Much as your human ancestry – you all carry within you genes, a chain of hereditary knowledge given by your distant relatives.

It is the same with all of you and everyone in spirit, for we all contain parts of the father, the divine spark of life.

For as we have said recently and on many occasions throughout your time upon the earth plane – there can be no life without spirit, spirit is the motivator, the engine that drives all live, remove the engine and the vehicle will stop – or die if it makes it clearer for you.

The spirit is eternal, the spirit is forever, as you are know – alive, you will be when your body dies and crumbles to dust. You will remain as alive as you are now. More so in fact, because your human body, your vehicle. Is a slow cumbersome instrument that hinders your true nature.

When you make your transition and return once more, note that – once more, to spirit. You will feel so alive and so full of live as you never did, when upon the earth plane. For you will have been restored to your full glory, your true body – that of spirit.

Spirit dwells within you all, spirit is undying, spirit is eternal. As you are now you will be we said, but ponder on the other words – you will be alive yes and you will return home. The operative word there is return. For you have been home many times my children, you were alive before you came here and you always will be.

This human existence is but a short stop of learning upon your path to the great creator. A short stop indeed, but one you may take as many times as you like, to aid you in your development, your understanding of life and it's many complexities.

The road is long and fraught with danger, for at any time you may fall or stumble and possible be hurt. Not physically, for you can never be hurt. But of the mind, you may be seduced by the dark side. It is always a battle against light and dark.

This you are aware of. Thus life and learning are a perilous combination, but to learn, you have to endure these things, for to know of the light, you also have to be aware of the dark, as we mentioned yesterday, so I will not dwell on that subject today.

So my children, as I draw to a close for today, please be aware of all that is, all that could be and the possibilities that abound in this world and yours. For possibilities abound throughout creation, we have to travel many roads to understand these many marvels and possibilities. Always have an open and discerning mind, always question things. If something bothers you, question it, until such a time as you receive your answers. This goes for spirit communication to.

If something does not sit right with you, if you feel that we are not being wholly truthful with you, then cast it aside until such a time as you have your answers. For sometimes you will be told things to aid in your development, things which may seem a little strange at the time. But as

you go on, you will discover something else and you will think, “hmm, maybe what I was told back then was correct after all”.

Always think of what you are being told, it has to be the truth does it not – no not always, for as we have mentioned before and many times in the past. There are impostors, people, spirits who are not quite all they seem to be, so always be on your guard my children – always.

I will leave you now with a few simple words, yes all is simple, just sit back and ponder the simple words of Live, Love and Learn, Live Love and learn – that is all.

God bless you my children,

Thank you for your precious time in hearing my words, hopefully Richard will be more understanding now, hopefully we have answered something of his question.

God bless you all

Amen

I am Silver Birch, your friend and always your mentor

## Monday, 20<sup>th</sup> March 2006

My Dear, Children and friends,

Welcome once more, to yet more words, not words of wisdom as some might say, but words that will help you in your daily lives, It is up to you how you use them – then and only then may the words become wise, as you put it.

For words have many meanings and the way they are strung together also has a bearing upon their meanings.

That as you may have now guessed is why there is so much trouble in your world today.

People always try to interpret that which has been spoken. No sooner has someone finished speaking, than someone else is trying to interpret what the speaker meant when he said this and that.

Why cannot words mean what they were meant to mean, not what you put upon them.

The problem has always been so, think back to the time of the Nazarene, when he was alive upon your earth plane, he went about his business of spreading the words of the father, he kept things very simply, for they were simply people he was moving amongst. The words he spoke were

but simply words, for the people could not have understood what he was trying to convey to them.

So he went about his business, giving service to mankind and preaching the words of the father, he gave services to the father and thanks to the father. He took many people as friends; these were usually the people who would later write about him.

But the writers were human and they wanted their friend to appear more than he was, in order that he be raised up, to appear different to other men. They made him a deity for all to see.

They turned his simple words around and magnified them, made them bigger than they were. They proclaimed miracles of the most mundane of things and the people followed these writings.

There were, as you know no miracles, for all that was done, was of spirit and the natural laws.

All of these so-called miracles were nothing more than natural law in operation – for nothing can go against natural law, the law of the father.

Some of the supposed miracles were merely spirit helping the Nazarene, for he had many high spirits with him, knowledgeable spirits and these gave aid to him. For he was in essence a medium, such as you have today, only far more powerful, probably the most powerful medium who has ever walked the face of your planet.

When he worked the people, the spirits were there with him, they gave assistance to him, for the healing miracles, as such they were called. But then again they were not

Always so. For some could not be healed, some had a karmic debt to repay and could not be healed. Some had come to learn lessons upon your earth plane and therefore took up a diseased body, they too could not be cured, so you see not everyone was cured. There were some who could be helped there and then and they were the ones which people jump on for examples. No, no, no, they were healings of the spirit, of the soul.

Some state that the healing of the blind man was a miracle, this did in fact take place, but it did not happen overnight, it took time for the spiritual healing to take effect, eventually the man was able to read again, but only when the spirit healers had done their jobs of work around him.

These spiritual healings were not understood by the people, they proclaimed that the Nazarene was the true healer, that he was in fact the son of god, come down to teach and heal us all upon the earth plane.

So you see, simple truths that were turned around, yes some had a lack of knowledge and improvised their stories, but some merely made up grander scenes than were at the actual events.

So from this very simply beginning, were his words and action were already being distorted, we see how mankind has began to reshape words and actions and that was but a few short years after the passing of the Nazarene to this world. You can imagine what 2000 years of constant story telling has done to the true stores. They bare little or no resemblance to the actual events of that time.

Only the true message remains intact, the message of love for your fellow man, this at least has not being watered down or altered. For some words remain, the core of what you call your religion is love.

The core of all your religions are the words of love.

No matter which you turn to or read about, if you read with an open mind and heart. The words of love remaining in all texts as true words.

For as we have mentioned on many occasions, there were more messengers than just the Nazarene, for example, Buddha, was one of gods messengers, he too was a medium, he too spent much time in contemplation of the words of god, he to performed what they called miracles, he too was raised up among men, to that of demy god.

All who came as messengers have been raised up and honoured by praise from mankind? When all they wanted was for the people to be more aware of the father and how the father wanted them to try and live together in peace, love and harmony, giving thought to how the other person was living, not thoughts of greed or jealousy, but thoughts of love and compassion – so simply.

But no mankind once again changed the words, the meanings and the actions of these messengers.

Wherever a messenger appeared, the peoples of that particular geographical area took that messenger as their own personnel god spirit.

That is how you came to have so many religions, people wanted something that everyone else did not have – there own god and religion and theirs was to be better than everyone else's.

Your churches help this along, for the early churches wanted power over the people, it was a way of employing words to give power, so the churches began threatening people that they should be good church goers and give to the churches, not only of there time, spent in praying, but in financial rewards to the church to. For fear of failing foul of the church the people complied, they were threatened with the eternal damnation of hell if they did not obey the words of the church - as the church was the true messenger of god, guardian of the words of god and responsible

for making the words of god simply so that the people could understand them – why?

They were already simply when first they were spoken, mankind turned them around and does continue to do so. You still constantly update, revise and translate your bibles – why?

The words meant what they first meant, when first they were uttered from the lips of the Nazarene, no amount of twisting and turning can undo their true meanings, but mankind has lost most of there true meaning by translating them. You have for instance, a word in one language need not mean the same in another, so you improvise with the closest bet –or what you guess is the closest bet. Yet someone else who tried to translate, may think differently and substitute another word or words to reflect the original words.

And so it goes on and on never ending, always changing.

Think of you game of Chinese whispers, how you send a simply phrase around a circle of a few people, but when the start and end phrases are compared – they have changed and that is only a few people in a few minutes of your time. What would your starting phrase be like after 2000 years?

Think on my children, as we started today’s lesson, so shall we finish. Your words are meant to be simply when you speak of the Nazarene and the other messengers, keep them so. Try not to rely on hearsay for your news, for then you too will become a part of that Chinese whispers game. Try not to inflect meaning upon words that were meant to be simply, this goes

in your daily lives to.

Speak what you wish and keep them honest and true. Speak clearly, so that others may hear your true words and remember that all of your days. You are but simply men and women who are also in the service of the father and your fellow man.

Give of love as freely as it was given to you; give of the words, that were freely given to you in love. Give of compassion, as it was given to mankind by the father and all of his children, so that they may feel compassion for each and every living soul upon your planet and beyond.

Remember to Live, Love and learn my children, Live Love and Learn,

The words of the father are true and simple, are they not?

God bless you all,

I am Manyomin your friend and mentor Colin,

God bless you all

Amen



## Tuesday, 21<sup>st</sup> March 2006

My Dear Children and friends of spirit,

Thank you all for taking the time to read my humble words, it is not easy to have them heard upon your earth plane. For there are many difficulties involved when you have no physical body, with which to type words onto a piece of paper or a computer keyboard, as you call them.

These are new advances as far as man is concerned, new mechanisms with which to communicate with each other. You type your words and a few moments later, they can be anywhere upon the face of your planet. Would that we had had this technology available when the Nazarene was walking upon your planet, what would the result have been having his words spread far and wide more or less at the same time as he spoke them?

Marvellous indeed. The way you are aware of events that unfold upon the face of the earth, anywhere upon your planet is within the scope of everyone to see and hear news from, within seconds of something happening.

This is truly marvellous, for it brings you all together as one big family. Which indeed you all are, but now you are not separated by borders and oceans, nor mountain ranges. You are truly one big family; I believe you call it a "global village".

Does that not make you think of how everyone is joined, not just by your technology, but also by the very thing that binds you all together – your father, the great spirit.

He sees you all as his children, indeed you are his children, he looks upon you all, he sees all that you do and say. Is this not unlike your television news.

When something affects your brothers in a far off land you instantly know of it. If there is some disaster, in a foreign land, you cannot simply hide your head now and say "I didn't know that", for the events are beamed around your planet for all to see, you are all involved with each other.

Take the tsunami of the other year, when thousands upon thousands lost their lives to the great wave. The outpouring of love and aid was amazing. Each and every country helped to bring about some relief for the victims of that natural disaster and why? Because they had seen it on

their TV screens, beamed to the world for all to see what had befallen their brothers in that far off land.

This was but an example of how you can help each other, if only the same were true of your everyday living. To share that which you have, with those who have not – if only it could be so.

Think on my children, why is one event different to another, does it take great loss of life to kick start your helping each other?

No it could not and should not be that way, for all life is sacred, be it on the other side of the planet or in your backyard, all life is sacred and therefore worth looking after, in respects, from making sure that everyone has enough to eat, clean water to drink and some where in which they can sleep in safely at night.

Brotherly love is the name of the game my children, love your neighbour as you would have him love you.

Simple words, but o so hard for you to comply with are they not? For you hold many things up, that should not be. Religion and colour being the main suspects here. You take great sway upon these two things and why? Everyone is the same inside, if you cut yourself, do you not bleed and the blood is red. Is it not the same for everyone else? If you look inside at the organs of the body, are they not the same?

It is only the outer covering that is different, no more no less. What someone believes spiritually is not of the physical, but what does that matter, as long as they believe in a god, any god, that is good, for all of your religions preach peace – do they not.

So just someone having a different god does not condemn them from your thoughts, does it not?

Fundamentally you are all the same, given from the same father, you are the same physically, once you remove the outer covering – the overall and you all have a chance to grow spiritually, together, to learn your lessons and begin to move closer to the prime source.

Move ahead together, as a family; care for each other in all aspects of life and you will indeed advance spiritually.

Mankind is on a long, long road and his technical advances have made the differences between you even less. As your science delves into what each and everyone is made up from – that is the physical aspect of you, you already know that spiritually you are all the same. So why not be as one big happy family.

We know that there are radicals out there, people who will not listen to reason and they are holding the whole world to ransom and holding you all back from the advancement that awaits mankind.

If only these radicals could just sit down and ponder all of the words of spirit and the holy words within their books, maybe, just maybe, they would set down there arms and peace would ensue.

But there is the other aspect to this too – power among men. For some people want power over mankind and will stop at nothing to achieve it. Take your great disaster of the twin towers, what was achieved then – nothing. All that happened was that someone decided to make a statement of self – look I am here and I can do this.

Why o why, did so many people have to die to prove that someone was there? Needless violence is no way to the great creator, only love and compassion will have there day and be remembered for it.

Love and compassion will bring your world together, not bloodshed of the innocent.

These people, the perpetrators, only deepen the level of spirit they will be brought to upon their transition back into the world of spirit, they will have to endure the agony of there victims until such a time as they begin to see the light and the love which awaits them in the spirit realms. For even these poor wretches are still yours and our brothers, even they can be brought into the light.

For we do not abandon anyone, nor condemn them, for their actions upon your world or in spirit – they are all helped equally.

As family should help family, we in the spirit realms have largely overcome your human prejudices, in the lower levels they still are there in some aspect of peoples behaviour. But as you move higher and progress, these petty emotions are lost and replaced with total love and compassion for all living creatures – all life. So please be aware my children, you are all one family under the eyes of the one true god- your father. Make him pleased in you all. Live life together and love together. Have compassion for each other, for the road to god your father depends upon these things.

I will leave you now with a few simple words,  
Father, o god in heaven, watch over these thy children,  
Give them guidance, that they may see your heavenly and loving light about them,

Help them to live as one, as one family and brotherhood

The brotherhood of man

Help them in all of their days to bring upliftment to all about them

Help them to hold the shining light of your love for all of their days,

Give them the opportunity to grow and may they indeed learn from their lessons, that they may be about you in there days to come

Father we thank you for this day, this chance and opportunity to grow.

Father we thank thee and send our love to thee

Amen

Thank you my children,

I am silver Birch your friend and mentor

And thank you Colin for hearing my word so clearly – god bless you

## Wednesday, 22<sup>nd</sup> March 2006

My dear Children and friends of spirit – which we hope is most of you reading these words,

These words, which come to you every day, come by virtue of a communication link, between us on this side of life and you in your physical world. Although we are separated only by frequency of vibration, is it quite a big gap at times and can take some bridging.

We use many kinds of energy to help us to achieve the communications and they are dependant upon many factors, as to whether or not they will be successful in bridging that gap between the worlds.

For the biggest and hardest obstacle to overcome is that of ignorance, ignorance of spirit and the ability of the human mind to comprehend such communication possibilities.

It is a form of communication that mankind has only dreamed of, by use of the mind.

Mankind has long dreamt of being able to reach into other peoples minds and read what is there in the other persons mind, your science fiction books have long continued this fantasy.

But is it such a fantasy? No of course not, you have merely scratched the surface of what the human mind can do, is able to achieve.

It is true that mankind's mind is still very primitive and has a long way to go before it is ready and able to use to full potential - the power of the mind.

For it is a powerful tool, when used correctly. For to reach into someone's mind and give of their thoughts is not to be trifled with. There is a great responsibility that goes with such power, some do not like the word power and prefer the word ability instead, which is less indicative of overall control.

But when you come to spirit, upon your transition, you who are aware, will be instantly aware of the change in mental processes. You will soon become accustomed to the subtle change that has taken place within your mind. We say your mind, but we mean your spirit mind, for your physical mind will now be a dead lump of flesh, that has served it's purpose and returned to the earth from whenst it came.

Your mind has been set free upon your return to spirit, no longer encumbered by the slow vibration of the physical body, you will find that such clarity is now possible, with your every thought, you will see more than you could ever imagine whilst cloaked in a physical body. Your total

memory faculty will have increased exponentially. Total recall, as you want it – such wonders as you have only imagined.

But with this new knowledge will come responsibility, a greater responsibility that you have had before. For you will be able to read people thoughts, for they are seen in the spirit world, this is rather hard to explain to you in the physical world, but your thoughts will be seen by those around you. Not only yours but everybody's, so be very careful what you think!

This in some way helps people to grow for as they become aware that they can be read by those around. They become more guarded of their thoughts, the thoughts themselves become higher, the nature of the thoughts will change. They will loose their earthly tendencies and start on the road of spiritual advancement, for in this way you will learn more of yourself and how you may advance spiritually. To become more than you were.

Such is the immeasurable power of the mind, by merely being aware that your thoughts can be accessed by others, makes you more conscious, more aware of the thoughts that run around inside your head, no you do not have to be like your Vulcan's, ha ha. Only be more controlled in your thoughts – this will come with time, my children.

But as you climb higher and higher in the spirit realms, your mind will change, for after all, it is the changing mind that is allowing you to progress higher and higher.

There we have it, you see, your changing mind allows progression...open your mind to possibilities that are around you and view the world through different eyes, the eyes of spirit, use our methods of living together in love and harmony, live as a brotherhood, a family.

For you are all one family under god the father, the Great Spirit – that prime source.

Give out his love as he gives it to you and every living being upon the face of your planet, share what you have with those who have not. Give compassion to all of those people you meet in your daily lives and to those you are only aware of that are in difficulty.

Send forth the love from the father, that all may feel his light and his comfort, let all be acknowledged as being in the family of god.

The lines of communication will continue to become clearer as time goes on, for we have many scientists working on the problems involved and we are constantly making advances in this area. As you will soon be aware, there are amongst you, mediums of some power – that word again, we will say ability. These mediums will invoke a new kind of communication that will be of the mind. Not the mental mediumship that you have so far encountered. But something more powerful than you can

imagine, the communication will become so much clearer and beneficial to you all, as well as us on this side of life.

For we hope to be able to bridge the communication gap on a more permanent basis. Soon it is hoped, there will be no need for mediums, as your technology is leaping ahead so fast, it is hoped that a mechanical link between the worlds will be possible.

But for now, that is in the future, still some way off, but it is there waiting to be discovered.

So use the mediums as your prime source of communications for now, they too are improving, slowly and surely they are improving. But the new generation of mediums – some of whom you may already be aware of, are immersing now and the new communication is just around the corner.

So beware of the mind my children, it can be your best friend and your worst nightmare, guard your thoughts and your deeds with care.

Stay with the light and worry not about your future, for you are on the right path my children.

Feel the light and love from the father in your daily lives, live the life of service to your fellow man, give freely of that which was given to you – the love of the father.

I will leave you now, for once again, I hope I have given you much to think about – there goes that mind stuff again, ha ha>

Please be aware my children, always take care of your thoughts and your deeds, for that is how you will be judged by others and yourself, when that days come, upon your transition.

God bless you all and thank you for your communications, we always receive them and send back and answer where we are able – always.

God bless you all

I am Manyomin, your friend and mentor

God bless you all

Amen

Thursday, 23<sup>rd</sup> March 2006

My Dear children and Friends of spirit,

Welcome once more, to some more simple words. We hope they are simple, because that is how we want the whole thing, the whole idea of spirit to appear.

For it is simple really, you need only love your fellow man, as you would have your fellow man love you. Give help and compassion where ere you can and give it as you would expect it to be given to you – in love.

That is the basis for working with spirit that is the basis for your spiritual unfoldment and advancement, So simple isn't it.

So why does mankind have to shroud everything is religion and ceremony. Why do there have to be rigorous rules about the ways to conduct oneself, according to which religion you are currently following, why o why. Such a waste of time and effort. We know and are aware that much of your dogmas and creeds are steeped in tradition. Tradition started long ago, when the churches realised that they had an opportunity to gain power over the people, the multitudes. But times upon your planet have changed somewhat now. It is time, once again to look at the religious figure and to once more hear their words of love and peace. The simple words that were once here upon your planet and still are, but are buried deep within your much translated books of religion.

The second coming is upon us; the second coming is growing stronger, day-by-day. The second coming is not the second coming of the Nazarene or any of your other great religious figures, the second coming is in fact the resurgence of the word of god – the second coming is the word of god. Being once more placed simply before us. Not through a prophet or religious figure, but through various channels – such as the one we are currently using, You are reading these words therefore the word is spreading. If when you have read these words, you pass them on to someone else and they in turn do the same. Then you are facilitating the second coming – does that not make you feel a part of something larger than yourself?

If by your aid, you add just one more to the ranks of the peoples of the earth who are aware of the prime source and the simplicity in which he wants you all to live your lives, giving service to one another – than you have completed your part of the task. That of giving freely the knowledge, which was given freely to you.

The word of god is for all nations, for all creeds, to banish dogma and creed from your planet, to replace them with a knowing, a truth that you can prove to yourselves, as individuals.

For you in the spiritualist movement put great sway upon acknowledging that there is life after so called death and this is a good thing. Because it helps people realize, that when they are receiving a message through a medium or some other vessel – that their loved ones , family and friends are still very much alive and well and are in full control of their memories. This brings great comfort to the people attending your churches or other places when you conduct you mediumship demonstrations.

To give people actual physical proof that the you do not die when your time here is done, is a great truth.

Fundamental to the teachings of the Nazarene and the other teachers is the fact that you cannot die, you will live on in the kingdom of heaven. As we know now, the kingdom of heaven is in fact the world of spirit and you create your own heaven or hell by the way you live and conduct yourselves whilst here upon the earth plane. Live a good life and go to the higher levels of spirit. Live a not so good life and you will go to the lower levels, as ordained by your actions and no-one else's.

For there are laws governing all of these things, natural laws created by the prime source. You cannot bend or break these laws. They are perfect. What you sow, so shall you reap; it is unavoidable, absolutely unavoidable.

So think on, when it come to your actions upon your planet, think on how you are acting, behaving towards your fellow man. Not just your immediate family and friends, but to all that you meet. Even extending to those you do not meet. Send out love and protection to those who are in peril, in trouble or what ever upon your planet.

For there are many in need upon your planet, many who could be helped. If only mankind would observe the simple laws that operate around him.

As we said at the beginning, help each other and give freely of that help and love – that is all that is required. Simply give what you can, when you can, not necessarily of monetary help, but also spiritual help. For when you are helping other people, you are helping yourself.

But your motive has to be pure, you cannot simply give help to other people, because you want to secure for yourself a good place in heaven – the spirit realms when your time comes to make the great transition back to spirit. You have to want to help from the heart – for to give selfishly is not right and is actually selfish – therefore you are not helping yourself at all. For you are looking for reward for your efforts – be they of good deed or nought.

You have to want to help, because it is the right thing to do. Help other people, as you would have them help you – freely and with love in their hearts.

Today's lesson, as you may have gathered is a very quick back to basics lesson, for there are new people reading these lessons and we wanted them to be made aware of how simple the work of the spirit really is.

We thank our vessel for facilitating this communication and hope that these lessons will continue to be spread about your planet, for they are indeed making an impact, people are reading them and they are passing them on – this is all good work, well done my children.

I will leave you now with a few simple words, I know my medium has to go out today, so this is somewhat of a shortened lesson, but a lesson



never the less and he has taken the time to sit early in order that the lesson be made public.

So:

In the name of the father, the father most high,

Who looks down upon his children,

We give thanks for this day, we give thanks for all that it contains and thanks for all of the wonders we can see feel and hear about us,

Placed here by the prime source for all of our benefits,

We give praise and thanks that such a merciful all powerful god, should think of others before himself

And that we can in some way live up to the ideals of life that he has set for us,

May we all grow in knowledge and may we all use this knowledge to the advantage of others.

We thank thee lord for showing us the light and the love that flows from you and we hope and pray that this light will grow and shine upon everyone

In this world and in the world of spirit,

For all are equal, all are given the opportunity to grow

In this world and the next.

Father we give thanks to thee for this day,

Father we thank thee.

Amen

I am Silver Birch, your friend and mentor, you can always call upon me  
Colin ask and I will be there for you, you need only ask my son.

God bless you all this day,

God bless,

Amen

## Friday, 24<sup>th</sup> March 2006

My Dear children, family and friends,

Welcome to my humble words,

Did you notice that in the opening words today, we used “family and friends”. I would not hesitate to say that you all know why we started thus today. Because if you had not already realised, as I am sure most of you did, we are all one big family, therefore the opening phrase is perfectly correct.

It displays our acknowledgement of your part within that family. We are all brothers, we here in the spirit realms and you upon the earth plane, we all evolved from the same father, that great spirit that resides in the most high of spirit levels, in all his glory, he presides and awaits the safe return of his children to his bosom once more.

For he sent us all out on our individual journeys of discovery, of learning. That we may indeed discover the meaning of life everlasting, its reasons and its trials – all are constituents of life, all are encompassed by the love of the father for his children, his family.

The father wants you his children to grow, as he wants us his children in the spirit realms to grow. There is no end to the possibilities that await us all. For we are all on our separate journeys, no two journeys will be the same, because we are all different – individuals upon the road of the light, a road fraught with dangers and perils that are unimaginable, until we face them.

But these dangers and pitfalls are the things that make us what we are, we learn from such ordeals. For it is in these ordeals that the real you will immerge. The fire will forge the metal as it were. If you are of the right metal, you will indeed progress through these life changing tests. For they do change your life, as you learn more of yourself and what you are able to do. For nothing is impossible my children. You may come across obstacles in your paths, during your daily lives, but they are there for a reason, placed there by your guides, or the guides of others. For everyone has their own guides, each is trying there best to bring about learning situations for the people in their charge. So each individual will grow and learn.

So even when you have a test that was not devised solely by your guides, it is a test. For from such things everyone will learn something.

You cannot go through life as an island, you interact with people all the time, you learn from each other. It is impossible not to learn from this interaction. Therefore when you have your tests, all about you will learn

something from your ordeals, how they deal with the situations presented to them is as we have said, up to the individuals concerned. There is no fixed rule that says you must do this and that to pass this test. No, all tests are different, designed to help you the individual grow in mind and spirituality.

For it is this spiritual growth that we will concern ourselves with today. It is most important to place things in perspective. We as gods children – all of us. Have a responsibility to each other, to send out love and healing to each other, to make sure that all have the things of life that they need, mainly love and compassion. These two qualities are very, very important, for they are the foundation of all that there is or ever will be. The love and the compassion of the father is universal, it flows down from him on high and permeates all levels of spirit, it is our lifeblood.

Through his love and compassion we are all made aware of his undying love for us all. It is a power, an energy that permeates everyone and everything. Love is the power of the most high. The power of love for your fellow man can never be under estimated. For it is the engine that runs everything, the power of love will conquer all. Every darkness that pervades your earth will one day be swallowed by the light and love from the prime source; heaven will indeed reign upon your earth plane.

There are times - of which we are aware. When darkness does seem to descend upon your earth plane and these darkness's seem to go on forever, but they do not. You are merely caught up in them and time as you see it is slightly distorted.

It is a strange thing time, we understand the concept. You are born, and each and every day, you mark your hours and minutes, you celebrate occasions in your lives that are marked by time and you count the years as they pass, until you once again pass to spirit – where once again you find that there is no time- per se.

I digress, I apologise. But to the point of time, why is it so? It merely demarcates up your life. It helps you to say, that I did this at so and so o clock or I did this when I was so many years old. It helps you mark events in your life, to help you bring order into what would otherwise be chaos.

Chaos is not what we are about in spirit, we try to bring order to all things and so will you when you are aware of all things and that will be in your distant future – you see we mention time again.

For it will take you many, many eons of time to learn all that there is to learn of life – if indeed we can learn all that there is and be once more with the prime source in that most high of places.

Until that time comes – that word again – you must put your shoulder to the wall as it were and push forward with your lives. You must endure many trial and tribulations; you will endure many hardships along your

path. But the rewards of passing such hardships are beyond your wildest dreams. To be able to live a life of love and caring, to be able to show compassion to all, to live as the lord on high, the great spirit intended, is indeed a most beautiful reward in itself.

As you do indeed progress up that ladder of learning in the spirit realms, you will be amazed at the changes that are brought about by your increasing knowledge and love. For as you progress and progress you will, you will change in yourself. Your vibrations will grow faster and higher in energy. You will be able to manifest that love that you emanate, to all about you, both above and below you – for all will be able to see of what energy level you are truly at.

All is revealed in spirit, all can be seen, no intentions will go unnoticed and indeed all will be helped by those around them, to reach even higher the heights that may be attained by all, who wish to serve the prime source and his family.

So once more we return to the family, for life is indeed a circle. In all its many forms and aspects, life is a circle. My friends, today we have the opportunity to learn still more lessons of love and compassion. For each new day will bring with it tests and compensations.

Live that life of service to your family and would that the family return some of that love and compassion to you. For we are all of one brotherhood, one family and it is in a families make up to care for one another – is it not? So love your neighbour, as you would have him love you. Expect nothing in return, but if it is returned, be glad that someone else is aware of the all encompassing love of the father and is prepared to put that love into practice in their daily lives.

I thank you this morning, once more for hearing my humble words, words of the father – our father.

Live long and prosper my children, prosper in the spiritual sense that is.

Live long and prosper

And be as god's children, giving of love and compassion for all your days upon this earth and beyond – for all time

Amen,

I am Silver Birch – as well you knew Colin, you are learning well my son, well done.

Now I must leave you, but there will be many more words for you to type for us, we are grateful for your efforts, god bless you my son.

## Saturday, 25<sup>th</sup> March 2006

My Dear Children and friends of spirit,

Welcome once more to a new day, a day full of possibilities, possibilities to help and serve, as well as to learn and grow spiritually.

Where are we going to begin today I wonder, we have covered so many topics recently, it is hard not to recover any one of them. But they do say that repetition is the best way of learning, do they not?

We in spirit try to make our little lessons very simple, for there are many upon your planet who would take these simple words and turn them around, as they did with the simple words of the Nazarene.

We are trying to avoid such things happening again, we do not want another 2000 years of confusion do we?

No, the simple words spoken by the Nazarene were as we said – simple. The people were asked to love each other, as they themselves would expect to be loved by another – much as you have been told the same thing of late.

Yet over time these things got changed, up to the point where an eye for an eye was legitimate punishment for anyone committing a crime against you – the simple saying was turned around so much. Into something that was never meant to be.

How can a god who has nothing but love for his children, condone such methods of justice. If you put someone's eye out, then you would lose yours!

No my children even this simple law of love thy neighbour must be obeyed, not as mankind interprets it, but by its letter – love mankind as you would have mankind love you – no more, no less.

Simple words with simple meanings, as is service to one another. Here is another simple law of the father, giving service to each other. There are many of you on the planet who are aware and do give service to those about you, this is a good start. You are shining examples to all, that being of service is not such a bad thing after all.

For when you give service, you are helping people around you. Service does not mean that you have to go out of your way and give help to others. Service can be something as simple as motherhood. For in the charge of the mother, is the task of bringing up her children. Teaching them the ways of life, what is right and what is wrong? So you see even in your mundane daily tasks, you give service to others by helping them

onto the road of life and if you are really good – onto the road of spiritual unfoldment.

Spiritual unfoldment is open to all, as is the spiritual progression that we speak so much of. For in giving service and helping others, you are advancing forward spiritually.

You may not be aware of it, but you are taking small steps – not great leaps, for that would not help you to understand the movement that you do endure, slowly, slowly forward. One small step at a time, repetition is the name of the game. Repetition and small steps will help you to assimilate the lessons of life.

Such is the path back to the great spirit, you have to endure many lessons, many repetitions to help you learn such lessons in life. And when you have learnt your lesson, there will come more learning and repetition – it goes on and on throughout all time.

Should you wish it that is? For you are not compelled to progress, it is open to all souls - the question of progression or stagnation. That word may be a little strong - Stagnation – but it does describe how people become after a long time in spirit. People who are content with their lot, as it were. People who were so set in their ways before they came here, that they cannot change. Either because of something that has happened in the living life upon the earth has changed their way of thinking. Or they have misheard the many untrue teachings preached by your churches. People become locked into a pattern, sometimes.

They are told by your churches, that when you do cross over into the world of spirit, that this will happen and you will see this, that and the other! Some people were so religious in their earthly lives that they cannot break the bonds of human memories and wait around, unchanging. Waiting for these foretold events to happen, before they can move on in the spirit kingdom.

This is very sad, to have people who upon their transition, wait for the expected events to unfold before them. Be it meeting god or the Nazarene, people wait and will not move until they see what they have been told to expect by your churches.

The churches are very responsible for how they teach religion as such, to the people who go to those places of worship. If only the churches would preach the simple words of the Christ and make them heard by everyone, instead of mixing everything up. Analysing events written down in the bible and giving their interpretation on these events or people.

Why analyse, why give interpretations?

The original words were very simple, as you have been witness to. For we over the past few weeks and months have been delivering the very same words that the Nazarene used. We have moved with the times a little and brought some of the phrasing up to date, to make them more

acceptable to you, but essentially the words of love and service are the same as were spoken 2000 years ago, by the Nazarene.

So you see, the message of love and service has never changed and never will. Only mankind changes such things to meet his needs.

Hear the words of the father, live, love and learn my children, heed these few simple words and the world will grow more bright with each passing day.

The kingdom of heaven awaits its arrival upon your planet. It is within you all to bring forth this miracle, as you put it – remember that there are no miracles, only natural law.

So as mankind progresses, heaven will appear upon your planet, brought about by the correct thinking and progression of mankind into the light of the father. You yourselves will make this heaven on earth happen – you by your efforts you will create your own miracle - quite naturally.

So my children keep on the straight and narrow, remember to love those around you, of all races, colours and creeds, love those who do indeed trespass against you, give not any unkind words, only love and your world will indeed progress.

Think on my simple words my children, they are indeed simple. I cannot stress that enough – they are indeed simple.

So please take these thoughts with you into this new day and try to live a life of service and love to your fellow man and the father of us all, the great spirit, the prime source.

Name matters not – only the intent. Live, Love and learn my children, Live Love and learn.

God bless you all, for hearing my simple words once again:

Father we thank thee for thy daily bounty,

Father we give thanks for thy service to us, that we may give service to those around us,

We ask that all mankind be granted the light and love which you send to all, be seen and felt upon this planet, where indeed your heaven will one day reign,

Father we give thanks for the heavens and the stars you have placed there to lighten our dark times and we thank you for the sun in the sky to drive away the dark.

Father we give thanks to the lord on high

Amen

Thank you my children,

I will come again and give you more simple words from the father.

Thank you Colin

## Sunday, 26<sup>th</sup> March 2006

My dear Children and friends of spirit,

Welcome once more to my simple words, welcome once more to simple words, designed to help mankind grow beyond what he is now, to what he has the potential to become in the future, a spiritual being, a being of light and full of love and compassion for all about you.

Such high aspirations are not beyond your wildest dreams; they are perfectly possible, for the mind of mankind can conceive many, many possibilities in your future. Mankind has the ability to adapt to many and all changing situations.

If only mankind could put these ideals before self. The self is the one thing that holds mankind back, from discovering the many beautiful things that await him. When mankind can let go of the greed and avarice that does encircle the planet and become more compassionate to his fellow man and the creatures that you share the planet with, then you will indeed, be well on that road of advancement.

Mankind has to see beyond self, beyond the individual's the larger collective of mankind and beyond that the collective of the spirit realms. For they are all one collective, merely separated by vibrations and frequencies. They are all composed of energy; all levels are thus, even yours.

Yes even your level, low as it is, is made up from energy, energy running at a lower levels than other spirit realms. We did not mean that yours is the lowest level of vibration, but merely showing how it vibrated in relation to our levels – fear not, you are safe – laugh.

Many levels of spirit interact, between these vibrational levels and they all interact in roughly the same way – through mediums of one sort or another. As you have been told on many occasions, there are so called mediums on many levels of consciousness. This enables many levels of contract to be made between the various levels of spirit.

So from a higher plane of existence, I can contact a lower plane of existence by simply contacting direct, or if there is a problem of some sort, or my energy is too high to enable safe contact to someone on a much lower level. Then I will use an intermediate guide or medium to relay my message through to the recipient. This way, all levels are accessible to all in the spirit realms, both up and down the ladder of communications.



Think of it as a ladder and you will be correct in thinking that as one rung connects to the next, it can go either up or down, for all are connected as one, using the energy that is about us at any one time.

The process of communication is of paramount importance to us in the spirit world, for we wish to see mankind make that giant leap and become a spiritual being and join us in the higher levels of spirit.

Therefore we do send messengers down to you. When I say we send messengers that is not quite right. For they all volunteer to take up the task, the challenge of coming once more into the physical world and starting the physical life over, and running the risk of not finding the cause for which they came and volunteered to do.

For all is not certain - free will is for everyone. Once you incarnate here – regardless of for what reason you came back, there is not a 100% chance that you will complete your mission here.

But despite this, many do come back to the physical world to act as facilitators, of communication between the worlds. You know them as mediums, psychics, seers, whatever.

They all have one purpose, that of allowing mankind the opportunity to appreciate the fact that other worlds do exist and are accessible for communications, using these special channels, mankind can indeed contact the dead, as you put it. Mankind can rekindle the links that were forged when many of your friends and family were about the earth plane. You need only open your eyes and have an open mind. For many possibilities of communication abound, just open your eyes and your mind to them.

My children, you must all make the great transition back to spirit at some point in your human lives, it is the one thing that is certain in your world of matter. So be not afraid of this event happening. For it is as simple as closing your eyes in one world and reopening them and finding yourself in the world of spirit – your true home. There you will be greeted by your many friends and family that have gone on before you, as well as your spirit guides. They will all be glad to see you arrive back home, much as your families on the earth plane are, when you come home after being absent for a while. The happiness of the home coming cannot be underestimated, for you will have completed your tasks upon the earth plane, the task for which you set out upon so long ago –long ago means in earth time. For in spirit you will have been gone but for the wink of an eye as it were. Remember that we have no time as you know it upon the earth plane.

So hopefully when you do get back to us in the spirit world, you will have completed the tasks you set out to complete and be a more responsible person – individual.

For we all need to grow, there are many avenues in which we can all grow and we all have many, many opportunities to go down these individual avenues. Remember that we have no time in spirit, therefore learning can take as long as it needs. You can reincarnate as many times as you wish in order to help yourself progress spiritually, or reincarnate to help the people of earth as many times as you wish.

The world is your oyster as you say upon the earth plane, the possibilities are there for everyone to explore and hopefully use, to advance themselves.

Why do we wish to advance? That is a great big question, similar to your “why are we here” question that many on the earth plane ask, those people in ignorance of the words of the prime source, often ask of this question and the answer is the same for all – to learn the ways of the prime source, to learn love and compassion for all, to give service to all, when ere we can, to help each and every individual reach the heights of the prime source, should they wish to embark upon that journey, for evolution and advancement are open to all, no matter who you are. What crimes you may have committed, what colour or creed you may be, or what ere religion you happen to follow – advancement is open to all souls. All should have the chance, should they wish it. To move slowly towards the source of all life, all knowledge, all love and compassion – the great creator, the prime source.

As we have said before, what you call your god is of no consequence, only the intent is important, love and compassion for your fellow beings. Be they here in spirit or there upon your earth plane, the same values must be for everyone, no one is denied, ever.

So think on my children, give love and compassion when ere you can, for you will be helping another human soul to realise that the light emanating from you is the light of the father and is there for all to bath in – they just need to open there eyes to it.

Give of communications when ere you can. Those of you who are mediumistic must make efforts to bring forth this gift and become a channel of communications between the two worlds; this will be of great benefit to all that you serve and to yourself as well. For in serving, you will advance and fore fill your roll here upon the earth plane.

We are aware that many do squander these gifts of spirit upon self, but these people are doing more harm to themselves than they realize, for they are thinking of self and making for themselves a house of comfort here upon the earth plane, where moth and rust doth currupt away. When they should be laying up for themselves, a place in the spirit realms where they will live forever and ever – which do you think is more beneficial in the long term.

A very short period upon the earth plane, where you store away monies to make yourself comfortable or to store away riches in the spirit realms. These riches being the deeds and actions that you perform here upon the earth plane. For it is these deeds and actions which will count towards your rewards when you do arrive back here, back home after your visit to the world of matter.

Take heed my children, live the life of service, give love and compassion when ere you can. Not because you have to, to ensure your place in the spirit realms. But, because you want to help. This is what matters, the wanting to be of help, of service to your fellow man.

Mankind can indeed grow beyond what he is now; he needs but open his eyes, his mind and his heart to all around him.

I will leave you now with a few simple words to help you through your day:

Father we thank thee for the sun in the sky,

We thank thee for the birds that fill that sky with their songs of life,

We give thanks that all around us is the beauty you have placed here for us,

To help us grow and live and love together as you intended,

May we all become aware of your love, light and compassion?

And may we all come into your light,

For we are all on the road of learning, that long road,

Which leads to thee, but we will not falter,

We will succeed in our quests, be they long and hard,

Father we give thanks to thee for being a loving and caring father,

Father we give thanks for all this and more.

God bless you my children,

I am Manyomin your friend and constant companion Colin – peace be with you

Amen

**Monday, 27<sup>th</sup> March 2006**

My Dear Children and friends of spirit,

Thank you for allowing me a few moments of your precious time, for we in spirit are aware that your lives upon the earth plane are governed by

time. That strange feature that you have to regulate your very lives and everything in them.

We in spirit – as you are aware, do not have this constraint placed upon us, that is why we do not panic to get something done, unlike your earth plane, where you are beset by deadlines. This creates stress in your daily lives, this in turn leads to a crowded mind, this in turn leads to a blockage where contact with spirit is concerned.

For we work within the quiet spaces of the mind – the subconscious. It is from here that we make contact with you in your daily lives.

If you are too busy living your lives and being hampered by many, many thoughts, then we cannot break through. It is only in the silence that you may hear us. If you manage to attune yourselves to us, during these silences – which you refer to as meditations, then we are more able to break through, as we become accustomed to your own personal vibration. Then, much like your radio's, we can pick up on your frequencies easier.

But that is some way off for most people. Because of the hustle and bustle of their lives and the way they allow themselves to be carried along with the rat race, as you put it. Yes we realise that you have to live your lives as best you can, whilst you are here on the earth plane, but can you not take a few moments every now and then to just sit back and listen to the sounds of nature, the birds singing or water flowing. These are all calming sounds, which will invigorate your minds and make them more appreciative of all that is around you – even us in spirit.

For these quiet times are very precious in your lives, you rarely get the chance to appreciate them and you should take more care that you do in fact listen in these quiet times, for they will help you in your daily lives, by balancing your energies more and giving you a chance to rearrange your schedules, so that you can indeed appreciate more of the silence.

Silence, o wonderful silence, how it is missed in so many of your earthly lives, if you could but be in a desert or some other quiet place and appreciate the stillness that permeates those lands. Unfortunately those places are now few and far between, because your busy modern lives have reached most parts of your globe by now.

But you can withdraw into the silence whilst still within your homes, by listening to quiet music, or reading even, they are both forms of meditation. Even something as simple as a hobby, where you are concentrating the mind on one thing and one thing alone, is a form of meditation – where we can reach you.

We need this contact in order to bring forth the word of the prime source to the earth plane, for without this contact we are lost in your thoughts. We are there, but lost amid the myriad of other thoughts that you generate whilst going about your daily lives.

So we prefer and encourage you to go into the silence and concentrate on nothing, as it were. Try to focus your minds on something simple and hold it there, you may drift away from that thought and the thoughts of your daily lives may intrude. But push them away and bring back the original thought. Practice this technique and it may assist you. For meditation is not the clearing of the mind, that is impossible, unlike the Vulcan's of your TV shows – laughs.

This is only one method, once you try it, you will discover many more methods that are around you, to still your thoughts, find one that you feel comfortable with and try to use that each day in your lives. You will feel the benefit of the stillness, the calmness it will bring to your busy daily lives.

My children we need the mediums and psychics, who use these methods of contact with us, for they are your links to the spirit world. Use them well and heed their advice, for they have the knowledge of spirit and they are there to help mankind. But beware, there are charlatans out there who are there for self. They are of the dark side and will not consider your circumstances, only how much they can extract from you. So be forever alert to the would be crook.

The true medium will be open and not mind you asking questions of them or of spirit, for they will be true to the prime source and the cause of love and affection to all men.

The true medium or psychic will not flinch when you put hard questions to them, for we in spirit will provide any answers they need or do not know the answers to. The true medium will be ready and willing to serve mankind by the giving out of knowledge of the prime source, that mankind may advance through this knowledge.

For the mediums and psychics have a great responsibility, they are the ambassador of the spirit world. We have no physical bodies with which we can use to communicate directly to you – the human race. So we use our ambassadors and you know how important ambassadors are? They represent your people in other countries; they give the impression to others of what you are like. And we do not want to send the wrong impression of spirit.

We want to send the messages of love and compassion that we send. We want mankind to grow closer to the prime source and so we seek sincere and true people to work for us, to help manifest our love for you all, upon your earth plane.

This is a very complex situation, that of communications between the worlds of spirit and the physical plane and you are getting a small insight into how complex it can become.

Would that all people could be aware of us, as some of you are. Take my medium for example. He too was somewhat alone as far as his thoughts

were once. But slowly over many of your years, we played upon his mind. Always careful as and when we would try to communicate with him. There were times when we thought we had succeeded, but failed and there were times when he thought he himself was aware of someone around him. But in the end he carried on his daily life as normal.

It was not until much later, that we were able to catch his attention using his animal friends as a channel to his mind. We managed to open his thoughts to possibilities – possibilities of life outside of the human race, spirit life.

From the moment of awakening, he progressed. He delved into the subject of spirit and spirit communication until such a time, as we were ready to use him as we are now. His is a true success story, one that can and should be repeated throughout your world. His is an example of what opening your mind can achieve. You too can make contact with us on this side of life. You too can be an ambassador for spirit, you too can be aware of the great consciousness that exists outside of the human mindset.

Listen well to the words of the lessons brought to you each day my children, for they will help you to understand more of the workings of the spirit realms and there many levels of vibrations. They, the lessons will help your knowledge of the prime source, to grow and in growing you will be able to help mankind more. For the more that know the knowledge of the prime source. The more there help will encourage mankind to take steps towards heeding the words of that great creator, he who you call god.

For he awaits us all, we are all on a journey of learning, which will one day take us all back to our father in heaven –as you put it. We prefer to say that one day we will be at our father's side in the highest of spheres. But the wording is of nought, only the intent matters, the intent of love and compassion for all, the giving, the service that one can render unto another being, no matter who or what that being is – love is all that matters, love and compassion.

I thank you my children for hearing my words this rainy morning, but please try to consider them. They are simple words, as best we can make them comfortable for you, but worry not, if you cannot comprehend all of them, for you have much time, with which to become familiar with them – much time indeed.

God bless you my children and may your god be with you no matter what you call him

God bless you all

Amen

I am Manyomin, your friend and always your friend until the end of time itself.

## Tuesday, 28<sup>th</sup> March 2006

My Dear friends and children,

Thank you for once more giving me a few minutes of your precious time, as was spoken yesterday, time is of great importance to you here upon the earth plane, time does indeed run your lives and because of the way that your lives are currently running, you are getting faster and faster in the way you conduct you're daily lives – you are in fact running out of time as it were.

You are finding that there are not enough hours in the day to complete all that you want to do in that day, indeed your scientists have now discovered new medicines, pills, that will keep you awake indefinitely. How sad it has become, to watch you rushing about in your daily lives, rushing hither and thither, from here to there and never stopping to appreciate the finer things in life.

The great scenes of beauty that are before you, placed there by the great creator, for all to see, to brighten your lives and help you learn and grow spiritually.

How sad that so few now appreciate this hidden beauty, for that is what it has become. By your rushing, you miss so much that is there for you, take a few moments and listen to the sounds of nature, apparently you can even buy these sounds now, to playback in your homes. So you need never even venture from your homes to hear these sounds of Mother Nature – how sad.

For in venturing outside your dwellings and exploring your planet you will indeed marvel at the sounds that are laid out before you, freely given by the prime source. The perfect sounds of Mother Nature, as you call her. Listen intently and hear the hustle and bustle of your daily lives drift away as you indulge yourselves in nature.

Not only the sounds, but also the scenes and scents that accompany them, all are wonders put their for your benefit, the benefit of mankind. That he may look upon them with wonder and think to him self, what a mind created all of these things, it could only have been a perfect mind that created such wonders, such abundance of colours and perfumes, such scenery can only be imagined in ones mind, but someone – the great

creator actually put these things here, created them from nothing and set evolution in motion to enable the wonderful varieties that you have now, to come into being.

Such is the love of the prime source, the great creator, for his children, he did think of all that we his children would need in order that we might grow in stature, and one day be with him in the most high of spheres, - once again with our father. Who gave us the opportunity to leave the nest as it were and go out on our own paths and learn the lessons of life?

We are all learning my children, we all have our roads to tread, we all have individual lessons to learn in order that we may advance spiritually and once more return to the father, that great spirit, who gave us life.

For he did indeed give us life, he gave of himself portions of spirit, these spirits through many and various processes did over time multiply and spawn new spirits themselves. So now there are countless souls wondering the many spheres, all searching, learning lessons, so that they may work there way back to their father, in the most high of places.

For all life is spirit, spirit is life. Without spirit, no life can exist; spirit is that which powers your physical bodies, for without the spirit, your physical bodies would be but a heap of dead inanimate flesh with no life. As such you know, for when the time comes for the soul to leave your physical body - this you know as death. Your body will cease to function upon the release of the life within, the spirit within it. So as the spirit leaves the body, the body will die and slowly return from whenst it came, back to it's constituent components and the earth from whenst it came.

But you will go on, for you are spirit – alive, forever living, immortal. Alive before you reincarnated and alive when you leave the physical plane – always alive and learning lessons.

My children, these lessons may take many, many forms. For you are all individuals and all have your own paths to tread, you all have different things to learn in order that you may indeed progress along your paths. Take heed of the things that you learn whilst walking those paths, try to learn from the lessons that you encounter. Be of good heart, of good cheer. For you will influence the people around you and vice versa.

All must learn to work together in harmony; all must learn to love each other, as brothers and sister should. All are indeed one family, with one common father, or uncommon father if you wish. For the father of us all is not your normal father. Yes he does wish all of you love and compassion along your many roads of life. Yes he does wish that you would all learn your lessons and one day return to him. But how many



fathers would give up parts of themselves in order that you actually be given life – that is the uncommon part of which we speak.

His love for his children is such that he has created everything for us, he has created a universe for us to explore and learn from. He has placed many, many wonders in that universe for us to admire and learn from and he has given us freewill.

Freewill, my what a gift that is. To be able to say, “I want to do this or that”, what a marvellous opportunity to indulge in self. What a marvellous opportunity to do anything that I wanted to do, to have my own expressions and feelings – my, my, what a gift. The gift of choice. Only I can make my decisions, only I make my life happen, only I have responsibility for my actions.

Yes all are true, but consider the consequences of such unthinking actions. What if you took your freewill and did whatever you wanted to – what of the people around you, would you hurt some of them, not only in the physical sense, but also spiritually and emotionally. Would you not care what anyone else thought about your actions; would your actions be totally selfish?

If you are aware of spirit and we would hope that those of you who are reading these words, are? Then you would have to consider your motives, why do you do this? Why do you do that?

What are the consequences of my actions – not only here in the physical plane where I am interacting with others of a like nature, but also for my life to come in the world of spirit?

You must consider all things, when living your daily lives. For you have to be able to maintain friendships here on the earth plane. You cannot live your lives in isolation, therefore you must make friends. To make friends you must have consideration for others in your daily lives. Therefore you cannot do, as you freely would wish to. You have to give consideration as to what other people would think of you and once again, vice versa. All are living together and all must learn to live together, therefore your freewill must be tempered in order that you do fit in and live a life of relative harmony.

Now as those of you who are aware also know, your freewill, will help or hinder you in your spiritual progress - your return home to your father. For if you do not show love and compassion, give of service to those around you and indeed live a life of selflessness, then you will indeed fail to rise up in vibrational levels – for all life is energy and vibrates at individual frequencies. The higher you climb, the higher your energy of vibrational rate will be.

As you rise you will become even more aware of the love of the father and the service that you must perform to help those around you.

We say, “must”, but that again is up to you, the individual. For you have freewill. You can choose not to give of service if you

wish, but in doing so you will cease to move forward, to progress further, for all life is service. Service and love and compassion are the ways forwards, back to the father of us all.

Therefore choose to give of service and be as the father – loving all of his children - all of them. No matter who, or what they are, or have done in there past incarnations, the father loves them all and all are given equal opportunity to grow spiritually, to evolve into higher and higher states of energy, to grow nearer to him which gave life to us all.

This morning has gone somewhat astray from where it was supposed to go, we have dealt with a great many individual subjects, some of which you have been spoken to of late. But this will give you more food for thought. As we all have our own ideas, based upon our own experiences.

We in the spirit world, have our own paths to tread, as do you upon the earth plane. Therefore different people, speakers from our realms may give you slightly different opinions facts about certain matters pertaining to the spirit world – no one person can ever know all that there is to know – except the prime source of course.

So be not afraid if you hear from someone in the spirit realms who may come through and speak to you and give you something different, a different point of view on a particular subject. For as you know, all do see and learn things differently. It is not until you finally get back here to the spirit realms that you will form your own opinions and perhaps give them to the physical plane via your own channels. For you too have the opportunity to become teachers – should you wish it, when you return home to the spirit world, after your great transition.

I thank you for hearing my words, my children. They have really run on today, but I felt that a little subject which ran into another subject and on and on. Would be interesting to you on your side of life.

As you know, we on this side of life, care for you and want the best for you and we will always endeavour to bring you something new, with which to ponder upon – hopefully, I have given you much to think about today. Over the coming days and weeks these topics will be covered again and again, to help make them clear to you – for repetition is a good way of learning.

I will leave you now, for you have much to think about,  
I bless you all, my children,

Give thanks to the great creator in your daily prayers and thanks to all about you in your daily lives, on this side of life and on your physical plane.

God bless you my children,

I am Manyomin – you friend and constant companion, never forget that Colin – constant companion.

## Wednesday, 29<sup>th</sup> March 2006

My dear Children and friends of spirit,

We in the spirit realms thank you for taking the time to read our small lessons, Lessons that we have prepared for you, in order that you may indeed understand the true nature of that to which we all must one day pass to – the spirit world.

A true understanding of the workings of this place is essential to help you grow whilst here upon the earth plane, for it will not only aid you upon your transition, for having the knowledge will help you come to terms with what is happening to you at that time. But it will also help you progress more, when you do set foot once more in your true home.

But for now these lessons will cease for a while, because our vessel has more to learn, he has to move on – as you all should. He has learned his lesson well and is preparing to move to new pastures.

There will come a time in all of your lives for this to happen. For new pastures must be investigated by all. The open inquiring mind is forever looking for answers. Not accepting that which it is told first hand or second hand, but going out and trying to gain proof for ones own peace of mind.

Seek out the truth and you shall find it, have a discerning mind, for there are many deceivers out there.

Give of love when ere you can, give of compassion when ere you can, give of yourself when ere you can.

The time to move on is now for this vessel, he has much to do and you will soon be aware of why this has to happen. He is prepared to do so and so should you. Be not content with today, for tomorrow is another day, another day to live learn and grow. To allow oneself to express the love of the prime creator to all of his children, your brothers and sisters.

The prime source wants everyone to progress in life, not only this physical life, but in life eternal, for as you know now – life is eternal, forever and ever. So make inroads into advancement, always move forward. Always seek answers to questions - always seek the truth.

Your guides and family in the spirit realms will always be with you, as they are this vessel. We are much pleased with him and the hierarchy have given permission for him to move forward, because of his selfless acts and the love that he gives out to all those around him.

Take heart and encouragement from this my children, development and advancement are open to all, no matter who or what they are, what they have done or said. Advancement and knowledge and love of the father is for all of his children.

Remember the phrase of, Live Love and Learn my children, it was brought to you with love from the father. Take these words and go in peace my children.

We bless you all and now withdraw, we may return in the future, through this vessel, but for now he will rest.

We may find other suitable vessels with which to continue this work and this style of communication, but for now, god bless you all my children.

God the father sends his love to you all

Amen

## **Spirit Teachings 2006 +1**

My Dear Children,

Welcome back to more "teachings from spirit". We were very pleased with the uptake of the last presentation of Spirit Teachings 2006 and have returned for more of the same, but different.

This time we will be dealing in depth with more subject matter and hopefully bring a more enlightening approach to the spirit kingdom and its inhabitants - to which you all will be - one day.

Today by way of an introduction, I would like to introduce myself as "Manyomin" - Colin's guide. We were very much pleased with him on his presentation of the last Spirit teachings and the way that they were presented to the world at large, by his attempts at communication, there have been a great many people within your world, who have now, a little understanding of the spirit kingdom and it's operations.

We intend to bring forth many visitors/speakers who will - over time bring forth a new knowledge to mankind, to bring a new understanding of the spirit kingdom to mankind, of all denominations, all colours, all creeds, religions etc. For all are one and one is all.

For now I will rest, as this was merely an introduction intended for the many people who have not heard of the Teachings and me.

So take care my children, tomorrow is another day - another day to Live, Love and learn

God bless you all my children, may the love of the prime source be forever around and about you always

Remember that - always

My name is Manyomin - Colin's guide

Amen

## 12th September 2007

Good Evening my children,

Welcome once more, to more of those "teachings" as you call them. They are designed to help you upon the Earth plane assimilate information about the spirit world and the likes of your primitive Earth plane.

We call it primitive sometimes, because of the primitive way mankind adjusts himself to new situations - or does he.

Mankind will adapt to new ideas, yes - but only if they fit in with his current way of thinking. This is what has held mankind back. Back from advancing into a truly spiritual realm.

Mankind has had the simple words of God the father delivered to him, by o so many teachers of God, Buddha, Confucius, Jesus etc. They all brought the same message, that of love and compassion from the Father. The simple message that was given by o so many teachers has been given o so many meanings by mankind, in his unending search for power and lust for wealth.

But what is wealth and what is power, can mankind say with certainty that he has all the answers.

For 2000 years mankind has relayed the teachings of the Lord Jesus Christ, relayed from one person to the next and in doing so, each or many of the people passing on the stories of Jesus, have embellished a little bit here and a little bit there. The result is the bible you have today. Most of which barely resembles the actual events of the time and most of the events in your bible never actually happened at all.

But this is the result of overzealous priests and other religious bodies, who thrived upon the religious teachings of the past masters - in all religions. Using knowledge against the people. For the people knew naught of reading and writing, so became dependent upon the churches for knowledge. But this knowledge was sorely tampered with. Even at the council of Nicaea, the rules laid down for the churches conduct were laid down in order that the churches would have sway over the common man - the common man, these are why all of the teachings were presented - for the common man.

That he may understand how simple life really was and how simple it was to adhere to Gods laws.

Which brings us to where we are now upon your Earth plane. So much confusion, so much torment, greed avarice, mammon is king, closely followed by your science.

Although your science is catching up with the truth, mankind has used science in the past to prove many things, even to prove that certain parts of your bible were not of God, but were the work of Mankind - does the Earth still represent the centre of the universe, as told by the early bible. No science has proved it to be in error.

This will continue, for even now your scientists have made breakthroughs with Quantum physics and can prove the existence of other universes, Universes which run at different vibrations - much as the spirit world does.

Consider that the spirit world may be one of these new vibrational universes - what if it is?

It has not suddenly come into existence - it has always existed. But now mankind, with his instruments is discovering methods to prove and possibly contact these vibrational universes. So that one day, hopefully in the not to distant future, mankind will not need mediums to talk to our world, but instead will use instruments constructed from physical components and then anyone may talk to the deceased relatives, friends etc.

What a difference that would make, to be able to actually prove to all mankind that the so called after life really does exist, that people really do continue on after physical death. That how we live our lives, determines how and why we go to the levels of spirit that we do, when we actually pass there, upon leaving our physical bodies.

Oh what a difference that knowledge could bring to mankind, to be able to end all wars, for brother to love brother, to have compassion for our fellow man. Put an end to disease and famine, indeed all of mans ills.

For it is by his very thinking that man destroys man. By his very thinking does he destroy the planet, for whom he is the caretaker?

It is by thought and thought alone that mankind holds himself back from what could be a far more beautiful world. A world where love can prevail, where God the father of us all, is acknowledged as the father of us all - each and every one of us. No matter what colour our skin, what our beliefs or religions, all are one under the one father. The sooner that mankind realizes that all of the so called Gods upon your Earth plane are in fact the same God, the same father to us all, he merely has different names. Depending on where you are on the planet and which belief you adhere to.

BUT there is only one father, whom we in the spirit kingdoms call "The Prime Source", "The Great Creator", "First Source" etc. Even we have many names for him, who is our father - but we recognize the fact that names do not matter. We are aware of his undying love for his children and we love him for that - regardless of his name, he is still the father to us all.

I'm sorry that this first "Teaching" may seem to be a bit of a downer, but let us start off as we mean to go on - by bringing the truth to mankind, so that he may once again receive the true words of our father and go forward, ever forward towards that light which is god the father - our father.

May the love of God the father - whatever you may call him,  
Be with you this day and always,

Amen

I am Manyomin, your friend as always Colin. For this day and to the end of time itself.

## 14 September 2007

Good Evening my Children,

Welcome once more to some simple words from spirit. Words from spirit, what a remarkable things that is if you really think about it? We are here, in a vibration much removed from the Earth planes vibration and yet we are so close to you, so close and yet so far, as one of your Earthly expressions goes.

But it is true isn't it? We are forever around and about you, but you know us not. We are about you during your daily lives, but for most people, that fact goes un-noticed. So sad that such a simple thing as brotherly love is



lost amongst the vibrations of your Earth plane. Lost amid the hustle and bustle of your daily Earthly lives.

Would that you would take but a few moments of your time and sit in silence, meditation as it is known. In those precious few moments when calm is restored to your brains, when all of your synapse are at rest - or as best they could be. For your thoughts are never at rest - unfortunately. If they were you would become more in tune with us here in the spirit realms.

Take the time for those few moments to cherish the contact that you can make with us. We are there, everyday of your lives, trying to impress upon you, the ways of the spirit. Trying to help you live better lives, closer to spirit and the great creator - GOD.

We try ever so much to impress our thoughts upon yours, to impinge ever so slightly into your train of thought, that you may be aware of us here in the spirit realms - as we said "so close and yet so far".

There are days when you think that you have made a contact with someone - as do we. But most impressions from our side of life go unheeded, unheard. We are but a whisper in the darkness of your mind. But we are there, always trying to help you upon the Earth plane.

There are those amongst you who can hear our voice in the dark, feel the vibration created by our energy etc. There are those of you who actually become willing instruments of spirit, using your gifts of communication in order to further the knowledge of God the father, to his children upon the Earth plane.

We thank you, each and every one of you for your efforts, for by your efforts, you will indeed conquer time itself. There are those of you who will understand this statement and to you we wish to say a very special thank you. For yours is a very special task upon the Earth plane. Yours is the immeasurable task of infinite communication. Communication of the highest order - the utmost difficulty.

God the father sends his love to you all, as do we his children in the spirit realms. One day far into your future, we will all be re-united in love and the Earth will be no more. But have no fear, for at that time, the Kingdom Of Heaven will be around and about you, each and every one of you.

Go in peace my children,

The love of the Prime Source is forever around and about you

Remember give Peace, love and compassion in your daily life, for this is what will make the difference in the end - which is really a beginning

Live, Love and Learn my children

Live, Love and Learn

God bless

I am Manyomin - Colin's guide and the mouthpiece for innumerable souls in the spirit kingdom.

Yes we are back with more simple teachings and there will be more

God bless my children

God bless.

## 15 September 2007

Good Evening my children,

Welcome once again to some more of our not so simple teachings - at least that is how some people regard them?

We try to explain as simply as we can the workings of the spirit realms and your physical Earth plane. Wish that we had a physical form with which to communicate the knowledge to you, but what would that achieve? We would be as human as you, in a physical body with all its limitations and together with your physical emotions, what a state we would be in. You see we cannot be present in your world and retain the knowledge of the spirit kingdom, Nor can we give all that knowledge from our present location within the spirit realms, what a quandary?

So we make do with the best that we can offer, by way of knowledge. Given to you upon the Earth plane, by way of our many mediums and many they are and growing in number. Though their work has in effect been ageless, that is it has never ceased or will ever cease until mankind finally recognizes what it is that they - the mediums are trying to convey to mankind.

How do we in the kingdom of spirit teach you what you need to know, in order that you may learn your lessons upon the Earth plane? We have said it many, many times before in the past. That the Earth plane is but a school of learning - a kindergarten, where you will learn (hopefully) the basics and then more complex issues of life that you will need upon your journey to the prime source. For that is where all journeys will ultimately lead - the road home to our father, the great creator.

Many are the paths back to him, who created us in a whim; many are the errors we have to put right in order to reach him. But these errors have already been seen and corrected. That was why the Nazarene came to you and all of the other great teachers of old, from many parts of your world and its many cultures.

These teachers were not attempting to teach different peoples about different Gods - no they were all conveying the same message about the ONE God. The one god, who is the father to us all. Each and every one of us has the same eternal, immortal father. The father of all that is, or ever shall be.

Through him, the father is our way home, through him is the truth and the life, as was said by his son the Nazarene, "follow me, for I am the way and the life". Follow his example, for it is his teachings that are important - not the man.

Mankind has removed the true meaning of his simple message; by its being embellished and twisted to meet mankind's own agenda. That of power over mankind - well illustrated by your churches - of all religions. Why should they have sole monopoly over God? God is the father to everyone, why would a son of God need permission from another son of God, in order to talk to his father?

No, this is not to be or ever should be. Mankind has within him a spark of God the father, it is there in each and every one of us, and it is this spark of humanity that needs to grow. Yes we say humanity, for that in essence is what it is. Humanity is loving, humanity is compassionate, humanity is giving freely of oneself in order to help a brother, humanity is everything that the father has for his children.

Be not unlike his other children; make love not war, as you say on the Earth plane. Give Love to all men; give compassion to all men, give of yourself to all men. Follow these simple guidelines and mankind will be indeed saved. The final solution to this puzzle of how do we get home to God the father has been right in front of your noses for so long - but has gone un-noticed, unheeded for too long.

Now is the time for this outpouring of love and compassion, for the great cleansing is upon you now and the time of redemption draws close. Just how close, is up to you my children. Remember the clouds in the sky, they pass by and things go dark, but they are but clouds and they pass. So that once again the light is there for all to see. You on the Earth plane are passing through a thick cloud at the moment, but the sun is waiting to shine once again and even more brilliantly that it has ever shone before.

Follow the light my children, live the life of love and compassion, remember the words that were brought to you during the first teachings of 2006, the words of live, love and learn. Remember them and try to live your lives by them my children, they are so simple.

Live your lives to the full, Love those around you as you would have them love you and learn your lessons well my children.

I am leaving now to return to my higher sphere, I have come to you this evening my friends in order to add the weight of my words to those who have already spoken.

I am Silver Birch

God bless you my friends and thank you Colin for once again being a faithful worker for spirit, the love of God the father be forever around and about you my friend

God bless you my friend; remember that Manyomin - our brother is forever with you my brother.

May the love of the great spirit be with you and shine down upon you in your endeavors my son, for you have a long road and a very difficult road to travel, but one you agreed to undertake, the love of the prime source and all of his children are forever with you my friend and remember, that as he was, so shall you be.

Amen

## 16 September 2007

Good Evening my children,

Welcome once more to some simple teachings from your friends in the spirit kingdom.

When we say Spirit Kingdom, we do not mean that it is any better or worse than your current state of habitation, for all levels of spirit have their uses and hence the Earth Kingdom has its own inimitable style of teaching.

Whilst we here in the spirit world are relaxing in our chores, you upon the Earth are hard at work during your daily lives. But this relaxing is an illusion, for there is all the so called time in the world for us here in the spirit kingdom to fulfill our tasks, for as you know, there is no such thing as time. Time is but an illusion, created by mans thinking. If it were not for his habitual methods of thinking, then indeed, time would disappear - just another illusion.

What is this illusion we speak of, we have hinted at it over the past few teachings. Well that is a long story, suffice to say that anything made by god is real and unalterable, therefore things made or created by mankind are not of god, therefore cannot be real. There you have it in a nutshell, as it were.

Think to yourself, why are the things of god real and not the things that we create on the Earth plane. Simple answer: the things of god last forever; they are unchanging and unalterable - because they are true, not false. Think of love -created by the father of us all. Is it not still around and about you, his children, has it not always been there, since the beginning of so called time. The same applies to his compassion and wanting the best for his children.

How many things created by mankind have withstood the ravages of so called time..... Think on, can you name something created by mankind that will endure forever and ever. No you cannot, because they are false, illusions, placed there by the ego in an effort to distract mankind from the truth of the father.

Think on this my friends, what is it that keeps mankind from thinking more about the father of us all - the ego. The ego keeps us busy in our lives; it creates situations throughout our lives which demand our attention. That is why your lives are running out of control faster and faster. The ego will not let you have a moment's pause. For it fears that in that moment, you will remember God the father and it's house of illusory cards will come tumbling down and when that happens all over the world, then the kingdom of heaven will once more reign upon the Earth plane - we can all go home to god the father.

This has been a very simplistic version of real events; hopefully you will have enough to think upon.

God Bless you my children,

I am the Nazarene

The love of God the father be forever around and about you

Amen

## 17 September 2007

Good Evening my children,

Welcome once more, to more of our simple words from spirit. Words which as you know are intended to bring enlightenment to mankind and beyond. For mankind must progress to other spheres of existence and to learn as much now, whilst on the Earth plane is a good thing. For it will aid you in your development in future times ahead of you.

There is that remark about time again, it really is the biggest illusion of all, how I wish that we in the spirit world could properly convey such a situation to you poor humans upon the Earth plane, excuse me if I said poor humans, it was not intended as an insult, but merely an observation, a feeling of pity, that you have been placed into an environment that is not conducive to the knowledge of spirit.

There is no time per say. It is not real, it is an illusion. From where we stand we can see all that has happened and all that will happen, because everything has already happened. The world as you know it is finite. It has a beginning and an end - as all things do. But your beginning and end do not exist - they never happened, or are happening now.

That may seem a difficult concept to "get your head around" as you say on the Earth plane. How do we in the spirit realms explain that to you our brothers and sisters when you are so incapable, because of your environment - in understanding this concept?

Suppose you had a thought, a dream say. In that dream you imagined a world, not unlike your computer games. Where you thought of a character or event and then watched it play itself out in your dreams. After a while your dreams take on a life of their own and you can no longer tell if it is a dream you are living. You have no control over the events in the dream.

You find that as you become immersed in the dream, which now seems as real life, that you begin to forget the real you is not the you in the dream. You become further and further away from reality. You need in your dreams someone or something to come along and remind you that all is an illusion within the dream - which seems so real that you do not want to believe, it is all a dream.

Think on now because that is exactly where you are now, in a dream. You have lost touch with the reality of yourself - son of god. Messengers are sent from the spirit realms to try to awaken you to the truth about your existence and to bring about once again, the knowledge of your father - the Great Creator and to bring you back home into his ever loving embrace.

Your mediums are the reminders of the reality; they try their utmost to bring the waking words to you upon the Earth Plane. Their task is enormous, as is ours. For we have to train the mediums who return to bring the truth to mankind. Many fail to live up to their's and our hopes of awakening once again, to the truth and the light, thus beginning their journey of once more bringing the words that have so long been hidden from mankind.

The words of love and compassion, summed up recently by the phrase of Live, Love and Learn, given to you last year from our father on high.

Take these words my children, heed them, live them. They are your salvation, the salvation of mankind and of all the spirit kingdoms put together.

There is only one son ship and we are it. We have only one father, not the many fathers as portrayed by your many religions upon the Earth plane. Take heed my friends for we come in friendship and in love. For we are all one. One thought, one mind, under one father.

I will leave you now my children.

Once again I have given you much to consider. These words have been relayed to me from those on still higher levels of spirit than I and the hierarchy are much pleased with this instrument of spirit. That is why

last night's teaching was given by someone most high and closer to the father than I. The Nazarene expresses his thanks that you received his words so clearly.

God bless you my friend, we will work together long and hard to achieve our goal. You will be an excellent ambassador of spirit.

God bless you my friend, God bless you all.

Goodnight my friends, May the love of our god be forever and about you till the end of time itself - yes I mentioned it again

God bless you all

Amen

I am Manyomin

## 19 September 2007

Good Evening my children,

Welcome to the world of spirit, that may seem like a strange beginning, how can we be welcoming you upon the physical plane, into the world of spirit?

The answer is very simple my friends - you and we are all spirit, in every real sense; you are still here within the spirit realms. Although this may seem as a paradox, it is in fact the reality of your situation upon the Earth Plane.

For those of you who are aware of the existence of timelessness and the great beyond, which is not really beyond anything, then you will understand my words. For anyone else who has not reached that level of understanding, then have patience my friends, for knowledge will come to all who strive for it and only in small measures, that you may assimilate the knowledge you attain as you grow spiritually. For they go hand in hand, as you learn you grow, as you grow you learn - it is all a circle, as is the circle of life.

We live, we die, we are reborn. Again and again and again, we do so, that we may learn the lessons of life within the Earthly school known as the Earth Plane. Yes we could learn your lessons here in spirit, but to experience something is a way of learning faster and better than mere theory. To each his own, there are those within the realms of spirit who have never had an Earthly existence and there are those within the world of spirit, who return again and again. Sometimes to learn, sometimes to help teach. There are a myriad reasons to return and all of them good and beneficial to the soul concerned. For even returning to settle a karmic debt is good, for the soul will re-enter the spirit realms cleansed of all debt - hopefully and may continue its onward journey to the Source.

We in the spirit realms are really there with you upon the Earth Plane, as you are really here with us in the spirit realms. Quite how this turn of events has come about is something that is slightly more advanced and as I mentioned earlier, there are those of you who that already have that knowledge, but take heart my friends, for we in the spirit realms will never abandon you. Leave you alone and without knowledge. For it is with the knowledge Of spirit that mankind will advance still further along that road to God - our father.

May the love of God the father be forever around and about you my friends, I will return in the near future with more words from spirit, words to hopefully help bring you out of the darkness and into the light.

God bless my friends,

I am Manyomin, your friend always Colin; well done my friend. You did well today and once more the hierarchy are well pleased with your progress - well done. And thank Joanne for us, for she too is a worthy emissary of spirit.

Amen my children.

## 20 September 2007

Good Evening my children and friends of spirit,

Welcome once more to some very simple words, hopefully of wisdom. Delivered to you via this vessel - Colin. With whom we have been working now for many years, although of late the training has become more intense. For he has much to do and you will soon be aware of why this has to happen. Yes they were words taken from the last Teachings received through him in the year 2006. We are now in 2007 and although he has



chosen the name of Spirit teachings 2006+1, we do not detract from the urgency of these teachings. Through him we hope to convey the many teachings that we in the spirit realms have prepared for you my children and with his help we will deliver them to you upon the Earth plane. He has been wondering of late, what is my purpose here? We know that he suspects something great and of course he is correct, for he has chosen a great task upon the Earth plane, to bring forth the word of God once more unto his children. With all the force of good behind him, he will go forward, to be a shining light upon your planet. This has been spoken of recently by the hierarchy and hinted at during recent communications. Therefore tonight we are confirming for him, that which must be done for the sake of all human kind.

We will not elaborate anymore at this moment in time, but suffice to say, there are great things afoot for mankind - if his mission is a success.

I will leave you now my friends; for tonight is a special night and one day you will all understand why.

God bless you my children, I am Manyomin, Colin's guide and friend throughout all eternity. We have watched over him and now is his time

Amen

## 21 September 2007

Good Evening my friends/children of the great creator,

Thank you for once more taking the time to hear my words, giving through this medium - as well he is.

Wish that we in spirit had more like him, dedicated and humble.

There are many of you upon the Earth plane who could if you wished, become such instruments of spirit; wish that there could be more. But we work with that which we have at hand and are very grateful to the few who wish to serve mankind in their darkest hours.

For that is what they are my friends, the great cleansing is approaching fast now, you are currently experiencing the throws of change, necessary before a new order takes place upon your Earth plane.

For with change comes upheaval, no one upon your Earth plane could be expected to know the outcome of these current events,  
But take heed my friends, once the current upheavals have ended - and end they will. A great new civilization will arise. A civilization based upon truth and understanding.

For all mankind will be united in the one true god. A god for all people - as it has always been. But more people will be aware of this new truth. We say new in the sense that to many people it will be new news per se.

Given that all mankind currently believes in so many different gods and has not yet come to terms with the inherent fact that there is only and ever will be one god. Mankind will bathe in this new knowledge and a new understanding will be upon your Earth plane - For peace will have arrived.

Although this is still some way off, every step you take in furthering the light, the truth and knowledge of the father, will bring that moment ever closer to you and your brothers here on the Earth plane.

I will leave you now with a few choice words, given to you last year - the year of the first teachings through this vessel: Live, Love and Learn my brothers. Heed these words, given by the prime source - whom you call god - by whatever name.

Heed these words and all will come to pass, mankind will inherit the kingdom of heaven and all will be as it is supposed to be.

I will leave now,

The love of the Prime source be forever around and about you

Amen

Thank you Colin, once more for your time

Blessings upon you my son

I am Manyomin - your guide as you know

Goodnight and god bless

## **22 September 2007**

Good Eventide my children,

Well done Colin that was a difficult one to pick up on.

Onward: bless you my children for hearing my words, brought to you by this vessel, whom we are much pleased with. Once again the Hierarchy have give permission for him to move onward towards his final goal, that of bringing mankind the ultimate truth about God - your father. Bringing forth once more, the simple knowledge of the father. Bringing forward the light into the darkness which pervades your Earth plane.

His is not an easy task, but one which he has undertaken in order that mankind be shown the way into the glorious light of the father - from whenst they came.

Tonight is not just another night, although many of you may not yet be aware, you soon will be. For the light of the father grows ever closer to you all, brought about by this vessel and other instruments of spirit upon the Earth Plane.

There are many of these vessels now and their numbers are growing daily. Through the work of this and other vessels, you will all be "saved", as your bibles say. In reality you are already saved from that which never happened. So if something never happened, how can you have done wrong in the first place?

This may sound a little paradoxical, but it is true and as you become more aware of the truth and the light, the more you will come to know the real truth, not the so called truth within your bibles. Yes they contain many truths, but they also contain many of mankind's fantasies, created to embellish the truth - to make it more appealing to the masses.

But the truth does not need this embellishment, for truth will always be truth and needs no embellishment or defense - for truth is truth and nothing more. What more need be said in its favor. Truth outlives all fantasies, which are in essence denials of the truth. For embellishments seek to improve or make more real, believable, the simple truths. Which were and are so simple that mankind has had difficulty in understanding them?

To refresh you - Live, Love and Learn

This is all you need to know my children. You do not need fancy stories in order to tell this simple truth - Live, Love and Learn

I will leave you with that simple truth, God bless you my children and for this vessel - keep going my friend, the end is in sight.

I am Manyomin, as well you know

Amen

## 23 September 2007

Good Evening My Children,

It seems that this phrase is said most often, but what does it mean. It means in essence that we are all one brotherhood, one family. Where we call you children it is a term of endearment, meant to portray our love and affection for you - our brothers and sister upon the Earth plane.

We endeavor to tell you things that would benefit you in your daily lives upon the Earth plane, things which - we hope will bring enlightenment to both yourselves and through you, to the people around you, within your sphere of influence - as far as that goes.

For there are limits placed upon love, for that is what we endeavor to bring to your Earth plane. Love from the father of us all, each and every one of us, all spawned from the same common father. No matter what race, colour or creed we follow or belong to. We all have the one thing in common; it is mankind who, throughout the centuries has placed such barriers around and about him. Through the efforts of mankind's mind, has he placed obstacles between you and your god or gods as you which to call them.

But the one thing that has remained resolute is the truth - there is only one God. True he has many names, but never the less there is but one god. Even here in the spirit realms we still have many names for the most high - our one true God. But here at least we have come to recognize that names mean nothing, as they should mean nothing in your world. For what is a name, but a means of recognition? You on your side of life place so much importance upon names and the associations that go with it.

But why? A name is only a temporary thing, during your many lives for example - for indeed you do have many, you will have had many names, but what is a name? A temporary signature, one to identify yourself to your fellow man. But it is not the man nor woman, that the signature or name identifies is it? No it merely identifies the individuals temporary showcase or vessel, the body he currently inhabits. Whereas the true individual is without name or title. The true self goes on and on, accumulating names as it goes.

Take the Nazarene, he had many names before he came back and was given the name or title, call it what you will. But it sums up for you an image of a person, a personality to which you can relate. That was not the real person, merely a form he took on in order to achieve an objective - which in his case was to bring the ultimate truth to mankind. And when he was crucified, it was not him that died, for no-one died that day 2000 years ago. No, only the outer covering died that day. The man, the person lived on. For spirit never dies, only the flesh dies, for as the spirit leaves the vessel, the life force is withdrawn, the animating force that is spirit is what maintains the body. Remove the spirit and the body will return from whenst it came, back into the Earth. But the spirit lives on and on, for all time.

But what is time? It is an illusion, the biggest illusion of all - time, and one day you will all understand this fact.

But for now my children, I must go as the power is waning, it takes much power and energy to maintain this and other links, especially when this highly accurate form of communication is achieved.

I thank this vessel for his time and thank you all for hearing my words.

Yes Colin, I am Dr. Cosmo Lang

Bless you my friend, bless you

The love of the father be forever around and about you my friend

Forever

Amen

## 24 September 2007

Good Evening my children,

That's a good start as always, very simple and straight forward. Which is what we in the spirit realms hope to achieve by bringing you this knowledge.

To be able to understand the workings of the spirit realms is very important to you all, especially those of you, who are about to come here for what appears to be your first time.

There are so many of you upon the Earth Plane, who have had - through no fault of your own. No knowledge of the spirit world. This is not an undoing of any and all the truths you have been told - should you have been regular church goers, of whatever religion. For religion does not matter. What matters is how you live your daily lives, do you live them in accord with the teachings of spirit that is, do you do good to your fellow man, as you would expect him to do good unto you?

Do you show love and compassion to all those around and about you? These are the measures of a man, if I may use that term. It is through the courage you show upon your Earth Plane, in showing courage, compassion and love that will make a difference to you upon your return to the spirit realms.

For you will have been here many times, but on each successive return to the Earth Plane, you forget that which you have left behind and so each

time that your transition from the Earth Plane approaches, you assume that it is the first time and so you become afraid. How many of you have, at the time of transition have taken up religion in order to put yourself in the good books of God - to late my friends, you cannot wipe out a life of self centered arrogance, with no love and compassion except that for the self.

No you must prepare your house in the spirit realms as early as you can in your present incarnation, thereby giving you more time to build your house, the house which you will live in forever.

Build up your treasures in heaven by your good deeds to your fellow man, help those around you in need, there are many on your Earth Plane who lack love and compassion, give freely where you can - not because you want to make a good life for yourself here in the spirit realms, but because you want to help your fellow man - your brothers and sisters.

To make false hopes for yourself by helping others for the wrong reasons will do you no good, for your reasons are seen for what they are - Vain and selfish and it is YOU who will make that judgment upon yourself, when the time for your life review is due. It is you who will make this judgment - not God. Who knows you better than yourself? No my friends, you will judge yourselves. But think not that it is an easy task, knowing yourself as you do in your Earthly incarnation is not the answer. For that is not the real and true answer. It is the real you, your higher self, your spirit, that will make the judgment upon your last Earthly incarnation and therefore you who will decide where it is in the spirit realms that you will reside. Be it in the brighter spheres or the not so bright spheres.

But fear not, even if you have led a selfish life, vain and arrogant, maybe even a murderer or worse, for there are many of you - usually young souls who will steep to extremely low levels of humanity, so low in fact that even the animal kingdom would appear to be higher in its morals and ethics.

But fear not, for all souls, no matter on what sphere they find themselves, be they in the lower or higher spheres, will have the same equal opportunity to grow, move forward and be at one with the prime source.

So think on my friends, it is never too late to turn a kind hand to your brothers and sisters, never too late to begin building your home in the spirit realms.

Remember that spiritual treasures do not rust and fade away - they are forever and ever.

Which would you have, the short term gratification that mankind seeks in mammon or eternal bliss and happiness within the kingdom of God?

God bless you my children,  
I am Manyomin, relaying these words from far beyond the Earth plane,  
from beings so far removed from your Earth Plane that they cannot re-  
enter your atmosphere, but out of love for you, do transmit their  
thoughts down through the spheres, that you may hear their words.  
God bless you my children  
I am Manyomin  
Amen

## 26 September 2007

Good Evening my friends - children of the Great Creator,  
Welcome once more to the words of spirit, words from your brothers and  
sisters existing in the world beyond yours, a world which is forever  
around and about you, but yet so near and so far.  
Perhaps that was not quite the correct wording to use, but it portrays  
the nearness of the spirit realms, so near and yet so far - indeed as far  
as some people are concerned it may as well be a million, million miles  
away. And yet there are those amongst you who are aware of its nearness  
and endeavor to bring that joyful news to your fellow man.  
Your gifts of spirit, the clairvoyance, clairsentience etc., all gifts of spirit  
are there to help you put forward the case for the spirit world. Much as  
one of your Earth Lawyers is already doing. Victor Zammit is his name and  
he has taken on board the task of bringing spiritual knowledge to  
mankind, by working with others in a trance circle. But more than that, it  
is a materialization circle, from where people in the spirit realms can  
actually materialize within the séance room and converse to the people  
contained there-in.  
This is a most effectual method of actually proving the existence of life  
after so called death.  
But unfortunately it is a rare and wonderful thing. There are so few  
mediums who can reach this level of attunement to the world of spirit.

But we make do, that may seem a little bit harsh and I apologize for that. What I meant to say was we make the best use of the mediums that we have at our disposal. For there are many true and good mediums of varying degrees, out there in your world.

Many forms of communication are available for loved ones, family and friends to come through by whatever means, to give evidence of survival after death. That word again: "death". There is no such thing as death. It is an illusion created by mans thinking. Death as you know it does not exist, indeed death of any kind is impossible.

If you take or remove the spirit from a vessel - a physical vessel, which is animated by the spirit. The vessel will cease to function, for the animating force of spirit will no longer be able to maintain the physical link. In essence the body dies - but does it really? - no. It merely returns to the Earth from whenst it came. Back into its constituent components. There never was any real life within the body; spirit is the life and the light.

Spirit as you know it, lives on and on for all time and beyond that. For we are all a part of God, that great being who spawned us - his children. How exactly this was achieved is some way ahead of your current knowledge - at least as far as your science is concerned.

But one day when you are ready, the total truth about all things will be made known to you. It is a matter of degrees. For you cannot take the next step in the direction of God until you have completed your current step. Learning and more learning is the key. As knowledge is given it is taken and received with thanks. This knowledge is built upon, for time immemorial until such time as you understand all there is to know. At that time you will be at one with the great creator - God.

We are all on this journey my friends, it is just that some are a little further along and wish to impart some of their knowledge,- which they have gained through many trials - in order to help you our brothers and sisters, to move a little further along the path of evolution, not only in knowledge, but also in spiritual development.

There will come a time in all men's lives when he is faced with the big question: "who is God". At this time, some are filled with fear, for they fear that they may not have led a good life. But fear not, for there is nothing to fear except fear itself. One of the biggest fables cast by the many churches upon your Earth plane is that of being afraid of your god - rubbish.

Your God has never been a God of vengeance or anger or hatred, nor has he ever wanted anything for his children that would harm them. It is



mankind who has given God, the great creator, these labels and this must be rectified, if mankind is to evolve.

Fear not God your father, for he is a god of love and compassion, if you hear anything else spoken about God the father, it is a lie, created by mankind.

Remember the words given last year - 2006 - in the Spirit Teachings, given through this vessel. They contained three words, words that can re-write mankind's future, if adhered to; Live, Love and learn my friends.

**Live** your lives to the full, **Love** those around you as you would have them love you and **Learn** your lessons well my friends.

I will go now, for the power wanes.

Yes Colin, I am once again "Cosmo Lang", as well you knew my friend. You are becoming quite familiar with my energy now and with your permission I will come again to give you more words from spirit, that you may - when the time comes, and we will let you know my friend. When you can release these teachings to the world. You have wondered about their content and have shown trust - this is good. You will be rewarded my friend, although we know that you do this out of love for mankind.

O we wish that we had more such instruments, our task would be so much easier.

But for now, god bless you my friends upon the Earth Plane,  
The love of God the father be forever around and about you.  
Bless you, Bless you.

## 27 September 2007

Bless you my children thank you for listening to my words,  
I say listening, when in effect it is the vessel known as Colin who is listening for your benefit and for that we in the spirit realms are grateful.

Grateful that some have taken the time out of their daily lives in order that we in the spirit kingdom, may make an attempt at bringing new knowledge to mankind. For is mankind not in need of something new, with which to help open his eyes? Something with which he can learn of the ways of spirit, something to help him live a better life with his fellow man, in love and harmony.

No, we cannot always get the messages across that we would prefer to bring with us. But we have to make do sometimes, because conditions are against us. Conditions within your atmosphere. For as you think, you create barriers. Barriers which are quite real to us. We have to delve into and through the mists that surround your planet. These mists, as we call

them are quite real and are formed by mans wrong thinking. For your thinking, as chaotic as it is, creates barriers to communication.

We in the spirit realms have to try very hard in order to break through these barriers and not everyone in the spirit realms are capable of achieving this.

This is why sometime people on your side of life tend to say that so and so hasn't been back to talk to us since his passing. It may not be that the so and so does not want to bring a message substantiating his continued existence, but merely that so and so cannot breach that barrier which encircles your planet. There by you, by your thinking can make it hard for even your friends and relatives to pay you a visit and confirm that they are alive and well within the spirit realms.

Furthermore there are many people within the spirit realms who would like to communicate to the Earth plane to give valuable knowledge, knowledge that we are allowed to give, in order that you may be helped. But once again mans thinking prevents this occurring.

When will mankind realize that it is not only the way he acts that affects his surroundings, but also the way he thinks? For as you think you create and what you create is governed by your thinking. Bad thoughts create negative atmospheres and are not conducive to communication and indeed these bad thoughts will ultimately come back to haunt you, but many times magnified. And the same goes for good thoughts and intentions, these too go out and return but many times magnified.

Which would you far rather have return to you my friends?

Think on my simple words tonight my friends, true there are not many this evening, but hopefully there are enough to make you think a little more about the kind of world that you would like to live in - both here on the Earth plane and also here within the spirit realms, for you make your own home here in the spirit realms by the way you live and conduct yourselves upon the Earth plane.

God bless you my friends,

I am Manyomin and once again I relay messages passed on from those higher still than I.

Go in peace my friends,

The Love of the Great Spirit be forever around and about you

Amen

Thank you Colin

**28 September 2007**

Good Evening my children/friends of spirit,

Welcome once more to some simple words from spirit. Words that we in the spirit realms have prepared for you, in order that you may learn a just a little more about the spirit realms and why you are currently inhabiting the physical plane of existence.

Well where do we start today? How about, who is God? That has always been a topical subject and one that would concern every man, woman and child upon your Earth Plane, not to mention every living thing on the planet that is not in human in form.

For God takes in all of these things - and more. God is the creator of all we see that is real. Everything that has life is of God. Without his limitless spirit, there could be no life, his animating force is the force behind everything that lives, be it human or not, plant or bird or fish. It matters not for he is the creator of all things real.

I keep saying all things real and you may be wondering why I say such a strange things - surely you say "all things are real"? But are they? Think on my friends for how many things are created by God and how many by mankind's mind?

Think on my friends, think ..... What God creates is fine and good and because God made it, it must be perfect and forever, for everything about God is perfect, having no blemish at all. God is truth and truth goes on forever, it never changes, for it is the truth. Truth does not need defense or it would not be the truth.

Think on my friends, how many times does mankind have to stand up and defend something? Things only need defense when they are not true. God is true and so is everything he ever created - including mankind.

But mankind on the other hand creates for himself. He creates a world which does not exist. How you say can that be, when I can look out of my window and see buildings and people, animals, birds etc. - All these things are mankind's imagination at work.

Think on my friends, how many of mankind's inventions last forever? How long will your houses last? Will they last forever, as the things of God will? No they cannot, because they are not real.

You exist in a state of unreality. You are living a dream. A dream where each and every one of you is part of the same waking dream - as you call it.

We know that you are all a part of God - the creator and also that the Holy Spirit is with you all. We know also that the spirit of the Nazarene is forever around and about you. We know that god is a part of each and every one of you, as we know that God is in everything. Therefore have you considered that you are all in effect one being?

There once was a thought, that thought was "what if". In that brief instant you were born. You became a part of an idea, living within that brief thought for a microsecond of time as you would call it. For time does not exist where we are. But in the instant of the thought, time was created - within the thought.

You are the living thought my friends. For as that thought was thought, it was dismissed and therefore never existed. Therefore your world and everything that you know is finite, because you exist in something that does not exist. But had a beginning and an end.

To that end we know that your time upon the Earth Plane is finite and that one day it will all end, Just as God promised, you will all return home to the spirit world and God himself.

That moment will occur when the last of you has realized that God is everything and that by living as God intended, you will indeed bring heaven to bear about the Earth plane.

We can all go home to the father and become one with him again when everyone is of God himself.

This may sound a little confusing my friends, but believe me, we are not making this up and as your science goes on and makes advances into varying fields of exploration, both within your solar system and within the inner solar system, that is within your atoms and the like. He will discover many, many things which by their very nature will bring you back to God himself. But these are in the far off future my friends.

But fear not, for the moment is now and you must concentrate on spreading the words of the father of us all. Give out those words you know so well. The words of: Live, Love and Learn, my friends.

Give them out when err you can, live them when err you can and one day the kingdom of heaven will be forever around and about you my friends.

For now I will take my leave of you my friends. For I have given you much to muse over tonight, something new with which to ponder your world upon. I hope that I may come again and once again try to illumine your lives. God bless you my friends, for I am Manyomin and once again I gladly pass on the words from those still higher than I.

God bless you my friends.

And yes Colin your new friend was the one who impressed you at the church yesterday and yes he meant what he/you said when you said "I will see what the world has for me"? For you have a great task my friend and that was but a taster of what is to come. You will be impressed by those higher still than I, as it was for him who came before you and you know whom I refer to.

God bless you my friend.

The love of God the father be forever around and about you  
Good night my friend  
For I am Manyomin - your friend forever

## 29 September 2007

Good Evening my children and welcome to more words from spirit,  
We in the spirit realms welcome you again to what we hope will be a worthwhile experience, the experience of reading some words which emanate from another realm - other than the Earth plane.

When we say another realm it is best to describe this place as another realm, for that is what it is. Your scientist may say that it/we are in another dimension - when in fact we are both right.

They like so many things upon your Earth plane are merely different names describing the same thing.

Much as you upon the Earth plane have many names for things like doors, walls, tables etc. - They all describe the same material thing.

But what of the none material? God has many names and yet none of you agree on the point of fact, that God is God to all the people of the Earth plane and also in the spirit realms. We too have many names for God: the Great Spirit, the Prime Source, First Creator etc. But all describing the same omnipotent being, or energy if you prefer. For God is everywhere, in everything that lives. In the stones that litter your beaches, the flowers that brighten your lives, he is in the animal kingdom, the birds and the fishes. He is in all things and called many names but we at least recognize the fact that he is but one - under many names.

How long before mankind recognizes this simple truth.

There have been many, many spiritual teachers sent down to the Earth plane in his name. Bringing the simple messages of spirit - derived from God.

All mankind had to do was to take these simple words and adhere to them, not by power, but by free will. Adhere to the simple words of God. The words of love and compassion, to honor your fellow man and to care for him as you would wish he cared for you. That is all you need do in order to become closer to God the father, your creator.

These words of love and compassion have been reborn, as of last year, the words of Live, Love and Learn are amongst you. They are words brought down to you from the father, that you may once again receive the simple words that he has for his children.

Live them my friends and the kingdom of heaven will be brought that much closer to you all. It is for the benefit of all mankind and those in the spirit world, for when the kingdom of heaven manifests itself upon the Earth plane, then all will be complete and we can all once again rejoin our father in the highest of spheres and all can say once again and in harmony "father I am home"

God bless you my children,

For I am Manyomin, your friend and once again the proud bringer of words from those higher still than I. Who send their love amongst you, that you may send that love out amongst the people of the Earth plane?

God bless you my children,

God bless you all

## 30 September 2007

I thank you once again for hearing my words my children,

We in the spirit realms are most anxious that as many people as possible become aware of the simple words that come from our world to yours, via the many instruments that we have upon your Earth Plane.

We call them instruments; you call them mediums or psychics. Mediums being the more sensitive of the two. There are among you mediums of varying degrees of quietude, that is to say, there are those among you who have the ability to call upon the world of spirit at a whim, as it were.

Not that we are at the beck and call of anyone. More that we are at the service of those who are most in tune with us, particularly if they are pursuing their Earthly task of bringing the simple words of spirit to mankind.

Our many instruments upon your side of life have such an enormous task upon their hands that they need as much help as we in the spirit world can render unto them.

Take this instrument for example. He sits every day, whenever possible and faithfully transcribes our words, that they may be passed around upon the Earth plane, that all men may have the opportunity to hear our simple words. For without him where would we be? He has access to the internet, your modern tool for communicating with so many people upon your Earth plane. What a marvelous tool, to be held in the right hands, enormous good can come of its use in furthering the knowledge of spirit and of God.

Through his diligence and patience we will endeavor to bring still more news from the spirit realms to you upon the Earth plane. News, which is

hoped will bring the two worlds closer together than ever before in the history of mankind.

For mankind is on a journey, a journey fraught with hidden dangers. Dangers which can let loose all manner of hidden pitfalls. Keeping mankind from realizing that he is of God, that he is a part of God and that a part of God is in all living things.

Why must mankind be so stubborn when it comes to things of the spirit? Why must he continually bury his head in the sand, when such a simple truth is standing there before his closed heart and mind?

The simple truth that we are all one mind, of one God. There have been many, many people upon your Earth plane who had had these simple words brought to them, through various methods, usually by mediums giving some small proof of survival to those left upon your Earth plane. But these people who have received such messages do not take in all that they have heard or felt. No they hear the message that Uncle John is fine and well and leave it at that. They do not follow up on that marvelous revelation - there is life after death. They do not follow up such messages by looking further into these simple truths. They go about their daily lives as they did before.

Despite having had proof given to them that life does indeed continue after leaving this side of life and continuing in the spirit realms. Many, many people will not alter their lives in accordance of Gods simple words, those of live Love and Learn.

No, they stay as they were before they heard from Uncle John, still within their own narrow view of life, still blinkered, still struggling with their daily Earthly lives.

When all they have to do is live simply, giving of themselves in service to those around them. Living the simple words of God, the Great Creator.

Simple words my friends; it always comes back to simple words, Those of Live, Love and Learn. Heed them my friends before it becomes too late to save you. I say save not in the sense of really saving you, but in the sense of saving yourselves time in the spirit realms for learning the lesson which you could have learned more easily within the school of Earthly life.

Well my friends the energy is once again waning, so I will take my leave of you, for it takes much power and energy to reach you in the Earth plane, from where these words are emanating from.

Take care my children and thank you once again to this vessel. He has done well and you will soon, very soon be aware of why he had to rest after the last teachings were given, in your year of 2006.

God bless you my friends/children

God bless.

I am Cosmo Lang the former Archbishop of Canterbury  
God bless you all  
Amen

## 1 October 2007

Good Evening my children and friends of spirit,  
I am new to this style of communication, so will have to forgive me if I get something's a little mixed up, but I'm sure the medium will understand what I am trying to convey and attempt to correct for me - I will be aware of his thoughts, so nothing that was not of me will be typed down for your reading that is not of me.

My name is Louis, I was alive around the turn of the century, the last century that is around the time of Queen Victoria. At that time there were many mediums who were giving performances of so called physical mediumship. And many of these so called mediums were very good, although there were a great many imposters. This had the effect of belittling the actual genuine mediums and making their work all the more harder - giving proof of life after death etc.

But these few genuine mediums continued their work, in small houses of ill repute sometimes, sometimes in small back rooms and sometimes, very occasionally in grand surroundings. All were and still are faithful companions of spirit. They still continue to endeavor to make themselves useful - even from this side of life.

For life is eternal, as those mediums lived there lives upon the Earth plane, so they became accustomed to working for spirit and helping the many people around them. This they continue to do, to this very day.

Although we do not have days in the spirit world as you have them upon the Earth plane. It was merely a figure of speech made in order that you understood the nature of their work - which they still do to this day and probably will forever more.

For you see they are faithful friends of spirit and wish to help their fellow brothers and sisters here upon the Earth plane. Much as this medium does today. For without him, what would you be reading this evening?

No, we in the spirit world are very anxious that the simple words of spirit be heard around and about the Earth plane, for that reason we come tonight and other nights in order to bring some simple example of how mankind can help bring the kingdom of heaven upon the Earth plane.

Tonight by way of introduction to myself I have chosen to elaborate a little upon the life of mediums such as I, at the time when I was upon



your Earth plane, Colin is aware of my accent, which he has detected is very much French, for as you see, when we return to your Earth environment we take on that which was familiar to us when we were here the last time we reincarnated. For me I was a French peasant who lived in the countryside and from there I was able to develop my mediumship, being in the company of my family, who were very supportive of me because they had long suspected that from childhood I had the gift of spirit and they wished to nurture it, in order that I may bring the truth of spirit to mankind.

This they did and I was very grateful to them for that fact. Throughout my childhood and early manhood, I was encouraged to go out to people and give the gift of spirit when ever I could in order to comfort those who had lost loved ones to the spirit world and to bring new knowledge to those people around me, who were thirsty for such knowledge.

Unfortunately when war broke out in 1914 I was called to enlist within the French army and was killed quite early on in the war. I think I was hit by a bomb or something, because it was very quick. One moment I am running into a machine gun nest, full of Germans, the next I am in a field, full of beautiful flowers and everything is all quiet. No guns, nothing, just total peace and quiet. It was marvelous to hear the sweet silence of the country again - as it had been before the war.

But this was different, I soon realized that this place was not the countryside that I knew or was fighting in. Somehow, things were different? It was light, but there was no sun, just a soft gentle light that seemed to come from everywhere and nowhere. The shadows were very defuse, but the colours, oh the colours. I had never seen anything like them - so beautiful, so pleasant to the eyes, oh my, what a sight there were, spread out amongst the fields as far as the eye could see. I had never seen such beauty.

I realized that I had died and somehow I had been transported to the spirit realms. Where I am still today. You know I have to say this my friends, there is absolutely no worry about coming here, it will be the most wonderful experience of your lives my friends. The transition as you call it, is nothing. But the full beauty of the spirit realms is a wonder to behold.

I must go now, for the power wanes again, it takes so much energy to create and maintain this level of communication. But we are much pleased this evening, for we in the spirit realms have tried something different and are much pleased with the results, therefore we will continue to refine the energies needed to maintain this communication link and it will get even better.

God bless you my friends and thank you for hearing my simple words of comfort, given to you from the spirit realms in love to you our brothers and sisters upon the Earth plane.

I am Louis, God bless you my friends - Goodnight and god bless  
Amen

### 3 October 2007

Bless you my children for I am much pleased that you have decided to read my simple words from spirit.

I am Roger the great. That may seem a little strange, for you will not have heard of Roger the great. It was a little title bestowed upon me by my friends, they were always joking around. I am not of royal blood, as you probably thought and Colin was definitely puzzled when I announced myself. But fear not he was correct in printing the words given to him - they were used as a test to make sure that he was being accurate in his interpreting our spoken words into written words. We are much pleased that he decided to follow what was given and not to go off on a tangent looking for answers. For they will soon be forthcoming.

My real name is in fact Roger, the Great was added by my friends as a joke, as I mentioned. We were together in the fields of France sometime ago. It was during your first world war, I understand that you have recently had another visitor who also passed in that Great War. How sad it was that so many men, women and children lost their lives in that Great War. What a waste of human life, what suffering it caused both here upon the Earth plane, as well as within the spirit realms.

For there were so many men women and children coming over unprepared. Not having any knowledge of the spirit kingdom. Yes a lot of them had been good honest people and a lot of them had been regular church goers. But the churches were sadly lacking in their knowledge of the true workings of the spirit realms. The Church of England was especially ignorant and not one of the people I met here was properly informed by their local clergy on what to expect when they crossed into the Kingdom of God as they called it.

They were afraid to call it the spirit world and still are. A lot of them deny anything but the word of god as written down in the bible. But a lot of that was twaddle. Having been here for some time now, I have discovered the truth for myself. There are so many things within your so called bible which are not of Gods kingdom, not his words. In fact none of them are really his words at all. There were passed onto the various people, related to in the bible - as seers, we call them mediums. A lot of

these mediums were ridiculed for their beliefs, but with the coming of the Nazarene, all that changed. For he was a great medium, probably the most powerful medium who has ever walked the face of your planet. He had his guides with him. It was they who usually gave him the words to speak unto the people. His guides and helpers were there with him all the time. He conversed with them and gave healings by them. They were his backup, his army of guides who were assigned to help him

Much as this fellow, the one who is even now typing my words faithfully so that you may have the opportunity to read them and hopefully learn something of your life to come and your life as it is now.

This fellow - Colin is his name. Sits week after week typing the words of spirit. But where does he get them from? Exactly the same source as the Nazarene did and all the other mediums and psychics on your side of life. They all have guides and helpers with them. Bringing information that they may impart it and help those people around them.

This vessel - Colin has much to do and his little band of helpers are still accumulating around him for he will have a great entourage of helpers when the time comes. For he too, will be as he was.

Yes we have said that phrase a few times now and what exactly it means is yet to come, but needless to say, Colin has a great service to perform for mankind and his helpers will be forever with him, helping as they did the Nazarene.

So my friends, before the power wanes completely, I will tell you why I was called Roger the Great - I had a large mole on my shoulder which looked like a lion, the people said was a sign of royalty - hence my name of "The Great". Not a great story I know, but then again it is the little things in life that make it worth living sometimes. To have a laugh, talk with friends is one of my happier memories and hopefully one of yours too.

Good night my friends

God bless

God bless you all

I am Roger the Great - (laughs)

## 5 October 2007

Good Evening my children,

Welcome to the world of spirit. That may sound a little strange, but is it really? What constitutes the world of spirit? Is it the fact that we are not visible to you upon the Earth plane or is the fact that we have been

able - for the most part, to have travelled a little further along the road to the God head, the Great Spirit. Is it some unseen force that divides us from you or is it just your imagination?

All of these things are as real as you make them. For we are all indeed of one mind and one body. As was indeed spoken of in your many bibles. For all of your religions have a grain of truth within them. But yet none of them has the whole truth and nothing but the truth. For mankind has diluted the simple truths of spirit, with his own innate fear of the unknown. He has ridiculed the truth until it is no longer visible as the truth.

Indeed were the truth to be brought unto many upon the Earth plane, then it would be rebuffed as untruth, a lie made up by the spiritualists to debunk the true teachings of the church.

"Twoddle" to quote a recent visitor to your Earth plane, who came to give some words of comfort to you all.

For his words were indeed true. Mankind has hidden the truth about spirit, about God, so deep that many people upon your Earth plane are in fact afraid of the lord thy God. When there is no need for such fear.

For your God - our god, the God of all living things is nothing more than a God of peace, love and understanding. It was he who sent down the Words of "LIVE, LOVE and LEARN" last year. They came from the highest possible - they came from God himself.

They were brought in order that mankind see the simple truths, as they really are. No frills or parables with which to give false meanings.

No - the more that mankind has by way of the truth. The more he is apt to give different interpretations too. Therefore it was decided to keep the lessons of God, as simple as possible. Hence, LIVE, LOVE and LEARN were given by God, to you his children. The simple explanation of LIVE: live your lives to the full. LOVE: Love those around you, as you would have them love you. And LEARN: Learn your lessons well my children.

So simple that a child could follow them and yet, can mankind as a whole, follow these simple directions to peace and happiness - time will tell.

There has been a great deal spoken about these simple words. Why were they given when they were, will mankind heed there simple truths?

Well they were given at this time in order that mankind prepare himself for the coming events, which some will find hard to endure. But stay on the side of right and live the life of spirit and all will come to pass. For there are dark forces about on your planet at this time. But this is nothing new in the history of your planet. There have been many times in your past that upheavals have taken place and this is always the case

when change is occurring. For change comes at a price, that price is the relinquishing of the old, to make way for the new.

A new world will dawn my children, a new world where mankind can live in harmony with its brothers and sisters. There is an understanding that can be learned and experienced by the many children upon that Earth plane. And when that great and glorious day comes when every man, woman and child is free of evil, low thoughts and has nothing but love for his brothers and sisters then the kingdom of heaven will indeed reign upon the Earth plane and the Earth will be no more. For it will have served its purpose - that of a school of learning. Its pupils will have learned their lessons and progressed onward to be forever in the peace and company of their father - God

God bless you my friends, For I am Manyomin, relaying words to mankind from those still higher than I.

God Bless you my children, God bless

Amen.

## 6 October 2007

Good Evening my friends of spirit,

Welcome indeed to more of those simple words you love so much, at least we hope you do? For that is the reason they were given 2000 years ago and again last year, in the year 2006 by your calendar.

They were given in love from the prime source to his children upon the Earth plane. On both occasions great sacrifices had to be made in order that the message be delivered. We made a slight mistake the last time the words were delivered. We coated the true meanings of the parables in many words. Words that mankind has - over time, changed the meaning of.

This time we have cut down the words to just three, those of Live, Love and Learn. So simple how can anyone turn them around. Even their meaning has been explained many times and thus cannot be turned around unless someone with a slightly warped mind is trying to manipulate people for a cause that is not of the light.

But take heed my friends, these words contain much power and that power has to be channeled towards the prime source and his children. Follow those simple words, live the life of service to your fellow man and

all will come to pass. The kingdom of heaven will reign upon your planet - just before it ceases to exist. For at the time the kingdom arrives. The Earth will have completed its mission as a school for spirit. A school in which the lessons of life are lived, loved and learned.

Then will you all become as one brotherhood - the brotherhood of man, under one father, undivided as ever you were before.

Under that one sonship you will all be gathered at the head of the table, that your father, the Great Spirit may say to you "well done my son, you are one again"

I am Silver Birch your friend and mentor Colin, remember that my friend, for we are all on the one side, the side of the god spirit and his one son.

God bless you my friends, for today is indeed a good day to die.

The love of the Great Spirit be forever around and about you my children.

Amen

I am Silver Birch.

## **8 October 2007**

Good Evening my children,

Welcome once again, to more words from spirit.

Spirit, what is that? Some say it is a figment of your imagination, some say it is the work of the devil. But who is right, if indeed either are?

For as you know spirit is that great light in the so called sky that we all go to when we finally leave this mortal coil. In reality, there is no big light in the sky, but there is a big light all around you. This is the world of spirit. It encompasses you in everything that you do. For we are not that far removed from your Earth plane. It is purely vibration that separates us. A few more vibrations from your Earthly vibration - in the upward direction and you would find us here in the spirit realms.

That is why we are so close to you my friends - we never left you. We merely shifted our vibration upon leaving the physical body. For you on your side it looks to all intents and purposes as if we had died, not that anyone can die. But in essence all we merely did, was to shed the overcoat we were wearing with which to come to work in.

For when we come to your Earth plane, we slip on an overcoat, with which we can become acquainted with and use in order to learn or help people on your side of life. Much as you slip into overalls or suits to go and do your daily work, which you do in order to earn your daily bread and help others. So we who come to enlighten and learn, slip into human form in order to accomplish our goals/missions.

So at the end of our working day - a life time on the Earth plane - we slip off the overcoat/overall and return home to the spirit realms. Much as you return home upon completion of your daily toils.

Much is the same; the only thing that differs is where home is. For you it is still the Earth plane on which you live. For us, upon completion of our working day - a human lifetime, we return home to the spirit realms. Much as you will do when you yourself have completed your working day upon the Earth plane - within the human body.

There is nothing to fear my friends, there are many, many of you, who have done this time and time again - since time immemorial and will continue to do so.

For your Earth is a school, as I'm sure you have been told many times before. We in the spirit realms return to the Earth plane in order that we might learn certain lessons, based upon where we are in our spiritual development. We can return to learn lessons upon the Earth plane, or return to help individuals or groups of people, in doing so we also learn many things. For by giving, so do we receive?

This is a worthwhile phrase to remember my friends, as we give, so do we receive. Do not give merely that you may receive. For this is the wrong motive for giving. Giving must always be born out of love for your brothers and sisters. For in that way you will truly help them as yourself. For your gift of helping was born of love and as you give, you receive.

For we are all one brotherhood, therefore as you give to your brother or sister, you are in fact giving to yourself. Hence the saying of "what goes around comes around". The same can be said for so called evil thoughts, thoughts of malice or greed - any negative thought: they will return to you my friend. So it is not only what actions you perform whilst upon the Earth plane that are important, but also the thoughts that you think whilst upon the Earth plane also.

Guard your thoughts well my friends, for when you come home to the spirit kingdom, there are those spirits, higher than you who can read your thoughts, your intents. Is this not a good reason to guard your thoughts, whilst here upon the Earth plane? Learn the ways of spirit whilst here upon the Earth plane my friends, it is much easier here than in the spirit kingdom - for that is why you came here my friends, to help you grow, that much closer to our father "The Prime Source".

Live your lives in service my friends and remember those three words that were given to you by the most high. For they will stand you in very good stead my friends.

Live, Love and Learn.

God Bless you my friends,

I am Manyomin and once more it is my privilege to bring to you, words from those still higher and closer to the Prime Source than I.

The love of the Great Spirit be forever around and about you my friends and may the love and sight of the brave eagle be with you and guide you always into the light.

I am Manyomin

Amen.

## 10 October 2007

Good evening my friends of spirit,

Our brothers and sisters here upon the Earth plane. Sometimes you seem so far off, so distant from us here in the spirit kingdom, or realm if you prefer. Names do not matter, much as names do not matter when someone from the spirit realms is bringing you messages from the Prime Source. Some small token of his love for his children, passed down to you through us here in the spirit kingdom - notice that I too use different names for the same thing. Much as you upon the Earth plane. You have many names for God, Buddha, Mohammad to name but two. Neither are incorrect nor are ether correct. They only refer to a point of reference, to that one great being that spawned us all.

We too use different names for him, or her, call him or her what you will. But we believe that God is a great force for good. Omnipotent, ever present, all knowing, all seeing. This force pervades the entire known universe that you see and beyond. God is in everything that is or ever shall be.

To be one day joined with him is our hope, as hopefully it is yours too. For until the kingdom of heaven is upon the Earth, than none may join with the father of us all. Yes many have progressed into the higher realms of spirit and disappeared from even our view, but we believe that they are very close if have not already joined with the Godhead.

This is the goal of all spirit, to be joined once more with our father. It is a task well worth taking on my friends and all should be encouraged to do so. You know the words of spirit, the simple words of Live, Love and



Learn. Use them my friends, spread them when ere you can. For the simple words of God must be spread about your planet.

Your planet which is in such a turmoil at the moment. But fear not, for the great cleansing is upon you and soon the world will be reborn into a world where people will take care for and love each other. This will be the start of the end as it were. For although this process may take many of your Earth years, it **WILL** take place my friends. Heaven will reign upon the Earth plane. God will be happy to see his sons and daughters have learned their lessons of life and have returned to him.

One day this **WILL** all come to pass my friends,  
Have faith in the father and his many instruments - such as this one, Colin is his name. He has done much to further the cause and the words of the father and once again we are much pleased with him - although he is a bit embarrassed to have us writing about him. But that is fine, for he is humble and loving, as all gods teachers should be. Use his example my friends. Live for the words of God and you shall all be rewarded whenst you return to the spirit realms. Live these words out of love - the correct motive and all will come to pass.

For it is love that drives everything.

Goodnight and god bless my friends.

Once more I am Manyomin and once more it is my great pleasure to pass to you, words from those still higher and closer to the Great White spirit, than I.

God bless you my friends.

Live, Love and learn

Amen

## 12 October 2007

Good Evening my children, welcome to my words from spirit,  
This may sound a little lame, but it is perfectly true. Yes we use your Earth expressions now and again to make them more acceptable to you.

But in essence we are all one under the inestimable love of our father - the Prime Source.

We on this side of life bring you what we can by way of knowledge, in order that you understand a little more about the spirit realms. We are not permitted to interfere with your Earthly lives, therefore what knowledge we do bring to you has to be carefully selected and vetted before it is delivered. How would it be for you to know more of your futures, you could so easily change the way things will be- or should be.

No - knowledge is given which is good, as well as simple and which in no way impinges upon your free will.

My children, we here in the spirit realms care very much about the current conditions upon your Earth plane, that is why we send so many teachers of God to you. You call them mediums we call them teachers, but as in so many things. It is not the messenger or what his title is, it is the message he delivers that is so important.

Learn from these instruments of spirit my friends, they bring the words of God himself to you upon the Earth plane. You may think that God has forsaken you, due to your current circumstances upon the Earth plane. But remember my children. These are your lessons of life. It is you who have created the conditions of Earth NOT the father of us all. For he gave you all free will, the greatest gift you could possible receive. It is up to you as to how and when you use this gift. It is your responsibility to look after the planet. It was given to you by the father in order that you learn the lessons of life. That includes your home - The Earth.

Take care of her my friends and she will take care of you. She can provide all that you will need in order to survive. But she must be taken care of. Not raped of her embellishments, her treasures, to heal mans insatiable desire for mammon.

Heal the world my friends, many have advised you on this matter. Now we in the spirit realms once more add our voice of concern for your planet.

For your children's sake my friends. Think on, for what you do or do not do today, will affect tomorrow and tomorrow the world will be in the hands of your children. What sort of a world will you bequeath to them?

I will let you ponder those simple words my friends. Well done Colin, the email to the Archbishop of York was well timed, now all we do is wait for an answer.

Gods speed my friend, for I am Manyomin and once more I will relay reliably the words from those still higher than I and closer to the God spirit.

God bless you my friends

The love of God the father be around and about you always, my friends

Amen

## 13 October 2007

My Dear children and friends of spirit,

Welcome once more, to more simple words from spirit, where shall we begin tonight I ask myself? We could start at the beginning - who is God, but that has been covered many times and I'm sure will be so in the future, your Earth Future that is.

Time, now there is subject that intrigues many a person, both on this side and on our side of life. How can there be time where you live, but not where we exist? Hmm, how to explain that one is a minefield. So many people have made an attempt at justifying the difference. But maybe that is why they failed to explain fully and properly, the mere existence of so called time.

Time is but an illusion, it exists for you, but not us. We are in a higher vibration and therefore have no need of time. For we are able to make leaps of so called faith. We can but imagine something, a time or a place, indeed a person and we are there. At that time, place, or even meeting the person. You see ours is a mental world. Where we only have to think and what we wish will be. But only when you have progressed sufficiently enough to have earned such measure.

For many people, these are so called "pipe dreams". Imagine being able to imagine a time or place or person and be there. Hence, why would you need time? We need no timetable to help us make it to appointments as you do upon the Earth plane. We merely know when we should be somewhere or with someone. We know, because we can pick up on the thoughts that permeate the spiritual kingdom. So we can never be late, as it were.

Time is but an illusion for you on your side of life to become accustomed to, for when you return home, it will cease to exist for you completely.

That is why, when spirits return to the Earth plane to visit loved ones, they sometimes do not know how much time has elapsed since they last saw their loved ones. This is why people on your side of life will say, that their husband or wife passed many years ago, but they have never been back to say hello or anything. The soul on this side of life has simply lost track of time.

But they can if they wish to, go back to any point in so called time, that they wish to. In effect, as some of you have surmised. You can "die", or

take your transition to give it its proper term and almost immediately re-appear to visit someone you love or wish to see.

For you on your side of life, a mere few moments will have elapsed, but for the soul, he or she may have had the experience of a thousand years in the spirit kingdom, amassing enough knowledge to enable a visit at any time they wish to.

I hope that answers a few of your questions on time my friends. I have very much enjoyed the passing of information through this vessel, it is an interesting form of communication and I will endeavor to make more use of this channel in the future.

God bless you my friend for your help to the many souls in the spirit kingdom who are attempting to give useful information to mankind. To help them on their journey before re-entering the spirit kingdom.

I will go now and yes Colin you guessed correctly, I am Albert Einstein  
God bless you my friend, the love of the prime source be forever around and about you

God bless you my friend

Amen

## 14 October 2007

My Friends of spirit, my children, brothers and sisters,  
Welcome once more to some simple words from your brothers and sisters in the world beyond yours.

That is an unusual way to start our little lesson, isn't it? What you may ask is the reason for that change in attitude, of introduction?

It is twofold, one for the benefit of our medium, so as he can confirm that the words of spirit do indeed emanate from where we say they are

coming from and two, to show that we have many visitors who wish to speak to you and not just the same old rhetoric from the same old soul.

Therefore tonight's opening has many purposes, not least of which is to introduce someone new to this line of communication, someone I'm sure you will know. My friends let me introduce to you Mr. Leslie Flint:

Good evening my friends, it is many years now since I was upon your Earth plane, many years since I myself was an instrument of spirit. During my many years of giving service to the Great Spirit, I was privileged to bring through to speak to humanity, many great souls. Who in their turn brought many words of wisdom to mankind?

These words as you are probably aware, were recorded for the large part on mechanical instruments, which we referred to as tape recordings. These in turn and over time have been re-recorded using your modern methods and now are freely available upon your World Wide Web, internet as you call it.

My, what a wonderful instrument that is, to be able to bring knowledge from one side of your world to another, literally in the blink of an eye. My, my what will they think of next. In my day, it took many weeks sometimes to receive a communication from the other side of the planet, by what you now refer to as snail mail (laughs). I can understand that phrase after seeing exactly what is capable of being reproduced by way of communication now a days - my how wonderful.

And yet as my medium of the moment has said many times and many people around your world have also said: is it not the use such mechanisms are put, that belays their true intent.

Such mechanisms are a marvelous tool for the spreading of knowledge, be it good or bad. But it is the good that we are interested in. The great good that can come by the dissemination of spiritual knowledge. This vessel, Colin you call him. Has in the past relayed successfully, the spirit teachings of 2006. He has sent them all around your world and to your many churches, not of one religion, but of many. This knowledge is not for one man, one faith, one religion. It refers to the one father of us all - it is for all men.

Colin is currently writing the next exciting episode in these so called teachings from spirit - we like that term. It is not a term of a higher being to a lower being, no; it is a term from one brother to another. We are much pleased by the way he has used that title to bring forth the next set of teachings and by using the same name, has associated them to the previous teachings. Thereby reducing the chance of anyone misinterpreting them in the future, as being from a different source - well done Colin.

There are many stages of communication, from our world to yours. This method, that of impression is most effective with this medium, again we are much pleased with him and the results so far.

But we intend to go still further with this style of communication; with his permission we will take it to the next stage - of which he himself will be very pleased. For he has wanted to give comfort to those around him who have lost their loved ones and friends to the spirit realms. Although he knows that this is purely a temporary loss, the loss of the physical body, which is no longer around a surviving person upon the Earth plane, can be an immense loss to you. Therefore with his permission we will, as we say take his communication to the next logical step and bring forth his mediumship, so that all may be aware of what can be achieved when the spirit world and one so willing to help, do indeed join together to bring that communication to mankind.

The total knowledge that this new method of communication will bring will be exponential. For it will not require trance mediums to sit in the dark any longer. If all goes according to plan we will bring many more visitors to speak to you my children.

I am Lesley Flint, God bless you my friend for being a loyal servant of spirit, for without such a person as you, we would be hard pressed to get our message across.

Yes the circle of the Silver Cord is currently creating a stare in England at this time, but at the moment that style of mediumship is for the very few to witness - yours will be for the masses my friend.

God bless you

Amen

## 15 October 2007

My Dear friends and children of spirit,

Welcome to more of our simple words. Words devised to enable you upon the Earth plane to come to terms with the spirit realms.

For there are many amongst you who are strangers to our world, many who are indeed reading these materials for the first time and wondering, just what is it all about?

There are those of you who are aware of spirit, this vessel is one such person. He has struggled with human conditions throughout his life time - upon your Earth plane and now his struggles are nearly at an end. That is not to say that he will be returning here to the spirit realms anytime soon (laughs). No it merely refers to the fact that he has had to struggle in his daily life to understand the ways of spirit. He remembers little parts of his life before he came here to the Earth Plane, but nothing that he could relate to you. He is remembering more and more each day. That is what we meant when we said that his struggles are nearly at an end. For he will very soon be fully aware of his immense task here.

It is for this task that he has spent years in training as it were. You will soon know - all of you, why this has taken place. He too will be surprised, for it is not as he fully expected.

Fear not my friend - we are speaking to Colin now - you will have much support from here in the spirit realms. Remember the phrase that has been given to you many times now, that of "as he was, so shall you be". This is not your imagination my friend. You thought that at one time it was, but we kept repeating it and you knew something was going on, something being planned.

You will soon be the focus of much attention my friend and we will be there by your side, as we were for him. You know of course to whom we refer - The Nazarene.

Think on my friend for your time grows short now, there are still things to prepare, but we on this side are all confident that the plans will continue forth and to fruition.

By your help, we will bring the word of God, once more into the world, that everyman woman and child may hear his simple words. By your help, we will succeed.

Yes tonight has been for my medium of the moment, in order to give him confirmation of the truth that he has been aware of for some time now.

Today we gave him a small example of what is to come and come it will.

The love of the prime source be forever around and about you my friends. I am George Dixon, one of the people who took a part in bringing Colin into his realization and onto his path. Although at the time, I did not know his intent, his path, I was very proud of him and his accomplishments even then. For he persisted long and hard in order to make the connection to spirit - this was his test, was he ready..... And he was. Now of course upon this side of life I am aware of his true course and wish him all the success that I can in his venture. God bless you Colin, Disarming will come in handy  
George  
Amen

**17 October 2007**

Good Evening my friends of spirit,  
Welcome to more of our simple words.  
Words that, are as you know designed to help you understand the ways of spirit and live your lives as the prime source intended.



We in the spirit realms always try to help you upon the Earth plane, but sometimes we are prevented by your own aura's, your own energy and the way that you live your lives.

If you are a spiritual person, when we approach you, we can usually attain a link quite easily. Because you have, by your very nature and knowledge lifted or raised your vibrations by your efforts to help those around you. If you have no knowledge of spirit, or the workings of the spirit realms than you may find yourself in a so called darkness. But not a darkness meaning a lack of light. Merely, a lack of knowledge. You only need knowledge to bring the light to you. From then on you would be working in the light.

This phrase of working in the light is an expression of mankind's, which is used to describe the very nature of spiritual work.

For when you are working for spirit, you will be forever surrounded by the white light of love and protection that comes from the father - the Prime Source, if you will.

WE have mentioned before that he - the father, has many names. As you yourselves upon the Earth plane have given him many names.

But we in the spirit realms are not divided by names, for we all know on all levels of spirit that there is but one god. One god of many names, but still the one God.

When mankind can come to the same agreement, then indeed the brotherhood of man will come of age. A peace will descend upon your planet and all wars will cease, disease will cease to be and all will come to pass. The Earth will have completed its teaching mission and all of Gods children may once more be reunited with their father as one.

Take heed my friends for the ONE is very important for you all. You are of one father, you ARE one son. Live your lives in the service of the father and give his love to his children - your brothers and sisters. For as you do, that love will be forever returned to you out of love from the father.

So as you give, then do you receive, as it should be? For to give love and compassion to a brother is to receive love and compassion from a brother. We are all one body and one mind. For the good of all mankind, live that life of service, as I did my friends. Give all that you can give. For in the end you are giving to the sonship, of which you yourself are apart.

God bless you my friends,

I am the Nazarene, I gave all, that you may learn the same lesson.

Well done Colin, You have done well my child. I will use this channel again if I may.

The love of our god, our father be forever around and about you my children  
Amen

## 19 October 2007

Good Evening my Children and friends of spirit,  
I'm sure you are well used to those particular words by now, for that is how we wish for you to feel - comfortable with our words and ourselves. As we carry forward the words that come from God, we bring forth his love for his children which in turn should hopefully enlighten his children into realizing that they are all as one family and thus should respect and treat each other as equals, brother and sister under the one father - the Prime Source.

We upon the higher realms of spirit often make attempts to bring our simple words to you upon the Earth plane, but sometimes we are so far removed that communication is difficult, for as we leave the Earth vibration behind, we become somewhat detached to its vibration, it becomes foreign to us and yet we still wish to send our love and our words to you therein.

As has already been mentioned previously, we have to use instruments here, within the spirit realms, who work as mediums. Much as your mediums do. These intermediate mediums take our words and channel them down to still lower mediums - in terms of vibration that is. For we are all on a journey of exploration. Therefore mediums can work on many and all levels of spirit. Passing the words from those above and below their particular level of vibration. Hence we have the ladder of communication. You have but to have your foot upon that ladder to be able to communicate with all levels of spirit. Where is it? Know that souls can and still want to communicate with the world. This continues on up to and including the level the Prime source inhabits.

We can reach anywhere, anywhere by the whim of a thought. It merely needs an intent and it is done. There are many instruments here upon the Earth plane, who will in time, become instruments here within the spirit realms. They too will pass such messages from those still higher than them, to those in need of hearing such words. Sometimes there is a small drop in clarity with words and sometime emotion. For my medium has also

noticed this. He has also noticed that the process is somewhat two way, that he can to a certain extent pick up on the thought of the next person along or indeed the person from whom the original message emanates from and yes he has correctly gauged that I am once more, Silver Birch. Well done my friend, you are becoming very familiar with my energy, I very much like this style of communication and will continue to follow in its development. Much can be achieved using this method. It is most clear and concise. It is a good job that he - my medium has a spell check on his machine for he is making a pigs ear of his spelling tonight (laughs).

I am sorry for that Colin; I was merely testing your level of communication and am well pleased. Please take no offence my young friend, you are doing very well indeed and as mentioned last night at Anita's, we will be with you at the Psychic fair in November. For you will have a great opportunity presented to you my friend. But fear not we will be there with you, very close.

I will leave you my young friend, there were no great words spoken tonight, as you realize. But you also realize that a great bond is forming my young friend.

God bless you my friend, for I am Manyomin and once again I have relayed words from those still higher than I

God Bless you all

I am Manyomin, Colin's guide

Amen

## 21 October 2007

Tonight my friends of spirit, I would like, if I may, to start with something different - you may have already have spotted that this is a somewhat different opening.

I will be bringing someone from the spirit realms who has not spoken before, to any kind of circle or communicator upon the Earth plane, so her words may be a little disjointed. But I'm sure that you will find her of great interest to you all. Ladies and Gentleman I am pleased to introduce to you Madam Pompidou:

Bonjour my friends, thank you for hearing my simple words from spirit. It appears that I am clearly heard by my medium - I believe that is how you refer to him, is it not?

I am here tonight to help bring you some more simple proofs from spirit. By simple truth we mean words which we hope will seem true to you upon the Earth plane. They will appear true to you, if you listen or read intently. For your soul will know that the words are true and if you are open to such things that is, have an open mind. Then you too will realize that I am speaking the truth about spirit and the afterlife.

My name as you already know is Madam Pompidou (see he as spelt it wrong again, shall I spell it for him? Ah no matter, it is only a name). As long as he realizes that it is my message that is important and not my beautiful name (she uttered something in French there?).

Anyway my brave friend, for that is what you are Mon brav. You carry with you the hopes of the spirit world my young friend. Yes I said young my friend - I was always good with the men you know (laughs). You carry a great responsibility my friend, may I call you Colin? I believe that is your name. Colin you have a massive undertaking ahead of you my friend. That is why, as you know there have been a great many spirit coming to see you of late. They all wanted to see you, what you looked like and what sort of a person you were. Your wife Lee also picked up upon these visitations and we are pleased that she has progressed as far as she has. For she too has a big task ahead of her my friend.

You are a fisher of men, I believe that this has been spoken to you once before by a gentleman named George Dixon, who is with us here in the spirit realms now. He has explained that you were a fine student, very patient and very disarming in your manor. You will need all of these weapons my friend. But as weapons used for peace and not war. There will be many who will attack you my young friend; many will try to bring you down - as they did him. You will persevere, as did he and hopefully you will win through.

For you carry the hopes of the spirit world upon your shoulders my young friend, Have no fear, for what is fear, but an illusion. You are primarily spirit encased within a human body. A body that is both frail and weak, not also of the flesh, but of mind as well. For as you know, if the mind was honest with itself then all would be as it should be and the Earth plane would but vanish in an instant.

But these are for future generations to discover. You already know the truth of the father and the love he holds for his children. You already try, by your best efforts to bring these words to mankind. As they were 2000 years ago, they will be again. Plain and simple and have no meaning

turned around in them. You have the teachings from spirit my young friend, use them as best you may and all will come to pass.

For as he was, so shall you be. You are the one my friend and I will leave it at that.

God bless you my friend and worry not about the miss- spelling of my name - it is the message that was important and not the messenger. I will come again if I may? I have enjoyed our little interchange of words. Although the people reading this are not aware. We know that you have been chatting to me as I send these words for you to write on your machine, a computer I believe you call it - marvelous, absolutely marvelous. If only we had them when I was on your side of life. How different things would have been.

Bon voyage my young friend

God bless you Colin and my first name, as you asked is: Isabella

Good night my friend, goodbye and god bless.

Wasn't she wonderful, take heart my friend, she was brought to you for a reason. You wanted outside proof of our words and hopefully Madam Pompidou has delivered them for you.

Sleep well my young friend, for I as you know, am Manyomin

Goodnight and god bless to you all.

## 22 October 2007

Good Evening my children and friends of spirit,

Welcome once more, to some more very simple words from your friends and relatives in the spirit realms.

We here are always watching out for you upon the Earth plane, for we know that much needs to be done in order that the knowledge of the Prime Source be brought to you his children, our brothers and sisters. To that end we send many messengers to the Earth plane, many you know and many you do not know. They work diligently in the background spreading the words of the most high to his children whenever and wherever they

get the opportunity to do so. A good deed here and there, a few kind words are sometimes all that are needed to help someone - see how little need be done in order to serve the father and his children.

But for some there is more to do than just the mere passing of a few words of what you call comfort, we also call it comfort, but also compassion and love of your brothers and sisters, in the eyes of your father, the prime source.

This vessel is one such vessel, he has faithfully served spirit for all the days of his life here upon the Earth plane, even when he was not aware of doing so, he was helping those around him. So by helping others, he was also helping himself to grow both mentally and spiritually.

My what a marvelous gift he has, he goes out of his way to help others, often at his own expense, in order that others be helped or a little knowledge be given, that will help someone else to discover the father of us all and hopefully that person will in turn help someone else. That is how it works, you help others, so that they in turn help someone else and all the while your good deeds are helping you grow closer to the father, than you were before. But motive is everything, for to help for the mere sake of self advancement is to shoot oneself in the foot, as one of your Earth sayings goes. For that would be the wrong motive. You have to help because you want to - not because you have to.

Take heed my friends, for this vessel is immersing from his cocoon and soon the butterfly will immerge and it will be beautiful to behold. For this beautiful creature will contain all that is good about the prime source - your father. He will be showing his beautiful colours for all to see, enriching your lives by his very nature and his words of wisdom will be around and about you my friends. So rich is the prize of the butterfly. From one who is slow to grow and move, to one who is full of colour and grace? By his wisdom he will bring that beauty to you my friends.

I will leave you now my friends, for he - The medium, called Colin has not yet guessed who is speaking. But I will put him out of his misery, for I am Manyomin his guide who is relaying words from those still higher than I and the message today came from Silver Birch, by way of me in order that the medium be further tested. We always test our instruments, over and over until we are sure that they are made of the metal needed to perform the tasks they came here to do. In this vessel we are very well pleased - he will do well.

God bless you my young friend, by the way, the French lady who spoke yesterday was most impressed by your politeness and she will speak again sometime in the future. She said that she had a way with men, did she not? Well my young friend YOU made an impression upon her - well done

The love of the father be forever around and about you my children,  
I am Manyomin - Goodnight and may your God go with you, whatever you  
call him or her.

## 24 October 2007

Good Evening my children and friends of spirit,  
Welcome once more to more simple words from spirit, words that we have  
designed in order that some simple truth be conveyed to the Earth plane  
about its importance and existence.

To many the simple lessons given within these texts may seem a little  
strange, but yet how simple they are.

And so they were 2000 years ago when they were first delivered by the  
Nazarene. Although there were many prophets who delivered the same  
words previous to his arrival, it is his that is most remembered by the  
human race.

He came that he may bring the simple words and teachings of the Great  
Spirit, that which you call God - by many names. He brought with him a  
wisdom that had not been seen before upon the Earth plane. Yes there  
were many teachers, Mohammad Confucius, to name but a few. But Jesus  
was probably the most inspired of them all. He was in touch with the God  
head as no one else before or since has been. He brought the simple  
words of love to mankind. He did not come to found a religion or write a  
book about faith. No he merely brought simple words, that at that time  
would be understood by those around and about him.

There were men about him that did understand to some extent, his  
teachings. But even they failed to grasp the fundamental thing he was  
trying to tell them and that to has been lost through time.

There have been many men who have professed to bring the word of God  
to his children, there have been many pretenders and these were warned  
about, by Jesus himself. "Test the spirits" he said and rightly so, for  
there are many who profess to be who they are not.

There is one to whom this cannot be brought against and that is my  
medium of the moment, He has faithfully written down my words and  
endeavored to preach them to all who would listen. He has undergone  
many a struggle, much as I did. He too will face many more struggles and

people wishing to do him harm. He too will bring the word of God to mankind - as I did. He too will be a willing servant of the most high.

That you be given the chance to hear the words of Spirit and God - which in essence are the same. For are we not all of one God. Is not God in everything and are you not a part of everything.

Take heart my children for the words have been delivered, that you take heed of them and use them for that which they were delivered - to bring peace and understanding to mankind. For to this end, God the father has sent many messengers and will continue to do so.

Thank you my child for once more hearing my words with such clarity, yours is a special gift my friend, use it wisely and all will come to pass. As I had my guides and helpers around me, so shall you have your guides and helpers my friend. There is nothing that the power of spirit cannot achieve.

Be well my friend, be well.

I am, as you have now guessed and contained so well - the Nazarene.

The love of our father be forever around and about you my friend and remember to Live, Love and Learn - in the words of our father.

Good night my friend and once more, may I wish you every success on your mission to bring our fathers words once again to mankind. That hopefully, this time, they will not turn my simple words around and corrupt the true meaning of Love itself.

God bless my friend, God bless you and the house where you dwell

I am the Nazarene



## 25 October 2007

My Dear Children and friends of spirit,

We seem to be saying that quite a lot now a day's don't we? But that is only because we mean what we say, you are our friends, brothers and sisters and we are all spirit, how complete a sentence can you get?

We here in the spirit realms often ponder upon your Earth plane, how you manage to get into such a mess over relatively simple problems. You run around in circles, chasing your own tails sometimes, just going around and around and around, with no definite end to it all.

Why? There is very little upon your Earth plane that can affect you as spirit, the only thing that can really affect you as spirit, is you yourself. By your worrying you bring about stress, this in turn makes you ill, this in turn makes it even harder for us here in the spirit realms to communicate with you upon the Earth plane. By the very nature of the barrier that you have put up around yourself and the Earth plane.

Life as you know - or should know by now is based upon spiritual vibrations and as you lower your vibrations, by being in the low ebbs of mood swings that you endure. You by doing so, create an energy barrier to all communication. This is what we describe as "going through the mists". They are quite real and do indeed surround your entire planet. Your scientists are not yet aware of such a barrier, but in time they will develop the instrumentation to detect such a force and the force of spirit beings around your planet. But that is some way off for now. But remember that your state of mind is very important to us. For without a conducive state of mind, there can be no communication. Diane, your friend Colin has noticed that she is also experiencing some problems at times. This is due to problems around her at the moment. She has a hectic lifestyle at the moment and to arrange a regular time for spirit communication is difficult for her - but this will come in time. For she is progressing nicely and we are most pleased with the progress that she has shown during the few weeks that you yourself have been working with her. She is an excellent instrument of spirit and will continue to be so - should she wish to be an instrument of spirit. For freewill is paramount and we would not transgress that law of the prime source. For freewill is for everyone, everywhere and at every time. Live long and prosper my young friend, for I am Manyomin, as you well know - well done my friend, well done.

Good night and god bless you Colin -Amen

## 27 October 2007

Good Evening my children and friends of spirit,

These are becoming very familiar words now aren't they, but as has been said already, this is how we wish you to be - comfortable with us here in the spirit realms, talking to you upon the Earth plane via our medium of the moment - Colin.

Tonight we have a surprise for you Colin. We have with us someone who you knew when he was upon the Earth plane and has wished to speak to you for some time now. Yes you have already guessed that it is indeed George Dixon, well done my friend the two way communication is working well tonight. But without further ado, here is George to talk to you Colin.

Hello my friend, long time no see eh (laughs). Sorry that I did not speak to you again before I left the Earth plane, but there were problems with my health as you are aware. But I am fine now. You and your dear wife have indeed successfully connected with me on several previous occasions, mainly when I was trying to make contact with the microphone and recorder you have set up in your bedroom. We are most impressed by the way you have stuck to the regime of recording when you can. This has given us here a great opportunity to experiment. Yes it was me scratching the microphone last night. An excellent example of ectoplasm being used to create an artificial hand, with which to manipulate matter on your side of life. No it would not be possible to see it as yet, but maybe in the future it would. We are still experimenting with the voice recordings, which have so far yielded a small amount of success. As you are aware we in the spirit realms have managed successfully to bring a couple of your former dogs/pets to see you and let their barks be heard. You are also correct about the canary. That too was quite real. The children you heard on some recordings were also quite real; we have used passed energies to recreate their sounds for you. Yes they were quite real to you and also us here in the spirit realms.

There will be more of such communication and hopefully, before too long has passed you will in fact hear my voice quite clearly - we hope.

But this has taken to much of the power my friend. Keep up the good work Colin; you are indeed a fisher of men, as I once told you in our small circle on a Monday at John Street.

Live long and prosper my young friend. I will leave you now. For Manyomin wishes to say a few words - God bless you Colin.....

Good evening my friend, I hope you enjoyed hearing from your friend George in the spirit realms. He has long admired your conviction and by his help you will succeed with your sound communication, there is no need

to sit anywhere else, for we have sufficient energy with your good self and your wife Lee.

Take heart my friend, nothing is ever in vain and everything we do and say will make an impact today. That impact may not be felt today, but some day the words will reverberate around the globe.

God bless you my friend, for I am Manyomin your loyal and trusting friend for all time.

God bless you Colin

Amen.

## 28 October 2007

Good evening my children and friends of spirit,

Once more we are drawn unto you, to give what knowledge and comfort that we can and are able to at this time.

For there are many times, as you have been told recently, when we cannot enter into your atmosphere in order to communicate with you our instruments upon the Earth plane. Wish that we could, but there are times when the mists are simply too thick to penetrate. As you know these mists are created by mans thinking. In effect, as he thinks, he so creates. By his very thinking he creates a barrier of low vibrational energy around your planet. It is this we simply cannot cross over into your plane through.

Wish that we could, but even those of us who can and have become accustomed to lowering our vibrations in order to visit and communicate

with you. Sometimes have difficulty making ourselves heard or seen within your atmosphere at these times; such times as now. For the Earth is going through what you would describe as a rough patch at the moment. You seem to see tragedy all around you, terrorists maiming and killing, violence in every corner of the planet.

But take heart my friends, for these are simply passing phases. The Earth has undergone many such phases and will continue to do so until the son of man realizes who exactly he is. Who his brothers and sisters are and how they should be treated in accordance with our fathers wishes.

These words of love and compassion have been given to you recently, in the form of "live, love and learn". Three very simple words with o so much impact, if only they could be conveyed to the world at large.

Think on my friends, if only all mankind could come to understand the meaning of these simple words. Words that were given 2000 years ago; but not quite in the same form.

For we have moved with the times as it were. For as you know there is no such thing as time in the spirit realms, but here upon your Earth plane it is very real and very apparent.

Take heart the words delivered by the Nazarene and all the other great teachers of gods words, that the words are the same, the meaning is the same - only the delivery and timing are different.

Heed these words my friends and the kingdom of heaven will arrive that much sooner. A thousand years here in spirit is nothing unto time itself. We can afford to wait and be patient, for we have all the time in the so called universe in order to achieve our goal, that of bringing the word of God to all souls, no matter where they may be.

So think on my friends, live the words, breath the words and all will come to pass. I am as you have guessed Colin - Silver Birch. You are doing well my young friend, keep up the good work and we will all be that much better off for the knowledge that you give out will indeed shorten time itself. Not by a thousand years but by tens of thousands of your years. I know that you understand this my friend. Well done for learning of the love of the prime source and his children and they all being as one - well done.

I am Silver Birch

Amen

**31 October 2007**

## My 51<sup>st</sup> Birthday

My Dear children and friends of spirit,

Welcome once again to more of our simple words, words that as you know are constructed in order that you gain a small portion of knowledge, which will make it easier for you to live upon the Earth plane, hopefully in peace and love. And also to aid you when you make your transition to the spirit realms at the end of your so called lifetime upon the Earth plane.

My children, these are hard times. Times that the Earth plane must endure, for there will come a time when you must all be tested. These are such times, for there are a great many issues upon your planet that need attention. Issues of love, love that needs to be spread about your planet. Issues of racial hatred that need to be overcome. Prejudice's of all manner of things, including religion. This unfortunately is the single biggest block to humanity's future.

How can mankind hope to progress to a world where everything and everyone is in harmony, when they cannot even agree upon a single God to worship?

What chance have the many men, women and children got, upon your planet, who are in poverty and fear, when those about them who should know better, fail to raise their voice in one loud shout in order to make themselves heard. To be heard saying that all mankind are brothers and sisters and should be treated as such.

The churches fail in this respect, because they are afraid of change. For too long they have monopolized religion, which after all is something that was never meant to be!

Religion was created out of the simple words of the great teachers. Teachers who were raised up into something they were not. But mankind saw an opportunity to have power and wealth over other men and so religions were born.

They grew in power and wealth, yes at first they were very good at adhering to the words of the prophets and the teachings which they endeavored to bring to mankind. But even at the council of Nicaea, the so called churches of that time met - in secret. In order to formulate a story, the story of Christianity and how it would be presented to the masses in order that the churches maintained their power and so wealth over the people. The churches had themselves at heart, not the people for whom the simple words of the Christ were meant.

His simple words, words that were so lovely and so simple, became lost amongst the quagmire of written words that formed your bibles. This not only goes for Christianity but for all the other Great religions.

Words were added, and taken away. Stories were told that never existed - never took place. But made the bible seem more credible to the simple people of the time. Even the fear of God was created by the churches as a tool to control the peoples of the Earth. Make the people afraid of God and force their dependence upon the church to bring a clearer view of the churches version of God. That is what the people were told; rely on the church to explain Gods simple words to his children. But by that time, the simple words had become completely lost for all time.

Such a shame that all the teachings of the Christ and all the other great teachers of spirit, have been lost to mankind's greed and thirst for power.

But now is a new age, there have been and continue to be, people upon your Earth plane who endeavor to bring back those simple words, those simple teachings to mankind once more.

This vessel has already completed one set of such teachings; know as Teachings from Spirit 2006. There were beamed around the world, using your so called internet - what a marvelous invention that is. To be able to send words and pictures to any point upon the planet where a computer is situated. But I digress. These simple teachings are at the very least, words that can uplift mankind again from the quagmire from which he is slowly sinking. These teachings, as I previously mentioned are simple words, simply put. Much as they were spoken over 2000 years ago, by Jesus and the other great prophets. For there have been many great prophets or teachers as we prefer to call them. Buddha, Confucius are but two others, but all of your great religions had their grass roots in words which were given to them by prophets/teachers of and from God himself.

Heed these words my children, spread them and live them when err you can. You cannot fail, for you have the power of spirit behind you and although you cannot perceive from your side of life, you are making a small headway against an onslaught of negative energy. You are slowly bringing the light into the world. Keep on with the work my children, for the kingdom of heaven WILL make it's way to mankind and one day the kingdom will reign upon the Earth plane and at that point ALL of god's children will be one and all will share in the love of the father, as one.

Be well my children, for I must go now, the power wanes. Yes my young friend, for I am Doctor Cosmo Lang - your friend, bless you my friend for your endeavors, without which so many people would still be groping in the dark. Your words and ours have made a difference my friend.

God bless you

God bless.

Note:

A picture of Doctor Cosmo Lang, but remember that this is as he WAS. When we cross over to the spirit realms, we can if we wish to, take up learning and progress a little closer to the prime source. Therefore the Cosmo Lang of now, is not the Cosmo Lang that once was. He has changed from the man he was when he was here upon the Earth and as a consequence is closer to God for that change - Which is open to all souls, for all souls have the opportunity to learn and grow, no matter what they have ever done or said in their lives. Progress is open to ALL of Gods children - your brothers and sisters.

Live, Love and Learn  
Colin

## 1 November 2007

Good Evening my children and friends of spirit,

Such familiar words by now aren't they? But what is familiar to you or us here in the spirit realms may not be familiar to your brothers and sisters here upon the Earth plane at large. For there are a great many people upon your planet who for no reason of their own have no knowledge of spirit. Be it by their own design or ignorance brought on by external forces, greater than they.

There are many forces at work upon your Earth plane, some good, some not so good. But remember that there is no such thing as evil. For evil is only in the minds of men, usually of violence. Be it violence as a physical act upon another human being or an act of violence by the mind, such as mind control. To control victims minds, that they no longer think for themselves. Indeed all individuality has been taken from them and they are nothing more than husks of their former selves.

Mankind can perpetrate so many crimes against his brothers and sisters and yet he can show so much mercy and compassion. He is indeed a man of all seasons, as it were.

Would that we could take that husk and transform it into a truly spiritual being. Not only the husk that has had its humanity taken from it, but also the husk of the perpetrators of all crimes. For they are but empty shells - usually young souls who have lost their way upon the Earth. They have not learned the lessons of life, that we all come here so to do. These young souls are apt to act selfishly in all manner of things pertaining to the Earth plane, to them Mammon is king and they know not of the prime source and his children - their brothers and sisters.

But in time they will, ah time, such a strange thing as time - would that we could explain that simple to us concept, but to you upon the Earth plane it must seem as the tallest insurmountable mountain, with which you need to climb, but have not the right equipment with which to undertake the task. Fear not my children, the answer to all of these quandaries is awaiting you whenst you return to the spirit realms. There is much for you to learn and much that we too have to learn, that we too may one day be at our fathers aside and say "father I am home".

One day all will come to pass and all will be as one, the images of the past will vanish, never to have existed at all. But that is another riddle for you to solve my friends. There are those of you who will understand this remark and to you, you are the teachers of God.

Take care my children; I am once again Doctor Cosmo Lang.

Well done my young friend, for tonight was a difficult subject for you to type out, for you knew not naught of who or what was going to be spoken, but you showed trust as always and we are sorry you had to endure the other night at Tracy's. But it was a necessary test my young friend and one I'm glad to say that you passed once again with flying colours - well done Colin

Goodnight my young friend, may the love of God the father be forever around and about you

Goodnight.

### 3 November 2007

Good Evening my children, friends of spirit,  
Welcome once more, to more simple words from spirit.



We here in the spirit realms are very much concerned about the well being of your planet and to that end we spend a great deal of time - your concept. Trying to impress upon people upon your side of life, the feelings that we here in the spirit realms have for you, our brothers and sisters.

We spend enormous amounts of time and energy in bringing spiritual truths to you, but what do we get in return? Well if just one of you listening or reading can become aware of spirit and its presence upon your Earth plane, then we are glad. For that will be one more into the ranks of those who have had their eyes opened and hopefully will, after some soul searching and a little knowledge given, will be in a position to help other people upon the path of spirit. And so it continues, one gives to another and another and so on, ad infinitum.

We here in the spirit realms often bring visitors to your circles in order that messages be given. Some personnel to sitters, In some a more general kind of knowledge is given. But in all cases, it is the proof of spirit that is the essence of such contacts. Would that there were more physical mediums, for theirs is the highest form of mediumship currently available to you upon the Earth plane, they can - by their very nature, bring forth ectoplasm which we can mould into various shapes, not only people, but also voice boxes, that persons residing within the spirit realms may speak directly to the people within the séance room. Unfortunately this form of mediumship is apt only within that room and its environment. But hopefully one day it will be a little more accessible to the masses, for their edification.

We also use various forms of mediumship, which you upon the Earth plane are more familiar with. This vessel - Colin I believe you call him. Is entering into a new phase - yes he heard that - he will bring forth a new type of mediumship to the Earth plane. One which will yield much information to those around and about him. He has for some time now been in training so to speak. But his time draws close now and it will not be long before we are all enthralled by the gifts of spirit, which he is able to manifest. It is hoped by the very highest of the high that he will once more be able to bring forth the simple words of God the father. The prime source to some, the Great Creator to others - he has many names but all refer to the same energy being, call it what you will. But the fact will remain that these simple words of spirit, derived from the Prime Source will once more be brought upon the Earth plane. When they do appear they will be rejected as being not of God. But it is the task of this vessel to bring forth those words, that all may understand and come to accept them for what they are. Even the churches will have no choice but to except them as being true. For they will bring about a new

understanding of God the father. An understanding that has been lost for over 2000 of your years.

Take heart my friend, the words of God are already amongst you, take heart and learn the simple words of Live, Love and Learn my friends, they were brought to you from the Prime Source. Mark these words my friends for they contain much power. Power that can awaken the soul, the spirit if you will.

God lives forever my friends, you are a part of God, therefore you live forever. As you are alive now, you will be once more when you leave this existence. AND you were alive before you came here - ponder that my friends. For eternal life means, to live forever and ever. You cannot die, only the physical body dies when the spirit no longer resides within its shell.

Live the life of spirit my friends and you will build for yourselves a wondrous place within the spirit kingdom, upon your arrival here will be the place you have prepared by your life upon the Earth plane.

I am William, another one of Colin's guides.

Live long and prosper - according to one of your Earth sayings, I like that one, it is so true. But prosper in the spiritual sense my friends. I will leave you now for the energy wanes and I have taken up to much of Colin's time.

God bless you my friends

God bless you all, no matter what your colour or race or creed, no matter what your religious convictions - for we are all one in the eyes of our one true father.

Good night and God bless, Once more I am William, Colin's guide

## 4 November 2007

God bless you my children and friends of spirit,

Tonight is a special night, for tonight we will be bringing someone to whom Colin would like to speak. But this will not be done through the teachings as normal, Colin will be sitting with his dear wife Lee and from there we will communicate our intentions and hopes for Colin's future work for the great creator.

So tonight's teaching is very simple my friends. Live, Love and learn. We are conserving the energy, so God bless you my children.

I am Manyomin - Colin's guide, as well you know

God bless you all

Amen

## 7 November 2007

Good Evening my children and friends of spirit,  
Welcome once more to some simple words, simple they may be, but their implication is as you say "massive".

There are those amongst you who are aware of spirit and the plans that we have in order to bring the word of God, back once more into the limelight - so to speak.

There are those amongst you who are useful instruments of spirit. That is not to say that any of you are of no use at all. It merely means that there are some amongst you who have a greater task than others in bringing the words of God to mankind, yours is a more complicated and harder task than most peoples. There are all types of levels of mediumship and even those who are mildly aware of spirit are useful instruments with which to convey our message of love and compassion - as given by the father - The Great Creator.

Many amongst you are fine testimonies to spirit, indeed in living your daily lives according to the word of the lord on high, you are indeed worthwhile messengers of all that is good. Fear not that yours may not seem to be an important mission, for all missions of spirit are important, it is just that some are more demanding than others, requiring people who have special abilities - not that your abilities are not special, but that they may need more refining in order to do the harder tasks required of the lord on High.

These tasks were assigned before you came back here to the Earth plane - by yourselves and your guides, so fear not my friends, you are doing, or at least we hope you are doing what it is you came here to do upon the Earth plane.

These special words of the lord on high are very simple. They are the words of Live, Love and Learn. As we said, very simple, but it is their implications that will inevitably alter mankind's ways of thinking and thus his warring nature.

When these three simple words are known by all, then mankind can stand upon the threshold of peace and understanding and the gates of heaven itself will be in view.

For until such a time has come, will mankind stand a chance of entering the gates unto heaven itself.

These gates mark the boundary of all that is good in the world, enter these gates and you will have found your true calling - that of peace and understanding.

Follow them my children and you will indeed follow me, for I am the Nazarene, as well you knew Colin. Well done my friend. For yours is a testing time at the moment, but fear not you are almost through it my friend and we are much pleased at the progress you have shown in retaining the knowledge of spirit.

Be well my friend and bring these simple words to mankind

Live, Love and Learn my friend,

I will leave you now, but not be too far away - as well you know.

Good night my friend, may the love of our father be forever around and about you always

Amen.

## 8 November 2007

Good evening my children and friends of spirit,

These are hard trying times my children; they are meant to be, in order that you are enabled to grow spiritually. Although there are things upon your planet that you do not completely understand - be patient and all will come to pass. That may sound to you as a "cop out" as you say on the Earth plane. But be reassured that everything is going to plan.

Yes even the riots and murders are going to plan, for all learn from these things, indeed from bad deeds, some good will always come. Slowly, very slowly mankind will drag himself upwards towards the prime source. No it is not an easy journey, for the Earth is a school of learning, placed there for just that reason - that all souls who wish to; can experience life upon the Earth and learn the lessons of life.

Since time immemorial there have been spirits visiting your Earth plane in order to learn the lessons of life, love, compassion, understanding, are but a few of the lessons to be learnt there.

Over time mankind has grown, although you upon the Earth plane may not be aware of this growth, we in spirit can see the bigger picture as it were and we can see that some progress has been made.

Over the last one hundred years there has indeed been a marked progress in spirituality, as mankind becomes more open to the possibilities of life on or in other dimensions - vibrations.

We as you know, live at a different vibration to you upon the Earth plane, so could mankind indeed be homing in on our very existence - by the use of your so called science. For science is a god to some people, given that believe, some people will make the leap of faith needed to make contact with the spirit realms, by the use of your scientific equipment, some of which has or will be designed here within the spirit realms and transmitted down to your mediumistic scientists, that they may construct the instruments that will - eventually, enable communication between the spheres, that of the Earth plane and our own, here within the spirit kingdom.

When we say mediumistic scientists, they may not be aware of the link that some of them have with spirit, but they have a great link, many of them, because of their extra-ordinary abilities to go beyond logic and make leaps of faith. They are open of mind and any possibility that faces them, if a challenge to be overcome. So by their curiosity and our intervention, by which we mean impression of thoughts. We can accomplish much.

For now we continue our work of communication, using our instruments; our mediums and psychics. Although the quality varies, they are still our main form of communication, as they have been for eons of time and will be for the foreseeable future - as seen from your point of view.

But take heart my friends, the time is coming when there will be a great out pouring of knowledge. Knowledge that already exists upon your Earth plane, in the form of the many teachings that have been delivered to you by various methods over time.

Take heed of these simple words my friends, heed the words of spirit. If you cannot take or understand their simple messages, then put them to one side for further consideration. For you may not be able to understand all that you read or hear, but then again you may have missed a piece of the so called puzzle. But keep those pieces that you lay aside, for one day they will drop into place as your knowledge grows. And remember that all is very simple my friends, very simple indeed.

Live, Love and Learn my friend, for I am Silver Birch, well done Colin and please tell Lee that it was indeed me that she saw this morning - god bless her and you for being faithful servants of spirit.

God bless you my friend for once again laying aside time to hear my simple words. I will go now, for the power wanes.

Once again - I am Silver Birch

God bless you all for this day and always

Amen.

## 12 November 2007

My Dear children and friends of spirit,

Welcome once more to some of our hopefully simple to understand words. Words that as you know, were designed by the Prime Source in order that you upon the Earth plane, may know a little more about the workings of spirit and why you are here upon the Earth plane.

Very little has changed with regard to the content of our small letters of communication, Lessons or teachings I believe you call them upon your Earth plane. An apt name, for that is what indeed they are. Even now my medium of the moment is probing me and attempting to find out who I am, but I will not tell him - not yet at least.

The lessons that you have been given so far are the basics of life, both here in the spirit realms and there upon your Earth plane. When we say basic, please do not take offence at the baseness of the wording. It merely implies that there is more to learn and much more to assimilate by way of knowledge. Well done my young friend for getting that particular portion of information correct, that was indeed a test of your communications abilities. Abilities which we are proud to say are expanding exponentially as we speak.

For we in the spirit realms have great hopes for you my young friend - he's asking who it is again?

Your learning has taken a greater curve recently, as you were tested last week and I'm glad to say; passed with flying colours. People reading this may think that you are placing the words upon the paper, so to speak. But who would be so vain as to write about their own achievements. Certainly anyone who wished to work for spirit would not undertake such a venture. For being humble is most important in the scheme of things. To think to highly of oneself and ones abilities is a downfall for spiritual development. As you can see by my previous words and other words that were written earlier in this "Teaching", Colin is faithfully typing my words to you, in order that you may understand what it is that we in the spirit realms are trying to convey to you upon the Earth plane. Yes even capital letters and punctuation are sometimes conveyed to him. Although sometimes he (Colin) improvises and he is not the world's best author - Laughs).

Take heed and heart my friends, help the people in spirit and they will help you. More so than as if you had ignored us. For by acknowledging us,

you give us permission to work through you and through you we can work with those around you.

We are all one family my friends, live life like that, caring for your family. All colours, all races, all creeds, all religions. For no matter who you follow, by way of a God, the name does not matter, but it is your intent that does.

Live Love and learn my friends, great words, with a great meaning. Live your lives to the full. Love those around you as you would have them love you and learn your lessons well.

Good night my friends, for I am Manyomin, Colin's guide. You may ask why did he not pick up on who I was? Well sometimes tests of courage are unannounced and to have Colin faithfully type the words, without fore knowledge of who was giving the Teaching is a great show of trust.

You may say that it could have been anyone pretending to be me or even a lower entity giving the lesson for the day. But we would not allow that to happen. For we protect our vessels/instruments. For without them, where would we be? Our communications would take eons of your time to filter through without our mediums.

Goodnight my children, I am once again - Manyomin.

God Bless you all, no matter who or what you call him.

## 14 November 2007

Good Evening my children and friends of spirit,

Welcome once more to yet more of the same, but different. There are only so many ways we can introduce ourselves when it comes to these teachings, so by way of a change; I am Manyomin, Colin's guide. You see I have introduced myself at the beginning of this teaching - who says we have no sense of humor in the spirit world, or that you lose it when you die to come here.

Dying, isn't that a strange word? What does it convey to you the reader? Does it mean an end of Earthly suffering and a new beginning in the spirit realms? Does it mean that it is all over, that there is nothing else, You merely live out your human lives upon the Earth plane and Die, never having existed at all? Or does it mean that you do not really die, but merely step out of that tired body and into your true self, your spirit body. The body you have inhabited since the dawn of time and before that.

For that is the true meaning of dying, as you call it. To continue ones existence, not to have one existence stop and another start, but merely to continue; in your true form - that of a spirit body.

As you know, or hopefully know by now? You came here to the Earth plane to take on a task, be that task to learn something or to help someone or a group of people? No matter what the task that was set, **you** chose to re-enter the Earths atmosphere and for that purpose you needed a vessel with which to inhabit, in order that you could function within the vibration of that world - your world. Hence you chose a body. But as you know, body's breakdown, they fail to operate at peak efficiency - unlike your spirit bodies.

So as time goes by for you upon your Earth plane, your body slowly winds down, culminating in the transition back to the world of spirit, from whenst you came. Hopefully by the time your transition comes about, you have been enabled to achieve all that you set out to achieve whilst upon the Earth plane?

And so it goes on, life continues, but merely in a different vibration and that is the whole point of the word dying - it is a word that mankind has created to sum up that which he knows naught about. To most of mankind, to die is to end. But you as spiritualist should know and hopefully spread the words, that to die is to merely slip off the overcoat of life and return home after your hard day's work - still very much alive and alert to all things. In fact more so than you could possibly imagine whilst encased in the body of flesh, with its slow ponderous movement and limited mental capabilities.

Look forward to dying my friends. We used to say on the plains of North America, that it is a good day to die. How right we were, for it is the most wondrous release from your mundane lives, the beginning of the first day of the rest of your lives; as one of your Earth sayings goes.

It is a release and a great pleasure to return home to the spirit world and all of those people you have not seen since they left your Earth plane, all of your animal friends will be there too, to greet you upon your arrival back here - your true home.



I hope tonight has been a little different my friends. Once again, I am Manyomin - Colin's guide and it has been my privilege tonight to speak to you and to convey the words from those higher still than I.

God bless you my friends - whoever your God is?

Amen

## 16 November 2007

Good Evening my children and friends of spirit,

Today is a great day, for it is the eve of a great event. Today is the eve of one of the momentous occasions that you can only dream about. Today is the day when preparations are complete and the plan is put into operation.

The plan of which we speak is of the spirit world. For mankind must know of us and live by us, in order that they may progress onward and upward. Today sees the end of a long road that has been prepared for Colin.

He is much excited, as are we here in the spirit realms. For there are many here tonight, indeed there has been, for quite some time now. People or souls, if you will. Who have taken the time to come and visit him who will bring the truth to mankind? His wife Lee has been picking up on the increased energies for quite some time now and they refer to them as "bus loads". That is their way of describing the visitors who have come to see Colin. At the moment the energy around the pair of them is literally off the scale as far as spirit energy is concerned. For there has never been such a strong concentration - at least not since the days of the Nazarene, 2000 years ago.

It is hoped that, if all comes to pass. That by this time tomorrow Colin will have succeeded in bringing his attentions to the people of the world and to that end we will say no more for tonight. For we do not wish to spoil things. Needless to say, tomorrow will indeed be a good day to die, as are all days.

For to see the light of truth, one does not have to wait until you cross over into the spirit realms my friends, it can be brought unto you upon the spirit realms, such is the power of spirit, the spirit realms encompass all things, even the Earth plane and you too will see that knowledge and the truth and the light.

Amen

I am Manyomin and it is my privilege and honor to once more pass down to you upon the Earth plane, words that emanate from those still closer to the prime source than I

Amen

## 17 November 2007

Good Evening my children and friends of spirit,  
Welcome once more to some simple words from spirit. Words that as we speak are zooming around your planet. By the efforts of this vessel - Colin; the words of spirit are even more read than those of your so called bible. This may sound a little incredible, but in fact it is true. From where we view the Earth plane, we are aware of such things. Where it not for the efforts of this vessel and other instruments of spirit, mankind would be forever stuck in the same old quagmire of forgotten memories and words. Words that reflected forgotten words are not good for the soul. For there are many, many words within that so called book of God, that are not of God at all. Indeed so many of the so called sacred words are only sacred to mankind - because he wrote them. To engrandure something that did not require such efforts. Indeed mankind wrote the words contained within your so called bible to enslave mankind. To give power to the few, that the multitudes would serve them and only them. Giving them title and coin, in order to enrich their lives. Mankind has for too long been under the spell of the churches. Not only your Church of England, but all the great religions. They too are built upon lies for the most part. But who has had to suffer, that a few in high places would be made to be forever comfortable - the common man. The man for who the simple words of Jesus and all the other great prophets were meant. All of the great prophets brought to mankind, simple words. Simple words that reflected the will of God - that all mankind should love each other as brothers and sisters. To live in harmony and give to one another, as you yourselves would wish to receive. That is all that the great prophets came to do. Not one of them came down to the Earth plane in order to create a new religion. No - mankind has created these things - which are not of God. It is to mankind that you must look in order to cure all of the ills that are

currently upon your Earth plane. Mankind has created this world, as it is, Not God.

Mankind so often says "why does god allow such atrocities to happen, why does he allow thousands of people to die, why does he not cure all of the ills upon the planet, why does God allow little children to die so young?" All of these things God see's and he weeps. For he has given mankind the greatest gift of all. The gift of free will. It is mankind's foolishness that has created the things of the Earth plane. It is mankind who must change his way of thinking and thus be able to move closer to God the father.

When mankind can at last recognize that by his actions - his thoughts, he has created the world around him - not God. Then mankind will be able to begin once again, that long road back to God the father.

When mankind can realize that all the mistakes that have ever been made are **HIS** and not **Gods**, then true spiritual progress can indeed be made.

For mankind is the son of God. The son of God cannot make error, for he is of God. He is faultless and blameless. This is true now and for all time.

When mankind awakens from the dream then indeed all WILL come to pass. But that is for another day my friends. Tomorrow is another day; begin it with love in your hearts for your fellow man. That he may wake with love in his heart for you my friends.

I am Manyomin and once again I relay the words that were given to me, by those still closer to your God - our father, than me.

God bless you my friends and Colin..... Well done my friend, you have passed another test. You are on a rollercoaster as they say my friend, well done.

Amen To all of Gods children

## 30 November 2007

My dear Children and friends of spirit,

There has been a great deal of worry recently regarding the content of these so called teachings, we prefer to call them lessons in life, but then again the name matters naught.

People of Earth we here in the spirit world, consider your Earth to be of paramount importance in the continuation of spiritual knowledge. It is imperative that spirits/souls keep returning to your Earth plane in order to learn the lessons of life. For without these lessons we would take eons of time to correct that which never was.

The learning obtained upon your Earth plane will eventually shorten the time that it takes for you to return to the fold as it were. The knowledge

that you gain both here in the spirit realms and there upon the Earth plane will help you grow into more mature souls/spirits. By this method you can learn of the father and how everything came into being, as it were.

For it is not until you have gained this knowledge, that you can truly return home to the father. It is not a matter of degrees, it is an absolute. For no man can live life in two worlds, hold dear to two gods or masters. But by master we mean the one to whom you show allegiance. Do you follow the master Christ, who is a true son of God? Or do you follow the ego, with all of its deceits and deceptions.

For only one is real, the other is a false god. Follow the one true god, your father and gain everything. But to gain everything, you must give up nothing. For that is what you follow if you follow the pretender to Gods throne. He - the ego promises nothing and can give nothing. Whilst God the father can give you everything that is real and forever. Can the ego give you something which is timeless? Something which time cannot destroy? Something which will not turn to dust as your time passes by. No he cannot, for only things that are of the father are eternal. Only your fathers love endures for all eternity.

Love cannot be conquered; it has no equal and no opposite. Love conquers all in its wake. The Love of the father for his children will transcend time and beyond. Into that timeless existence that was before what is now and never was at all.

Understand this my friends and you will be one small step closer to God the father. I will leave you now my friends, for as my medium has guessed and quite rightly - I am the Nazarene and you are my brothers and sisters

Goodnight my friends, may your God go with you - no matter what you call him. For they are all one God.

Bless you my friends

Amen

I am the Nazarene

## 5 December 2007

My Dear Children and friends of spirit,

Welcome once more to yet more simple words from spirit.

We realize that our vessel has been very busy lately - as you will notice by the dates of the preceding Teachings, he has not been in a position to attend regular sittings, as it were.

But this matters naught. For he has been very busy learning new things and also passing on that knowledge to one of his close friends, who is also a worthwhile instrument of spirit. For as ripples spread out on a pond, they soon encompass that whole pond. Such is the way of spirit. You do a good deed or give a kind word and hopefully that is passed from person to person, per say ad infinitum.

The work of spirit never ends, as indeed does time. For time never existed for it to end. Hopefully there are more of you now who will understand that statement, for it has been given before and as you are aware - hopefully. This second set of teachings is slightly further advanced than the first selection.

So little by little we are trying to bring the truth to mankind, little by little, small steps. For that is the way to advance. It is no use taking huge leaps in faith or anything else for that matter. For people have to learn to adapt and to except. To make huge leaps would cause some people to miss out on certain learning processes, processes that help understanding. Lack of knowledge would lead to anarchy. Therefore small steps allow everyone to assimilate information and become more comfortable with that new found knowledge.

Thank you once again for hearing my words, for I am Manyomin, as well you know Colin. Well done my young friend. The teaching of Diane has gone well; she is a worthy student of spirit.

Well done the both of you

Amen

## Sunday, April 13, 2008

Good Evening my children and friends of spirit,

My how those words have become familiar to us here in the spirit dimensions and hopefully to you, here upon the Earth plane reading our simple words.

We have now come to the end of the second set of teachings through this vessel, whom we are very much pleased in.

He has carried out his mission with unwavering loyalty and this will be rewarded - in time, that funny word again.

Think back my friends on the journey that you have completed, for if you have read all of the 2006 teachings and then these 2006+1 teachings you have indeed accomplished a journey. A journey fraught with danger, for it has challenged your minds preconditioned thoughts on what the so called after life is all about.

These Teachings have hopefully shown you the way to the truth and the light that is of God the father.

His simple words have been given in the form of Live, Love and Learn, Live your life's to the full, love those around you as you would have them love you and learn your lessons well my friends. For that is all there is to it.

Live these words my friends, live as the prime source wishes his children to live, in love and harmony and the Kingdom of heaven will appear that much sooner.

For this vessel has saved tens of thousands of your Earth Years, by his endeavors and if you carry on his work by passing along the simple words from spirit, then you too can save tens of thousands of years.

Be well my young friend, for you have done well. The hardest part of your journey is yet to start, although the small steps are now completed. With Diane's help you will progress to the bigger, larger more difficult step. For that is why you are here. To complete the mission which was started by the Nazarene and all of the other Great teachers of Earths past. They are still very much alive and wish you Gods speed on your journey my friend.

I am George Dixon, your Earthly and spiritual friend. Well done my disarming friend, well done.

May the love of the father be forever around and about you upon your journey, I will leave now. For I have much to do in the spirit kingdom  
God bless

Amen

## So endeth these Teachings



